

# THE BUGLE

Issue 220 | April 2016



## INSIDE

- Princess Mary Boxes
- ANZAC Quilts
- Operational Allowances
- Deployment Dinner —10 May

COURAGE | COMMITMENT | COMRADESHIP | INTEGRITY

## "THE BUGLE"

The Deployment Newsletter is produced for families and service personnel associated with current overseas deployments.

### Deadline

The deadline for Edition 221 is  
**4 May 2016**

Bugle contributions are welcome and should be sent to Carol Voyce.

Editor: Carol Voyce  
Printing: Sharyn Cameron  
Mere Garton

Contributions co-ordinated by  
Carol Voyce and Janine Burton

### Contact Information

Carol Voyce  
Deployment Services Officer  
Southern Regional Support Centre  
Powles Road  
Burnham Military Camp  
Burnham 7600  
Christchurch  
Ph: (03) 363 0421  
Cell phone: 0274 497 565  
Toll free line: 0800 DEPLOY or  
0800 337 569  
Fax: (03) 363 0024  
E-mail: [dso.burnham@xtra.co.nz](mailto:dso.burnham@xtra.co.nz)

Janine Burton  
Deployment Services Officer  
Headquarters  
1 (NZ) Brigade  
Linton Military Camp  
Palmerston North 4820  
Ph: (06) 351 9399  
Cell phone: 021 649 903  
Toll free line: 0800 OVERSEAS or  
0800 683 77 327  
Fax: (06) 351 9009  
E-mail: [dso.linton@xtra.co.nz](mailto:dso.linton@xtra.co.nz)

### Disclaimer

Articles and opinions expressed in "The Bugle" are not necessarily those of the New Zealand Defence Force.

### Cover Photo:

One of the Anzac Quilts now on display in one of our deployment locations, just in time for Anzac Day 2016.

# GUEST EDITORIAL

## *Providing Unit Level Operational Welfare Support*

**Lieutenant Colonel Hamish Gibbons  
Commanding Officer  
Queen Alexandra's Mounted Rifles**



Providing support to the families and partners of our deployed personnel is absolutely critical to the NZDF. Although as soldiers we are generally committed and motivated to get away on an operational tour, we need to remain aware of the burden that falls upon the families and partners during our absence. The challenge for the organisation is how we manage that burden and what roles should the various parties play in supporting the families and partners. The remainder of this editorial will focus on the role that the unit can have in providing operational welfare support. Although the article focuses on what Queen Alexandra's Mounted Rifles (QAMR) based in Linton Camp has been doing, I would like to first acknowledge the great work a number of other units are doing in this area.

Over the last six months, QAMR has been attempting to further develop the role that it plays within operational welfare support. As the majority of our deployments are not unit based, it is easy for the unit to assume that it is being taken care of by someone else. However, what we have realised is that as many of our people will spend their careers within one unit, investing in our deployed soldiers families and partners is beneficial for the unit in the long term. What we also realised is that many of the partners and families associate with the unit, and it therefore provides an immediate common ground that will last beyond the current deployment. And finally we acknowledged that often the people who can provide the best support are the ones going through the same challenge, i.e. other partners and family members of deployed soldiers.

After some discussions with our partners to ensure we didn't adopt a poor idea, we decided that the best and simplest way for QAMR to take the above factors into account and deliver some positive action was to host a morning tea at a café in town. As we cannot spend public money on such an activity, the QAMR Unit Private Fund voted to host a morning tea approximately every three months for our deployed soldiers' families and partners. We have conducted two of these to date and they have proved successful. In addition, unit members are making the effort to attend the activities already hosted by the Deployment Services Officers so that we are linked in.

The challenge ahead is to maintain the momentum we have started to build, even during the times when there may only be a few families to support. We are also looking to ensure we involve the families of soldiers who are on an out of corps posting, but would normally call QAMR their home. As the unit calendar fills up it is easy to push things aside, but supporting the families and partners of our deployed soldiers will not be one of those things.

Finally, I would like to thank all the families and partners of our deployed soldiers for the support you give them, and acknowledge the sacrifice that you are making so that they can go forth to do their duty in challenging parts of the world.





## ***Fiji Military Chief says Kiwis Helping to Bring Back Smiles and Hope***

**29 March 2016**

Republic of Fiji Military Forces Commander Rear Admiral (RADM) Viliame Naupoto said New Zealand military personnel are “helping bring back smiles and hope” to areas devastated by Tropical Cyclone Winston.

RADM Naupoto said the combined teams of engineers from the New Zealand Defence Force (NZDF) and the RFMF have repaired dozens of schools, medical centres and other community buildings on the main island of Viti Levu and in the remote northern Lau archipelago.

“All this rebuilding is helping bring back smiles and hope to people in affected areas. The pace of work is quite fast. Those schools that were repaired by the NZDF are among the first to reopen,” he said.

“From a military perspective, we are happy with the way the NZDF has deployed its personnel and assets. We are complementing each other very well and we are able to work faster – with the local knowledge that our boys have and the technical expertise and tools from the NZDF.”

RADM Naupoto said the Royal New Zealand Air Force’s NH90 medium utility helicopters have been “very valuable” in delivering essential aid supplies and transporting Fiji government staff to remote areas pummelled by the cyclone.

“Those helicopters have the biggest impact on our operation. They are able to deliver food and aid supplies to hard-to-reach areas and they also provide the opportunity for government planners to get to those places to assess the job that needs to be done.”

The NZDF’s humanitarian aid operation in Fiji is one of its largest peacetime deployments to the Pacific. Around 450 engineers, soldiers, sailors and aircrew, two ships and six aircraft including two NH90 helicopters have been deployed since 21 February to support Fiji as it recovers from the cyclone.

Multi-role vessel HMNZS Canterbury is anchored off Lomaloma on Vanuabalavu Island and is serving as the maritime base for the NZDF’s humanitarian aid operation in the northern outlying islands.

Around 60 Army carpenters, electricians, plumbers, plant operators and combat engineers have been working alongside RFMF soldiers to repair schools and clinics in Viti Levu and on Yacata and Vanuabalavu islands in northern Lau.

Army engineers have also set up a water desalination station that converts seawater into drinking water at Lomaloma village on Vanuabalavu Island. Up to 10,000 litres of potable drinking water are produced each day to support the New Zealand contingent and Lomaloma residents.



***Army Lieutenant Lauren Christie plays a game of ABC with children at Lomaloma village on Vanuabalavu Island.***

**Source: [www.nzdf.mil.nz](http://www.nzdf.mil.nz)**



## **Op Antarctica Summer Season Winds Down**

**23 March 2016**

Another successful summer season of the New Zealand Defence Force's (NZDF) operation in Antarctica is nearing its end, with the remainder of the contingent returning to New Zealand last night.

A Royal New Zealand Air Force (RNZAF) Boeing 757 returned to Christchurch yesterday with the last 22 personnel who have been based in Antarctica for two months.

Operation Antarctica is a joint effort between the Navy, Army, Air Force and with up to 220 personnel deploying during the October-February summer season.

