

THE BUGLE

Issue 214 | October 2015



INSIDE

- Guest Editorial—Reflections
- DSO's Corner
- RSA Christmas Parcels
- Everyone Serves

COURAGE | COMMITMENT | COMRADESHIP | INTEGRITY

“THE BUGLE”

The Deployment Newsletter is produced for families and service personnel associated with current overseas deployments.

Deadline

Deadline for Edition 215 is
4 November at 4.00pm

Bugle contributions are welcome and should be sent to Carol Voyce.

Editor: Carol Voyce
Layout: Christine Muir
Printing: Sharyn Cameron
Mere Garton

Contributions co-ordinated by
Carol Voyce and Janine Burton

Contact Information

Carol Voyce
Deployment Services Officer
Southern Regional Support Centre
Burnham Military Camp
Powles Road
Burnham 7600
Christchurch
Ph: (03) 363 0421
Cell phone: 0274 497 565
Toll free line: 0800 DEPLOY or
0800 337 569
Fax: (03) 363 0024
E-mail: dso.burnham@xtra.co.nz

Janine Burton
Deployment Services Officer
Linton Regional Support Centre
1 (NZ) Brigade
Linton Military Camp
Palmerston North 4820
Ph: (06) 351 9399
Cell phone: 021 649 903
Toll free line: 0800 OVERSEAS or
0800 683 77 327
Fax: (06) 351 9009
E-mail: dso.linton@xtra.co.nz

Disclaimer

Articles and opinions expressed in “The Bugle” are not necessarily those of the New Zealand Defence Force.

Cover Photo:

Cheerful volunteers assist with the packaging of RSA Christmas parcels for deployed services personnel.

GUEST EDITORIAL

Warrant Officer Class 1 C.J. Wilson, DSD

Command Warrant Officer, Joint Forces New Zealand

As my time as the Command Warrant Officer for Headquarters Joint Forces New Zealand (HQJFNZ) and my career in the New Zealand Defence Force (NZDF) draws to an end, I've been given this opportunity to reflect on life in the Operational world over the last three years of my tenure. There is no way I can summarise that period of time and do it justice, however, there is one accolade that needs to be stated and that is to the people who make up the NZDF and the wider Defence community.

For those who sign up for a life in the NZDF, it becomes more than a job; it's a profession and a way of life formed around a firm base of ethos, values and ethics. As military professionals we train to be ready for the worst case scenarios regardless of trade or service. That takes time, commitment, dedication; paying attention to detail and the drive to do things better. As a small Defence Force with limited capabilities, we rely on the quality of our people to achieve our missions. When provided the right training, good leadership and a whole lot of trust, our men and women do some pretty amazing things in some inhospitable environments at sea, on the land or in the air.

New Zealand typically has over 500 sailors, soldiers and air personnel deployed at any one time both internationally and regionally serving in 14 operations and UN missions across ten countries, ranging from Antarctica to the Middle East and Asia. We also have people assigned to various



WO1 C.J. Wilson, DSD
Command Warrant Officer
Joint Forces New Zealand

allied or coalition Headquarters or participating in overseas activities and exercises. Regionally, we have personnel patrolling our coastlines, safe guarding our sea lines of communication and assisting our Pacific Island neighbours.

“To the husbands, wives, partners and families of our personnel in uniform, I thank you for your continuing support which is essential to the wellness, wellbeing and morale of our sailors, soldiers and air personnel in their pursuit of their profession.”

Everyday, these young men and women are exposed to risks and depending on their mission areas, threat levels that are not thought

GUEST EDITORIAL CONT'D...

about by the wider New Zealand society. Our people are all volunteers who rise to the challenge in the face of danger, adversity and austerity to perform their duties in order to collectively achieve their mission. To plagiarise and twist a quote from Henare Wepiha Te Wainohu, Chaplain of the Maori Contingent during the Gallipoli campaign;

‘Kaua hei wehi, hei matakū I te aroaro o te hoariri, puritia te ingoa o to tatou iwi Aoteroa’.

‘Be fearless in the face of the enemy and honour the name of the New Zealand people’.

This is what your husband, wife, partner, son, daughter or loved one does without conscious thought in the pursuit of their profession. For those outside of the military, it is sometimes difficult to understand why these sailors, soldiers and air personnel do what they do. Training and operational commitments take them away from home for long periods and those at home are often expected to carry on as normal until they return.

