

# Community Connection



NAVAL COMMUNITY ORGANISATION  
Phone: 0800 NavyHelp  
Or Email: nib@nzdf.mil.nz

SEPTEMBER 10



## The Manager's Message

By: Lieutenant Commander Allen Mortimer, RNZN  
Naval Community Organisation Manager

Toward the end of this month (27 Sep until 01 Oct) the NCO is conducting its Navy children's spring camp, a first at the Tamaki Leadership Centre which is situated at the end of the Whangaparaoa Peninsula. We are really looking forward to being able to have this camp at our new facilities at the TLC and we are also impressed that this year lots of parents have volunteered to help as carers and supervisors.

We are hoping for an improved week weather wise, to what was experienced last year at Camp Adair, however should this not be the case, we are confident that the amenities at TLC will more than be able to cater when it comes to indoor activities or drying clothes (this proved difficult in 09). The planning has now been completed for many activities which will cater for all tastes and talents.

A highlight of the week will be a 'march past' which will be reviewed by one of the Senior Officers in HMNZS Philomel.

You're never too young to learn how to march, be part of a team and the children get quite a 'buzz' from taking part.

On another general note, please do not hesitate to contact the NCO on the 0800 number if there is information or advice you require or something is bothering you and you just want to talk to someone. We are also keen to hear any ideas you have on how we can improve our service to the navy community.

One of our primary aims is to make sure that Next of Kin details are correct, so if you know these have changed (like a cell phone number for example) please ask your partner to have these details amended immediately as you never know when they may need to be used.

I think we may have had our last (and only?) frost for this year in Auckland and I am keeping my fingers crossed for good weather for this year's children's camp.

Until next time please take care.

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## HMNZS ENDEAVOUR AND HMNZS TE KAHA'S HOMECOMING

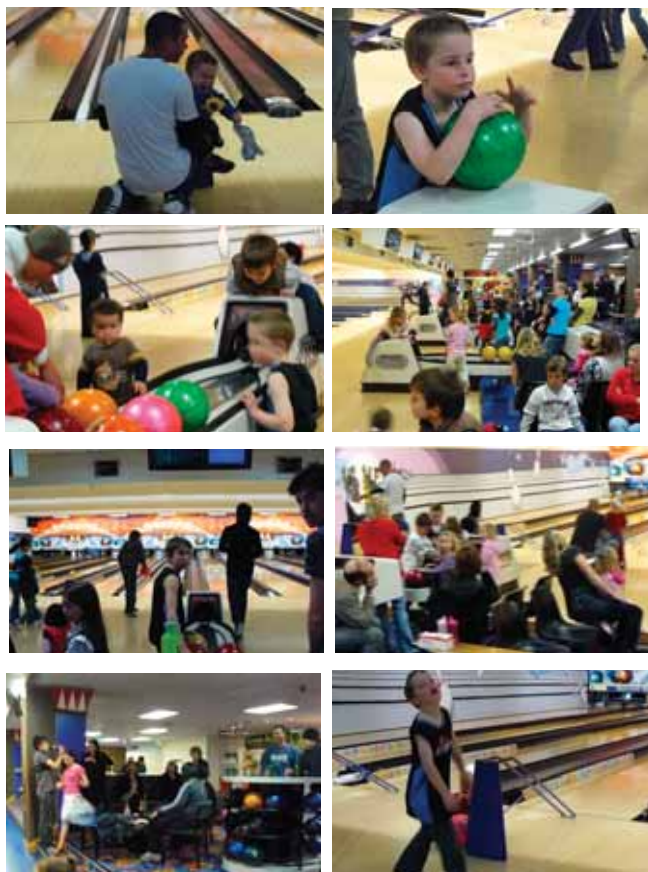


# Photos from NCO Kids Events in September

## Bowling Evening

A Big thank you to all the families that made it along to the NCO's Kids Bowling Evening a fortnight ago, at Tenpin Takapuna.

Your NCO team hope you and your families had a fun night out and a nice opportunity for your children to mingle with other Navy Children and parents to have a catch up outside of working hours!



## Did you Know

The Naval Community Organisation would like to mention the recent change to posting the Community Connection out in envelopes. We thought some of you may have been wondering why the change?

We do everything in our power in these financially stringent times to save money, however due to an upgrade in technology, the RNZN Mail Centre could no longer Frank our Newsletters in the traditional format, so to accommodate the new franking machine we have moved to posting your monthly newsletter out in envelopes.