This year 60 Army soldiers and logistics specialists assisted with unloading the annual container ship which provides McMurdo Station and Scott Base with a year's supply of science equipment, food, and construction materials, needed to sustain researchers in one of the world's most inhospitable laboratories.

"Operation Antarctica is one of our major missions, since 1965 the NZDF has been supporting New Zealand and American scientists as they carry out important research on the ice," said Deputy Commander Joint Forces New Zealand, Air Commodore (AIRCDRE) Kevin McEvoy.



**An RNZAF Boeing 757**

"We are proud that our partnership with Antarctica New Zealand is contributing to the continued advancement of their work," said AIRCDRE McEvoy.

The Senior National Officer of Operation Antarctica Major Alistair McColl said Antarctica is one of NZDF's specialist areas of operation. We use highly trained people and equipment to cope with the challenging environment. Our input is valued because of the flexibility and reliability we offer in niche areas like this."

The NZDF provides search and rescue support, air transport, logistics staff, fuel specialists, engineers, cargo handlers, drivers and communications specialists to Scott Base and McMurdo Station. NZDF also supports terminal operations at Harewood Terminal in Christchurch.

An RNZAF Boeing 757 will complete one last flight in early April before the 'winter' season officially starts. New Zealand has important sovereignty, security, economic, environmental, scientific and diplomatic interests in Antarctica and the Southern Ocean, particularly the Ross Sea region.

Overall Antarctic national programme operations have a direct return of around \$162 million annually to the New Zealand economy. The maintenance of peace and stability in the Antarctic Treaty area through the Antarctic Treaty System is of significant benefit to New Zealand's own security.

**Source: [www.nzdf.mil.nz](http://www.nzdf.mil.nz)**





## ***New Research Dramatically Increases Number of New Zealand Soldiers at Gallipoli***

**22 March 2016**

Research undertaken by the Ministry for Culture and Heritage (MCH) and the New Zealand Defence Force (NZDF) has shown that the total number of New Zealand soldiers who served at Gallipoli in 1915 is certain to have been more than 16,000.

This new total number almost doubles the original number of 8,556 soldiers implied by General Sir Ian Hamilton in 1919 in his preface to the New Zealand official war history of the Gallipoli Campaign. MCH Chief Historian Neill Atkinson said the research, which began in November last year, is the most comprehensive investigation ever undertaken into the total numbers of New Zealand soldiers who served at Gallipoli.

“Thanks to Archives New Zealand’s digitisation of First World War service records in 2014, the researchers were able to analyse thousands of individual military service files but soon discovered there were limitations to these types of records.

“First World War military service files recorded a soldier’s military career, movements between units, and illnesses, but were less concerned with placing them in a particular campaign or theatre of war. Sometimes that ‘Gallipoli box’ simply wasn’t checked,” said Mr Atkinson.

Further analysis of unit movements and official war diaries gave a much better understanding of Gallipoli service, but NZDF Historian John Crawford was certain there must have been other records maintained of unit strength, departure of casualties and arrival of reinforcements.

The major breakthrough came in January this year when Mr Crawford discovered the notebooks of the Deputy Assistant Adjutant General (DAAG) of the Australian and New Zealand Division in Archives New Zealand.

“These meticulously kept records detail the movements of Australian and New Zealand Division soldiers on and off the Peninsula during June, July and August 1915 and meant we could calculate the total numbers with a much higher accuracy,” Mr Crawford said.

The research initially looked at 2,429 service records of the 6th Reinforcements, the last reinforcement to reach Egypt before the end of the 1915 Gallipoli campaign. This analysis showed that at least 76% of these men served at Gallipoli, but that military service records alone could not provide a definitive answer. The project expanded to cross-reference unit administrative files and to search for other relevant material, including the recently-rediscovered DAAG’s notebooks.

The final figure was reached by adding the results of the 6th Reinforcement research, the numbers estimated to be present in April-May 1915, and the numbers from the DAAG’s notebook research. The research methodology was overseen by Statistics New Zealand.

“This figure is by no means final but it’s the most accurate we can achieve using the evidence we have discovered to date,” said Mr Crawford.

Mr Atkinson said the project illustrates how knowledge about our history is constantly evolving as new information is discovered and new interpretations are developed.

“The First World War centenary in particular has provided a valuable opportunity to review and re-evaluate research about New Zealand’s involvement in the First World War.”

**Source: [www.nzdf.mil.nz](http://www.nzdf.mil.nz)**

# FOREIGN CORRESPONDENTS

## NEWS FROM BAHRAIN

### Kiwis in Bahrain

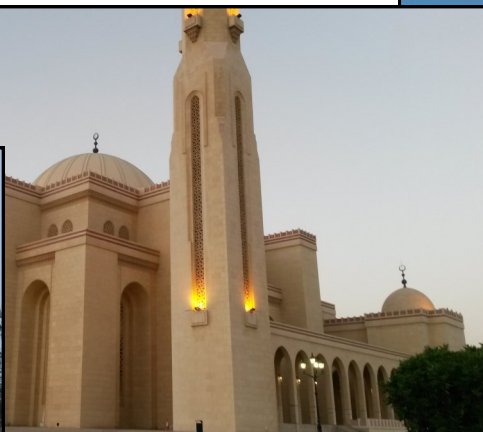
#### WGCDR Roger Pringle

On 21 March, local hosts, WGCDR Rodger Pringle and LT Matt Williams cooked a small bbq for the RNZN chefs and stewards from HMS Defender, along with the Defence Attache, GPCAPT John Cummings and visiting NZ Army CAPT Matt McGrath. The typical two pers in Bahrain quadrupled on this day due to many concurrent activities including the Combined Maritime Forces' Ambassadors' conference, a legal conference and a port visit by HMS Defender. The four RNZN ABs gained a wee respite and we were fortunate enough to be able to cook up a little bbq lamb over an old fashioned charcoal bbq with some fresh green salad. A tri-Service dinner made for a pleasant change from the normal day-to-day business of operating in a hot and sandy area of operations.

From left to right: LT Matt Williams, RNZN, WGCDR Rodger Pringle and GPCAPT John Cummings RNZAF, CAPT Matt McGrath NZ Army, AB Kasseyjean Samuels, AB Haydn Morris, AB Jade Higham and AB Alex Skinner RNZN.

The other two photos are of Williams, Samuels and Higham at the infamous Tree of Life in Bahrain - a solitary tree in the middle of the Bahrain desert - one of the top ten tourist attractions in Bahrain.

The other picture is of myself and Samuels and Higham at the Bahrain Fort, another tourist attraction





# WHAT DOES ANZAC DAY MEAN TO YOU IN 2016?

Taking a snap this Anzac Day, could win you some impressive First World War prizes.

The major prize pack for #MyAnzacDay photo competition consists of New Zealand Post's new Silver Proof Commemoration Coin, two First World War books, and Nga Tapuwae New Zealand First World War Trails merchandise pack.

On 25 April 2016, New Zealand will mark a centenary since the first Anzac Day service in 1916. From London, Tinui, Petone to Nelson and Dunedin, New Zealanders first gathered to remember those who fell at Gallipoli.

