

# THE BUGLE

Issue 215 | November 2015



## INSIDE

- Operational Welfare
- Keeping the Home Fires Burning
- What's On
- Messages from Home and Abroad

COURAGE | COMMITMENT | COMRADESHIP | INTEGRITY

## "THE BUGLE"

The Deployment Newsletter is produced for families and service personnel associated with current overseas deployments.

### Deadline

Deadline for Edition 216 is  
2 December at 4.00pm

Bugle contributions are welcome and should be sent to Carol Voyce.

Editor: Carol Voyce  
Layout: Christine Muir  
Printing: Sharyn Cameron  
Mere Garton

Contributions co-ordinated by  
Carol Voyce and Janine Burton

### Contact Information

Carol Voyce  
Deployment Services Officer  
Southern Regional Support Centre  
Burnham Military Camp  
Powles Road  
Burnham 7600  
Christchurch  
Ph: (03) 363 0421  
Cell phone: 0274 497 565  
Toll free line: 0800 DEPLOY or  
0800 337 569  
Fax: (03) 363 0024  
E-mail: dso.burnham@xtra.co.nz

Janine Burton  
Deployment Services Officer  
Linton Regional Support Centre  
1 (NZ) Brigade  
Linton Military Camp  
Palmerston North 4820  
Ph: (06) 351 9399  
Cell phone: 021 649 903  
Toll free line: 0800 OVERSEAS or  
0800 683 77 327  
Fax: (06) 351 9009  
E-mail: dso.linton@xtra.co.nz

### Disclaimer

Articles and opinions expressed in "The Bugle" are not necessarily those of the New Zealand Defence Force.

### Cover Photo:

Exercise Southern Katipo (South Island, NZ) - October/November 2015

## GUEST EDITORIAL

Having worked at Headquarters Joint Forces for the last seven years as the operational welfare co-ordinator, I have seen many of our people go away from home on multiple deployments over a number of years. Each deployment brings its own challenges but each time the deploying person and their family use that previous experience to prepare and carry them through the deployment period. One message that comes through clearly from our experienced deployment families is that preparation and good organisation is key to managing well while their loved ones are away.

Preparation is often about information and whether it is the single soldier who ensures their parents are informed of the best contacts or the married sailor who encourages their partner to come to the pre-deployment briefs, the right information can be invaluable to family. Service people are notoriously bad at sharing information that they take for granted. Simple things like who to contact or how to access services on camps and bases may be second nature to the serviceperson but totally unknown to the newly married partner who has never had any contact with the military before. There are good resources, deployment guides and the [www.homebase.mil.nz](http://www.homebase.mil.nz) for example, and targeted activities such as the pre-deployment family day briefs where deploying people and their family members can gather information they need and connect with the right people.

We all know how difficult it is to keep our personal organisation up to date. Life changes daily and with it those things that keep us on track keep cropping up and require attention. Car registration, rates, credit card bills, birthdays to remember, kids school functions.



**Lynne Smith**  
**Operational Welfare Co-ordinator**  
**HQ JFNZ**

Whatever your stage in life personal administration takes time and energy. Aside from the little things, there are the game changers as well; those things that really make us stop and take notice. When the health or wellbeing of our loved ones are threatened or life changing decisions are made such as getting married or divorced, or even committing to huge financial obligations such as a mortgage, the administration burden can be large, especially if you are not prepared. The time and energy needed to manage these things during a deployment can be overwhelming.

While there will always be the unexpected, things can still be done to prepare and manage life to cope with both routine and the big life events. Direct debits, "easy pay" options and a good calendar go a long way to keeping us organised. Having up to date insurances, a will, and a savings plan as early as possible, can help smooth out the



## GUEST EDITORIAL CONT'D...

ups and downs in life. While it is often one partner in a relationship that takes the lead in this respect, it is wise to work these things out together so that both partners understand what is happening. Keeping your personal administration up to date and getting the best advice before you need it, is one of the best ways to maintain peace of mind, especially when committed to a career and, or a relationship that involves periods of separation.

NZDF has been doing a lot of work recently with regard to both information and services for our personnel and their wellbeing

welfare. Recent developments in superannuation, life insurance and access to wills have been communicated to our service people and families. This information can be accessed by members and families at the Force 4 Families web page on the NZDF Internet site [www.nzdf.mil.nz](http://www.nzdf.mil.nz). It is important that our Service members discuss these issues with family and make informed decisions together for the future. It is these decisions that will contribute to keeping our people, and our families, resilient and prepared for long and enjoyable careers that include possibly multiple operational deployments.

## WHITE RIBBON DAY

**25 November**

*This year White Ribbon  
is focussing on  
health/respectful  
relationship and the  
issue of consent for  
its campaign*

## BOUQUET:

### Coffee Connexion

On Sunday 25 October and Sunday 1 November a number of family members met together at Bethany's Restaurant & Café in Palmerston North to share good company and good coffee, tea or fluffies (for the littlies). The rain held off even if the wind was at times a little chilly. Some family members were able to attend both days, some just the one. For some the deployment journey had just begun, for some it was about to end, and a few were in the middle.