## Congratulations

The Naval Community Organisation would like to congratulate Mrs Justine Tapsell for being awarded Civilian of the Quarter Jan-March 2010. Well done Justine for all your hard work.  
Love from your NCO Team.



### AUCKLAND

**Date:** Every Saturday till October 23  
**Event:** [World on Your Plate](#)  
**Time:** Live cooking sessions 11am & 2.30pm, followed by tastings (gold coin donation).  
 Cultural performance 1 – 1.30pm. Atrium.  
**Venue:** Auckland Museum, Auckland Domain  
**Cost:** Ticket Admission is FREE  
**Phone:** (09) 309 0443

The World on Your Plate series allows you to experience just some of these incredible foods. On Saturdays Auckland Museum invite you to tantalise your taste buds and try something new as the diverse ethnic groups that make up Auckland showcase their cultural cuisine with live cooking sessions, food tastings and performance.

**Date:** Sunday 5th September  
**Event:** [New Zealand Vs Australia - New World International Netball Series](#)  
**Venue:** Vector Arena  
**Cost:** Ticket A Reserve \$65, B Reserve \$55  
**Phone:** (09) 358 1250

New Zealand will take on their fiercest rivals, the Australian Diamonds, this year at Auckland's Vector Arena on the 5th of September. Last year the Silver Ferns showed their potential to be superior over the Australian Diamonds in their final match in Auckland, but it was the Diamonds who took out the series 3-2.

### WELLINGTON

**Date:** September 2010  
**Event:** [Carter Observatory](#)  
**Time:** Carter is open 7 days a week from 10am until 5pm, with late night stargazing every Saturday until 9pm (weather-permitting!)  
**Venue:** Top of Cable Car, Wellington Botanic Garden, 40 Salamanca Road, Kelburn  
**Cost:** Contact Carter Observatory Direct

Discover our Universe, along with some of New Zealand's most prestigious telescopes and astronomical artefacts. Take a virtual journey through space in Carter's new planetarium - a state-of-the-art full-dome digital theatre, then take your own steps through space as you walk through the world-class interactive multimedia space experience.

**Date:** Thu 23 Sep to Sun 3 Oct 2010  
**Event:** [Montana World Of WearableArt Awards](#)  
**Time:** Various showings  
**Venue:** TSB Bank Arena  
**Cost:** \$50 – \$170 Ticketing: [www.worldofwearableart.com](http://www.worldofwearableart.com)  
 It's an extravagant celebration of unbridled creativity, and one of the most unmissable events of 2010. Each year's show is completely different and to get good seats you need to book early, so book yours today, Then check out our accommodation page for inner-city hotel deals, and the attractions and shopping pages see what else to do while you're in town.

The 22nd Montana World Of WearableArt™ (WOW®) Awards Show will have you laughing, crying and holding your breath. The Montana World of WearableArt™ Awards are an eagerly anticipated montage of theatre, dance, colour, movement and art. The annual non-stop spectacular is held at the TSB Bank Arena on Queen's Wharf in Wellington, New Zealand



# TRENTHAM

## MARIE'S COMMUNITY NOTICES

There are lots of notices this month.

### BOYS GROUP PROGRAMME @ VIBE

Kia ora koutou, VIBE is now promoting its 5th personal development programme for young males in the Hutt Valley called the "Boys Group Programme".

We are now recruiting for new participants, and possible male volunteers to take part in this programme, and potentially become part of a community of positive men. Any further enquiries, please contact me on: 04) 566 0525 / 0274570453 or Fati Tagoai on 027 365 3902,

Naku noa, na, Bobby Bryan, General Manager, Vibe

### ZUMBA CLASSES NOW EVERY MONDAY & FRIDAY

Held at the Rehab Gym (Trentham Camp) 12 noon for 45 minutes. Cost: \$5 per person Wear: Regular exercise gear or comfortable clothing, sports shoes or dance shoes Bring Water!!

Email: marie.lotz@nzdf.mil.nz

### CHAPEL SERVICES

Next Chapel Service is Sunday 12th September...all welcome. Thank you to all those who left messages in the Trentham Chapel yesterday they will be forwarded to the family.

### PREMIER BOOKS

Hi To All You Patient Book Fans, I am very happy to let you know that we have a new Book lady. Her name is Justine Van Niekerk and she has dropped off a range of books. She will come and change these on Thur and we will then go on a normal fortnightly rotation. Can you please pass the word around. Thanks for your support.