The #MyAnzacDay photo competition, coordinated by WW100 - New Zealand's First World War Centenary Programme is encouraging New Zealanders both at home and overseas to send in a picture of what Anzac Day means 100 years on from the first commemoration.

"Anzac Day isn't just about attending a service – people also use the day to spend time with their families, to help neighbours or their local community or simply chill out," says WW100 Director Sarah Davies. "We want to collect these photos to show a contemporary picture of Anzac Day."

There will be two major winners and two runners up, which will be announced on 12 May 2016. A People's Choice winner will be determined by the most likes on WW100's Facebook album and Judge's Choice winner will be selected by a judging panel.

To enter the #MyAnzacDay photo competition, people need to take a photo on Anzac Day that expresses what the day means to them as a contemporary New Zealander. They then need to add a caption that explains their photo, and upload it to Facebook or Twitter with the hashtag #MyAnzacDay. For those who do not use social media, email entries will be accepted as well.

Entries for the competition will open on 25 April and close on 2 May. Find out more, visit [ww100.govt.nz/myanzacday-photo-competition](http://ww100.govt.nz/myanzacday-photo-competition).



*Remember:*

## MOTHER'S DAY SUNDAY 8 MAY

Mother's Day is a special day where mothers all around the world are recognised and celebrated. The celebration takes many forms from house to house, and country to country, but for the most part it is a day where mothers get the chance to put their feet up and be well and truly spoilt!

Get your Mother's Day Personal Message in for the next edition of The Bugle.

## Deadline 4 May

# ANZAC PROJECT— PRINCESS MARY BOXES

Encouraged by their teacher, Kathy Mehrtens of Windwhistle School, her class children have been looking at the history and significance of ANZAC Day as part of their Social Studies work. I first heard from Kathy last month when she was interested in making replica “Princess Mary boxes” for some of our deployed service personnel. While we couldn’t accommodate this request we have worked together and not only come up with some variations to the initial request, but also included some letters to our troops which have been sent through this office to one of our deployment locations.

Historians will know the story behind the Princess Mary boxes. If you do not – here is a short history lesson:



The Princess Mary Gift box is an embossed brass box which originally contained tobacco and chocolate and was intended as a Christmas present to those serving overseas in 1914. It was Princess Mary’s express wish that “every sailor afloat and every soldier in the front” should have the present. So in October 1914 efforts were made, with the help of some Public donation, to ensure that all those serving whether it be at home or abroad, Prisoners of war and the next of kin of casualties were all recipients. The estimated number of boxes needed was 2,620,019. Contents of the boxes varied after much debate and to accommodate smokers and non smokers, various other items were added and contents changed. These included sugar candy, spices, shaving brushes, combs, pencils, knives and scissors to mention a few! All contained a photo of Princess Mary.



The children of Windwhistle School have made boxes for some Burnham Soldiers and these will be uplifted from their ANZAC service at The Glenroy Memorial just prior to the school holidays. We hope to have some photos in the next issue of The Bugle.



# ANZAC PROJECT— LETTERS TO SOLDIERS

Some delightful letters were received from the children and are now safely in Iraq. They arrived in time for us to share them with families of Iraq personnel before they were sent on. I have copied some of them to be enjoyed again. While it would be great to be able to print entire letters, we do not have the space to do so. All the children introduced themselves, wrote about where they live, their families and their hobbies and interests. As you know “kids will be kids” and there were so many questions which brought a lot of laughter and some comments that clearly warm the heart. I know extracting some from the letters does not do justice to the neatly written and illustrated letters but you too might get to feel the same emotion we did by being privy to some snippets.

*“What do you do in war? Is it horrible? Do you like the food you have? What is the countryside like? Has it got trees or is it sand? I bet you absolutely hate living in trenches. We have been learning about freedom and how soldiers have risked their lives for others. I will be thinking of you on ANZAC Day.”*

*“What do you eat at war? Do you feel frightened? I would. How big are the trenches. What do you sleep on?”*

*“What’s the food like? You must be thirsty because all of the war is yuck.”*

*“How are you over on the other side of the world? Do you feel lonely, nervous, sad, scared or happy? Are you in trenches? If you are, I feel sorry for you. I’ve heard it’s terrible and muddy with lots of rats. Can you see any poppies? We have a memorial near here and every year we go there with our school and family to think of ANZAC and to remember the people who have risked their lives so we could have freedom. Please don’t give up?”*

*“Are you feeling sad or good about helping people?”*

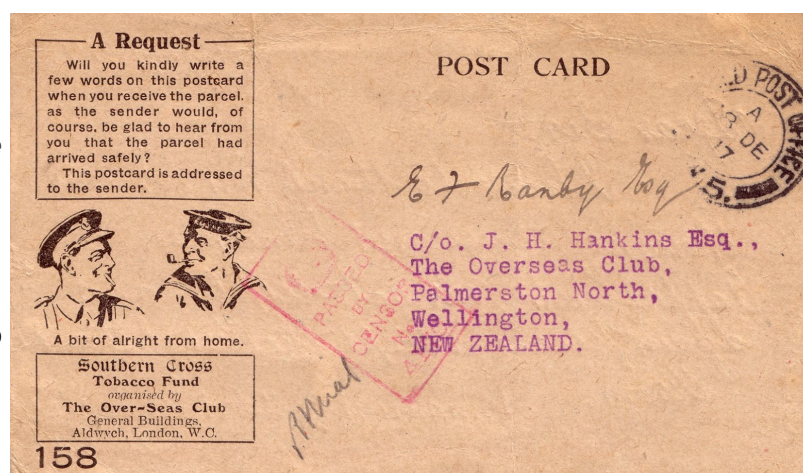
*“How deep is the trench you are in – probably a silly question to ask? Believe in yourself and keep moving.”*

*“I bet you miss your family.”*

*“Thank you for saving us from the bad people.”*

Children are now waiting for replies to their many questions!

Carol Voyce (DSO)



# IN FLANDERS FIELDS

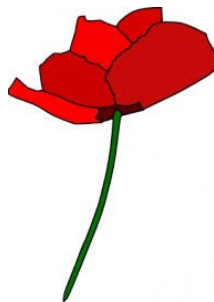
**T**he red of Flanders poppy has been linked with battlefield deaths since the time of the Great War (1914-18).

The plant was one of the first to grow and bloom in the mud and soil of Flanders. The connection was made, most famously, by Lieutenant Colonel John McCrae in his poem "In Flanders Fields".

## Significance of the Poppy

**R**ed poppies made of light cloth or paper are popularly worn on and around Anzac Day as a mark of respect to those who died in the course of service to their country.

The poppy has its origins in the early twentieth century, when red Flanders poppies bloomed over the graves of soldiers in France and Belgium. The poppy is now the undisputed symbol of remembrance, although its design has undergone several changes over the decades.