A big bouquet to all those who were able to join me, thank you for coming along. Lots of good chat and sharing. I am hoping to be able to do something similar in 2016.

It would be lovely to see you and others at the Deployment Dinner in Linton at the end of the month – see page 10 for details. Janine.

## The Bugle — Deployment Newsletter Bumper Christmas Issue

**Deadline for contributions is 2 December**

**Take this opportunity to  
spread some festive cheer across the miles.**

**Personal messages from those at home  
and those abroad are welcome.**

**Share the Christmas spirit!**

**Email your contributions to:**

**[dso.burnham@extra.co.nz](mailto:dso.burnham@extra.co.nz) by the given deadline.**

**Articles welcome too!**





Source: [www.nzdf.mil.nz](http://www.nzdf.mil.nz)

## Second Wave of NZDF Trainers Deploys to Iraq



*New Zealand Defence Force personnel train with members of the Australian Army during the mission readiness exercise for the second rotation of Task Group Taji at Kokoda Barracks in Queensland in late October. The mission readiness exercise consisted of a number of realistic training serials which were designed to replicate the conditions the troops may face in Iraq.*

*Photo courtesy of the Australian Defence Force*

### 3 November 2015

The second rotation of New Zealand Defence Force (NZDF) trainers left for Iraq today to take part in the Building Partner Capacity (BPC) mission, training the Iraqi Security Forces.

About 105 NZDF personnel left Brisbane as part of the combined Australia-New Zealand non-combat training force known as Task Group Taji. Like the first rotation of the BPC mission, they will be based at Taji Military Complex north of Baghdad to help train the Iraqi Army and empower them in their fight against the violent extremist group ISIL (Daesh).

Farewelling the contingent in Brisbane, Major General (MAJGEN) Tim Gall, the Commander Joint Forces New Zealand, said: "On behalf of the Defence Force, I wish you all the best as you begin your mission and

a safe return to your families and friends."

MAJGEN Gall also said that Task Group Taji has "achieved good progress in the six months since our training mission began".

"The Iraqi soldiers as well as their officers have been eager to learn the skills they need to push back Daesh and recover lost territory. Some of those we have trained are now taking part in the counter-offensive against Daesh," he said.

"The training that we and our Australian partners have been providing has helped the Iraqi Army slowly regain their confidence in themselves and their equipment. The Iraqis need to keep or increase this level of confidence to have a far better chance of defeating Daesh."

More than 100 NZDF personnel were deployed in late April alongside the Australian Defence Force to train Iraqi Security Forces

to become better fighters. The deployment will be for two years, with a review after nine months.

The first rotation of Task Group Taji has trained up to 2100 Iraqi soldiers so far and expects to train a further 2000 soldiers in coming weeks.

The training provided by Task Group Taji covers weapons handling, combat first aid, live fire training and drills in complex warfighting environments. Other specialised courses provide lessons on map reading, use of the Global Positioning System, marksmanship and leadership, among other topics. Iraqi soldiers are also taught the fundamental aspects of international humanitarian law and the Law of Armed Conflict.

"Our challenge now is to live up to the strong reputation that the first rotation established in Taji. All of our training and preparation to date, and all the support our families have given us make us confident that we can uphold and build on this reputation," said the Senior National Officer of the NZDF's second rotation to Iraq.

In the past three weeks, soldiers who form part of the second NZDF rotation to Iraq trained with members of the Australian Army at Kokoda Barracks in Queensland. The training was designed to replicate the conditions the troops may face in Iraq.

Source: [www.nzdf.mil.nz](http://www.nzdf.mil.nz)

# DSO'S CORNER



## **Carol Voyce**

Deployment Services Officer  
Southern Regional Support Centre  
Editor "The Bugle"

**S**can't believe that we are now into November. It seems as though October just disappeared. If this month passes as quickly as the last then it will be Christmas before we know it! I am unusually organised though with planning, lists and shopping well underway!

This past month we saw lots of farewells as many missions began rotating and soon we will see homecomings too. I am sure there are roller coasters of emotion in many households across the country! It's sometimes a difficult time as everyone adjusts to changes in their lives and routines.

I have been thinking over this past year about the services we have offered and the support given. Every one of you, is so different and some people need more than others and not necessarily from us! I keep a running log of the type of things that happen during a deployment. This log, with no names listed, helps in the yearly evaluation of what we have dealt with and provides a platform for planning further intervention or changes to the way we do business. It also tells us how we

can change the Deployment Services Officer's predeployment welfare briefing or how we can include different information in the Deployment Guides.