In recent times the Defence Force as a whole, has started to recognise the importance of the support from families and partners of our Service people as they pursue the requirements of their profession. The results of this focus are being delivered as family friendly work policies, a ‘Force for Families’ initiative, more flexible superannuation plans, better communications to the families of deployed personnel, better links to welfare support agencies and so on. I can only think back and wish that I was starting my career now.

The downside to the modern world though is that conflict is no longer contained in far off shores. New Zealand’s dedication to being a good international citizen has meant we work with our friends to defeat common threats around the world. Recent world events have meant that stricter security has been invoked in order to protect both our people and our families and the need to educate not only deploying forces but also the wider Defence Force family in regard to these heightened measures has been recognised.

Like many of you supporting our personnel in uniform, my wife Heather has been the glue in our family, holding it together whilst I have either been deployed on operations, exercises or tasks or doing an unaccompanied posting like I am now. She has had to deal with the uncertainties of deployments, living in isolated parts of the country with minimal family support, from raising 3 children under 5 years old on one of my deployments, through to guiding 4 teenagers through those harrowing years on her own. Whilst apart we still communicated by letter in the early days and now by Cell Phone, Email and Skype; modern communications are awesome but I still enjoy a letter! I would not be where I am now without her support.

Many of you in the wider Defence community share similar stories, trials and tribulations. The tyranny of time and distance apart is one of the costs of our profession. Another cost is that sometimes not everyone comes home or is injured or disfigured in some way. Even

though the NZDF has placed more emphasis on the repatriation of our fallen and greater medical assistance and palliative care to our wounded, ultimately, it is the families who are left to cope. Psychological and physical scars take time to heal; some may never heal fully and need to be managed. Communication is the key, sharing with your husband, wife, partner or family helps them understand the internal suffering. Being stoic and shutting them out will only increase the pain later. Comradeship is not limited to those wearing a uniform.

On that note I will sign off with;

To the husbands, wives, partners and families of our personnel in uniform, I thank you for your continuing support which is essential to the wellness, wellbeing and morale of our sailors, soldiers and air personnel in their pursuit of their profession.

**To the officers, sailors, soldiers and air personnel who are overseas now;
‘Kaua hei wehi, hei matakū I te aroaro o te hoariri, puritia te ingoa o to tatou iwi Aoteroa’.**

Look after each other, get the most out of your deployment and never switch off. Complacency is the hidden enemy. Our thoughts are with you and we look forward to your safe return.

Chris Wilson

NEWS FROM SINAI

Dear Family and Friends

In a little less than four weeks, Contingent 01/15 will return home to NZ, having successfully completed their tour of duty here in the Middle East. They have done an outstanding job, and achieved so much over the last six months. So much has changed, and is continuing to change here in the Northern Sinai. This has placed additional pressure and responsibilities on everyone within the contingent. To their credit they have all risen to the challenge and continued to uphold the proud reputation we the NZDF contingent have here in the Multinational Force and Observers (MFO).



None of this is possible without your support and the stability you have provided during our time away. So for this I personally want to thank you for your support, and allowing me to borrow them for the last six months. I understand and sincerely appreciate the sacrifices that all of you have made over this time. Your support has, in no small way, directly contributed to the ongoing success and reputation of the NZ contribution to the MFO and allowed us to focus on the task at hand. You can all be very proud in knowing that every member of the contingent, regardless of rank or appointment, has performed in the best traditions of the NZDF and it was certainly my privilege to serve alongside them for the last six months.

In closing, I wish you all a happy reunion with your loved ones in the coming weeks. I would also ask that you continue to use the support networks developed prior to our departure, and perhaps share your experiences in an effort to help others in your region who might have a service member deploying here or to other parts of the Middle East in the near future. Once again thank you and I wish you all the best.

Warm Regards,

*Commanding Officer
NZCMFO 01/15*

DSO'S CORNER



Carol Voyce

Deployment Services Officer
Southern Regional Support Centre
Editor "The Bugle"

***"Readjusting to
home and work
life is a process,
not an event."***

Greetings to you all. I hope the past month has gone well.

I am feeling really excited! Tomorrow my daughter is coming home from overseas for a visit. I have polished, wiped, vacuumed and made the house look perfect! Every weed is pulled in the garden and I just can't wait to see her! I have even decided what I am going to wear to the airport and what time I need to be up and on the road to meet a flight that lands at 4.35am! Her much loved elderly cat has even been brushed so we are now just waiting for the hours to tick by. Her time here is pretty much scheduled already and she has lots to do and people to see. We have decided to have an open house for dinner one night and many friends can drop by to catch up.