**In Flanders fields the poppies blow  
Between the crosses row on row,  
That mark our place; and in the sky  
The larks, still bravely singing, fly  
Scarce heard amid the guns below.**

**We are the Dead. Short days ago  
We lived, felt dawn, saw sunset glow,  
Loved and were loved, and now we lie  
In Flanders fields.**

**Take up our quarrel with the foe:  
To you from failing hands we throw  
The torch; be yours to hold it high.  
If ye break faith with us who die  
We shall not sleep, though poppies grow  
In Flanders fields.  
(John McCrae)**

## DID YOU KNOW? - ANZAC ACRONYM

**A**NZAC is the acronym for Australian and New Zealand Army Corps, the formation created in December 1914 by grouping the Australian Imperial Force and New Zealand Expeditionary Force stationed in Egypt under the command of Lt-Gen William Birdwood.

It was originally proposed the division be called the 'Australasian Corps'. However, both Australians and New Zealanders felt it would lose their separate identities and this title was not chosen.

The acronym itself is said to have been devised at Birdwood's headquarters by the New Zealand clerk, Sergeant K.M. Little, for use on a rubber stamp and later was taken on as the telegraph code word for the Corps.

The ANZAC Division made its operational debut at Gallipoli on 25 April 1915 and the small cove where Australian and New Zealand troops landed, was designated 'ANZAC'. Before long, the word was used to describe all Australian and New Zealand soldiers who fought on the peninsula, and eventually any Australian or New Zealand soldier.

As an adjective the word was soon being used to describe items ranging from biscuits to buttons. Shrewd entrepreneurs saw the commercial advantages of the term, but there was strong popular opposition to such exploitation. On 31 August 1916 the word Anzac was protected by law and prevented from exploitation for business or trade purposes.

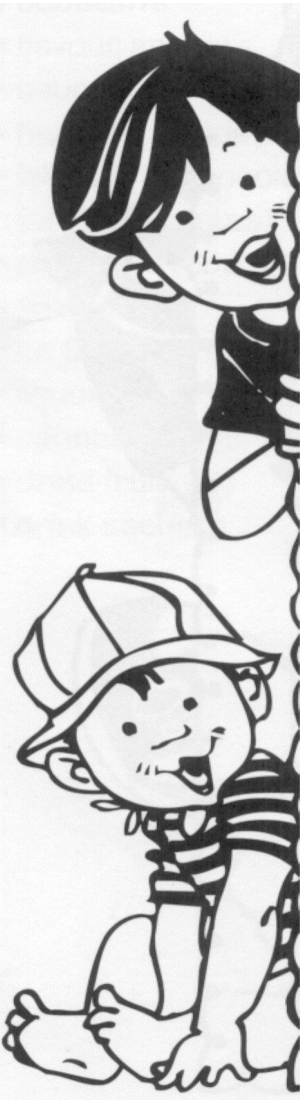
Source: [www.army.mil.nz](http://www.army.mil.nz), 'AT A GLANCE'



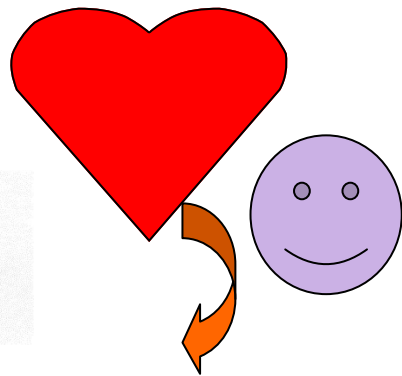
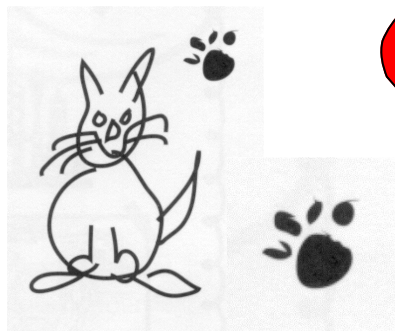
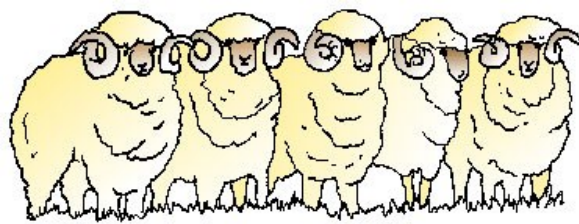
**S**ometimes we make big pictures for our parents. When Dad is away, Mum covers the table with big paper bags. We get to draw all over the paper. It's a lot of fun. We use crayons, big markers, stickers and stamps. Sometimes we put Sam's paw print in the picture. Mum writes a letter to Dad on the back of our pictures. Mum sends the picture letter to Dad. We tell Mum to say that we love him and miss him. He

## Big Pictures

likes to get these letter pictures. We do the same for Mum when she's away.



Hello Dad



Miss you xxx

**Make a large colourful picture to send overseas.  
Write a letter on the back.**

# FEELINGS

When one of my parents goes away I have all kinds of feelings. I have sad feelings, confused feelings, and happy feelings. Everyone has feelings about separations, even grownups.

When we know we will be separated, my parents and I talk about our feelings. This feels good.

Here are some feelings kids have when one of their parents is going to go away.



S	T	R	E	S	S	E	D
H	K	L	M	M	A	H	O
A	O	G	L	A	D	C	W
P	R	O	U	D	F	G	N
P	Q	S	C	A	R	E	D
Y	R	T	L	O	K	P	D

**DOWN**

**GLAD**

**HAPPY**

**MAD**

**PROUD**

**SAD**

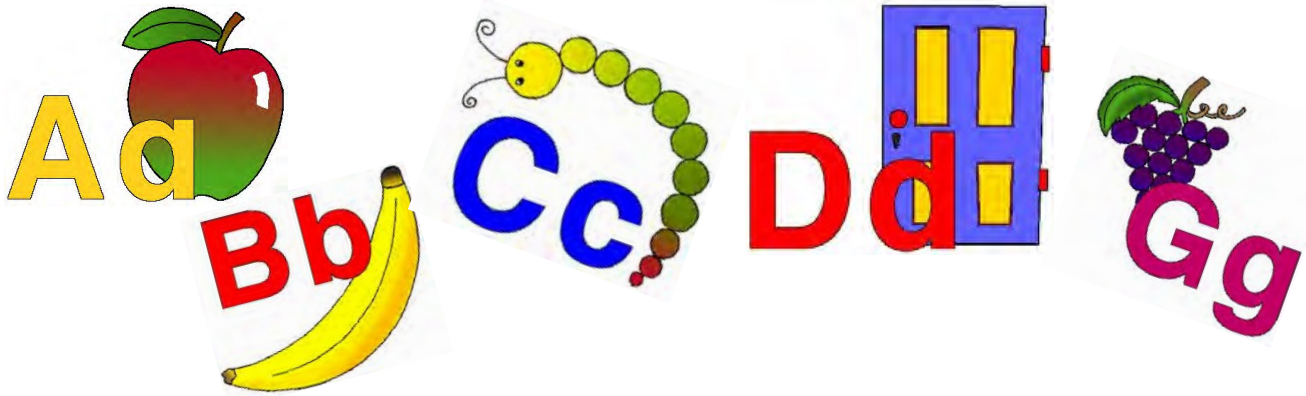
**SCARED**

**STRESSED**

Look down and across to find and circle these feeling words. Colour in those circled feelings you have and then talk about them with your parents or someone else you trust.



