

# THE BUGLE

Issue 209 | May 2015



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## “THE BUGLE”

The Deployment Newsletter is produced for families and service personnel associated with current overseas deployments.

### Deadline

Deadline for Edition 210 is  
3 June at 4.00pm

Bugle contributions are welcome and should be sent to Carol Voyce.

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### Disclaimer

Articles and opinions expressed in “The Bugle” are not necessarily those of the New Zealand Defence Force.

### Cover Photo:

Chief of the New Zealand Defence Force LT GEN Tim Keating is handed a wreath at the Dawn Service at Anzac Cove.

## GUEST EDITORIAL

### OPERATIONS SECURITY

By the Security Manager  
Headquarters Joint Forces  
New Zealand

**A**s security manager for our operational headquarters it is my job to advise on and monitor all aspects of security within the headquarters. In Defence we always have an eye on security because it is an integral part of our business both at home and abroad but sometimes we forget that those people in our wider Defence community may not always understand why we need to apply security measures and this can pose a risk to deployed personnel and the Defence community at home.

The New Zealand Defence Force (NZDF) community includes all our people, their families, friends and of course our retired Service personnel. Unfortunately the right messages about security do not always get out to all that need them. Also, in today's changing world out of date knowledge can be a dangerous thing and our extended community are always eager for information and updates on what is going on with our deployments. Sometimes this can lead to annoyance if information is not provided by Defence and people are asked not to talk about what they do know.

Operations Security, or OPSEC, is about keeping potential adversaries from discovering critical information about our military operations, related capabilities and intentions. OPSEC thereby helps to protect our operations; planned, in progress, and those completed. Military success depends on secrecy and surprise, so the military can accomplish the mission more effectively and with less risk. Our adversaries want our information, and they will get it wherever they can.



By being a member of the Defence community you may know some information that, when combined with other information, may give away detail that can be used against us or you. Some important points are as follows:

- do not discuss NZDF related information outside of your immediate family, especially not over the telephone or via email,
- do not disclose military or personal information on social media,
- keep your technology security software up to date,
- discussing sensitive NZDF related topics in public places can result in information being overheard and made public, and
- discussing possibilities or speculating can be misinterpreted as fact by those overhearing it if they know you are part of the Defence community.

All members of our extended military community contribute to our success, and we couldn't do our job without your support. You protect your family and friends by protecting what you know about the military's day to day operations. That's OPSEC.

If at any time you feel in any doubt about matters concerning security, don't hesitate to contact Defence and for our family members the Deployment Services Officers are always able to assist you.



# NEWS UPDATE



Source: [www.nzdf.mil.nz](http://www.nzdf.mil.nz)

## Every Night Since 1928 The Last Post Plays

25 April 2015

**A**s dawn broke in New Zealand on the centenary of Anzac Day a contingent of twenty New Zealand Defence Force (NZDF) personnel took part in a joint Anzac Last Post ceremony at the Menin Gate memorial in Ieper, Belgium.

The ceremony on the eve of Anzac Day is the 29,928<sup>th</sup> time the Last Post has been played at the Menin Gate since the First World War. At 8pm every night the traffic through

the Menin Gate is halted and buglers from the Last Post Association play the Last Post. This ceremony has been performed since 1928, with the exception of the period from 1940 to 1944 when the town was under German occupation during the World War Two.

In true Anzac spirit an NZDF tri-Service Catafalque Guard conducted their formal duties with the Australian Defence Force (ADF) Federal Guard and a waiata was performed by the NZDF Maori Cultural Group. Each representing their respective Defence Forces was the New Zealand Chief of Navy Rear Admiral Jack Steer, who recited the Ode of Remembrance, and Rear Admiral Allan du Toit from the ADF. New Zealand Minister of Defence the Hon. Gerry Brownlee also laid a wreath on behalf of New Zealand alongside Australian Minister of Foreign Affairs the Hon. Julie Bishop.

The Anzac ceremony at Menin Gate is an example of how well respected and remembered New Zealand and Australian servicemen are on the Western Front with hundreds of Belgium locals attending the ceremony.