It is interesting to think about the data that has been gathered – purely for my own use. Some families we have frequent contact with and others we seldom, if at all, hear from. It's hard to say what the right balance is. Catering for everyone's individual needs can be hard too – we don't always know what your expectations are. Sometimes ringing just to say hello can put someone in a mild panic wondering why it is we have called, others expect it! Tricky! We have refined this year the way we contact families about critical situations abroad or media comment and that has worked well with the Primary Next of Kin taking responsibility for informing the rest of the family or those who need to know. The Bugle and the iNewsletter (for Iraq deployments) have continued to be our main way of communicating with you all and for reminding you that we are only a phone call away. One of the major changes to these deployment newsletters is that we can no longer carry the great newsy articles and photos from deployment locations that we did in the past. These changes have been forced upon us due to the Operational Security requirements for most of our deployments and an increased emphasis of protecting those abroad, those at home and eliminating any risk of identifying people in a public arena. It's about common sense but has changed the face of the newsletters so much and we miss the stories that so much helped bridge a gap. If we can find a way to get around this safely we surely will.

I know I have mentioned previously and I will do so again, that if you are struggling along at home, then

it is wise to speak up. Yes it does take some courage sometimes but our aim is always to lessen any burden as best we can and also to give you some peace of mind. It doesn't matter if you live north or south, within a base or outside, the challenges a deployment can bring to those parenting alone or living alone are acknowledged and many a solution can be found or a situation supported. Please never feel you are a nuisance or that we have abandoned you – it's about finding a balance that sits ok with you. Sadly and very rarely, we hear post deployment that "no one cared about me!" We do care – we offer information and communication through our newsletters and briefings, Base activities – like dinners, coffee mornings, a toll free 24 hour, 7 days a week phone line and referrals both inside and outside of the organisation. Whatever activity you choose to participate in, is up to you. To alleviate any burden or worry is impossible for us to do so, without knowing it exists! It maybe that you have gained all the support you need from your family or local community and that's great, but if whatever is troubling you and may impact on the deployment, be sure to let us know. Remember life is often about challenges – we all have them but we can turn them from stumbling blocks, into stepping stones and on to greater things!

Communication both home and abroad, is the key to success of a deployment journey, so please keep in touch if the need arises.

By the time The Bugle arrives in your letterbox/inbox, some of our rotations will be complete – or almost! Whatever it is you are waiting for, November is sure to whizz by and your planning, lists and shopping will be underway too! I look forward to catching up again before the festive season.



# DSO'S CORNER CONT'D...



**Janine Burton**  
Deployment Services Officer  
1 (NZ) Brigade

This time of year is a particularly busy time in the deployment world. We have a number of personnel departing New Zealand and just as many returning, having completed their deployment in various parts of the world. So as a contrast, those who have just said their goodbyes are adjusting to parenting alone, or having a child offshore (your children, no matter their age, are always your children), or getting used to having husbands/wives or partners not beside them. I hope that if any of these apply to you, that as each day passes things are shuffling themselves about and falling into place temporarily ready to be shuffled again at the deployment end.

On the other hand, there are families—husbands/wives, partners, parents – who have completed their deployment journey and have their deployed person home again, disrupting all the households, new routines and plans; but would we have it any other way? Only sometimes and only for a fleeting moment I'm sure!

Adjusting to have someone leave and adjusting again when they get home is all a very normal part of

the deployment process. Sometimes this is a relatively simple process, for others there are some bumps along the way.

As you will all know, prior to any deployment we work very hard to ensure that families who will be left at home are as prepared as they can possibly be. The most effective way we have of doing this is by the briefings – family days in Trentham, or for the larger deployments when we conduct a Roadshow throughout the country. At these occasions we hand out Deployment Guides for the missions which contain as much information as we believe you will need over the coming months – from contact information for your Deployment Services Officers and others who work in the welfare realm, the mission mailing address, basic information about the country the deployment is located in, etc. In return we collect information from families – basic contact information including cellphone numbers, email addresses and details of other family members to add to our mailing distribution lists. If a parent is the Primary Next of Kin there may be partners, siblings, grandparents who we add to the list; if a spouse is the Primary Next of Kin then we can add parents, siblings, grandparents. All too often though, assumptions are made that additional family members have already been added to our lists, when in actual fact they have not.

So our checklist for you:

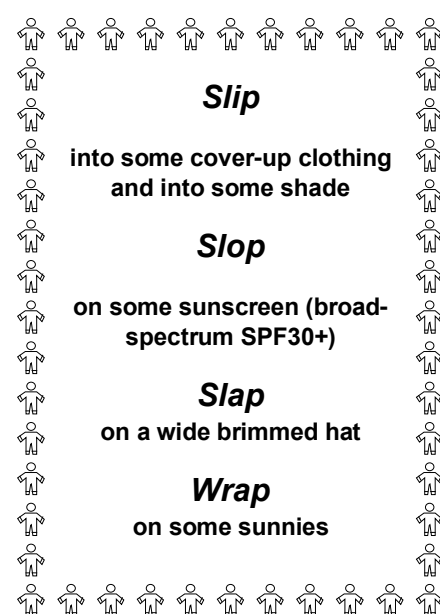
- Do you have a Deployment Guide for the deployment location? All Guides are basically the same – with only the basic country information page and the mailing address being different.
- Have you given us your email address? This is particularly important to us if you are the

Primary Next of Kin. If unsure, perhaps you could email me so I can check for you and add your address to the database.