Then there will be the goodbyes – I don't want to think of that right now!

This homecoming excitement reminds me of many of you now. For some missions we are still awaiting confirmation of return dates, but others are very clearly on the countdown! I am sure you all feel that you have much to do in anticipation of seeing loved ones. Those chores that you thought you had plenty of time to take care of are now waiting to be done and with school holidays there seems to be added pressure for some. Over many years I have watched the excitement homecomings bring, unfold around me. Yes there have been discussions and decisions about what to wear to the airport, new hair styles, home tasks to complete and who will be there. There are often feelings of excitement, anticipation and anxiety.

Readjusting to home and work life is a process, not an event. The great resource booklet, "Returning Home from Deployment" should have found its way to your letter box in the last few weeks and is invaluable. Take the time to read it and learn from the experiences of others. There are certainly many wise words of wisdom! Everyone is different but the key to any successful reunion is communication! You will have both discussed homecomings and expectations and planned time for holidays and reintegrating back into family and community life. Now you have to make it happen.

Things have changed during the months apart for those at home and those abroad. Yes, there maybe challenges, but please remember should the going get tough that we are still here for you all and only a phone call away.

For some of you, homecomings is a very distant thought. The deployment journey is about to begin! Over the past few weeks our briefing team has had the pleasure to meet with so many families about to wave loved ones off to the other side of the world! We have enjoyed attending briefings in Trentham, Linton, Auckland and Burnham. Your support for loved ones was particularly evident and we hope that not only did you get much vital information to help you along the way, but some peace of mind too. This too is a very emotional time for everyone but Janine and I are keen to support you along the way and to keep in touch.

Writing an edition of The Bugle often presents me with a personal challenge. With families either beginning, midway or ending a deployment, the content needs to reflect all three things. There will obviously be articles and information pertinent to some and not to others. I still hope that wherever you are in the deployment cycle that there is something there of interest to you.

This editorial has taken me some time to write today, with lots of interruptions – good ones – talking with families – but it also means that I am now closer to that greatly anticipated homecoming of my daughter! So tonight the early alarm will be set, the clothes laid out and that eagerly awaited drive to the airport, only hours away!

May your homecomings and reunions be great, your farewells filled with much pride for your loved ones and the months ahead be good ones for everyone.

Carol

DSO'S CORNER CONT'D...



Janine Burton
Deployment Services Officer
1 (NZ) Brigade

The last month just disappeared! With so many tasks planned for the month I expected it was going to be busy but manageable. It has been both of these – the manageable bit a little questionable – well I made it anyway!

I have done everything from office time to travelling, briefing and sewing. Rather an odd combination. We have just completed a number of pre deployment briefings for families associated with the next rotations into a number of our overseas locations. While it is a busy time, not only making and gathering resources, it is an enjoyable one too. I started out with the sewing machine making both farewell goodwill banners and a Christmas one. While I thought they were large enough, the many messages written in support to loved ones were more than the space allowed, so I found myself at 10pm one night adding extensions to cater for the enthusiastic, sincere and sometimes funny messages that you all took the time to write at the briefings. The banners look absolutely fabulous and will be a

constant reminder of home when they hang in a recreation room somewhere far away from us all. The briefings went well and the opportunity to meet with many of you was great! We had several briefing teams depending on where you were waving loved ones off too, but the one constant was myself and Carol. It truly is a privilege to meet with you all and to get the positive feedback we did. So many great comments and to exceed your expectations is the perfect outcome for everyone.

Each deployment location has its own Deployment Guide. From updating the latest currency exchange rate to including vital contact information, these guides take time to put together but become a valuable document for the months ahead. Some of you will have already found this out!

Then there are the RSVP's, the travel and accommodation needs, the venues and the food! And then the delivery! Followed closely by a little exhaustion and then on with the follow ups and updates. Despite the increased tempo, the pay off is enormous. Carol and I feel confident that we have equipped you with plenty of information and resources to help you along the way and then to have the added bonus of keeping in touch in the months ahead.