It is this continued support and recognition from local communities for our past and present servicemen that the NZDF contingent have acknowledged over the past week during their commemorations at every New Zealand battlefield and memorial to the missing on the Western Front.

The names of over 2,000 New Zealand troops who died in Ypres on the Western Front and who have no known grave are recorded on memorials in cemeteries near



# NEWS UPDATE CONT'D....

the sites of the battles where they fell. They are among the 55,000 British Empire Forces who have no known grave.

“The courage, comradeship and commitment shown by New Zealand servicemen on the Western Front remain the foundation of the Defence Force today. It's also fitting that we share this moment with our Australian counterparts at such an important time in history,” says Chief of Navy Rear Admiral Jack Steer.

Belgium and France are significant in First World War commemorations due to the number of Anzac lives lost on the Western Front. Over 12,000 New Zealand soldiers are buried and memorialised in Commonwealth War Graves cemeteries in Belgium and France, which the contingent have visited over the past week.



*It was a fitting close to ANZAC Day commemorations in Belgium with the New Zealand Defence Force contingent acknowledging their Australian Defence Force counterparts with a haka under the Menin Gate in front of hundreds of onlookers*

*Photo Below:*

*Chief of Navy, Rear Admiral Jack Steer at New Zealand memorial, Messines, Belgium*





# NEWS UPDATE CONT'D....



*HMNZS CANTERBURY approaching the wharf and berthing at the Devonport Naval Base in Auckland this morning*

## HMNZS Canterbury Home From Vanuatu Mission

27 April 2015

**T**he New Zealand Defence Force (NZDF) amphibious sealift vessel HMNZS CANTERBURY returned to the Devonport Naval Base this morning after more than a month away playing a key role in the New Zealand Government's support for Vanuatu in the wake of Tropical Cyclone Pam.

The ship brought home more than 150 Navy, Army and Air Force personnel who have been assisting the cyclone-ravaged nation over the past four weeks. In total more than 350 NZDF personnel have assisted with the relief effort, both in Vanuatu and in New Zealand since Cyclone Pam hit on 13 March.

The Commander Joint Forces New Zealand, Major General (MAJGEN) Tim Gall, said that the NZDF, working with the Ministry of Foreign Affairs and Trade and aid partners New Zealand Fire Service, Urban Search and Rescue and a Ministry of Health medical assistance team,

had been able to make a significant contribution to Vanuatu's recovery.

"I'm very proud of all the work they've done, in a variety of locations and environments. There have been some big challenges along the way, but rendering assistance in these situations is something we train and exercise quite intensely for and are well-equipped to deliver on land, at sea and in the air," he said.

As well as CANTERBURY's deployment on 23 March with 150 tonnes of food, water and emergency supplies aboard, the NZDF assisted in Vanuatu by providing:

- A Combined Task Force Headquarters to advise and assist in co-ordinating the response
- C-130 Hercules flights for multiple deliveries of aid and personnel, the evacuation of New Zealand citizens, injured locals and delivery into theatre of Fijian military personnel
- Health teams and Army engineers, who carried out damage assessment, clearing

debris from roads, repairs to water and sanitation systems, and to critical public infrastructure such as schools and hospitals

- A B200 King Air aircraft to transport key officials and reconnaissance teams around the Vanuatu Island group
- A P-3K2 Orion aircraft which provided aerial reconnaissance to aid planning
- Air load, passenger and cargo facilitation teams both in New Zealand and Vanuatu.

A demanding range of conditions during the mission meant the NZDF had to improvise away from traditional landing craft operations to get personnel and supplies ashore from the ship. Almost every available means was used to get the job done, with the SH-2G Seasprite helicopter embarked on CANTERBURY and her Rigid Hull Inflatable Boats (RHIBs) proving invaluable.

"The smaller volcanic peak islands make beach access much more difficult," said the Commanding Officer of HMNZS Canterbury, Commander (CDR) Simon Rooke.

"It has been a real joint effort. We have had Navy and Army personnel working together on the islands, with the Air Force-maintained helicopter working alongside the boats moving equipment, supplies and both NZDF and NZ Government officials.

