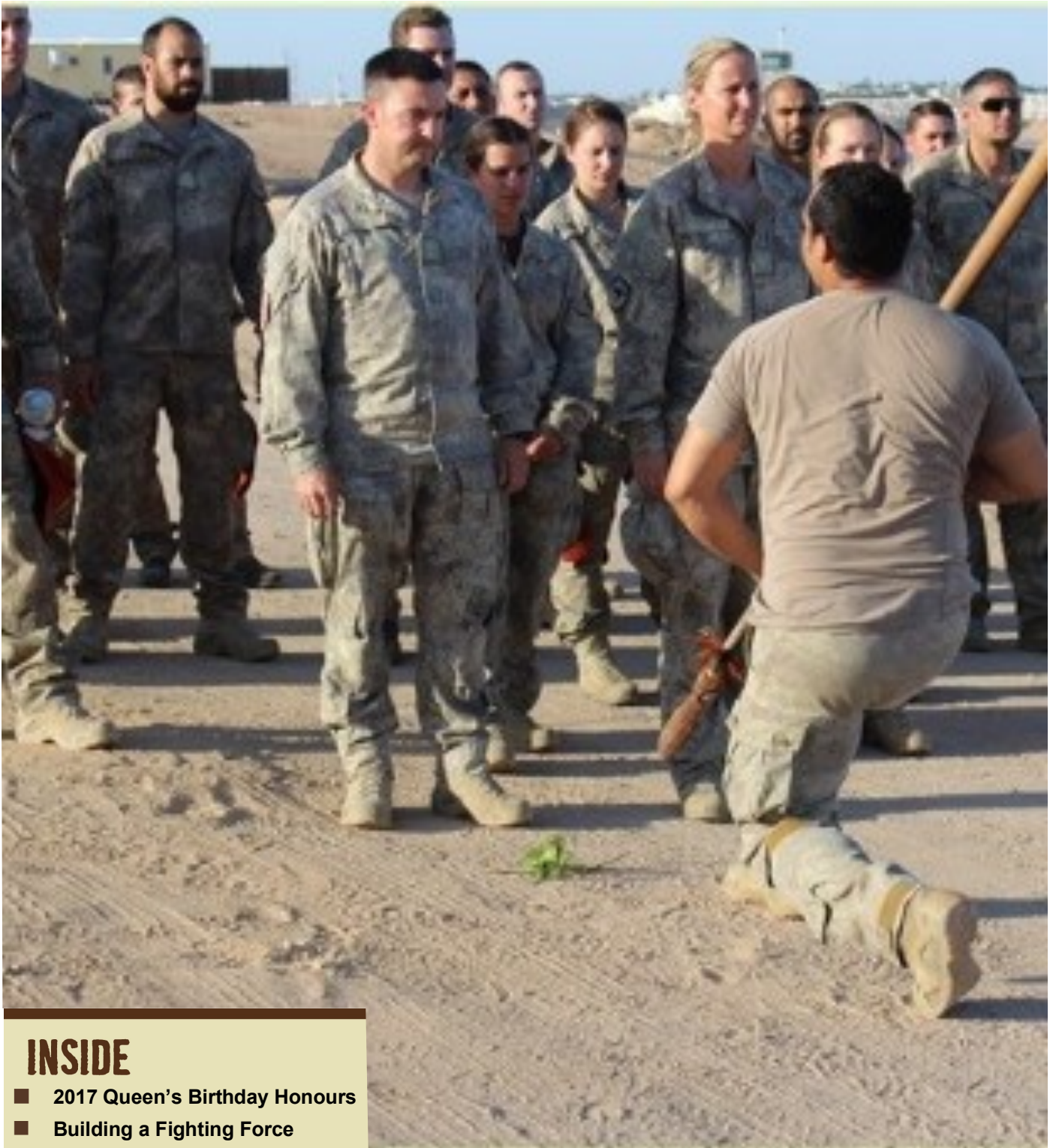


THE BUGLE

Issue 234 | June 2017



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THE BUGLE

The Deployment Newsletter is produced for families and service personnel associated with current overseas deployments.

Deadline

The deadline for Edition 235 is
5 July 2017

Bugle contributions are welcome and should be sent to Carol Voyce.

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Disclaimer

Articles and opinions expressed in "The Bugle" are not necessarily those of the New Zealand Defence Force.

Cover Photo:

Op FARAD 01/17 receiving the powhiri from Op FARAD 02/16 and the Engineer Surge Team.

QUEEN'S BIRTHDAY HONOURS

5 June 2017

Five New Zealand Defence Force (NZDF) personnel have been named in the 2017 Queen's Birthday Honours List today.

The recipients are:

To receive the New Zealand Distinguished Service Decoration (DSD):

- Staff Sergeant Tina Kathleen Grant, RNZAMC
For services to the New Zealand Defence Force
- Brigadier Anthony Bryan (Ants) Howie, ONZM
For services to the New Zealand Defence Force
- Squadron Leader Nicholas Michael Pedley, RNZAF
For services to the New Zealand Defence Force
- Major Charmaine Maurita Tate, RNZAMC
For services to the New Zealand Defence Force
- Major Andrew James Thornton, RNZALR
For services to the New Zealand Defence Force

The New Zealand Distinguished Service Decoration (DSD) recognises distinguished military service by regular, territorial and reserve members of the New Zealand Defence Force, including command and leadership and service in an operational environment, or in support of operations.

Staff Sergeant Tina Kathleen Grant , RNZAMC

For services to the New Zealand Defence Force

Staff Sergeant Tina Grant is the New Zealand Army's liaison for families that have lost family members while in the service of the New Zealand Defence Force, whether it be on operations or in New Zealand.

Staff Sergeant Grant has been a strong advocate for the provision of enduring care by the New Zealand Defence Force for affected families. Following the loss of her husband on operations in 2011 she identified shortcomings in post-casualty support and duty of care by the Army and wider Defence Force. She identified a range of practical services typical of what affected parties could be required to navigate through in times of grief, loss and trauma, and identified simple processes and solutions. In 2012 she was appointed to the newly created function of Army Liaison Officer and primary point of contact for all Army families that have lost family members while in service. She has developed her role further by also reaching out to former Army families who lost members while they were in the service of the Defence Force. She performs voluntary work as an ex-officio member of the Royal New Zealand Returned and Services Association, and the Fallen Hero's Trust. Staff Sergeant Grant has contributed to wider NZDF initiatives now underpinning a cohesive framework of support for Regulars, Reserves, Civilians, Veterans and their families.



QUEEN'S BIRTHDAY HONOURS

Brigadier Anthony Bryan (Ants) Howie, ONZM

For services to the New Zealand Defence Force

Brigadier Ants Howie was seconded from September 2011 as the Senior Military Adviser to the United Nations Political Office for Somalia (UNPOS), and was subsequently appointed as the Senior Military Adviser to the United Nations Assistance Mission in Somalia (UNSOM) until 2016.

He was a member of the Defence Sector Reform Unit, which formed part of the larger Rule of Law and Security Institutions Group for UNSOM. He built confidence and interacted regularly with the main supporters of security sector reform in Somalia, namely the USA, UK, EU, UAE, Turkey, the African Union Mission in Somalia (AMISOM), and with the African Union Peace and Support Commission in Addis Ababa. His success in this role led to him being assigned by the UN to take charge of an expanded Defence Sector Reform Unit. As co-chair of the Defence Working Group, he successfully brought all Somali and international partners together to develop and agree to a single plan to support the Somali National Army and its joint operations with AMISOM against Muslim extremists. Brigadier Howie's work in the areas of defence reform, strategy development and force generation have contributed significantly to the peace and security of the region.



Squadron Leader Nicholas Michael Pedley, RNZAF

For services to the New Zealand Defence Force

Squadron Leader Nicholas Pedley has undertaken 50 years of service in the Royal Air Force and Royal New Zealand Air Force as a military pilot, flying instructor and instructor trainer. He began his flying career in 1966 and flew operationally with the Royal Air Force in a range of aircraft.

In the late 1970s he qualified as a Pilot Instructor, Instrument Rating Examiner and as one of the few instructors qualified to train other pilot instructors. He joined the RNZAF in 1986 to fly with No. 14 Squadron, and was its commanding officer from 1989 to 1992. After a period as a staff officer, he resumed flying duties in 1999 as an instructor at the Pilot Training Squadron and Central Flying School. In addition to his flying duties he was also a member of the Red Checkers display team. In 2014 he was one of the first RNZAF pilots to complete a conversion course to the new T-6C Texan trainer. He has performed the demanding role of instructing instructors for more than 30 years, with pilots trained or influenced by Squadron Leader Pedley going on to conduct military operations and occupy positions at the highest leadership levels of the Royal New Zealand Air Force and in the wider aviation industry.



Major Charmaine Maurita Tate, RNZAMC

For services to the New Zealand Defence Force

Major Charmaine Tate was first operationally deployed as a Medical Officer to East Timor in 2002 and was the Regimental Medical Officer for 1NZSAS Regiment from 2004 until 2013.

As Regimental Medical Officer she deployed on several occasions to Afghanistan, was a member of the New Zealand medical team in Sumatra following the 2004 Boxing Day Tsunami and has also been involved with New Zealand Search and Rescue. Following the February 2011 Christchurch earthquake she commanded Urban Search and Rescue medical teams and later that same year was sent to assist in Japan following the major earthquake and tsunami in March. She has been dedicated to supporting Defence Force personnel and their families, especially those in the Special Forces community suffering from deployment-related illnesses and often long after they have left military service. Much of her medical development and training has been completed outside the Defence Force and at a personal cost and she has undertaken professional military training and education not usually associated with specialist officers in order to provide a military context for her professional medical duties. Major Tate has gone beyond the normal requirements and expectations of the New Zealand Defence Force in performance of her medical duties.