We are just small cogs in the wheel of great briefing teams and are grateful to CTC for their ongoing support in making all this happen. Behind the scenes we are privileged too, to work with and liaise with some great Units and individuals who support us to support you. If we were to write a list it would easily cover the page and then we would be sure to miss someone!

This organisation values families. We recognise that no service person could achieve what he/she does, without your love, support and goodwill. While it is hard to wave someone off for an extended period of time, we have in place a number of people (scattered throughout the country) who are willing to support you along the way. Please talk to us if you need a helping hand along the way – many do and we understand that the asking is the hardest bit!

I look forward to meeting with many of you soon at departures and homecomings.

MAKING A COFFEE CONNEXION

Are you interested in meeting up with others who are at the beginning, middle or end of their deployment journey? If you are free and would like to join me, the coffee/tea/hot chocolate is on me.

WHEN:

Sunday 25 October &
Sunday 1 November

TIME:

10.00am

WHERE:

Bethany's Restaurant & Café
The Square Palmerston North

No need to RSVP (you can if you like), but if you are free, just come along and join me (Janine Burton).
Freephone: 0800 683 77 327

FOR YOUR INFO

Welcome to New Readers

Janine and I have just enjoyed meeting with many Families countrywide who are about to wave their loved ones off. We have had some great feedback from many of you who found the briefings of huge benefit as you plan the months ahead. The Bugle will find its way to you every month until homecomings. This is our main way of communicating with you all and keeping in touch. We look forward to your contributions too. If you would like to write for us, your thoughts, handy hints and personal messages are all welcome. The deadline for each edition of The Bugle is the first Wednesday of each month and yes there will be a January issue! Each issue of The Bugle is written for people in all phases of the deployment journey. On some occasions you may find that not all information is pertinent to you all at that time.

Mail to Deployment Locations

The final date for sending mail to Deployment locations through DPSC for this year is 13 December 2015. Please make sure that your mail reaches that destination prior to that date so it can be bagged and forwarded to the courier for sending in the following days. I am sure many of you will be aware that moving mail from one side of the world to the other takes time and couriers are especially over loaded during the festive season. We would like to suggest that parcels for Christmas be sent by the 25th of November to avoid disappointment. Please clearly mark the parcel as "Christmas Only" to reduce the risk of being opened too early! Maybe you could double wrap it, mark it and then cross your fingers, I guess!

The first mail out from DPSC for overseas missions for 2016 will be 11 January, so please make sure your mail reaches DPSC for that date too.

Dog Tags for Families

My Mum is deployed, My Dad is deployed or I have someone special deployed – These dog tags were distributed at the recent predeployment briefings and family days. Unfortunately we did not have all that were required for distribution in Auckland and Trentham. Just so popular! We have now posted out to those who recorded their names on the circulating list. If for some reason you have not received yours, please contact Carol or Janine.

Operation Christmas Card

September's issue of The Bugle contained guidelines seeking your contribution to this fun project. Already I have several hundred cards in a nice pile in my office. Many thanks to those who have already contributed. For new readers we have included the general information again about the project and would sincerely

festive season and spread the Christmas cheer afar! The last date for receipt of cards in my office is 6 November.

Post Deployment

Just a reminder to those who are anticipating reunions - I am sure that you have looked at all the information which has been given to you about homecomings and the reunion process. If you haven't – it is timely that you read the booklets which have been posted out to you. We are excited for you all that this separation is about to end. Reunions are a process and if you have any problems or concerns about reintegration, either now or later, please be sure to be in contact with Janine or Carol (contact details inside front cover). We are happy to help you all along the way and there are some more great resources and people to offer guidance and support. The hardest thing is to ask, but we understand and want to ease any burdens if there are any!

Media Reports

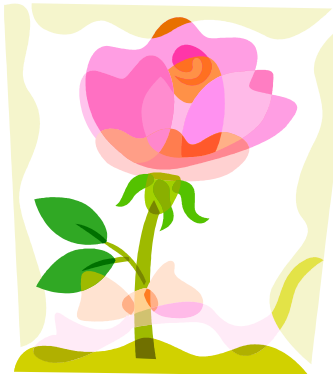
From time to time, the media networks report happenings overseas which can be worrying to our families with loved ones deployed. Just a reminder - if we think this may cause you some concern, then our standard procedure is to reassure you by email and/or a phone call. It is our aim to try to always beat local media reports. Sometimes we can achieve this but sometimes it is impossible. I am sure you understand that we cannot talk with all family members and should the situation arise, thank you in advance for sharing the information with your extended families.



welcome any contributions from your family, friends, schools or other organisations. Refer to page 10 for details and bring a smile to those away from home this

BOUQUETS

BOUQUETS



Catering – Burnham, Trentham and Linton

Thanks to you all for the excellent support you gave us during the recent predeployment briefings and Family Days. The families enjoyed some first class catering and we appreciated your efforts sincerely. There were lots of positive comments about the quality, quantity and presentation of the food. With your busy schedules we appreciate your ongoing assistance. Carol and Janine.