# Secret Word Scramble



n i g o g

Where are you 10 8         ?

g l n o

How 6 9     will you be away?

s i m s

Will you 3             me?

m e h o

When will you be 1             ?

e t k a

Who will 4             me to school?

h o l s o c

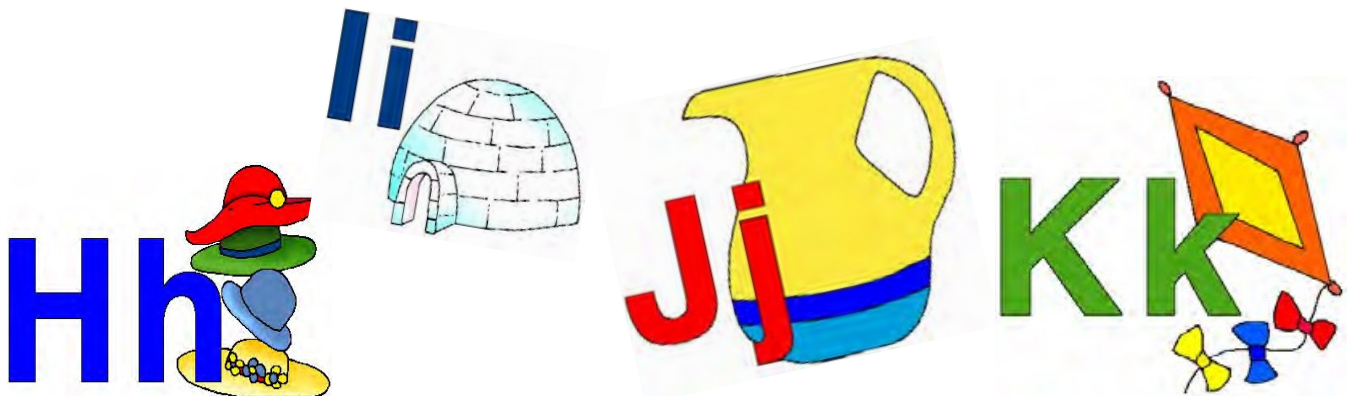
Who will help me with my 5 2             work?

e e m b e r m r

Will you 7                         my birthday?

**SECRET WORD**

1	2	3	4	5	6	7	8	9	10



# HOMECOMING

## Getting Ready for Homecoming

The best time is when we get ready for our parents to come home. We were sad when they left. We will be glad to see them when they come home. And they will be happy to see us because they love us.



## What could you do to Welcome your Mum or Dad Home?

- Make a special welcome home card
- Make a welcome home banner
- Have a party
- Cook Mum or Dad's favourite meal
- Plan a special treat for your parent





# ANZAC QUILTS

You will have noticed the gorgeous cover photo on this issue of the Bugle of an ANZAC quilt. Absolutely amazing! I can't even think of the words to do justice to these wall hangings made by Janine Burton (DSO Linton) and expertly quilted by Erilyn McMillan (Librarian, Linton).

When Janine told me she was spending hours cutting out poppies, I had no idea what she was actually creating. All I did know was that one of overseas contingents had requested some wall hangings for Anzac Day to display in their compound. Janine stepped up to the request. For someone whose sewing skills are basically reattaching a button or fixing a hem, I was truly in awe of the work and craftsmanship of the quilts.

We had the privilege of taking them on a recent briefing tour and shared them with families, who all admired and photographed them. They have now arrived in the deployment location and are hanging for all to see and enjoy. They will become a treasured part of our ANZAC history.

Carol Voyce (DSO)



Footnote – Erilyn owns her own Quilting business—*Create.Stitch.Quilt*.

# DSO'S CORNER



**Carol Voyce**

Deployment Services Officer  
Southern Regional Support Centre  
Editor "The Bugle"

It seems over the past few years that my editorial for the April edition of The Bugle has always been similar, as we prepare to observe ANZAC Day. At this time of year, not only do we recall our nation's contributions abroad, but we acknowledge our personal connections with such a remembrance day and what it means to each of us personally.

Tucked away in my safe keeping are personal diaries, photos and other effects belonging to my late father which reflects his service in the Middle East from 1941 – 1945 during World War II. Many times I have deciphered the fading pencil entries in his diaries and gained a little insight into the times and conditions he faced, the value of true comrades and of the courage displayed by so many. His writings tell of the colourful characters who became his most treasured, trusted and valued mates and then of the heartache when some were lost.

Amongst the collection of medals and various mementoes are his pay book and his Army issue wallet. Tucked inside the wallet is his train ticket from Hokitika to Papakura for

his predeployment training and some little black and white photos – real treasures! Now days we find much formal and informal documentation of the lives of Kiwis' abroad in service for their country. There are some great publications available and diaries, just like my Dad's, which have enabled priceless information to be recorded for history, valuable lessons learned and sacrifices formally acknowledged. I often wonder when I read my Dad's writings if he ever meant for them to be shared. I'm not sure. Sometimes I feel that what he has written is so private that I shouldn't even be reading it now. In particular I find the writings about the heroic actions of his mates and their loss, hard to take. How would their families feel if these comments were to be published in a public arena?

In 2007, I had the opportunity to visit the Battle Fields of the Somme in France and then travel to Cassino in Italy where Dad had been during the Battle of Monte Cassino in 1944. It was a humbling experience to gain an insight into the terrain and conditions our soldiers faced and to acknowledge the many casualties of this conflict. It too, was emotional to visit some of the many Commonwealth War Memorial Cemeteries and to lay poppies on

the final resting place of some of our fine young men and women. At the time I could not help but think that the safe return of my Dad to his family was a blessing so many others didn't get.



**61647 Gunner Henry Pierson**

When I was a young child, my Dad, like so many of his generation, never discussed war, but I do recall the activities surrounding ANZAC Day: the search for the medals, the quick running repairs to frayed ribbons, the early morning start, the late evening return and the quietness of the next day! In the intervening years, we have been open about previous wars and peace keeping operations and now young and old all take their place at an ANZAC Service to remember – be it those lost, those who have served or are currently serving and those who may follow in the footsteps of many a great soldier. We will remember them.

To my Dad, 61647 Gunner Henry Robert Pierson, I say rest peacefully with your beloved comrades. Your legacy, like those of many others, is never forgotten.



***My Dad (centreback) and his valued mates. Maadi 1941***



# DSO'S CORNER



**Janine Burton**

Deployment Services Officer  
1 (NZ) Brigade

Over past weeks Carol and I have been putting in a lot of miles and airpoints as we have been out meeting with and preparing families for a range of missions as they prepare for their deployment experience – that is both those who will be serving overseas and those who will serve at home. One of the phrases Carol often expresses when she is briefing is that it is not who has it hardest, as it is hard on both sides of the fence, but is how the deployment separation is managed. We can share lots of strategies and encouragement, but some parts are just not fun. For most ...