- If you are a wife/husband or partner – are your deployment person's parents on our mailing list? Or if you are a parent, what about your son/daughter's partner? More times than it should happen, partners can be forgotten about or assumed that they are on our distribution list, when in actual fact they are not and are feeling lost, uninformed and very, very alone.
- Are you aware that you can receive your Bugle and appropriate service news publication via email? Just let us know and we can do that for you. Alternatively, if you have received your first couple of copies by email, but would like to have it in hard copy instead, just let me know and we can make that change too.

I hope that wherever you are within your deployment journey that things are going well for you.

We are only a phone call, email, or text away if we can help at all.



# FOR YOUR INFO

## Green Customs Stickers

**Customs Declaration**  
Read instructions on the back (voir instructions au verso)  
Dessume CN22

Detailed description of contents (Description détaillée du contenu)

Merchandise/Sample Marchandises/échantillons	Documents Documents	Value NZ\$ Valeur

Total weight (kg) (Poids total)      Total Value NZ\$ (Valeur totale)

For commercial items only  
If known, fill serial numbers  
and quantity of each of goods

I certify that this article DOES NOT contain any DANGEROUS or PROHIBITED GOODS  
this article may be opened officially (Puis-je ouvrir d'office)

Signature of Sender x  
Signature de l'expéditeur

Barcode is for identification purposes ONLY      New Zealand Post

LI 233581516 NZ

PARCEL COPY

TEAR HERE

Instructions:  
1. Complete Declaration & remove instructions.  
2. Peel backing paper & affix PARCEL COPY to item.  
3. Retain SENDER COPY.

A number of parcels have been arriving at DPSC, HQJFNZ without customs stickers attached. This causes frustration for those who process the mail and parcels have had to be opened and checked before they can be sent. Please make sure that you ALWAYS attach the green customs declaration to all mail. Why not get a small supply from your nearest Post Shop to keep handy at home? Even though you are posting the parcel within New Zealand, the customs declaration is required for the parcels onward move to the deployment location. We appreciate your help with this.

## Mailing Dates

The final date for sending mail to Deployment locations through DPSC for this year is 13 December 2015. Please make sure that your mail reaches that destination prior to that date so it can be bagged and forwarded to the courier for sending in the following days. I am sure many of you will be aware that moving mail from one side of the world to the other takes time and couriers are especially over loaded during the festive season. We would like to suggest that parcels for Christmas be sent by the 25<sup>th</sup> of November to avoid disappointment. Please clearly mark the parcel as

“Christmas Only” to reduce the risk of being opened too early! Maybe you could double wrap it, mark it and then cross your fingers, I guess!

Mail will resume again on 5 January 2016 – you can still send your parcels over the festive season so they are ready to be dispatched on this day.

## OPERATION Christmas Card

As we put this issue of The Bugle together, there is sitting on my desk an ever growing pile of Christmas Cards. As the deadline approaches I am sure the pile will grow even higher! So far I have resisted the temptation to look at all the contributions but later next week will enjoy sorting them and packaging them up to send to all our deployment locations. If you have not sent yours in – there is still time!

## Kiwi Forces Radio

Please refer to the last edition of The Bugle for the full details on this amazing Christmas project for Kiwis abroad. The final day for requesting your participation is Friday 13 November so be sure to email Kate at [kate.lukins@nzdf.mil.nz](mailto:kate.lukins@nzdf.mil.nz) to secure a place for recording your messages.

## Social Media

Many of you will be aware of the special requirements of Operations security with loved ones abroad. We talked about this at predeployment briefings and make constant reference to the requirements in all our communications with you. It's about using common sense and ensuring the safety of all those abroad and at home. It was disappointing to hear about family members posting

photos on Facebook of their loved ones at recent contingent farewells. We understand that those who have been identified have been asked to ensure that these posts are taken down. If you too have made an error of judgement in posting the same or similar photos, please make sure that you take these down immediately. We know you are proud of your loved ones commitment and they too are proud of you, but let's not compromise safety here and avoid the potential for any risk. If you need any extra information on these requirements, please refer again to your Deployment Guide or talk with Carol or Janine. We sincerely thank you for your co-operation on this very serious matter.

## Return to New Zealand Information

The Primary Next of Kin of those currently deployed and about to return home, have been informed of the dates and times of their loved ones return. If you require further information, please contact the DSO – contact details inside front cover. Please be aware that this information can only be given to identified Primary Next of Kin who can then share with other family members as they decide.