Cheers Ange: Angela.theodore@nzdf.mil.nz

### PILATES

Helen is now offering a lunchtime pilates session on a Thursday 12-12.45. If you are interested please email Helen on helclark@hotmail.com. A minimum number of 10 is required to hold the class.

Monday sessions are Sept 2nd and 9th, 15.30-16.30 at the Rehab Gym. The cost of each five lesson session is \$25 payable on the first Monday or Thursday.

For bookings and confirmation please contact Helen via e-mail [helclark@hotmail.com]

### FREE HAIRCUTS OFFERED

Models required for cutting training. Fully supervised by the director. All hair types welcome. Includes shampoo and blow wave. All FREE. Tuesdays 1030 and 1330, Wed 1330. If you are interested please txt Jamie Rickard on 027 3358493 or call 'Salon@shazly' on 566 1133.

# New Discount NAVY SPECIAL

### Belmont Pizza Hut

Ph: 0800 83 83 83  
137 Lake Road, Devonport

20% discount. Naval Personnel with ID

### Tainui Motors

66 Vauxhall Road, Devonport  
Email: garage@tainuimotors.co.nz  
ph: 09 445 0045

WOF Check \$40, 9kg LPG FILL \$30, Basic lube \$80 on most models (excluding 4WDs) to NZDF personnel with ID who mention this discount.

### Cycle Auckland

Shop 6, Devonport Wharf  
Devonport  
ph 09 4451189  
www.cycleauckland.co.nz

10% discount. Naval Personnel with ID  
Bike Hire, Cycle Tours, Cycling Accessories, Puncture Repair. Kids Running Bike sales, Babyseats and Havaianas

## Bells & Whistles Playgroup

Wednesdays 9.30am - 11.00am

Devonport Community House,  
Clarence St, Devonport

\$2 for Naval families (See Cindy on arrival)



## Library Corner

PHILOMEL BASE LIBRARY  
Base Librarian Janet Gilmore

### Mark Ormrod Royal Marine Man down

Mark Ormrod has been a Marine since he was seventeen, had served in Iraq and is now in Afghanistan. Christmas Eve 2007 he goes out on patrol and steps on a land mine, there is a massive explosion and he loses both legs and part of his right arm. He has to lie still while the other members of the patrol try to get to him. "Man down" starts with this catastrophic event and then back tracks over his life in the Marines until this point. Then he describes his near death experience and the sudden reality of what his life is now going to be like coping with these major injuries.

Fortunately Mark had the loving support of his fiancée and family

and skilled assistance of the staff in the military hospitals where he started his recovery. He had times of utter despair and then his mental strength and training asserted itself and he was able to continue with his rehabilitation.

This book is the tale of one man's immense courage and his desire to be able to fend for himself. Ten weeks after the explosion he was upright and walking on artificial legs. For Mark and his carers it was an amazing achievement especially as Mark was the first person in the British Armed Forces to lose three limbs.

The book ends with his marriage to Becky, a move into an especially remodelled house and his first days back at work, still in the Marines.

# Car Pooling BBQ

Hello,

It was great to meet you at the BBQ event run by the North Shore City Council on 29 July 2010.

Thank you for entering the draw to win a \$100 shoe voucher. In that competition you indicated that you might be interested in getting some information or support to try other transport options. Support we can offer you can range from a free bus pass, a pedometer, a cycle maintenance course - whatever you may need.

In order to offer you this information or support, either myself or Rosie Entwistle will give you a phone call in the next few weeks, and ask if you are able to have a chat. This should take 20 minutes.

Look forward to speaking to you soon!

PS If you indicated that you were interested in learning more about car-pooling, we will contact you about this shortly



## Recipes from Lineetta's Deli

### CUSTARD FRUIT TART

This is one of the easiest and fastest desserts around, great for unexpected guests or to fill hungry children

1 ½ c flour  
1 c sugar  
1 c coconut  
50g melted butter

2 c milk  
4 eggs  
Fruit on top

Mix altogether and bake in  
flan tin 180oC

I usually spray or lightly  
grease the flan tin, or use  
a quiche dish that can  
go directly to table. You can use any fruit on top. It also keeps  
really well.