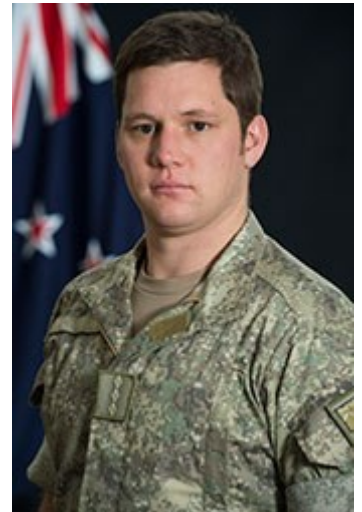
QUEEN'S BIRTHDAY HONOURS

Major Andrew James Thornton, RNZALR

For services to the New Zealand Defence Force

Major Andrew Thornton served as a Military Liaison Officer with the United Nations Mission in South Sudan (UNMISS) from September 2015 to March 2016, and was also appointed Operations Officer in Malakal.

During his deployment, 18 UNMISS personnel and 13 logistics contractors on a barge travelling along the Nile were taken hostage by a large South Sudanese rebel group and a team was sent to negotiate their release. Negotiations were conducted in the presence of heavily armed soldiers, and the rebels threatened to shoot down any helicopter that came too close to the site of the negotiations without their clearance. At the conclusion of negotiations an anti-aircraft machine gun fired several rounds at the helicopter sent to evacuate the hostages. Major Thornton was a lead planner for the recovery operation and co-ordinated the helicopter evacuation. He personally attended the negotiation site and utilised his previous personal relationships with the rebel leadership to support the United Nations negotiators in securing the release of the hostages. Major Thornton's leadership and local knowledge were key to the success of the recovery operation, particularly given the limited capacity of local government agencies to execute such an operation, and the mistrust that existed between the South Sudanese parties involved and the United Nations.



MINISTER OF DEFENCE



The Hon. Mark Mitchell

Mark Mitchell was appointed as the Minister of Defence on 24 April 2017.

Both Mr Mitchell's father and grandfather served with the Royal New Zealand Air Force, and he spent his early years living at Base Whenuapai in Auckland. His grandfather, Air Commodore Frank Gill, was a cabinet minister between 1975 and 1980 and was later appointed as New Zealand Ambassador to Washington.

Mr Mitchell joined the New Zealand Police in 1989 and became a member of the Dog Section and Armed Offenders' Squad. After leaving the Police in 2002, he established an international private security firm. Working closely with the World Economic Forum, he helped establish logistic emergency response teams that provided humanitarian support in countries hit by natural disasters, such as the Philippines, Pakistan, and Haiti.

He served as Chairperson of Parliament's Foreign Affairs, Defence and Trade Committee from 2014 to 2016. In 2016 he was appointed the Minister for Land Information, Minister of Statistics, and Associate Minister of Justice. He is retaining the Land Information and Associate Justice portfolios, as well as taking over the Defence portfolio.

Last year he visited New Zealand Defence Force personnel at Camp Taji in Iraq with Minister Brownlee and the Leader of the Opposition Andrew Little.

Mr Mitchell is also the MP for Rodney and lives in Orewa with his family.

Source: www.nzdf.mil.nz



NZDF Helps Seize \$400m of Heroin in Indian Ocean

12 May 2017

The New Zealand Defence Force (NZDF) has played a key role in another successful drug bust in the Indian Ocean, bringing the total amount of illegal drugs it has helped seize to about \$400 million in two weeks.

A Royal New Zealand Air Force P-3K2 Orion surveillance aircraft working since February as part of the Combined Maritime Forces (CMF) provided information on a suspect vessel that it spotted while patrolling the Indian Ocean.

Working on the Orion's tip-off, the Royal Australian Navy frigate HMAS Arunta intercepted the vessel off the coast of Tanzania on Wednesday and found a stash of 250 kilograms of heroin.

"This is a fantastic result for the team, and highlights the NZDF's significant contribution to the multi-national effort to stop narcotics smuggling and disrupting funding lines for terrorist organisations," said Wing Commander DJ Hunt, who is leading the NZDF's maritime security operations in the Middle East.



A Royal New Zealand Air Force P-3K2 Orion aircraft has helped a multinational task force seize \$400m worth of heroin.

"To facilitate three major drug seizures from suspect vessels that we located and in such a short timeframe is a great testament to the investment made in training and operating an airborne surveillance and reconnaissance force."

Earlier this month, the Orion located two vessels in the Indian Ocean that were trafficking 400 kilograms of heroin worth about \$220 million. The CMF said the two vessels, which were intercepted by the French ship FS Surcouf, were bound for Africa and Europe.

Major General Tim Gall, the Commander Joint Forces New Zealand, said the success of the operations is in large part due to the skills of the NZDF personnel and their ability to work as part of a multinational team.

"Results such as this affirm the NZDF's standing as a valuable CMF partner. More importantly, they bring a tangible benefit to communities, given the immense harm caused by illegal drugs."

The NZDF sent an Orion and a supporting detachment to the Middle East in February to work as part of the CMF in the next 12 months.

The last NZDF Orion mission in support of the CMF helped intercept vessels attempting to smuggle drugs worth nearly \$500 million during a 16-month period to December 2015.

The CMF is a 31-nation naval partnership that promotes maritime security and seeks to defeat terrorism and prevent piracy and the trafficking of people and drugs across about 8.2 million square kilometres of international waters.

Source: www.nzdf.mil.nz



Fifth Rotation of NZDF Troops Head to Iraq

23 May 2017

The fifth rotation of New Zealand Defence Force (NZDF) troops left today for a six-month mission training Iraqi soldiers.

The NZDF's Senior National Officer in Taji, Iraq, said the 106-member team was under no illusions about the task ahead.

"We have a challenging six months ahead of us, building on the good work of the previous rotations," he said. "However, we intend to deliver beyond expectations – it is what Kiwi service personnel do."

The mission-specific training that the NZDF contingent undertook in Townsville, Australia, in April had helped them integrate with their Australian counterparts, he said.

"As a multi-national task group of New Zealanders, Australians and, for the first time, Singaporeans, it is essential that we are able to operate as an effective, seamless team. The combined training activity in Townsville was a vital element in ensuring that."



The fifth rotation of New Zealand Defence Force troops left today for a six-month mission in Iraq. New Zealand troops have helped train more than 22,000 Iraqi Security Forces personnel since the mission began two years go.

The fifth rotation of New Zealand and Australian personnel that make up Task Group Taji are being joined for the first time by medical personnel from the Singaporean Armed Forces. On arrival at Camp Taji they will be joined by a contingent from the United Kingdom and will work alongside United States and Iraqi counterparts, who provide the camp infrastructure and security.

Major General Tim Gall, the Commander Joint Forces New Zealand, said a lot had been achieved in terms of enhancing the combat skills of Iraqi Security Forces but the mission had become no less challenging.

"Although Daesh is outnumbered and outgunned, continuing to build the Iraqi forces' fighting capability through training is just as important now that they have intensified their campaign to expel the terrorist group from their country," Major General Gall said.

"The Iraqi military needs forces that are capable of maintaining peace and security in areas that have been retaken from Daesh."

The mission will continue to be based at Camp Taji, where the majority of the training is conducted. However, members of the NZDF contingent travel regularly to other secure coalition locations to provide specific training to Iraqi soldiers with frontline duties.

Since the training mission began in May 2015, Task Group Taji has trained more than 22,000 Iraqi Security Forces personnel.

Many of the forces trained by the task group have joined the offensive to reclaim the western part of Mosul. Some are part of stabilisation forces who are trying to ensure that areas retaken from Daesh remain under the control of the Iraqi Government.

Source: www.nzdf.mil.nz



Kaitaia Soldier Revelling in Middle East Role

26 May 2017

One of the reasons Ari Busby joined the New Zealand Army was to travel and he has got his wish, working with a multinational contingent in the Sinai Peninsula.

Originally from Awanui in Kaitaia, Lance Corporal Busby is part of the 34-member New Zealand Defence Force engineering contingent that was sent to the Sinai Peninsula in January to enhance security at the Multinational Force and Observers' (MFO) South Camp.

"Our main focus has been improving the security of the main gate at South Camp, which has involved some very long, hot and tiring days," said Lance Corporal Busby, a carpenter from the 2 Engineer Regiment.

"It has been a challenge to stay focused when you work long hours in temperatures that hit a high of 42 degrees. But it has been rewarding to see the steady progress in our work."



Lance Corporal Ari Busby is part of the 34-member New Zealand Defence Force engineering contingent that was sent to the Sinai Peninsula in January to enhance security at the Multinational Force and Observers' South Camp.

Working in the MFO had given him opportunities to make new friends from countries like Fiji, the United States, the Czech Republic and Uruguay, he said.

"There are plenty of opportunities to engage with personnel from other countries, like sports or pizza nights. It really depends on what your preference is."

Lance Corporal Busby was 19 and two years out of Kaitaia College when he enlisted in February 2011.

"I joined because I wanted to make something good of myself and to make my family proud. I also wanted to travel," he said.

He trained as a carpenter after completing basic training and has been deployed to the South Pacific three times.