## Goodbyes are Hard

Saying goodbye to a loved one as they depart for deployment, knowing that it will be for a period of at least six months, is not the easiest thing to do – either for those who are

departing or for those staying behind. For those departing the focus is definitely looking forward – there is the anticipation of a new environment, the challenge of actually being able to get on and do the job they have been trained to do, and no doubt for some, earning the allowances and the all-important operational medal! For those staying behind it is a little harder, life goes on much the same but without our loved one close at hand to share the day-to-day experiences; a good or bad day at work, get-togethers with family or friends, children's milestones or misdemeanours.

For some, goodbyes are easier said at home rather than being at the point of departure. For others there is a "need" to be there to see their loved one board the bus or plane and to see them disappear into the distance. Sometimes we need that definitive action to accept that this is really for real, that the deployment is really happening. Attending the departure is also sometimes our way of showing our loved ones that we are here with you, we support you in what you are doing, and most important of all, we will be here when you return.

When relationships are new, this departure business can seem quite devastating and six months a lifetime away. That doesn't mean that it gets easier with multiple deployments; the only difference then is that you have the experience of a previous period of separation to comfort you in the knowledge that it can be done, and done well; that time will pass and they will be home again. I have noticed, and experienced it myself too, that when

we are at departures waiting for the call for the contingent to board the bus or plane that there is a lot of standing around and waiting, waiting, waiting. Then all of a sudden there is the call for the personnel to start making their way to board their transport and there is a period of almost panic as the time for last minute hugs, kisses and goodbyes has been sprung on us! Who stole those last five minutes from us?!

Helping families prepare for deployment is a large part of what the DSO role is about, including attending departures to be with families at this very stressful time, to provide some comforting words and the tissues.

Remember to get in touch if you need any assistance at all – before, during or after deployment.



**Need advice, support or information to manage the deployment journey?**  
**Contact Carol Voyce, DSO Burnham 0800 337 569**  
**or Janine Burton, DSO Linton 0800 683 77 327**

**We are here for you!**

# FOR YOUR INFO

## LINTON AND BURNHAM HEALTH EXPOS

*The aim of the Health Expo is to promote health and wellness to service personnel and their families through speakers, clinics and Expo stands.*

Some of the topics are:

- ◇ Four cornerstones for health/wellbeing
- ◇ Fighting Fit Financial Seminars
- ◇ Cooking Demonstrations
- ◇ External Support Agencies
- ◇ Financial Literacy
- ◇ Meditation for Relaxation

**Linton: 4-6 May**

Please check the Linton Community Hub 2013 Facebook page for programme updates and timings.

**Burnham: 17-18 May**

Please check the Burnham Community Post for updates and timings.

## REMEMBER WHEN SENDING A PARCEL OVERSEAS:

- 1 x 1kg parcel per person, per week;
- A Green customs sticker must be attached to every parcel clearly itemising the individual contents of the parcel.
- If your parcel contains anything of liquid, please ensure it is adequately wrapped.  
A recent parcel sent via internal mail from Linton which contained water pistols (hopefully empty), chocolate, juices and a letter, wasn't well wrapped and managed to leak through the bag, soaking other mail in the bag. As no return address had been included in the parcel we were unable to determine who had sent it and the parcel was thrown out.

## OPERATIONAL ALLOWANCES

When the NZDF personnel travel overseas, on business or deploy on an operational mission, they are paid additional allowances over and above what they would get paid in NZ. They may get overseas incidental allowances, environmental or security threat allowances relevant to their mission (amounts vary by location).

Many people choose to save as much of this extra money as they can during the deployment to pay off the mortgage or clear some debt, while others use the extra money for such things as lawn mowing, baby-sitting expenses, paying for a holiday when they get home or purchasing luxury personal items, such as a new car.

While there are pros and cons to both approaches, most people have reported that getting the balance right between the two methods is the best idea by spending enough to make life easier at home but clearing some debt and saving for the future as well.

Some families worry about allowances affecting WINZ assistance or child support but allowances annotated NT (not taxable) on the payslip will not affect any financial assistance provided by WINZ.

The reference for this is the Income Tax Act 2007, Part C, CW 23. The Income Tax Act 2007, the Social Security Act 1964 and the Social Security (income and Cash Assets Exemptions) Regulations 2011 all link into the exemptions provided under the Income Tax Act, Part C CW 23.

If anyone has any concerns about allowances the Deployment Services Officers are more than happy to answer any queries or concerns you may have.

**Ms Lynne Smith, J18-Personnel Welfare**



# THE BUGLE TEAM SAY FAREWELL TO CHRISTINE



It is with much sadness that this month we farewell Christine Muir from The Bugle Team. Christine has been working with Janine and I for 11 plus years and it is her creative talents that have seen The Bugle change over the years! While Janine and I may write and source the content, it is Christine who turns all the contributions into an easily readable newsletter for you all to enjoy!

The Bugle began many years ago as a link with those at home and those abroad and was compiled by a group of wonderful volunteers. At that time we had some 600 service personnel deployed to Timor-Leste under the UN banner and these valued volunteers saw a need to establish a valuable communication link for all. A small A5 publication carried the news and views of those on that mission, personal messages, recipes and handy hints and became a popular, much loved anticipated read.

Fast forward many years – this concept (and the publication title) have been maintained and The Bugle has gone from strength to strength. We have introduced some new ideas, developed a greater network and changed the look of the newsletter. What has surprised us most, is the

popularity of the newsletter and the amazing positive feedback it generates. Despite the years that have passed, it remains a valuable resource and tool. It is our main way of communicating with you all, of keeping you informed and offering a little peace of mind during a separation.

In intervening years since our commitment to Timor-Leste, we have deployed NZDF service personnel to all corners of the globe – and The Bugle has gone to many households and many deployment locations. Over recent times we have sadly had to make some changes due to operational security requirements. This simply means that we are restricted in the stories we print, and the photographs we publish. This is to protect both those deployed and those left at home. We do however miss the days of old! We hope that you still find articles of interest and information to help you through the deployment journey. We know that readers are in differing phases of a deployment journey, so in some editions, there might be more to read for your situation, than for others – or the chance to tuck away information for a later date!

The success of The Bugle has exceeded our expectations and it's been the valued feedback that keeps us writing for you each month. I am sure that part of the attraction to the newsletter is its presentation. Janine and I cannot take credit for that – and have truly valued Christine's commitment to producing an eye-catching, well laid out first class publication for us both to share with you.

Christine – you will be sadly missed from our team and we thank you sincerely for the incredible amount of work you have done for our Bugle readers over many years. We will not only miss your amazing skills, but your dedication and expertise, and your friendly cheerful manner. Our best wishes go with you for whatever the future may hold. Happy travels and we hope our paths may cross again in the future.

Carol



# KEEPING THE HOME FIRES BURNING



Hello All,

**W**ow this month has surely flown by. I think I said that to you all when I wrote my last article for The Bugle. I am excited as soon I will be able to say that Mick will be home next month - hopefully all going to plan! Our days have been so busy that I am guessing we will be at the homecoming event before we know it.