"The successful operations were the result of careful detailed planning and a patient and methodical approach to the task," he said.

Source: [www.nzdf.mil.nz](http://www.nzdf.mil.nz)

# ANZAC DAY

**H**undreds of thousands of Kiwis were up early to mark Anzac Day at countless dawn ceremonies around the country.

In Wellington, the first ever dawn service held at the newly-opened Pukeahu National War Memorial Park was packed to capacity and more than 30,000 people attended the service at the Auckland Museum.

Large crowds also attended Anzac Day ceremonies around the world which marked the 100<sup>th</sup> anniversary of the Gallipoli campaign. NZ Defence Force personnel attended ceremonies in numerous countries including Gallipoli, France, Belgium, London and Australia.



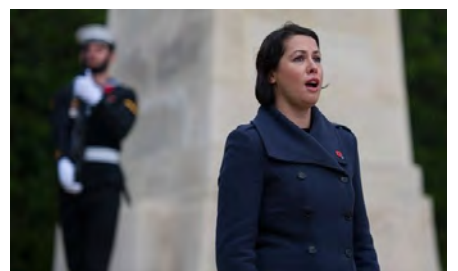
**Kaiwero Performer  
RNZAF Sergeant Raymond O'Brien at the  
Dawn Service at ANZAC Cove**



**HRH The Prince of Wales and Prince  
Harry and Prime Ministers of Australia  
and New Zealand watch a Maori Cultural  
Group perform at ANZAC Cove**



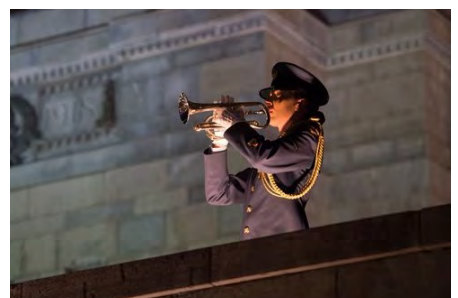
**A Wreath is laid at the NZ Memorial at ANZAC Day service at Longueval, France**



**New Zealand ANZAC Service,  
NZ Memorial, Messines, Belgium**



**A little boy in the Fields of Remembrance in Gisborne, ANZAC Day**



**Last Post played at the Dawn Service at  
Pukeahu National War Memorial  
Park in Wellington**



# FOREIGN CORRESPONDENTS

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## NEWS FROM SINAI

### OUR TRIP TO GALLIPOLI

#### Sergeant G. Leitch

With the limited number of tickets for the 100<sup>th</sup> commemoration of the Gallipoli landing, and luck in the Ballot, two soldiers on deployment with OP FARAD were lucky enough to be able to attend the commemoration.

On the 20<sup>th</sup> April we flew from Sharem El Sheik to Istanbul and caught a shuttle across Istanbul to uplift our campervan. This gave us freedom of movement to get around and see things at our own pace. After a briefing on the van from the agent, we headed out of Istanbul for Eceabat, a drive of about four hours or so, taking the motorway then turning down some side roads to more of rural Turkey.

Once in Eceabat, we parked up at the Boomerang bar where the owner, Mesut, welcomed us and allowed us to park our van around the side of the building,

We went to a cafe for a meal and then back to the van before having a beer or two (included in our camping fees).

On the 21<sup>st</sup> we uplifted the tickets and went on a battle field tour with

Crowded House Tours, which also doubled as a recce for the ANZAC Day services that we would attend in a few days time. Places visited were Brighton beach, (where the landings were supposed to be), ANZAC Cove, Lone Pine, The Nek and Chunuk Bair to mention some. With ANZAC day in a few days last minute preparations were also

being undertaken. Even with the hills now covered with trees and bushes, it is still possible to see how steep the terrain is and how exposed a lot of the terrain would be to enemy fire.

There were plenty of tour groups about, as a number of cruise ships were in, and at one stage, 25 buses of at least 50 seats were counted! Most of the tour groups comprised of New Zealanders and Australians.

On the 22<sup>nd</sup>, we did a recce of the Akbas area, where all attendees had to register for ANZAC Day, prior to heading to Cape Helles. The Turkish Jandarma (a branch of the Turkish Armed Forces) heavily patrolled the roads around Gallipoli and were a major presence during our time there.