"I have been on humanitarian assistance and disaster relief missions to Vanuatu and Fiji. In 2015, I took part in Exercise Tropic Twilight in Penrhyn in the northern Cook Islands, where we built a new fuel plant and fixed schools and other small buildings on the atoll."

Lance Corporal Busby has revelled in the experiences he has had in the six years he has been in the Army.

"I've had opportunities to help those in need, together with my brothers in the Army. I've also done a lot of travel."

Source: www.nzdf.mil.nz

News from Iraq

The Long Road to Iraq

Who would have thought Pre Deployment Training (PDT) would have me back where it all started. In a ten man room, in Waiouru, allocated the bed right in front of the door. One of the men I shared the room with was the SNCO who inducted me into the Army. It was almost poetic; if you ignored the sounds and smells of ten men living in one room.

I am currently deployed to Iraq as part of the fifth rotation on the NZDF Op Manawa mission; and this is my story.

PDT is the first of many compulsory periods of training to complete in order to get certified ready to deploy. PDT covers everything we needed to know for our mission. From immediate first aid on a gunshot wound, to mental resilience, to where to get good shisha, we were taught and tested on it all. It gives us all the reassurance that we are ready now to do our jobs, and be prepared to act even in the most unexpected of situations. Most people say that the highlight of PDT is the shooting package. On the package we learnt to be extremely fast and efficient with our pistols and rifles. Healthy competition did exist with the rifle reload drill being controversially won by myself, but real credit is due to a certain RNZSigs Cpl. My favourite part of the PDT process was rooming with ten smelly, loud and riotous lads. The bonding that occurs when having to live and work side by side in the Army will always be one of the best parts of the job.

The final phase of PDT was conducted in Townsville, Australia.

There we met and worked with our Australian counterparts. For those that aren't aware, Kiwis make up approximately a quarter of the Task Group, with Australians being the majority. However, statistically 75% of the quality banter is being produced by the Kiwis. In Townsville we conducted a Mission Readiness Exercise (MRE) where we role played through a typical week on the Mission, testing our readiness to react to different situations. Thankfully, we all passed with flying colours!

After the completion of the MRE we were given a 48hr local leave pass. Everyone made the most of it. Everything from hiking, island visiting, reef diving and bar-hopping was partaken in. Excessive instagram photos were posted by all, reminding our friends and family of the awesome travel benefits of being in the military. Shout out to the best men's Volleyball team I've ever met; GO



*Climbing Mount Stuart in
Townsville, Australia*

THE NIGHT HAWKS!

At 0500 (or zerrrooo dark hundred) on our last day we departed for the airport, over a hundred tired but satisfied Kiwi's returning home, knowing we were good to go.

Before us we had three weeks of well-earned leave before departing for theatre.

My leave was spent eating copious amounts of good home cooked food, and catching up with friends and family all over the country. Thank you to everyone who showed me such warm hospitality, your kindness blew me away. I went to the beach as many times as possible, knowing that New Zealand beaches would be one of the things I miss the most.

The fact I was going didn't really hit me until the night before packing my bags. It was a surreal feeling. Years of training and experience had finally led up to this moment. I put that thought aside as I tried to figure out how to stuff ten Otara Market 'Kiwi' shirts into my bag, rumour has it they are hot items on the base trading market.

Now as I sit here, in Iraq, I reflect on how far I've had to come to get here. It has not been a perfect process, but it has however been a good experience. I've laid the foundations of many friendships that I am sure will continue through this deployment and in New Zealand upon return. The conditions have been set for a successful deployment and I'm optimistic that it will be one.

There is much to write about here outside of our primary role; the push-bike mafia, the broad-walk, the two gym cultures, Ali's shop and more. I'll leave those stories though to other writers to spin yarns about in future articles, so you'll have to keep reading to find out!

Until then; stay classy team.

FOREIGN CORRESPONDENTS

SNO Comments (Iraq)

Kia Ora everyone.

Just a short note from Iraq to let everyone back home know that the team got here safe and well, if not a little tired. People seem to be settling in to the routine well; that said the heat is starting to really get going. Average temperature is now hitting the mid 40s and that takes a little bit of getting used to!

Although there are many differing routines within the Task Group, Friday (Juma to the Iraqis) morning (Friday evening your time) sees a low activity period we term 'resiliency'. Regardless of what routine you actually observe, we are pretty strict about enforcing this relaxed period as it is the only 'time off' people get during the entire week.

As the Senior National Officer, you'll be pleased to know that the perks I receive reflect the magnitude of the position and the importance of those who fill it. I am lucky enough to have my own personal transportation! I have been handed a brand spanking old

rusty bike from the previous SNO. It is an 'Apache 1 speed', that is correct only one gear. Which is fortunate as the front brake relies on hope as the main stopping principle while the back brake can be best described as 'untrustworthy'. On the bright side it looks like the frame will last in the harsh conditions here; the simple fact is that rust cannot rust.

On the welfare front, the key thing is that we are getting to see the Lions' tour games. I thought the Baa Baas played some excellent rugby but cannot wait until the Lions play the Canes at the Westpac – Go the Canes! I also trust that everyone is beginning to establish some form of routine with regards communicating with your loved ones over here. It's important to get this established at

the same time ensuring that expectations are met from both ends.

Regards



The NZ Defence Force supports a number of major operations around the world. As of mid-May 2017, around 720 NZDF personnel are serving in 15 operations and UN Peacekeeping missions in 15 countries, including:

- **Afghanistan**
- **Asia**
- **Egypt**
- **Fiji**
- **Iraq**
- **Israel/Lebanon**
- **Middle East region**
- **South Korea**
- **South Pacific** (excluding Fiji)
- **South Sudan**
- **Tanzania**

At any time there are many other Defence Force personnel on other overseas activities and exercises.

NZDF in Iraq: “We’ve helped build a fighting force.”

By Luz Baguioro
Public Affairs Manager
Joint Forces New Zealand

In May 2015, the first contingent of about 100 New Zealand Defence Force (NZDF) troops left for Iraq on a non-combat training mission.

Two years on, NZDF troops have helped train more than 21,000 Iraqi Security Forces, many of whom are now in the thick of battle as they seek to retake parts of their country from the clutches of terrorist group ISIS.

“The ultimate measure of success of our training mission is not how many Iraqi government forces we have trained but on how we have helped rebuild the confidence of the Iraqi Army,” Major General Tim Gall, the Commander Joint Forces New Zealand, said.

“A soldier’s confidence stems in

part from good training. And from the time we started our training mission, we’ve seen the confidence of the Iraqis grow as we help them improve their warfighting skills.”

Major General Gall said New Zealand’s contribution to the international effort to increase the capacity of the Iraqi Security Forces was helping ensure a steady flow of capable fighters for the ongoing campaign to expel ISIS from Iraq.

“We’ve helped build a fighting force that’s contributing to the current offensive against ISIS. But apart from force generation, we are also training the next generation of Iraqi military leaders who will be responsible for protecting their country in the future.”

Although many of them have combat experience, even the trainees find the training provided by Task Group Taji valuable. The ANZAC training force is comprised of about 100 New Zealand troops

and around 300 Australian Defence Force personnel.

“I’m very grateful to the New Zealanders and Australians who trained us. They’ve given us the skills we need to help us survive and return to our families,” said Staff Sergeant Mohammed Faleh, who was deployed in early April to join the offensive to capture the western part of Mosul from ISIS.

“I will train our men for that fight, using the skills I learnt from Task Group Taji 4,” he said.

Staff Sergeant Faleh, who was one of the 280 Iraqi Army members who completed the 1st Officers and Junior Leaders Course in March, suffered severe injuries from a grenade explosion while clearing a building in Fallujah in April 2015.

“When I fought at Fallujah, we had no medical training and did not know how to deal with Improvised Explosive Devices (IEDs). The New Zealanders and Australians have taught us how to save lives on the battlefield. They’ve also taught us bomb disposal, how to deal with IEDs and how to use cover and concealment.”

This level of combined arms training is usually reserved for Iraqi Special Forces, according to Sergeant Major Yasir Samir, who’s a pilot in the Iraqi Army.

“It is very helpful for us to conduct this training with the Australians and New Zealanders as we continue to fight ISIS,” he said.

Many of the forces trained by Task Group Taji have joined the ongoing fray to reclaim the western part of Mosul. Some form part of stabilisation forces who are working to ensure the gains made against ISIS – in Ramadi, Fallujah, east Mosul and other parts of Iraq – are sustained.

“They are better prepared, more likely to succeed and have a greater chance of surviving on the frontline because of the training we have helped provide them,” the



Major General Tim Gall, the Commander Joint Forces New Zealand, and Iraqi Security Forces listen to a New Zealand Defence Force trainer during a recent visit to Iraq’s Camp Taji.

Photo credit: Australian Defence Force

FOREIGN CORRESPONDENTS

NZDF's Senior National Officer in Taji said.

"My observation is that they are determined to retake their country and protect their families. They are grateful for the training we provide and are eager to bring the fight to the enemy."

At Camp Taji, New Zealand troops work alongside personnel from Australia, the United Kingdom, the United States and, in coming months, Singapore.

"Working in a coalition environment is a positive experience," the NZDF's Senior National Officer said. "Each nation brings a different perspective on how to deliver a high performance output. Everyone picks up ideas from one another and raises their expectations to suit."

Originally set for two years, the NZDF contribution to the international Building Partner Capacity mission in Iraq was extended recently by the government to November 2018.