## What's on

There is lots happening in the months ahead. Be sure to check out the details on pages 14 and 15. Janine and Carol look forward to seeing many of you on 30 November at the dinners to be held in Linton and Burnham. Be sure to RSVP for catering requirements. We would love to see you all if you live nearby.

# FOR YOUR INFO CONT'D...

## Christmas edition of The Bugle

Traditionally we have had a bumper issue for the festive season and look forward to receiving your contributions by 2 December.

There will be a section for Christmas messages from home, so gather up all the messages of cheer from family and friends and send them to us (DSO details inside front cover) by the due date. Help send the festive spirit across the miles!



## Mail to Op FARAD

In the Op FARAD Deployment Guide and on the Family Day, when we discussed mail, we gave one mailing address, i.e. via DPSC.

There is another mailing address which has been in use for many years and which we understand contingent members shared with their families. The address is as follows:

### FORCES CONCESSION RATE

(to be written at the top of your envelope/parcel)

Regimental Number, Rank, Initials and Surname  
NZ Contingent  
Multinational Force and Observers  
El Gorah, Sinai  
P O Box 99000, Tel Aviv  
Israel  
c/- International Mail Centre  
Auckland 2022



Mail via the Auckland Mail Centre leaves New Zealand every Tuesday, Thursday and Saturday.

## Deployment Support Services

- ◆ Need information?
- ◆ Need support?
- ◆ Need a listening ear?
- ◆ Need to send an urgent message to a deployment location?

### Deployment Support Services are here for you

All personnel on deployment and their families have the support of the Deployment Services Officers (DSOs). In addition there is support from Unit Points of Contact (UPOC) and local Welfare Support Services.

The nominated Primary Next of Kin (PNOK) of families of deployed NZDF personnel should, in the first instance, contact their DSO who has a responsibility for transparency into welfare issues.

Added to this there are other very valuable support networks available in your local region. For additional support and services:

### Army:

#### Deployment Services Officers:

**Linton**—Janine Burton

Ph: 0800 683 77 327

**Burnham**—Carol Voyce

Ph: 0800 337 569

#### Community Services Officers:

**Waiouru**—Carolyn Hyland

Ph 06 387 5531

**Papakura**—John Furey

Ph 09 296 5744

#### Defence Community Co-ordinator:

**Burnham**—Lynne Price

Ph 03 363 0322

#### Community Services Facilitator:

**Linton**—Lesley Clutterbuck

Ph 06 351 9970

#### Family & Community Services

**Officer: Trentham**—Marie Lotz

Ph 04 527 5029

#### Defence Community Coordinators

**Air Staff Wellington:**

Ph: 04 498 6773

#### Base Auckland:

Sophie Rodie, Ph: 09 417 7000

Extn 7035

#### Base Woodbourne:

Claudia Baker, Ph: 03 577 1177

#### Base Ohakea:

Bridget Williams, Ph: 06 3515 739

#### Naval Community Organization:

Ph: 09 445 5534, 0800 NAVYHELP

nib@nzdf.mil.nz

#### Local Chaplaincy Services

#### Unit Point of Contact





“EVERYONE SERVES”

## YOUR WELLBEING

## YOUR WELLBEING

The **MILITARY LIFESTYLE** presents a **UNIQUE** set of **CIRCUMSTANCES** to families, and how well we cope with these is **STRONGLY RELATED TO OUR WELLBEING** and the wellbeing of those around us.

*Wellbeing is a complex combination of a person's physical, mental, emotional and social health factors. Your wellbeing is about how you feel about yourself and your life: it's about the whole person.*

## FOCUS ON CHANGE

## FOCUS ON CHANGE

*(Author Julia Esprey-Barton)*

*Source: Defence Family Matters, May 2014*

Some say that a **CHANGE IS AS GOOD AS A HOLIDAY**, while others prefer life to remain consistent. Some people relish the **PROSPECT OF ADVENTURE AND NEW EXPERIENCES**, while others have a natural preference for **PREDICTABILITY, CLARITY AND FAMILIARITY**.

The reality is that most people find change challenging on some level, and we all manage it differently.

During times of change, it is important to remember that it's not change we tend to resist, but rather transition.

Change is generally tangible and observable. It's moving house, acquiring a new boss, landing a promotion, losing a job, having a baby, facing a deployment.

On the other hand, transition is the process of letting go of the way things were and taking hold of the way they will become.

For some, transition can be a time of confusion and stress. However, remember that transition is a natural process of disorientation leading toward clarity and familiarity.

Feeling confused and stressed during transition is a natural phase toward accepting the change. For some, it is not the change itself that is difficult, it's the process of embracing the 'new normal' that is upsetting.

The paradox is that the very things we wish we could keep the same were originally produced by change, change that may once have seemed daunting and impossible.

We are generally more resilient and capable than we think.