Lucy and Josh both just love school this year and their new teachers. I thought the novelty might wear off but so far still good! They have so many out of school activities too that there seems to be big demand for Mum's "taxi".

Mick is still happy on his deployment but I think the thoughts of getting back to us all soon are starting to feel true. We have been busy planning our holidays and that's fun as we work out what we want to do together and as a family! I heard that the briefings for the next rotation have been held and so that really means that there is an end in sight for us all. I have made a really good friend whose husband is going on one of the next rotations and have happily shared some of our

experiences with her. She now seems to have more confidence and combined with the information she got from the briefings she feels that those feelings of doom, gloom and dread, have passed and that they will make the most of their time apart and turn it into a positive experience - that's a great way to approach things!

We were recently asked what the challenges were and what the positives to come out of this deployment were. Yes there were challenging days but I expected them. That's not to say that they were any easier to manage, but I knew they were sent to test my stamina - and patience and tolerance! I actually scribbled down on a piece of paper a list of challenges and positives and couldn't believe that the positives list was actually the longest! I was totally amazed about the things I can now do that I didn't think I ever could. These are mainly tasks - I have become this sort of handy woman where before anything that involved a hammer or a screwdriver always belonged to Mick - and even when it came to changing a tyre - that was his domain! I actually feel quite proud of myself - maybe somethings not

done to Mick's standard, but done!

I know Mick has been proud of us back here too. We have kept going, the household has been ticking over ok, the kids are great and I am mostly upbeat about things. That has helped Mick too to know that while he is away we are doing ok. I think I might show him my "challenges and positive lists" on his return. I have a feeling he might be amazed on what he reads!

We are getting near to the time when we will be stopping sending mail abroad. We have had fun putting together little parcels and writing letters. The kids have been somewhat creative - messy Easter card making on a rainy day, but we know Mick will love their efforts. We always have an Easter egg hunt so next week looks like I am in charge! Maybe I can add that to my list.

I hope this finds you all well and that you are thinking of contributing to the column in the future. My time is nearly over!

Charlotte

# KEEPING THE HOME FIRES BURNING CONT'D

*Hello Readers*

*G*osh - The Bugle time comes around so quickly! Just a couple more contributions I think and my time will be done. I have enjoyed contributing my snippets of news from home and Alf has worked out that it's me - the Mum, writing for the column but doesn't seem to mind!

I made the batches of ANZAC biscuits as promised. I had to make 8 lots in total. I begged around the community and the golf club and got heaps of "Pringles" containers to use for packing and posting the biscuits. Using them was a great idea but one had to be sure that the baked biscuit was the right size and shape to fit! I sent them on their way last week so hoping that they arrive in time and not too much taste testing goes on before hand!

I have had a few calls from Alf. He seems interested in what we have been up to and enjoys the family news - even if we think it is boring! He was quite impressed with my new golf handicap so I was pleased I had something to boast about for a change.

There has been a murmur of homecomings so time to look forward to when this is

all over and I guess wait out until it all happens again! As usual Alf gives me the instructions for a low key welcome and "no fuss or embarrassment please". I always keep my end of the bargain although secretly I want to jump for joy and shout out loud!

With April comes ANZAC Day so Harry and I will be making our way to the local service. I am sure this will be a scene repeated up and down the country for many of you. A very special time to remember.

Until next time, look after yourselves and enjoy this perfect autumn weather,

*Alf's Mum*

**Heroes come in all sizes**



**because being left behind takes bravery, too.**

## Deployment Support Services

- ♦ Need information?
- ♦ Need support?
- ♦ Need a listening ear?
- ♦ Need to send an urgent message to a deployment location?

## Deployment Support Services are here for you

The larger missions to Afghanistan, Solomon Islands & Timor-Leste appoint a lead Deployment Services Officer (DSO). All other missions offer support from either the DSO, Unit Point of Contact and local Welfare Support Services. The nominated Primary Next of Kin (PNOK) of families of deployed NZDF personnel should, in the first instance, contact their DSO who has a responsibility for transparency into welfare issues. Added to this there are other very valuable support networks available in your local region. For additional support and services:

### Army:

#### Deployment Services Officers:

**Linton**—Janine Burton

Ph: 0800 683 77 327

**Burnham**—Carol Voyce

Ph: 0800 337 569

#### Community Services Officers:

##### Waiorua:

Carolyn Hyland—Ph 06 387 5531

##### Papakura

Rachel O'Neill—Ph: 09 296 5744

##### Burnham

Lynne Price—Ph: 03 363 0322

#### Community Services Facilitator:

**Linton**—Lesley Clutterbuck

Ph 06 351 9970

#### Family & Social Services Officer:

##### Trentham

Marie Lotz—Ph: 04 527 5029

#### Air Force Welfare Facilitators

##### Air Staff Wellington:

Lynley Williams—Ph: 04 498 6773

##### Base Auckland:

Sophie Rodie—Ph: 09 417 7035

##### Base Woodbourne:

Claudia Ayling—Ph: 03 577 1177

##### Base Ohakea:

Bridget Williams—Ph: 06 351 5640

#### Naval Community Organization:

Ph: 09 445 5534,

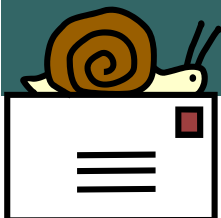
0800 NAVYHELP

nib@nzdf.mil.nz

#### Local Chaplaincy Services

#### Unit Point of Contact





# PERSONAL MESSAGES

The deadline for contributions and personal messages for The Bugle is the first Wednesday of each month (**the next edition deadline is 4 May at 4.00pm**). Please note: All Bugle messages are to be sent to Carol Voyce, DSO Burnham (email: dso.burnham@xtra.co.nz)

## From In-Theatre

### Lily Girl

Hello Lily Girl - I miss you and I can't wait to hear about what you and Daddy did for your special day. I can't wait for you to send me some of your beautiful drawings - maybe you could do some of what we might do on our holiday? Have fun at daycare and playing with your friends - keep practising riding your bike, you might be able to start and stop all by yourself when I get home. I love you, Mumma x

### Hunter Man

Hey Buddy! I miss you and miss hearing all your stories. How is school? You will have a holiday at the Bach soon - I wish I could be there too. You will have to voxer me - maybe you will find some new caches? I can't wait until our holiday - have you had your special day with Dad yet? Be good and remember your listening ears. I love you, Mumma x

### Chucky

Hey Babe - thank you for being so awesome. I miss you all MJ xx=

### Light of My Life

Hi Sweetheart. It's been a rough one I know but we are almost through it now.

I can't wait for us to be together again with our wonderful family.

I'm looking forward to the spa pool in our little piece of heaven.

I'm sorry you have had such a load to burden you, but hopefully it will be lighter when I am home.

Let's catch up on all the family celebrations (Happy 20<sup>th</sup> anniversary again).