Since last October, the NZDF has sent small groups of training and force protection teams to other secure training locations in Iraq. New Zealand soldiers have also been training stabilisation forces such as the Iraqi Border Guards in addition to the Iraqi Army.

The fifth rotation of 106 NZDF troops trained with their Australian counterparts in Townsville in northeast Australia before heading to Iraq in late May.

NZDF Appoints Military Assistant for UN Mission in South Sudan

By Luz Baguioro
Public Affairs Manager
Joint Forces New Zealand

The New Zealand Defence Force (NZDF) has appointed a senior Army officer to serve as Military Assistant to the head of the United Nations peacekeeping mission in South Sudan.

Lieutenant Colonel Neville Mosley, who was the NZDF's Senior National Officer in South Sudan from February to October 2015, took up his new role as Military Assistant to the Special Representative of the UN Secretary General (SRSG), former New Zealand MP David Shearer, in early June. His appointment raises to four the number of NZDF members posted to the war-torn North African country.

"I hope to be able to support the SRSG in making a positive difference in what is a challenging environment," Lieutenant Colonel Mosley said.

"Given my background, I have a good knowledge of the country as well as the issues and challenges facing it. I also have a good understanding of how the UN

works with respect to the mission."

Lieutenant Colonel Mosley joined the New Zealand Army in 1997. A military engineer, he has been deployed previously to Iraq, Afghanistan and Timor-Leste.

As Military Assistant to the SRSG, Lieutenant Colonel Mosley will support Mr Shearer in his role, which includes leading a multinational peacekeeping force comprised of about 13,000 troops. He will also assist in the mission's strategic planning.

Major General Tim Gall, the Commander Joint Forces New Zealand, said the latest NZDF contribution to UNMISS demonstrated New Zealand's commitment to peace and stability on the African continent.

"It also affirms our commitment to collective security efforts through the United Nations," Major General Gall said.

South Sudan, which gained independence from Sudan in July 2011, has for the last three years been torn by an ethnic-fuelled conflict which has left thousands dead and displaced an estimated 1.7 million people.

Parts of South Sudan are



Lieutenant Colonel Neville Mosley has been appointed Military Assistant to the head of the United Nations peacekeeping mission in South Sudan.

FOREIGN CORRESPONDENTS

experiencing famine. The UN estimates that about 7.5 million people – or more than two-thirds of South Sudan's population – are in urgent need of humanitarian assistance and a million children are severely malnourished.

The vicious ethnic civil war since 2013 has played a major role in what the UN describes as an “escalating catastrophe” in the world's youngest country.

“The bulk of the population want security for their families and themselves, and access to food, water, education and opportunity,” Lieutenant Colonel Mosley said.

Fact Sheet: NZDF contribution to the United Nations Mission in South Sudan

- ◆ The United Nations Mission in the Republic of South Sudan (UNMISS) is one of three UN peacekeeping missions to which the New Zealand Defence Force (NZDF) currently deploys personnel, and our only deployment to a mission in Africa.
- ◆ The NZDF contribution to the UNMISS started with the deployment of personnel to its predecessor, the United Nations Mission in Sudan (UNMIS), at the request of the United Nations in 2005.
- ◆ In March 2005, the UN Security Council passed resolution 1590 which established a peacekeeping mission for Southern Sudan. UNMIS was to support the comprehensive peace agreement signed between the Government of Sudan and the Sudan People's Liberation Army.
- ◆ In 2005, the New Zealand government received a request from the UN Department of Peacekeeping Operations for a contribution to UNMIS. The government approved the deployment of three NZDF personnel: two as UN Military Observers and one as a staff officer.
- ◆ South Sudan became independent from Sudan on 9 July 2011. As a result, the UN created a new mission, UNMISS, to consolidate peace and security, and enable the newly established government to assume its functions. The NZDF personnel were subsequently transferred from UNMIS to UNMISS.
- ◆ A peace agreement was signed on 17 August 2015 by President Salva Kiir and former Vice President Riek Machar. As agreed in the peace accord between the government of South Sudan and the opposition in August 2015, opposition leader Riek Machar returned to Juba in April 2016 to form a transitional unity government.
- ◆ The New Zealand Senior National Officer, a Lieutenant Colonel, holds the position of Deputy Chief of Plans at the UNMISS headquarters in Juba. The UNMISS plans branch is responsible for force planning and long-term operational plans.
- ◆ Two New Zealand Army Majors hold positions as Military Liaison Officers (MLO) and are based in Yambio and Malakal. MLOs are responsible for outreach and information gathering, monitoring the movement of internally displaced persons, facilitating the delivery of humanitarian assistance and coordinating with South Sudanese military personnel to maintain freedom of movement for UN personnel by road, river and air.
- ◆ In April 2017, the Cabinet approved the posting of an additional NZDF officer to South Sudan to serve as Military Assistant to the Special Representative of the UN Secretary General, former New Zealand MP David Shearer, for up to three years.
- ◆ Our UNMISS participation continues a history of NZDF deployment to African peace operations, including in Somalia, Sierra Leone and Mozambique. The UNMISS priorities of protecting civilians, human rights and humanitarian support tasks are consistent with New Zealand's support for UN-led missions.



High Regard for NZDF Military Observers in UNTSO

By Luz Baguioro
Public Affairs Manager
Joint Forces New Zealand

New Zealand Defence Force (NZDF) personnel assigned as United Nations Military Observers in the Middle East are well-regarded for their professionalism and ability to engage with people from different cultures.

Lieutenant Colonel Todd Hart, who recently finished his one-year posting as the NZDF Senior National Officer to the UN Truce Supervision Organisation (UNTSO), said the NZDF members could hold their own in the multinational peacekeeping force that comprises personnel from 25 other countries.

“Our contribution is small in number – a maximum of eight – but is well-thought of as we provide well-trained officers who are fluent in English and have a reputation of

being very capable and able to relate to a wide range of people,” Lieutenant Colonel Hart said.

“Seeing the good work that our NZDF officers are doing and hearing the positive compliments on their professionalism from officers from other countries has been one of the highlights of my deployment.”

Established in 1948, the UNTSO is the first peacekeeping operation established by the United Nations and has personnel based in Israel, Lebanon, Syria, Egypt and Jordan. UNTSO military observers are responsible for monitoring ceasefires, supervising armistice agreements and preventing isolated incidents from escalating.

NZDF officers posted to Observer Group Lebanon conduct vehicle patrols in villages in south Lebanon and along the “Blue Line”, a demarcation line between Israel and Lebanon. Those assigned to Observer Group Golan-Tiberias, based in Tiberias, Israel, carry out observation duties in fixed

observation posts on the western side of the Area of Separation prescribed in the 1974 Disengagement Agreement between Syria and Israel.

“One of the key benefits of working as part of a diverse mission is being able to meet and work with people from other countries. It also means we get to introduce them to some aspects of Kiwi life, encourage them to visit the beautiful country we come from, and talk about sport and Kiwi cultural icons like ‘Pineapple Lumps,’” Lieutenant Colonel Hart said.

Based in Jerusalem, Lieutenant Colonel Hart said the history of Arab-Israeli conflict and division was played out in regular clashes between Israeli Security Forces and the Palestinians in the West Bank and Gaza. The conflict in Syria and its impact on neighbouring countries also affect NZDF staff within the mission area, regardless of which country they are based in.

“The security situation continues to be uncertain and volatile. Violence can occur without warning and cause a state of heightened anxiety for everyone.”



“The NZDF contribution is small in number but is well thought of,” said Lieutenant Colonel Todd Hart (left), who recently completed his one-year posting as the NZDF Senior National Officer to the United Nations Truce Supervision Organisation.

The photo was taken during the visit of Air Vice-Marshal Kevin Short (second from left), Vice Chief of Defence Force, early this year.

News from Sinai

WO1 Mark Thompson RSM and TWO

First I would like to introduce myself. I am Warrant Office Class One Mark Thompson, the New Zealand Contingent (NZCON) Regimental Sergeant Major (RSM) and the Training Warrant Officer (TWO), Force Training Team (FTT). As you can see like most NZCON personnel, I have two appointments to fill. This is because we have our deployed tasks to the Multinational Force and Observers (MFO), in my case this is the TWO appointment and then we have our appointment to the NZCON, which is the RSM appointment.

We are currently in the 'settling in period' in this country that is immersed with history and is blessed with wonderful beauty along its coast line. The country's history is also etched into New Zealand's past, with regards to our military commitments during both World Wars, from the early Mounted Rifle Units, the Expeditionary Forces, where Charles Upham earned his bar to

the VC at Ruweisat Ridge, to where 76,000 New Zealanders trained prior to deploying to combat zones; one of these men was my grandfather. Furthermore, it is where New Zealand has sent Sailors, Soldiers and Air men and women, and Officers to the serve under the MFO since April 1982 to help supervise the Treaty of Peace between Israel and Egypt.

As I write this article I am thinking about the significance the region holds to New Zealand and its Defence Force and then I reflect on what we, as a contingent have achieved to date, coming together as Sailors, Soldiers and Officers selected from different trades, corps and services and having to form a team, culture and trust quickly and effectively.