When managing change, it is invaluable to have a positive and flexible approach to new possibilities. Equally important is recognising that transition can be difficult — allow yourself time to adjust and seek support.

As a military family you will become familiar with navigating the highs and lows of new situations. Remaining motivated, focused, and developing a shared sense of purpose as a family will help you embark on each new adventure with confidence and enthusiasm.

# INVITE FOR DINNER

Having a loved one away on deployment has many challenges, including keeping up with household routines, the most regular of which will be meals.

So how would you like a night off from cooking the dinner and doing the dishes? Previously we have had some very successful dinners in Burnham and Linton and thought we would do it all again. So ....

Would you like to join us for dinner?

**Low key, no speeches or presentations,  
no pressure, no mess, no fuss.**

**Bring your family**

**BURNHAM:** Monday 30 November 2015, 5.45pm  
B Block Mess, Burnham Military Camp

**LINTON:** Monday 30 November 2015, 6:00pm  
JRs Mess, Linton Military Camp

We will need to confirm catering numbers to the Mess, so please **RSVP** names of all adults and children attending by **23 November 2015** to:

**Carol Voyce (Burnham)**  
0800 337 569 or 03 363 0421  
Call or text 027 449 7565  
[dso.burnham@xtra.co.nz](mailto:dso.burnham@xtra.co.nz)

**Janine Burton (Linton)**  
0800 683 77 327 or 06 351 9399  
Call or text 021 649 903  
[dso.linton@xtra.co.nz](mailto:dso.linton@xtra.co.nz)

# KEEPING THE HOME FIRES BURNING

This email of requests was received by a wife just prior to her husband's recent deployment. We hope she will update us with progress in coming issues. Ed.



## YOUR MISSION, SHOULD YOU CHOOSE TO ACCEPT IT....

Here is a list of tasks, jobs or chores for you to complete whilst your husband is away defending the free world for the betterment of all humanity. It has been compiled and listed in order of priority, with the most important tasks being listed first.

1. Clean Boat in order to get rid of all cobwebs. Kids could help with this.
2. Take boat to Manawatu Automotive and Marine in Bulls where it will need a full service, trailer WOF and the fuel system fixing. The fuel is not going from the under floor fuel tank to the outboard. Either have them fix it, or if it is cheaper, get them to set it up for a portable fuel tank. You will also have to register the trailer before selling it.
3. Sell the boat. Try and get as much for it as you can. Don't go under \$2500 if you can help it, but it has to go.
4. Get the Holden serviced, this is to include having the seatbelts looked at as they seem to have lost the "tension".
5. Get the dent beaten out of the back. Please refrain from reversing into any other inanimate objects.
6. Get the Range Rover serviced. It is slow to start and gives a large puff of smoke from the exhaust when starting, especially when it's cold. Have the Glow Plugs replaced as well as the filters (air, oil etc....).
7. Buy a range hood, don't mind where from but it would be nice to have one that has a light on it. Get the range hood installed. You will also need a chimney or vent to go through the roof. Ask Dave or someone at SME maybe. Once it is wired in get the holes above the cooker filled in.
8. Chop down the remaining trees in the front garden and remove all the green waste.
9. Sort out the guttering on the garage. Either fix the current stuff or get some new guttering.
10. Finish sanding and varnishing the front double doors, six years is long enough to wait for it to be completed!
11. Take a cooking class.
12. Go to the gym and workout. Get the PTI to design a programme for you.
13. Get 'T' to go to the gym and practice the Army aptitude tests. Don't let her procrastinate.

That is about all. Most important of all though is for you to keep busy and also set aside some time for you. Go out with Maree, Leah, Carolyn and Michelle. Go to the movies, go out for a meal or catch a show.



# KEEPING THE HOME FIRES BURNING CONT'D...



*At last I can say Simon is due home this month. Excitement is gathering momentum in our household and I can't believe that this is actually my last contribution to The Bugle. It has been fun writing up my family journey each month and will certainly be great to look back on! I hope the DSO's have found another contributor to take my place.*

*I have tried not to be excited too much, but it is difficult not to be. I know the flight timings might still change and I will be disappointed. My "To Do" list has been completed way ahead of time and Granny and Pops have helped with some major tasks and some surprises too. We have our banners neatly folded away and Michael and Fiona have already planned how we will celebrate Simon's return. Even down to what's for tea. I think I will send the children to school in the morning so I can have some time to myself and be totally organised. Simon and I have planned his return well and our time off together and as a family. As hard as it will be, I have admired Granny and Pop's understanding that we need a few days to ourselves before*

*we catch up with them. I think that just knowing their son is safely back in New Zealand will be reward enough until we celebrate and reunite.*

*I would like to thank the DSO's for just being there. We have only spoken a few times but it was that reassurance that some one was right there should I need them that made the difference. I was lucky to have such a great extended family to fill so many gaps and so thanks to them too for simply being there! I have enjoyed attending the family dinners and meeting others too. There have been some great*

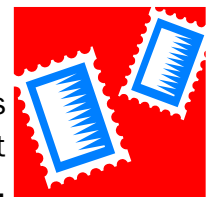
*opportunities to make some new friendships as well. I was happy too, to be able to help Joanna on her way - (I wrote about meeting her in my last article). She has just waved Tom off and so I know exactly how she is feeling.*

*Thanks so much for having me "in your lives" over the past 7 months. It's been some journey! Good luck to you all in whatever the future may bring.*

*Kind regards, Jules and the Browns.*

Dear Janine and Carol

We would like to thank you for sending us The Bugle and the Army News for the past six months while Sam has been deployed.