I love you with all my heart,

Yours always xxxx

### Hokitika and Wellies family

My very best regards to you all. I was sad to have missed Dad and little Sister's birthdays but will be sure to bring back some presents!!

### G Unit

Almost all together again now.

I can't wait for our first Pizza night and to meet the famous 'Bourbon' (or is his name Bourbon-No?) .

I'm crazy proud of you both and know it has been a rough time for you all.

Big hugs are heading your way and the holiday should be great fun.

Save some lawn mowing and wood splitting for me.

Love and hugs, your Dad xxxx

## From Home

### Hi Mick

Well we are excited to think that we will all see you in the next month or so. The weather is just starting to cool off so we can look forward to some evenings near the fire and a glass of Red when all is quiet around us. Our holiday will truly be a reward for our time apart but also a time to think on what we have both achieved during the separation. Skype soon I hope? With all our love, Charlotte, Lucy and Josh xx

### Hey Dad

School holidays in a week. Can't wait! I will be able to go out on my skateboard every day if I want to. That will be so cool. I hope that you are still going to take me fishing when you come home. I know this great spot down at the river. People always catch a lot of fish there. We could take our lunch and stay there the whole day - just you and me.

Not so long for us to wait for you to be home. Shall I send a list of presents I would like incase you get to go to some shops? Love Josh.

### Hello Daddy

I still miss you daddy but Mum said it isn't that long to wait now. We are having holidays soon. When Jilly and Sam come to stay we are going to the movies and to McDonalds. We might go to the park too. I hope you liked my Easter card and got the Easter eggs too. We had so many that there are still some in the cupboard. My favourite was the big hollow chocolate one wrapped up in pink and silver paper and it had jelly beans inside. I love you daddy and can't wait until you come home to read me stories and play with me. Lots of love from Lucy xxxx

### Hi Mr T

Have a great birthday on the 20<sup>th</sup>. We will be thinking of you and hope you have a great day. Maybe someone will make a fuss and bake a cake! Love, Mum, Dad, Sue, Kel and Patrick x

### Hey love

So I had planned to write to you in every issue while you are away but I forgot to do it last month cause I'm great like that. Happy March for last month, still loved you then and still do now! April now, yay! Can't believe we are finally coming towards an end to this. I am sooooo excited to meet you for our holiday next month. Some much needed R&R for the both of us. I am still forever grateful for Skype even though it can be a right pain in the arse. Midget loves talking to you and seeing your face, cannot wait for his reaction to you being home again. He will be over the moon. Less than 7 weeks (not counting down...!) But omg I am so excited!!! We love you endlessly, BabyGirl + Midget xo"

# PERSONAL MESSAGES CONT'D...

## TTK

Happy Birthday for the 20<sup>th</sup>. Look forward to belated celebrations after you come home. Be safe there, Love Grandad and Nan x

## Miss W

Miss you smiling face. Have enjoyed keeping in touch with you over these past months. Will be great to see you home again and can't wait until its time to hit the slopes. Safe travels whenever that is and call me when you get here!!!!!! Rosalyn xxx

## Hi Aunty M

She tells me she will be home a lot soon. I am excited to think that she really will be. Meanwhile I look out for your visits and that HUGE teaspoon of Yoghurt that you allow but she NEVER does. Thanks for the VIP attention and all the fuss and favours. I really am spoilt, although always room for more. Although should I be asking "How's my waistline looking? Is it still visible?"  
Love BRV xx



# YOU ARE INVITED TO ...

## Join us for Dinner

Carol and Janine invite you to join them in either Burnham or Linton Military Camps where you are offered a night off cooking and doing the dishes! Bring your Family.

For some, this will be the final opportunity to join others as your deployment nears its conclusion; for some it will be a beginning. For others, it will be possibly half way through. Wherever you are on the deployment journey we would enjoy the opportunity to host you.

**DATE:** Tuesday 10 May 2016

**TIME:** 5.45pm

**VENUE:** **Burnham:** B Block Mess, Burnham Military Camp  
**Linton:** JRs Mess, Linton Military Camp

We will need to confirm catering numbers to the Messes, so request RSVPs of adults and children attending by **Monday 2 May:**

**Carol Voyce (Burnham)**  
0800 337 569 or 03 363 0421  
Call or text 027 449 7565  
dso.burnham@xtra.co.nz

**Janine Burton (Linton)**  
0800 683 77 327 or 06 351 9399  
Call or text 021 649 903  
dso.linton@xtra.co.nz

We look forward to meeting with you all.

# WHY WEAR A POPPY?



*"Please wear a Poppy", the lady said  
And held one forth, but I shook my head  
Then I stopped and watched to  
see how she'd fare.*

*Her face was old and lined with care  
But beneath the scars the years had made  
There remained a smile that refused to fade.*

*A boy came whistling down the street  
bouncing along on carefree feet  
His smile was full of joy and fun  
"Lady" he said "may I have one?"  
As she pinned it on I heard him say  
"Why do we wear a Poppy today?"*

*The lady smiled in her wistful way  
and answered "This is ANZAC Day  
The Poppy there is a symbol for  
The gallant men who died in war  
And because they did, you and I are free  
That's why we wear a Poppy you see.*

*I had a boy about your size  
With golden hair and big blue eyes  
He loved to play, and jump and shout  
Free as a bird he would race about  
As years went on he learned and grew  
And became a man as you will too.*

*He was fine and strong with a boyish smile  
But he seemed with us such a little while  
When war broke out he went away  
I still remember his face that day  
When he smiled at me and said "Goodbye  
I'll be back soon so please don't cry."*

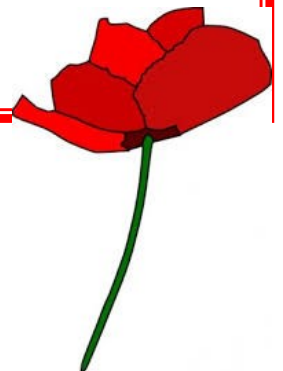
*But the war went on and he had to stay  
All I could do was wait and pray.*

*His letters told of the awful fight  
I can see it still in my dreams at night  
With tanks and guns and cruel barbed wire  
And mines and bullets, and bombs and fire.  
Til at last the war was won  
and that's why we wear a Poppy son."  
The small boy turned as if to go.*

*Then said "Thanks lady, I'm glad I know  
That did sound like an awful fight  
But your son, did he come home all right?*

*A tear rolled down each faded cheek  
She shook her head and didn't speak  
I slunk away, head bowed in shame  
And if you were with me, you'd have  
done the same  
For our thanks in giving, is oft delayed  
Though the freedom was bought, and  
thousands paid.*

*And so you see when a Poppy is worn  
Let us reflect on the burden borne  
By those who gave their very all  
When asked to answer their country's call  
That we at home in peace may live  
Then wear a Poppy, remember, and give.*



*Poppy Day has been a part of the New Zealand calendar since 1922, making it  
one of the oldest nationwide appeals. Poppy Day is usually held each year on  
the Friday before Anzac Day.*

*Poppy Day 2016 will be held on Friday 15 April.*