This journey started with Pre-Deployment Training (PDT) where changes happened quickly and the contingent was informed on day one that the senior appointment, being the Senior National Officer (SNO), was changing as the current one had been selected for a higher command appointment back in New Zealand. So day one of PDT started with the new SNO, LTCOL Justin Putze introducing



Training in preparation for deployment to the Sinai

himself to the NZCON. During the PDT period the team bonded well, maintained a professional approach to all tasks and worked hard on building the trust required for a team to perform well as an entity. The PDT prepared us well for the tasks that we will or could face over our deployment, including medical, weapon handling, and driver training to name a few. We then went on leave before the long journey to the Sinai started, including a period in Dubai, where more equipment was issued, additional weapon and medical training was conducted, and the acclimatisation period started. While in Dubai, MAJ Kerr had the privilege to promote Lieutenant Tim Easton to the rank of Acting Captain, and Corporals Mike Maher and Kallum Dennis to Acting



Op FARAD 1/17 are welcomed by Op FARAD 2/16 and the Engineer Surge Team in traditional Kiwi fashion.

FOREIGN CORRESPONDENTS

Sergeant.

From Dubai the contingent was deployed into Egypt for an initial period of MFO training and then handovers occurred; after eight odd weeks the excitement and apprehension of the takeover occurred. Additionally, during this period we received a pōwhiri from the OP FARAD 02/16 contingent and the Engineer (Engr) Surge Team, which is always an emotional experience that embraces the pride and honour of being a New Zealander deployed away from home. The pōwhiri also included the handover of command from LTCOL Stephen Piercy to LTCOL Justin Putze and the MFO medal presentation to LTCOL Piercy followed by a full contingent haka to farewell him as he started the long journey back home to take up his new command appointment. As a point of note, it is believed that at this date, 6 May 2017, it was the largest number of New Zealander's deployed to Egypt since the Second World War, numbering 87 New Zealand Defence Force personnel.

The team has settled into their tasks and it has been tremendous having an embedded Engr team in camp. The team has added a different dimension to this



Handover of command from LTCOL Stephen Piercy to LTCOL Justin Putze with the NZCON Mere handed to LTCOL Putze via the MFO Force Commander Major General Simon Stuart.

deployment, which is another first. They have been working extremely hard on their Engr tasks and have allowed us to seamlessly settle in and have made us feel welcome, which I thank them for.

Finally, I hope everyone is safe and well back in NZ and all the deployed NZDF personnel around the world. Our thoughts are with you all.

I would personally like to thank HQ

JFNZ, NZCTC, supporting personnel, the Dubai team, and OP FARAD 02/16 contingent for their efforts in training, deploying and handing over to the OP FARAD 01/17 contingent. We are all in debt for your efforts.

Ko te piko o te mahuri, tera te tupu o te rakau

The way the sapling is shaped determines how the tree grows.



Two soldiers from the Engineer Surge Team at work on the new fence.



ANZAC Team at the completion of the Ruck Memorial Run.

DSO'S CORNER



Carol Voyce

Deployment Services Officer
Southern Regional Support Centre
Editor "The Bugle"

Recently there was an enormous "crash" in my work storage room. On further investigation I was to discover that an overloaded shelf could no longer bear the weight of being piled so high with an assortment of "stuff". There wasn't an inch of carpet to be seen amongst the burst open files and spilled boxes! You know, that all important stuff that we just might need one day or that has some sentimental meaning. As I left work that day, firmly locking the door and muttering a few "words", I pondered on what was to become of all that I had accumulated over my years here and what may still be worth salvaging for the sake of history!

Next morning the mess was as I had left it. Not sure why I expected it to be any different but there it was to greet me! I climbed over it and around it for awhile before I had the energy and time for the attack! The "attack" was believe it or not truly satisfying. I had this wonderful trip down memory lane. When I first started work here we had huge numbers of service personnel deployed under the U N Banner to Timor-Leste and the role of Deployment Services Officer was relatively new. I think I had a few files of notes, a few photographs

and a computer on my desk. And yes the computer used floppy discs to store and back up photos! Over the years as the role has expanded and we have deployed to all corners of the globe, we have developed new resources and found new ways of doing things which are still constantly changing. The changes have happened for a number of reasons but the main ones are from lessons learned from service personnel and their families and from a world with an ever changing face. So I think it is fair to say that I have accumulated a lot of valuable resources and certainly many a written word and photo which will take its place in our Defence history.

I had a great time reminiscing and creating safer storage for the many things that show how much our approach to support has changed over the years. I flicked through many old newsletters and foreign correspondence from all over the world. I recalled some great people who were great leaders on so many previous deployments and saw the young shy Private who was made to write for us, was now a highly successful Commanding Officer! Does that mean I have been here too long?

Needless to say, I threw very little away – much of it now has a renewed place in my memory, an amazing place of prominence in recording our contributions globally and a safe neat storage place on my shelves. Many of the files, documents, photos and contributions have been copied and put into safe storage or/and lodged with the Waiouru Army Museum. So the "crash" and the "clean-up" had a great outcome.

This systematic planned approach to these priceless things couldn't be in more contrast to the way I cleaned up post earthquake and the way I became so ruthless as we moved from rental house to rental flat over a number of years before it was confirmed that our house was

no longer habitable! I threw out an amazing amount of "stuff" and didn't bother replacing much of what was destroyed. I learned to become clutter free. I also learned what was important and what wasn't. Obviously the safety and security of loved ones was uppermost but material things became of much lesser significance. Having said that, I did everything I could to preserve those things associated with the history of our family, including antiques, various heirlooms, photos and other items of significance. Several much loved antique items were able to be restored, but some were beyond repair. I now like to think that I am not known as a home hoarder – just a work one!

Hot tips from families about coping with separations are often shared and adopted by others on a deployment journey. But one partner learned a valuable, never to be repeated lesson, when her man was away. It reads: "Never touch his stuff!" She had this massive cleanout-throw-out of what she had decided was unnecessary junk that had grown from a manageable pile over the years, to what she saw as a junk heap. She sorted, made the judgement calls and then had a huge bonfire. She was pretty satisfied with the small, must keep pile, remaining. Well that was until his return, when suddenly he wanted that old soccer ball he had had since childhood and his favourite jacket. Then the reality hit and questions came thick and fast! This good deed had turned into a nightmare. While they did find some common ground after a few heated exchanges it was a timely reminder that sometimes our personal junk is valuable junk for whatever the reason – so don't be tempted in the months ahead to clean their stuff – just do your own if you must!

Have a great month and keep in touch – it's a few months until winter passes and its spring cleaning time!

DSO'S CORNER



Janine Burton

Deployment Services Officer
1 (NZ) Brigade

Communication a major key for the success of any deployment—from day one to day of RTNZ and in the days and weeks after our service people return home. While they are away we have the welfare phones, computers available for the sending of emails and using Messenger, in many locations there is the Skype facility although this also has challenges when connections are not always the best. From home we know that our families are regularly sending letters and parcels with favourite treats, magazines, some foodstuffs. I have heard that a few families are even receiving letters and parcels in return! How outstanding is that? I would also remind you that this very publication can also carry messages to and from the deployment location to remember special events like birthdays and anniversaries, special achievements, or just that “hi, I’m

missing you” message. Perhaps by next deadline you might like to send us a message we can publish for you too. Children love to see their names and messages in print so sending or receiving messages when a parent is deployed can be quite a thrill.

In recent weeks we have had two of our larger deployments rotate personnel. As is expected, this has increased the number of calls with questions around mail; sometimes the address, sometimes the process, sometimes the possible contents of parcels. I even had a lovely conversation with a family member who is not only going to bake and send some of her grandson’s favourite biscuits, she is going to send me the recipe too cause they sounded scrummy!

While talking about mail it is prudent to remind you all of a few of the guidelines:

- ◆ One 1kg parcel per person per week. Dimension guideline is the size of a standard shoe box. If you send a parcel and in the same week another family member also sends a parcel, don’t worry about it. This is unlikely to be a regular thing so a one-off occurrence is not going to be an issue.
- ◆ What can you send? Whatever NZ Post will accept, you can send—with the exception of alcohol. No alcohol is sent to our mission locations. You can get a list of prohibited items from your local PostShop or on their website—www.nzpost.co.nz.

◆ Remember to wrap our parcels appropriately and if you are sending something liquid that your items are really well wrapped; in doubt, add another layer of wrapping.

◆ Most importantly of all you must attach a green Customs Sticker to all parcels, clearly listing individual items contained in the parcel, e.g.

1 x t-shirt	\$25
1 x pkt gingernuts	\$ 3
1 x magazine	\$ 6
1 x pkt jet planes	\$ 2

You can’t group items together and put ‘clothes’, ‘confectionary’, etc. Hope this helps.

When you get to the PostShop to post off your precious parcel, the friendly staff may advise you that you don’t need to attach the sticker as the address says Upper Hutt. Please be advised that you absolutely DO need to attach the sticker because it is being sent on to an overseas location.

Mail is a huge morale boost to those who are serving overseas, so keep those letters and parcels going.

We used to be able to say send scratchies and then if there was a winning ticket you would be sure to receive by return post, but unfortunately scratchy tickets are one of those items that are on the NZ Post prohibited list—so please don’t send them any more.

Need advice, support or information to manage the deployment journey?
Contact Carol Voyce, DSO Burnham 0800 337 569
or Janine Burton, DSO Linton 0800 683 77 327

We are here for you!

KEEPING THE HOME FIRES BURNING



Hi Everyone,

My name is Jill and my husband Eric has just deployed overseas for 6 months. My neighbour Leanne has talked me into trying to continue on from her contributions to this column. It is surely going to be a hard act to follow! For obvious reasons I have changed our family names. We have 3 children, Tim (16), Joshua (12) and Kate (9). We live close to one of the Army bases and as Eric has served for 17 years, we have already some great networks and friendships established. Having said this, it is sometime since Eric has deployed so it is going to be a challenge at times, but an adventure too I guess.