We have enjoyed many great articles, news and handy hints. It has also been reassuring that there is a service available should we need it. The messages have been much appreciated too. Families of the New Zealand Defence Force are lucky to have the support should they need it. Sam is due home this month and we will miss rushing to the letterbox and to be the first to get our hands on The Bugle.

Thanks again,

Deidre and Tom

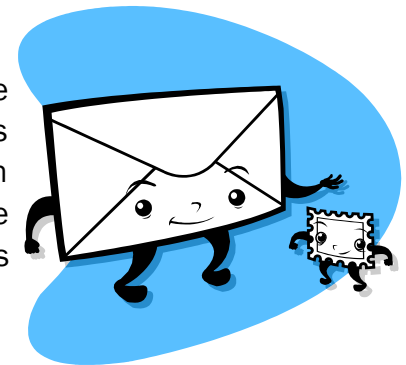
# KEEPING THE HOME FIRES BURNING CONT'D...



The Bugle Editor

Please accept our families sincere thanks for sending us The Bugle and the Army News over the past 6 months. Benjamin has just returned home and we were grateful for the contact from your support team while he was deployed. We enjoyed the newsletter and the hard work that was put into keeping us informed.

Kind regards, Florrie and Ivan B



## NZDF WELFARE VISIT TO AIR FORCE MUSEUM, CHRISTCHURCH

**WHEN: WEDNESDAY 20 JANUARY 2016**

A visit has been planned for 20 January 2016 for NZDF personnel based in Linton and Waiouru and their families to visit the Air Force Museum in Christchurch with priority given to those who have not been on previous visits and to dependants of service personnel on deployment.

Definition **dependants**: spouses or partners and children recorded by the serviceperson as dependants with the NZDF.

If you are accepted as part of this visit you will need to:

- Get yourself to and from Ohakea to meet the flight, which will depart at 9.35am and return at 4.05pm. Check in is at least 30 minutes prior to departure timings. Buses will be available for transport to and from the museum.
- While entry to the museum is free, lunch and snacks will be at visitors own expense. There is food available for purchase at the museum café.
- There is a dress code for travelling on Service aircraft and this will be provided once you have applied and been accepted as part of this visit.

Registration cut-off date is **27 November 2015**. So if you are interested, please contact DSO Linton, Janine Burton on 0800 683 77 327 for the next step – form filling, etc.

2015

## WHAT'S ON IN LINTON

30 NOVEMBER

### **PNOK AND FAMILIES OF DEPLOYED SERVICE PERSONNEL DINING IN:**

30 November at the JRs Mess, Linton Military Camp, 6.00pm—See full page for details  
RSVP Janine Burton, DSO Linton on 0800 683 77 327, 06 351 9399 or text 021 649 903

6 DECEMBER

### **LINTON CAMP FAMILY DAY:**

WHEN: Sunday 6 December 2015  
WHERE: Vicinity of Gymnasium / new Sports Complex, Linton Camp  
TIME: 11.00am to 3.00pm  
WHAT TO BRING: A picnic lunch and some coins for coffee, ice creams, candy floss  
sun hats and sun block  
FREE Rides and entertainment, NZ Army Band

2016

### **SCHOOL HOLIDAY PROGRAMME:**

School holiday programme will be running in Linton during the last week of the school holidays – 28-29 January 2016. Please contact Manda – [amanda.brokenshaw@nzdf.mil.nz](mailto:amanda.brokenshaw@nzdf.mil.nz) – to register.

2015

## WHAT'S ON IN DEVONPORT

9 DECEMBER

### **SUMMER SOUNDZ EVENT:**

Wednesday 9 December, Ngataranga Sports Field, 3-9pm  
Entertainment by the RNZN Band, Che Fu, Sammy J and King Kapisi  
For more information contact 0800 NAVYHELP