OP FARAD Contingent

Many thanks to the many Bugle contributors over the past rotation. We have really appreciated your efforts in keeping us informed and at times entertained. Families have enjoyed your messages too. Lets hope you can convince the incoming contingent to keep your high standards. Safe travels and happy reunions to you all. Carol and Janine.

Families of Returning Personnel

Sincere thanks for the commitment and sacrifices you have made over the past months in offering support to those abroad and for keeping the home fires burning. It has been a privilege to be here and assist when the need has arisen. Happy reunions. We look forward to crossing paths with you all again in the future – not too soon we hear you say! Kind regards, Carol and Janine.

Deployment Support Services

- ♦ Need information?
- ♦ Need support?
- ♦ Need a listening ear?
- ♦ Need to send an urgent message to a deployment location?

Deployment Support Services are here for you

All personnel on deployment and their families have the support of the Deployment Services Officers (DSOs). In addition there is support from Unit Points of Contact (UPOC) and local Welfare Support Services.

The nominated Primary Next of Kin (PNOK) of families of deployed NZDF personnel should, in the first instance, contact their DSO who has a responsibility for transparency into welfare issues.

Added to this there are other very valuable support networks available in your local region. For additional support and services:

Army:

Deployment Services Officers:

Linton—Janine Burton

Ph: 0800 683 77 327

Burnham—Carol Voyce

Ph: 0800 337 569

Community Services Officers:

Waiouru—Carolyn Hyland

Ph 06 387 5531

Papakura—John Furey

Ph 09 296 5744

Defence Community Co-ordinator:

Burnham—Lynne Price

Ph 03 363 0322

Community Services Facilitator:

Linton—Lesley Clutterbuck

Ph 06 351 9970

Family & Community Services

Officer: Trentham—Marie Lotz

Ph 04 527 5029

Defence Community Coordinators

Air Staff Wellington:

Lisa Macdonald, Ph: 04 498 6773

Base Auckland:

Sophie Rodie, Ph: 09 417 7000

Extn 7035

Base Woodbourne:

Claudia Baker, Ph: 03 577 1177

Base Ohakea:

Bridget Williams, Ph: 06 3515 739

Naval Community Organization:

Ph: 09 445 5534, 0800 NAVYHELP

nib@nzdf.mil.nz

Local Chaplaincy Services

Unit Point of Contact

RSA GIFT PARCELS

200 Christmas packages have been prepared by volunteers from Royal New Zealand Returned and Services Association (RNZRSA), NZDF, Countdown Supermarkets and Service families to go to our people who will be deployed on operational service on Christmas Day. With an emphasis on “a taste of home” favourites such as Peanut Slabs, Gingernuts and Liquorice Logs have been included and will be shipped worldwide to mission areas. Countdown have once again donated the product and turned out en masse to energetically help pack the boxes. With a long history of supporting our forces both at home and overseas the RNZRSA puts in a tremendous effort each year to make sure this tradition continues. Complete with their “Don’t open till Christmas Day” stickers on top even the most curious package recipient should have something special to open on the Day — if they can resist the temptation that is!



OPERATION CHRISTMAS CARD



This is one of my favourite projects – spreading some Christmas Cheer across the miles!

OPERATION CHRISTMAS CARD began some 14 years ago and has a proud history of sending a little of our kiwi festive spirit abroad. Last year we had the pleasure of a huge response to this project, receiving hundreds of cards, letters, drawings, posters and handmade decorations. It was with pure joy that I got to enjoy the efforts of so many, big and small, who wanted to remember our New Zealand Defence Force personnel on Operations abroad. Sorting the contributions brought many a smile, many a laugh and even a little sadness. Some children designed cards, copious amounts of glue, glitter, cotton wool and felt pen, adorned many a gorgeous creation and many a letter acknowledged the sacrifices of those separated from those they love, over the festive time. Some children wrote from the heart, shared a little about themselves, their holidays, their families and their pets and often included their own wise words of wisdom and a question or two! Some highly amusing and sure to bring a smile! In the past, we have had some outstanding cards from schools closely associated with our military camps, i.e. Burnham and Linton, and also from schools with no military connection at all.