We have only just said our goodbyes and haven't really adjusted to the fact that he's not just on a course and will walk back in the door soon armed with a load of washing! I was fortunate to attend the pre-deployment briefings and feel well equipped with information and the details about who to contact for what. Eric and I had a good chat about where I get the best day to day supports from - the DSO's and how the Unit can help me too if I need it. It was great to have the chance to meet so many people at the briefings and to see who was "the Boss" and to meet up with the local welfare team. I don't think I will feel too alone.

Our family has made plans for the months ahead and how we need to alter our routines with Eric gone for awhile. I'm not sure if it's better to be parenting alone in the summer or the winter. Our children all play a variety of winter sports so Mum's taxi is going to be extra busy with different practices and games scattered across the city. Tim plays club rugby, Joshua plays soccer and Kate plays netball. I have always been involved with their sporting activities and a proud sideline supporter. I have managed to work out some car pooling which is going to make a huge difference through the competitions but allow me to see different games and provide that support on different weeks. It's our weekends that are going to be the hardest to manage. The boys catch a bus to school and I drop Kate off on my way to my part time job as a pharmacy assistant. Luckily I don't work school holidays so I have that sorted while Eric is away. We also have a dog - a somewhat destructive one named Judd and a dear old cat called Flo. I expect Judd to do his usual escaping act at some stage and to cause havoc in the garden beds. Some things don't change!

I have just been to the first dinner for families with someone deployed. Some faces were familiar, others not. I sat next to a young

girl with her 3 month old baby and she too seems to have lots of help and family support for the months ahead. While we have plans and the best of intentions, I realise there could be a couple of stumbling blocks along the way! There were people at the dinner from Eric's unit and the Padre was there too. The food was great and we all enjoyed the night off cooking and dishes as promised. I am sure we will all go to the next one.

So far Eric has only managed limited contact as he gets to his destination and gets settled into his new life away from us all. I know he will worry about us too, but I have tried to reassure him that we are lucky to have so much support about and grandparents living nearby who always like to be useful. I can see young Joshua wanting to take on many tasks in his Dad's absence. Tim is busy with school and sports but I am sure I can encourage him to lend a helping hand. Kate is the domestic one so I am sure I can rely on her too. I will be expecting them all to continue with their regular allocated chores and to help with some things Eric usually does. At least the grass doesn't grow so fast in the cooler weather! But the weeds do!

KEEPING THE HOME FIRES BURNING CONT'D

We are all looking forward to our first skype session next week and starting to think about letters and parcels too. I am sure we can keep that connection with home life through the many opportunities there are to stay in touch. I am already letting my imagination run wild with what to send and how to make this work!

I look forward to catching up with you all next month.

Kind regards,

Jill



Dear Families,

I feel very proud to have been asked to write for this column while my grandson is deployed overseas. I am not much of a writer but hope I can share my thoughts with you all from time to time.

Ted left several weeks ago on his first deployment with the New Zealand Defence Force. Life in the Army has been good for him and them good to him. I have seen this young man mature so much and he has a zest for life -

and fitness. He has done a lot of training for this deployment and was excited to get the chance to go away. None of our family has served their country before him, so yes I did have huge feelings of pride when we waved him off. Ted has lived with me since he was a toddler - so even though I am Grandad officially, we have a very unique relationship. I am sure going to miss him!

We were really impressed with the family day before Ted went away and to meet a great array of people who can help us along if we need it. I must say that the information was great and while I will worry about him, I know that that's just natural. I love that boy.

Unfortunately we live too far from Bases and Camps where the dinners are held but that's a great idea for people to get together. Nothing like food to entice them I guess. I will look forward to The Bugle and any news that comes my way about Ted's job overseas. And I will look forward to Christmas when he will be home again to celebrate not only the festive season but a job well done.

I hope the deployment goes well for everyone both there and at home.

Sincere regards until next time.

Eddie

Deployment Support Services

- ◆ Need information?
- ◆ Need support?
- ◆ Need a listening ear?
- ◆ Need to send an urgent message to a deployment location?

Deployment Support Services are here for you

All personnel on deployment and their families have the support of the Deployment Services Officers (DSOs). In addition there is support from Unit Points of Contact (UPOC) and local Welfare Support Services. The nominated Primary Next of Kin (PNOK) of families of deployed NZDF personnel should, in the first instance, contact their DSO who has a responsibility for transparency into welfare issues.

Added to this, there are other very valuable support networks available in your local region.

For additional support and services:

Army:

Deployment Services Officers:

Linton—Janine Burton

Ph: 0800 683 77 327

Burnham—Carol Voyce

Ph: 0800 337 569

Community Services Officers:

Waiouru:

Carolyn Hyland—Ph 06 387 5531

Papakura

Rachel O'Neill—Ph: 09 296 5744

Burnham

Lynne Price—Ph: 03 363 0322

Community Services Facilitator:

Linton—Lesley Clutterbuck

Ph 06 351 9970

Family & Social Services Officer:

Trentham

Marie Lotz—Ph: 04 527 5029

Air Force:

Defence Community Coordinators

Air Staff Wellington:

Lynley Williams—Ph: 04 4960555

Base Auckland:

Kylie Smedley—Ph: 09 417 7000

Ext'n 7035

Base Woodbourne:

Claudia Ayling—Ph: 03 577 1177

Base Ohakea:

Bridget Williams—Ph: 06 351 5640

Naval Community Organization:

Ph: 09 445 5534, 0800 NAVYHELP

nib@nzdf.mil.nz

Local Chaplaincy Services

Unit Point of Contact

FIVE SECRETS THE BANKS ...

Are you being ripped off? Five secrets the banks won't tell you!



According to a major Mood of the Nation Horizon-Poll, 14% of Kiwis placed very little confidence in banks and 42% had only 'some' trust in banks. Do you trust the banks?

Banks keep secrets from you for their own self-interest.

Here are their top secrets exposed:

- 1. Consolidating debt can cost you more.** Let's say you bought a flash, new car. If you decide to refinance and lump your car loan onto your 25-year mortgage, you will end up paying for your car for the duration of your mortgage. This means in 25 years you would have only just paid for a car that you may not even own anymore. Also, despite the lower interest rates, debt consolidation can cost you heaps more than if you paid the loan separately:

If you have a car loan of \$30,000, with an interest rate of 16.5% and a minimum repayment of \$450 fortnightly, then you repay your loan in 41 months and end up paying a total interest amount of **\$9,127**.

Now, let's imagine you have an existing mortgage of \$300,000 (interest rate of 6% and a loan term of 25 years). The total interest you will have to pay is **\$279,536**.

If you decide to add your car loan of \$30,000 to this mortgage, you will end up paying a total interest amount of **\$307,489**. This will cost you **\$18,826** more in interest than the original car loan.

Debt consolidation can work for you, but the banks won't tell you how.

- 2. You could lose it all.** Credit card companies only have your word that you will pay the amount you owe, making them unsecured debts. If you do not pay, the credit card company will take action against you. Mortgages are secured debts because the house becomes the security for the loan. In addition, if there is a guarantor for the mortgage, there is usually an 'all obligations' guarantee in place. If you cannot meet your mortgage repayments, your home may be taken away from you. When you combine your credit card debt into your mortgage loan, then you are converting unsecured debt into secured debt. If you cannot pay, is it worth risking your home just to make it easier to pay your credit card debt?
- 3. More lending can damage your credit rating.** Every time you want to borrow money, whether it's to top up or refinance your mortgage, finance a new car, a hire purchase, etc., the lender will run a credit check on you. Credit assessors will ignore enquiries made 30 days before you apply for your loan because this is assumed to be you 'rate shopping'. However, over a seven-year period, the more enquiries against your name, the more concerning it is for the lender. This is because lenders will think you have difficulty saving and become wary of lending you the money.

...WONT TELL YOU

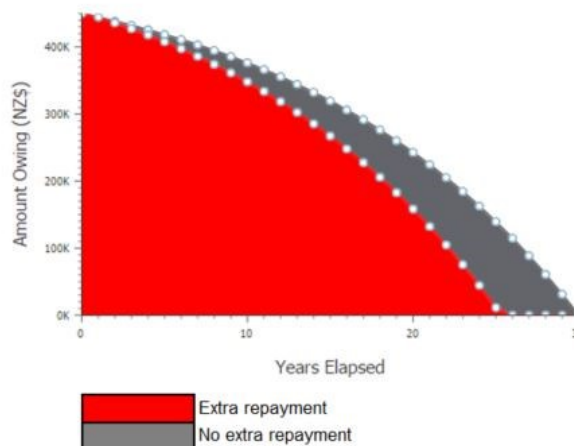
4. **Increasing your repayments cuts years off your mortgage.** Banks will not actively encourage you to increase your minimum repayments. However, if you do, you could take years off your mortgage and save heaps of interest. For example, if you have a \$450,000 mortgage (interest rate of 6% with a loan term of 30 years) and you decide to pay \$200 extra per month, you will end up saving more than a whopping \$90,000 in interest and cutting nearly 5 years off your loan!

Loan detail

Loan Amount	NZ\$450,000
Interest Rate	6.00%
Loan Term	30 yrs
Payment Frequency	Monthly
Extra Contribution Per Payment	NZ\$200
Extra Contribution Starts After	1 yrs

Calculation Result

Total Time Saved	4 years 8 months
Total Interest Saved	NZ\$92,806.31
Monthly Repayment Without Extra	NZ\$2,697.98
Monthly Repayment With Extra	NZ\$2,897.98



5. **Bankers are salespeople.** Banks want you to come into their store and talk to the people at their counters. Personal bankers and tellers will only recommend their bank's products because referrals to bank advisers may contribute to their bonuses. They are not able to recommend a better solution from a competing bank.