## Amenities & Motels

Book NOW by telephoning (09) 445 5131 or email: [NavyMotels@nzdf.mil.nz](mailto:NavyMotels@nzdf.mil.nz)

### Navy Motels Taupo/Mt Maunganui

x 8 Units available/ 8 pers per unit  
Priced from \$50 to \$65 per unit  
Please call 7131 to check availability

### Navy Boat Hire Surtees 5.5 Aluminium

Minimum Day Skippers Cert required  
Priced from \$60 per day with  
\$50 bond on return. Also \$20 per  
Engine hour/ first hour free

### Book the 'Waiwera Corporate Card'

2 Adults 2 children  
Priced \$15 per day

## NCO Notices

**NANNY AVAILABLE:** NCO has the  
contact details of a local Nanny offering her  
In-house services to Naval personnel.

She has four and a half years experience,  
is First Aid qualified and has worked with  
children aged 0-9 yrs old.

Email either the NCO ([nib@nzdf.mil.nz](mailto:nib@nzdf.mil.nz))  
or telephone 0800 NAVY HELP if you are  
interested in touching base with this  
person and we can provide you with  
contact details.

### BOYS SAILING WEEKEND:

The Navy Adventure Training Centre is  
providing an introduction to sail cruising for  
novices (Secondary school aged). This is  
to be held on the weekend **18th and 19th  
September (overnight)** To  
register your son call the Naval  
Community Organisation on ext 7915 or  
email [nib@nzdf.mil.nz](mailto:nib@nzdf.mil.nz)

### GIRLS SAILING WEEKEND:

The Navy Adventure Training Centre is  
providing an introduction to sail cruising for  
novices (Secondary school aged). This is  
to be held on the weekend **4th and 5th of  
September (overnight)**.

To register your daughter call the Naval  
Community Organisation on ext 7915 or  
email [nib@nzdf.mil.nz](mailto:nib@nzdf.mil.nz)

**RARANGA COURSE** 4.30pm to  
6.30pm for four Wednesdays beginning 8th  
September 2010 at Te Taua Moana Navy  
Marae. On your first night you will need to  
bring with you \$10 each per session and an  
old sheet or small tarpaulin. At the end of  
these four weeks we will assess how things  
are going and whether or not we continue.  
Our tutor's name is Jan Heath. For any  
further information you may contact me on  
the numbers below, Miru Mclean or  
Karauria Ruru at the Marae.

# Where the ships are in September

NB: This forecast is subject to change.

## HMNZS CANTERBURY

Dates	Programme
01-13	DNB
13-15	AT SEA
15-18	PORT VISIT - NAPIER
18-24	AT SEA
24-27	PORT VISIT - TOWNSVILLE
27-30	AT SEA

## HMNZS MANAWANUI

Dates	Programme
01-06	DNB
06-09	AT SEA
09-13	DNB
13-24	AT SEA
24-27	DNB
27-30	AT SEA

## HMNZS RESOLUTION

Dates	Programme
01-13	AT SEA
13-30	DNB

## HMNZS TE KAHA

Dates	Programme
01-30	IMAV DNB

## HMNZS OTAGO

Dates	Programme
01-03	AT SEA
03-13	DNB
13-17	AT SEA
17-20	DNB
20-24	AT SEA
24-30	DNB

## HMNZS TE MANA

Dates	Programme
01-30	DNB

## HMNZS ENDEAVOUR

Dates	Programme
01-06	DNB
06-09	AT SEA
09-13	PORT VISIT - WELLINGTON
13-16	AT SEA
16-21	PORT VISIT - LYTTLETON
21-23	AT SEA
23-27	PORT VISIT- DUNEDIN
27-30	AT SEA

## HMNZS TAUPO

Dates	Programme
01-03	AT SEA
03-20	DNB
20-24	AT SEA
24-30	DNB

## HMNZS ROTOITI

Dates	Programme
01-02	DNB
02-03	AT SEA
03-13	DNB
13-17	AT SEA
17-20	DNB
20-24	AT SEA
24-27	PORT VISIT - DUNEDIN
27-30	AT SEA

## HMNZS HAWEA

Dates	Programme
01-03	AT SEA
03-06	PORT VISIT - OPUA
06-10	AT SEA
10-13	DNB
13-17	AT SEA
17-27	DNB
27-30	SEA

## HMNZS PUKAKI

Dates	Programme
01-30	IMAV DNB

## HMNZS WELLINGTON

Dates	Programme
01-06	DNB
06-10	AT SEA
10-13	DNB
13-17	AT SEA
17-20	DNB
20-23	AT SEA
23-28	PORT VISIT - WELLINGTON
28-30	AT SEA