So, how can you help make OPERATION CHRISTMAS CARD a continued success? Make a card, or take the concept and guidelines to your preschool, school, community group, your work place, church group, senior citizens club or beyond. Everyone can make a difference! Get everyone on-board! Contributions must be received no later than **6 November** – postal details below. Once we receive the contributions, these are checked, packaged and mailed to all deployed service personnel on all missions abroad. Last year many of those who contributed, and included their contact details, were sent letters, photos and sometimes even a small gift from grateful service personnel, acknowledging the difference their festive greetings had made to their morale.

Your support is appreciated more than you can ever imagine. Carol.

Post Christmas Card contributions to:

Carol Voyce
Deployment Services Officer,
Southern Regional Support Centre
Burnham Military Camp
Burnham 7600



KEEPING THE HOME FIRES BURNING



Hello again

I don't know if it is the warmer weather which seems to make the days go faster but I feel as though I have just written one column and it is time for the next! Spring is such a lovely time with many delights about and the longer days. With September over it seems that summer is ever so closer. Also closer is the homecoming for Simon. I said I wasn't going to count the days down but I have to admit I had a rough count recently and felt excited. I also have made myself a big "To Do" list and have been enjoying crossing off a few tasks.

We are in the midst of the school holidays and enjoying the company of Granny and Pops again. I feel we have been extra lucky having their frequent visits with Simon away. They have provided a great distraction and many willing helping hands! I know they feel that they are doing their bit too in making life just a bit easier for us all. Fiona and Michael have forged an even greater bond with them both, and I know that will be a life long wonderful relationship - so yes, good things do happen during deployments! Granny and Fiona have continued with their knitting and I am pleased to say have graduated from scarves to peggy squares, and are making a nice blanket. Very

colourful! They have also been making pom-poms. Gosh that brought back some childhood memories of cutting out circles of cardboard and using scraps of wool to make them!

Michael and Pops have been doing "boy" things. They have upgraded the cart and had lots of fun in the yard. Pops has also taught Michael some simple wood working skills and they seem to spend hours in the shed. This is a great opportunity for them both and they are happy. I know Simon is pleased too that this opportunity has come his way and looks forward to continuing it even when he is home.

We made some great banners yesterday for when we go to the airport to meet Simon. I found an old sheet and we got paint and fabric pens and had fun writing our welcome home message and decorating the banner. Granny is a great artist so she did the basic design and we all coloured it in and added our names and special messages. While we were in the crafty mood, we also made some welcome home cards so are entirely organised, but now just have to wait.

We don't have any homecoming dates yet. I know I mentioned last time that any date we get I will view with caution. Looking back at previous deployments, the dates always seemed to

change, so unless I see an itinerary, I won't lock it in! I know a short countdown would be exciting for the children so I have to put some thought in how to manage that and when.

The soccer season has finished now and on a high note which was great. Fiona is still dancing away though! In our latest parcels we were able to send photos from the Junior Prizegiving and from the dancing recital. Michael was looking very proud with his trophy for the most improved player and Fiona wasn't to be left out either as she proudly displayed her "Well Done" certificate for the recital. We are still trying to keep up with our regular parcels and letters and have done well, I think. Simon always sends a message when he gets something in the mail and there is often chatter about the contents on Skype too. Although we struggle sometimes to think of something new or different, he seems happy with anything!!

We have been fortunate to get some return parcels too and there is great excitement when the children spy something in the mail box or left by the courier.

I had coffee last week with the mother of a young girl in

KEEPING THE HOME FIRES BURNING



Fiona's class. We didn't really know each other but her husband is in the Army and is going on his first deployment in November. I guess Fiona had told Tina that Simon was away so it was really great that Joanna approached me. I felt useful! We chatted about deployments and about setting up good supports and going to the pre deployment briefings. Joanna was really worried about the whole process and how she might manage, so I think I managed to share some handy hints and helpful advice that I have either learned or been given along the way! Joanna said she felt heaps better so I am glad I could help.