Banks are self-interested. If you want advice that puts your interests first then get in contact with an Authorised Financial Adviser (AFA).

The AFAs at Milestone Direct will always put your individual needs first. They are all on salaries and do not work on commission. You can contact Milestone Direct on 0508 645 378, go to nzdf.milestonedirect.co.nz or check us out on the Force Financial Hub.

Milestone
Direct | LIFE IS A
JOURNEY.
GET GOOD
DIRECTIONS



Claudia Ayling
Defence Community Coordinator
RNZAF Base Woodhouse

When you are in the windstorms of service life

I came across a very worthwhile book called “Separated by Duty, United in Love”, by Shellie Vandevoorde. Shellie herself served in the US Army, but was also a military spouse with children. In my article this month I would like to use some very interesting snippets out of the first pages of this book, and can only encourage any military spouse (male or female) to read it.

It takes two to make a relationship happy. Any relationship has got its challenges, but when we marry or enter a relationship with a service member, we will face the extra challenges of separation because of exercises, training courses and, of course, deployments. Children, parents, and even wider family members, also face these challenges. It is important to understand that most of the time things are out of the service member’s control. There are times when the spouse/partner will be asked to sacrifice their career,

schooling, friends, and maybe being close to family. As a military spouse/partner, you will make these sacrifices as your part of supporting your service member in their commitment to the service.

Your commitment to stand by your service member and keep the home fires burning is not always easy to keep, and it is this that keeps military spouses/partners apart from others. Your sacrifices may seem unfair at times, and you may feel like you are the ones doing all the giving. However, as a military spouse/partner you are and will forever be “the wind beneath their wings.” Some of you will face hard times, challenges beyond your belief, but those who stay on the course become the “rock” of the family.

If you have chosen to be a military spouse, there may be times when you feel you can’t do it any more. In these times always remember that there are people around you experiencing the same, having made the same commitment to their service member; many of them will always be willing to help! You will never be alone and you will always have help. If you feel friends have no time, remember the support personnel across the three services. They will always be available to you!

A word also to the service members, as you want and need committed spouses/partners by your side:

Include your spouse/partner in all decisions and changes that affect the family. Discuss your plans with

them always! There are still far too many spouses/partners out there that know very little about what their service member does and is committed to, or what is available to them, too.

It is vital for spouses to know of all support that is available to them, not only whilst you are away from home. Don’t assume they will simply “get by”; you never know when or for what they may need help. We live in stressful times, there is no shame associated with asking for help at any time! The author of the book even writes that service members who decide to keep their spouses “in the dark” about important decisions and “shelter them from the unit” make it very hard, if not impossible, for their loved ones to remain committed to a military marriage/relationship and way of life.

To all of you: Kia kaha! Keep strong at this time of separation; keep in touch with one another in love!

Leaving you with a quote:

“To love means never to be afraid of the windstorms of life; should you shield the canyons from the windstorms you would never see the beauty of the carvings.”

(Elisabeth Kuebler-Ross)

DEPLOYMENT DINNERS

BURNHAM, LINTON & TRENTHAM

Save the date—mark your calendars and give us a call.

Having a loved one away on deployment has many challenges, including keeping up with household routines, the most regular of which will be meals. So to help you a little on the journey ...

You are invited to ...

Join us for Dinner

In either Burnham, Linton or Trentham Military Camps
Low key, no speeches or presentations, no pressure, no mess, no fuss.

Bring your Family or a friend

DATE:	Tuesday 25 July 2017
TIME:	5.45pm
VENUES:	Burnham: Venue to be advised in July issue or when you RSVP
	Linton: JRs Mess, Linton Military Camp
	Trentham: Main Mess, Trentham Military Camp

As we need to confirm numbers for catering purposes, RSVPs are required. If you are able to join us and would like to come along we need to know numbers of adults and children as soon as possible, and no later than **Monday 17 July**. Call, email or text to:

BURNHAM:

Carol Voyce

0800 337 569 or 03 363 0421

Call or text: 027 449 7565

Email: dso.burnham@xtra.co.nz

LINTON:

Janine Burton

0800 683 77 327 or 06 351 9399

Call or text: 021 649 903

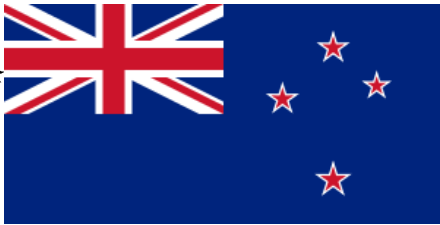
Email: dso.linton@xtra.co.nz

TRENTHAM:

Marie Lotz or Ruth Murray

Email: communityservicestrentham@nzdf.mil.nz

We look forward to seeing you there!



“EVERYONE SERVES”

We have a wonderful little paperback book called *“While you were away – 101 tips for families experiencing absence or deployment”*. Written and published in Canada, all the tips have been tried and/or tested by military families and others experiencing absences. The guide is a bit like a recipe book, some recipes will work perfectly for your family and some recipes your family would never even want to sample. Here are a few you might like to try:

■ Time with friends

“Lots of people want to ride with you in the Limo, but what you want is someone to take the Bus with you when the Limo breaks down.” (Oprah Winfrey).

- ◆ Sharing time with people who love and care about you helps to alleviate the sense of being alone.
- ◆ Spend time with people who energise and enrich your life.
- ◆ Attempt to see friends and family in person – you get a break and a much greater sense of connection.
- ◆ Join a club, organisation or evening class you have always wanted to.
- ◆ Find someone to go to the Gym with.
- ◆ Make spending time with a friend(s) or family part of your weekly routine.

■ Keep busy

“People who know how to employ themselves, always find leisure moments, while those who do nothing are forever in a hurry”. (Jeanne-Marie Roland).

- ◆ Sitting at home isn't going to distract your mind from worry and it won't give you a sense of purpose.
- ◆ Take on tasks and work that is meaningful to you.
- ◆ Take on an activity or hobby.
- ◆ Volunteer at your child's school.
- ◆ Join a support group and find out what you could do in your community.
- ◆ Choose tasks and activities that are going to lift your spirits and not become an overwhelming burden.

■ Laugh every day

“The Human race has one really effective weapon, and that is laughter.” (Mark Twain).

- ◆ With laughter comes the restoration of hope. When you are able to laugh each day you are able to shake off your stress and worries, if only for a few minutes.
- ◆ Rent funny movies.
- ◆ Read funny books.
- ◆ Get your children to tell some jokes.
- ◆ Get a daily calendar with funny sayings or cartoons of funny happenings or happy moments.

■ Responsibilities

“Responsibility is the price of greatness.” (Winston Churchill).

- ◆ With an absence may come additional responsibilities to take on. Distribute household chores/ responsibilities evenly and fairly and give everyone the ability to shine.
- ◆ Create a new “chore chart” with the entire family.
- ◆ Distribute chores evenly and fairly.
- ◆ Give rewards or incentives for family members when they complete their tasks.
- ◆ Praise often and reduce criticism to a minimum.
- ◆ Assign tasks according to the time they take rather than the number of them.

“EVERYONE SERVES”

Source: *While you were away 101 Tips for families.* Megan Egerton-Graham

■ Ask for help

“Plant a seed of friendship; reap a bouquet of happiness.” (Lois Kauffman).

- ◆ Asking other people for support, advice or assistance cannot only get you the help you need but it can also let others close to you feel useful.
- ◆ Ask members of your family to contribute to meals.
- ◆ Ask for someone to make a weekly check in call for the sole purpose of seeing how you are and what you need and listen to a little bit about what you could do with less of.
- ◆ Ask someone you trust to drive your children to an activity or event.
- ◆ Ask for help during special occasions (birthday parties) or events.

■ Memory box

“To look backward for a while is to refresh the eye, to restore it, and to render it more fit for its prime function of looking forward.” (Margaret Fairless Barber).

- ◆ A memory box during the absence is a good way to start opening up the lines of communication upon a loved ones return. Each item will tell a story.
- ◆ Save a shoebox and make a project of decorating it or buy a pre-decorated box.
- ◆ Inside the box the family can put pictures, awards from school, reports, postcards, birthday cards, drawings, newspaper cuttings, etc.
- ◆ Record the date on the back of items using post it notes to remind yourself of a funny incident or story that goes along with the memory.
- ◆ Ask family and friends to contribute to the box too, to get a wide range of perspectives on the time they have been away.

■ Getting information

“It is only because of problems that we grow mentally and spiritually.” (M. Scott Peck).

- ◆ Don’t listen to sensationalized media reports or idle gossip. Make sure you know who and how to access up-to-date information. Have address and contact information readily available.
- ◆ Get all the contact information before your loved one deploys.
- ◆ Avoid listening to media reports that may be exaggerated.
- ◆ Find official reliable sources for news and updates.
- ◆ Keep the list of useful contacts in a handy place.
- ◆ Cancel your newspaper subscription if it upsets you and subscribe to a magazine you would enjoy.

■ Breakfast for Dinner

“Food is the most primitive form of comfort.”