13 DECEMBER

### **NAVAL CHRISTMAS PARTY:**

Sunday 13 December, Ngataranga Sports Field, 10am-2pm  
  
For more information contact 0800 NAVYHELP



2015

# WHAT'S ON IN BURNHAM

30 NOVEMBER

## PNOK AND FAMILIES OF DEPLOYED SERVICE PERSONNEL DINING IN:

B Block Mess, Burnham Camp, 5.45pm

RSVP Carol Voyce, DSO Burnham, 0800 337 569 or 03 363 0421 or text 027 449 7565

9 DECEMBER

## CHRISTMAS CAROL SERVICE AND BBQ:

9 December, All Saints Garrison Church, Burnham Camp, 5pm

For more information contact Padres on 03 363 0463

## TWILIGHT CHRISTMAS GALA

3 December

5—7pm at the Community  
Centre , Burnham Camp

Free entertainment  
includes:

Rides, Food, Face  
painting, Farmyard,  
Free Raffles,  
Father Christmas  
and much more

For more information contact  
Lynne Price,  
Defence Community  
Co-ordinator on 03 363 0322 or  
021 245 5099

Wellington Defence Area

Children's  
**CHRISTMAS**  
Party

Messines Defence Centre, Trentham  
Sunday 29 Nov, 11am-3pm

Great entertainment,  
food stalls and music.

OPEN TO ALL NZDF FAMILIES MILITARY AND CIVILIAN IN THE WELLINGTON AREA  
PRESENTS TO BE DELIVERED TO THE POC IN EACH LOCATION BY THUR 26th NOV  
(Please no high value items keep presents to moderate cost. Ensure all presents are clearly named  
with child and family name and location (family presents in one bag). E.g Lisa Simpson, TTS.  
Bring cash or BYO lunch. One Ticket per child to exchange for free  
goodies (tickets are issued by your location POC on receipt of  
your child's gift and includes your appointment time with Santa).

DEFENCE  
FORCE



# PERSONAL MESSAGES

The deadline for contributions and personal messages for "The Bugle" is the first Wednesday of each month (**the next edition deadline is 2 December at 4.00pm**). Please note: All "Bugle" messages are to be sent to Carol Voyce, DSO Burnham (email: [dso.burnham@xtra.co.nz](mailto:dso.burnham@xtra.co.nz))

## From In-Theatre

### Hello Jules and the Browns

Well this is my last message to you all before I start making my way home. It's been a great deployment with many challenges but I have enjoyed it heaps. I have been so proud of you all and the way that you have managed. Your column Jules has been great and I have enjoyed reading about how you have managed and still helped others as well. Maybe we can revert to our real names soon! No fuss now and don't stress out at the final hour having things perfect. Just can't wait to see your smiling faces at the airport. Love you all, Simon xx.

### Granny and Pop

You are amazing. Well I always knew you were but you have excelled again. Thanks so much for all you have done in my absence. You have truly supported and looked after and out for my special family. They have been spoilt. Yes Granny, I will wear one of Fiona's scarves and Pop I will take Michael out in that cart. Catch up on my return. Simon.

### Happy Birthday Theresa

Have a great day. I hope the party goes well and the hangovers are small. Love you sis. Duncan x.

### A shout out to Ali

Happy 21<sup>st</sup>. So sorry to miss your celebrations but will be thinking of you. Enjoy your day – get spoilt rotten and take care. Lots of love, Jace xox.

## From Home

### Hi Simon

So excited that you are coming home this month. We have all missed you so much and look forward to the days ahead and the holiday. Safe travels and see you soon. Jules, Michael and Fiona xx

### Aunty M

Mumma has been lounging around lately and rations have been light! I have spied an opportunity for attack but trying hard to resist. I will though, if the need arises. Haven't seen your smiling face for a while now but look forward to seeing you soon I hope. Love always BRV .

### Ted

Homecoming month – Yeah. See you soon son! Chrissy, Mike, Ange and Clint

### Lilly

Hope the trip went well and you are settling into your new temporary home. I hope that you didn't leave anything behind and have managed to set up your room so it looks comfy and nice. Thinking of you often. Lots of love, Grandma Bronnie xx.

### Michael

We hope you have a great birthday on the 17<sup>th</sup>. We will be thinking of you and hope someone makes you a cake. Have a celebration if you can. Love Mum and Dad xx.

### JJ

Can't believe that you will be home soon. We are all very excited about seeing you again. Not too much planned for when you arrive but hope that you have a safe flight and it is not too long! The family will be waiting on touchdown. Love from us all. Susie, Tom, Lucy and Dwayne xx.

### Mr M

We hope that you have a safe trip and are now settling in to your new place. We miss you already but will try to keep to the plans we all made together. There is lots to look forward to and we feel pretty spoilt that you have organised so much for us all. It will be great when we get the chance to skype and see your happy face! The little M's are being extra good and understanding. Mrs M has kept herself busy and not been shopping – that should please you. Be careful over there and hear from you soon. Love you. The Mmmmm's.

### Kevin

We are looking forward to seeing you back in the HQ. Enjoy your time left. Christine.

### Lucy

Hope all is well with you and you are getting to see as much as you can, while you can. We look forward to seeing your smiling face shortly. Take care of yourself. Postcard would be good. Christine.