My next contribution to this column may be the last. I will be really close to Simon's return then and thinking about our holiday together. I am sure many of you are on the countdown too so I hope October whizzes by for you all.

Jules - and the Browns

The Editor - The Bugle

Our extended family would like to thank you for sending us copies of The Bugle while our son has been abroad. We have so much enjoyed reading your great publication. It has helped us feel as though we

are valued and thought of during the deployment and thank you for your efforts. We shared The Bugle with all the family, loved the few messages we got and the opportunity to send some. There was some wonderful information shared and we were always grateful and reassured to be in the loop.

Kindest regards,

Norman and Bett Williamson

Dear Carol and Janine

I just wanted to say thank you to you both for the great support you have given me and my family while my son has been away. I know I always seemed anxious and worried about so many things and it was always great to be able to ring either

one of you and get some reassurance. I also appreciated the extra trouble you went to, to find answers to my questions if you didn't know them. I am not sure if I now hold the record for ringing the most, but your patience and happy manner always helped me along the way. I will miss The Bugle as Tony will be home next week so I am guessing I will be off the mailing list.

It's been great to know you are both there and if he goes away again, I am sure you will be just as willing to help me.

Best wishes in the future,

Elizabeth B

Special Quotes

"Love is missing someone whenever you're apart, but somehow feeling warm inside because you're close in heart (Kay Knudsen).

"The strength of a family, like the strength of an army, is in its loyalty to each other. (Mario Puzo)



“EVERYONE SERVES”

A number of people on The Bugle mailing list are parents of deployed service personnel. While they may no longer be the Primary Next of Kin, they are still the Mum or/and Dad that have waved their loved off to a foreign land. Us parents have this inbuilt ability to “worry and wonder” even if our son or daughter is fully grown and independent!

Much of the literature available through NZDF for families of deploying personnel, focuses on the partner/wife/husband and children. There is nothing formally documented to support parents. Our team of Psychologists are looking at this and it is proposed that a booklet full of great information will be available in the near future.

Meanwhile, we have to rely on our experiences to share information with you all. When your son or daughter deploys you may experience many conflicting feelings. These may include pride, fear, worry, love and frustration. The degree in which you experience this separation differs widely amongst individuals. The key though is to remain positive, upbeat and supportive.

Our aim is to give you all peace of mind. We do this by keeping you informed. The Bugle is our main way of communicating with you and contains information on deployment locations and the happenings we can report on, as well as helpful hints and ideas to lessen the burden you may feel. Sometimes that may feel a little “piecemeal”, but we are always here to help you along the way and all it takes is a phone call.

I recall some years ago getting a call from a concerned Mum whose young son was on his first deployment to Timor-Leste and had been gone for 5 months. “Do you think he is alright?” she asked. Jo had simply forgotten to call home. He had enjoyed the many care packages his Mum had sent but hadn’t once taken the time or effort to call home and say hello or thank you. It never occurred to him that his Mum might be worried about him. He had however made calls to his girlfriend! The concern was easily solved – a quick email from me to his Platoon Commander with a tactful suggestion and Jo and Mum had a great catch up and she was reassured. I often use this example in pre-deployment welfare briefs to service personnel and their families. Of course they all laugh loudly but it clearly illustrates that although us parents may not be the first to get a call, we appreciate it when we do more than they can imagine.

In some situations, partners and children are obviously going to get regular calls, skype or email. As parents in this family chain, we often lose out in the order of priority. Nonetheless we appreciate, where and when possible, first hand news rather than second hand! Pre-deployment discussions can help clarify the expectations of all.

In some deployment locations, calling home is not as easy as we would think. Deployed service personnel are often busy with tasks, communication channels can be poor and the time difference frustrating! But, be assured, you are loved and thought of often and your support and strength from afar is always appreciated.

Everyone Serves!

Carol Voyce
Deployment Services Officer, Editor – The Bugle

Heroes come in all sizes



**because being left behind
takes bravery, too.**



PERSONAL MESSAGES

The deadline for contributions and personal messages for "The Bugle" is the first Wednesday of each month (**the next edition deadline is 4 November at 4.00pm**). Please note: All "Bugle" messages are to be sent to Carol Voyce, DSO Burnham (email: dso.burnham@xtra.co.nz)

From In-Theatre

Dear Hunter and Lily

Daddy can't wait to get home and go out on our special dates together. Not too long now.