- ◆ Not only is having breakfast for dinner sometimes a simple dinner solution but children love the idea of mixing up things a little and it can make a meal filled with smiles and laughter.
- ◆ Ask children what day of the week they would like to do it on.
- ◆ Get a toast stamp with a funny greeting on it.
- ◆ Pour pancake mixture into cookie cutters.
- ◆ Make a smoothie or punch to go with it.
- ◆ Use paper plates or fancy dishes to make it special.
- ◆ Eat in another room or out on the deck.



If you would like to borrow this book for more ideas, please contact Carol Voyce, DSO Burnham.



PERSONAL MESSAGES

The deadline for contributions and personal messages for The Bugle is the first Wednesday of each month (**the next edition deadline is 5 July at 4.00pm**). Please note: All Bugle messages are to be sent to Carol Voyce, DSO Burnham (email: dso.burnham@xtra.co.nz)

From In-Theatre

Happy birthday buddy for the 18th. I am sorry I can't be there but look forward to seeing you when I get home. I hope you have a amazing day and you get a lot of treats. I miss you very much. Lots of love from Papa.

Hi Mum

We arrived safely. The trip was good. So pleased to be here now and looking forward to the work and the challenges. Love to everyone. Molly xx

Happy Anniversary Babe

Wishing you a happy day. Happy memories too. Look forward to celebrating on my return. Love you. DD xx

Happy Birthday – You are 2!

Have a great birthday Buddy on the 11th. Hope you have fun at your party and lots and lots of cake. Have fun on your new bike too and send me lots of photos. Miss you wee man and Mum. Love from Dad xxx

Happy Birthday Great Nan

Wow 90 today! Hope you celebrate in style. No doubt the family have lots of plans. You deserve lots of fuss. Good luck with the candle blowing – that's quite a lot. Sorry I will miss the celebration but have a great day. Only 10 years until you get the telegram from the Queen! Love from Peter Pan

Hello Giddy and Mitch

Hope you are being good for your Mum and helping with the chores. Well done with the sports awards. I am really proud of you both. Keep having fun and enjoy every game – win or loose. Look after that dog for me and remember you can only drop those treats when Mum isn't looking. Miss you all. Write soon. Love Dad xxx

Boss and Co

Miss you. Hope things have settled down for you all and you are finding routines that work and make life easier. Always thinking of you and watching out for mail day. Send me some drawings and paintings for my wall. Food is good here so I need to keep going to the gym! Love Dad xxx

From Home

Hi Jackster

Was great seeing you in London after doing Europe. Hope the tan is coming on well :) Hope your learning loads and work is fun. Love Diana, Doug and Nige (UK)

Talofa lo'u alofa!

Hope you have arrived safely in the sandpit. Have just attended one of the deployment dinners. The food was yum! Cant wait to see you in September. Hope your training is going good! Alofa atu

♡ Hynethyme xox

To Ra Turia

Erana is the best ♡
Nan told me to write that!
Our dog 'Q' says "woof, woof".
Love and miss you dad! Not long to go ... LOL.
♡ from Erana, Kelsey, Nan and Koro.

To Ra Turia

Hi Son—you keep safe. Seeing you on Facebook looks like its summer over there and you know its winter here at home, aye.
You get 2 woof woofs from Q to tell you he's fine and Nan not letting him have the pork bones, no way!
Arohanui
God bless
Te Whanau (Turia's)

To Papa

I hope you are having a good time. We miss you.
oxoxoxoxoxox
From Riley

Proud of you all for making the sacrifice, leaving your families behind. Do an awesome job and come home safe.



A big shout out and thank you to Clendon Park School who made these drawings. They're now hanging up in our recreation room for everyone to enjoy. From TGT4

PERSONAL MESSAGES CONT'D...

Dad (Tom)

Miss you daddy. We have been going on farm visits and mum has got you more lollies.

Love you daddy.

Aaliyah and Rhys

"Rod Steel"

Hey love, we doing great here and enjoy being able to chat daily, especially for the kids. Don't worry about us.

Love always, your Amanda xx

Happy birthday son

I won't give away whose birthday it is on the 18th of June, but we hope you can celebrate it and have a good day. We will be thinking of you. Hope the parcel arrives in time too.

Love Dad and Despina

Hi Geoffrey

Just had a beaut night at Burnham, Came out the way you usually take. About 28 turned up.

Mum, Dad and Katherine

Hello Uncle Feffee

I had lots of fun at Burnham.

Banana! Love George

Dear Daddy

I am being good for Mummy. We went to the shop and I got a new book and pink hairbrush. I love you. Love from Zoe xxx

Babe/McDermott

Hope your doing well and settling in okay.

So miss seeing your cheeky face & I'm already counting down the days till you're back. :) (hoping it will go quick).

Take advantage of every opportunity and remember better to fight for something than live for nothing

Luff Ya Spud xx

Hey Dad

Hope you had a good trip over there and like it. We miss you here.

Love Tom

Hey Babe

Things are pretty quiet here. Had a tidy up, have full control of the TV remote and cooking up my favourites! Its quiet though. Missing you everyday. Hope you have settled in well there. Hear from you soon. Heaps of Love, Bronnie xxx

Happy Birthday Son

Have a great day on the 23rd. We will sing loudly for you and toast your special day. Love Mum, Dad, Gina, Mick and Harry xxx

Its our Anniversary!

Thinking of you on our special day 4 years ago. Will be watching out for the flowers on the 18th! Keep safe. Love and miss you. Annie xxx

Eric

Hope you are having a great time there and have settled in well. We miss you at home but are keeping busy. Cant wait to skype with you soon. Love you, Jill, Tim. Joshua and Kate. Woof from Judd!

Birthday Greetings Mr W

All the Northland clan sending heaps of birthday wishes your way for the 23rd. We will be thinking of you on your special day and hoping you have CAKE!! So hope to catch up soon. Love Mum, Dad, Gran, Lester, Helen and Lloyd x

Hello Dad

We miss you taking us to the Park and riding our bikes and scooters. Mum said not too long to wait until we see you and you will take us out for the whole day. That will be great. Maybe we could take a picnic or get KFC and an ice cream. Hope you liked the Easter cards we made. We love you Dad. Ben and Tom xx

To All our Recently Returned Personnel

Welcome home. We hope all your reunions are going really well and that new routines have shaken themselves out and things are nicely settled.

Carol and Janine

KAPITI RSA SUNDAY LUNCH



Come along and meet other NZDF personnel and their families living on the Kapiti Coast. If you are interested please email your details to airdcccwn@nzdf.mil.nz so we can arrange someone to give you access to the club.

The new lunch menu is between \$10 and \$16. Further information is available on the website: www.clubvista.co.nz.

Date: **The last Sunday of the month** Time: 1200-1400

Location: Club Vista (RSA and Kapiti Club), Marine Parade, Paraparaumu Beach

Open to all NZDF personnel who are interested in meeting others living in the Kapiti area.

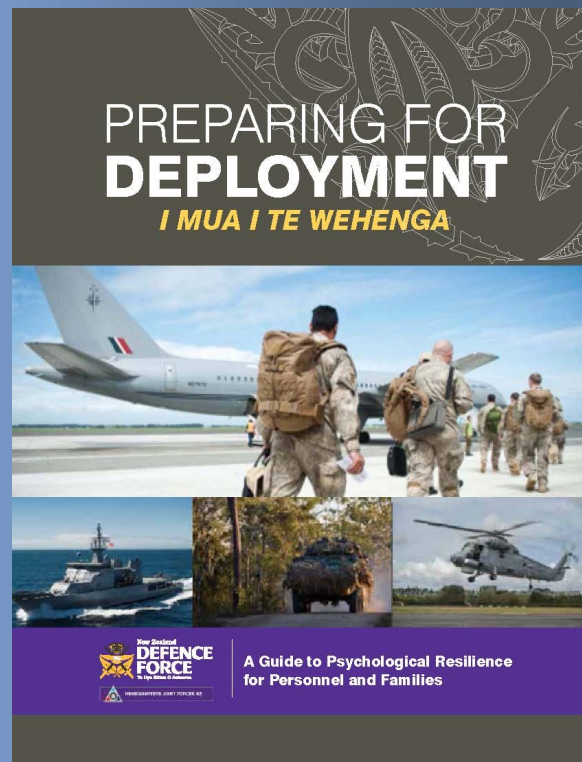
DEPLOYMENT RESOURCES

PREPARING FOR DEPLOYMENT

Even though deployments can be of varying lengths and in different environments, it is common to experience a similar set of reactions, regardless of the differences. Therefore, this resource book is for all NZDF personnel and their families, regardless of deployment, mission area or length. It is acknowledged that whilst deployments can be positive and rewarding experiences for both those that head away and those that stay at home, there are also often a number of challenges.

This resource book highlights what we know about the pre-deployment period and the deployment itself for both NZDF personnel and loved ones.

The Preparing for Deployment book is given out to service personnel and family members prior to deployment—to service members during PDT (pre-deployment training) and to families at the Welfare Support Days or Roadshows, again prior to deployment. If you didn't receive a copy and would like one, please contact Janine or Carol and we would be happy to pop one in the post to you.



RETURNING HOME FROM DEPLOYMENT

This resource book highlights what we know about returning from deployment for both NZDF personnel and their families and loved ones. Whilst it's exciting to be heading home, or having your loved one come back home, it can also be a time of mixed emotions, turbulence and adjustment. You will find throughout the book, advice, tips and experiences that other NZDF personnel and their families have gone through following deployment, as well as information that may help you and your family through reintegration, should you experience any hiccups.

The Returning Home book is sent to spouses, partners of returning personnel approximately six weeks prior to the return, and is available to other family members on request.