Dear MJ

Thank you so very much – one year is a long haul and you have not only managed on the home and work fronts, but also excelled on the international stage - amazing. I can't describe how proud of you I am. You are truly an inspiration. I am looking forward to giving you a richly deserved break and for us to spend some quality time together. All my love. C.

From Home

Simon

We are so excited that you will be

home in the next month or so. Time has gone quickly and there are still lots of things on my list to get done. We have had a lovely holiday with Granny and Pops and now have summer to look forward to with you. All's good here. Hope you manage to pack up all you have accumulated there. With love from us all, Jules xxx.

Teddy

The Bear family are wishing you a Happy Birthday on the 20th. Have a great day and we look forward to celebrating with you on your return. Sending lots of love from us all xxxx.

Hello Lucifer Lou

Nearly home – how exciting. We are looking forward to a good catch up with you once you have unpacked and recovered. Safe travels from there to here. Paul, Meg, Jo, Kerri and BB xx.

Dear Grandson

We are so proud of you. We have enjoyed hearing about your hard work over there and the difference you have made to others. We are sure that you have made many new life long friends too. Take care for the rest of your time away. Love from Nana, Grandad and Uncle Fred.

Happy 30th Birthday JLW

Have a great day. Thinking of you always! With love from Mum and Dad x.

Ted

Happy Birthday for the 20th! Look forward to a BBQ and cold one on your return. Chrissy, Mike, Ange and Clint.

Hello Mumma

Would you please explain to me why you told Aunty M to limit the treats? It's a good thing Aunty M gave me extra yoghurt to make up for it! I love you. BRV xox.

Deployed Families 'Craft Day'

**Come and get festive to support
our deployed personnel**

**Sunday 8 November
0900-1200
David Mowatt Room
Community Centre
Linton Military Camp**

**RSVP:
H1031465@nzdf.mil.nz**



Armistice Day

Source: nzdf.mil.nz

11 November

Armistice Day (also sometimes also referred to as “Remembrance Day”) marks the anniversary of the signing of the Armistice that ended the First World War and commemorates the sacrifice of those who died serving New Zealand in this and all wars and armed conflict.

The Great War of 1914 to 1918 was one of the most disastrous events in human history. New Zealand, with a population of 1.1 million in 1914, sent 100,000 men and women abroad. 16,700 died and over 40,000 were wounded – a higher per capita casualty rate than any other country involved.

The coming of peace on the eleventh hour of the eleventh day of the eleventh month of 1918 brought blessed relief for all involved. On Armistice Day 1918, New Zealand had 58,129 troops in the field, while an additional 10,000 were under training in New Zealand. In total, the troops provided for foreign-service by New Zealand during the War represented 10% of its 1914 population between the ages of 20-45.

The signing of the Armistice is observed annually in New Zealand at 11.00 am on 11 November (the eleventh hour on the eleventh day of the eleventh month). Two minutes silence is observed in memory of those New Zealanders who died while serving their country. Wreath laying ceremonies will take place across New Zealand.

Remembrance Sunday

In addition to observing Armistice Day, Remembrance Sunday has become a universal time of commemoration when all men and women who have died in the service of their country are commemorated in church services throughout New Zealand.

In New Zealand, Remembrance Sunday is observed on the second Sunday in November. We also take this opportunity to remember our comrades in other parts of the world, especially our personnel currently serving in the various operational missions.



*They shall grow not old, as we that are left grow old;
Age shall not weary them, nor the years condemn.
At the going down of the sun and in the morning
We will remember them.*

(Fourth stanza of Laurence Binyon's 'For the Fallen')

SEND A MESSAGE OVERSEAS

*Send a message
to your loved one overseas, with...*



Kate Lukins, a former DJ and studio engineer with NZME (Newstalk ZB, ZM/FM, Classic Hits, Coast FM etc) is once again producing the NZDF Christmas radio show for deployed forces.

She will be recording a two to three-hour programme complete with music requests and messages of support from families and friends.

Kiwi Forces Radio will be made available to our people in theatre, in time for Christmas. For people in New Zealand, it will also be available for download from the NZDF website. Download details will be advised in December.

To send a song request and record a message for your loved one, email: kate.lukins@nzdf.mil.nz with your name, phone number (cellphone is okay) and say what time during the 14 – 15 November is best for her to call you from the studio.

**Final day to email your details through is
Friday, 13 November. All calls will be made on
Saturday (14 November) and Sunday (15 November).**