We visited the Canakkale Martyrs' Memorial, a war memorial commemorating the service of about 253,000 Turkish soldiers who participated at the Battle of Gallipoli, which took place from



SGT Leith and SSGT Southcombe at Anzac Cove

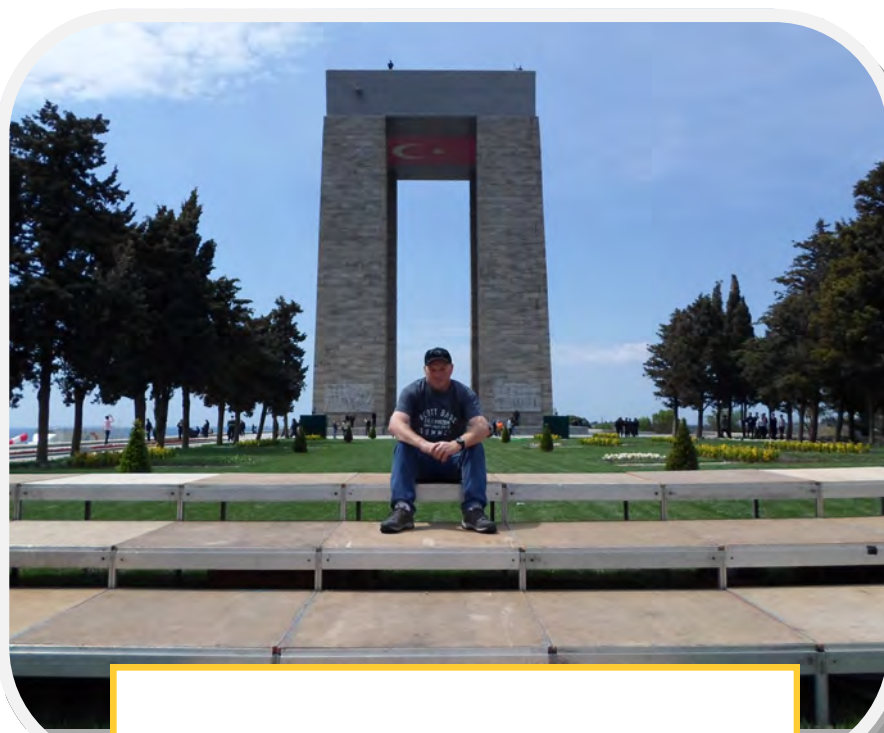
# FOREIGN CORRESPONDENTS CONT'D...

April 1915 to December 1915. The memorial is an impressive structure being over 40 metres high and 25 by 25 metres at the base. Then it was onto the British memorial at Cape Helles, where a number of New Zealanders are commemorated. Again plenty of tour groups were seen in the area.

On the 23<sup>rd</sup> we took a side trip to Canakkale by ferry, for a look around, and saw the horse from the movie Troy, as well as having a look at the Navy museum. Several Navy boats were off shore and were from Turkey, UK, France & New Zealand. On the return to Eceabat, we ended up on the wrong ferry and got dropped off 10 minutes down the coast, and for a lire each, took a shuttle back to Eceabat. Being well organized, we moved to Akbas, to camp the night, however, the Jandrama woke us at about 0530 and had us move the van down the road 50 metres or so.

Due to the security, people had to move into the ANZAC commemorative site on the 24<sup>th</sup>. We registered ourselves to get on to a shuttle and once they had 10 passengers drove to the next screening location. We had a six hour wait and then the ANZAC commemorative site was opened so we were able to walk the 3kms or so to the site and got seats in one of the stands.

As it was a going to be a long night, videos on the history of the campaign were shown and the combined NZ and Australian band performed some musical items. During the night, the commemorative site slowly filled with people and by 0300 most of the 10,000 crowd were in location. The official party arrived shortly before the Dawn Service began, and included Prince Charles and Prince Harry, as well as the Prime Ministers of New Zealand and Australia.



SGT Leitch in front of the Turkish Memorial



The trenches at Chunuk Bair



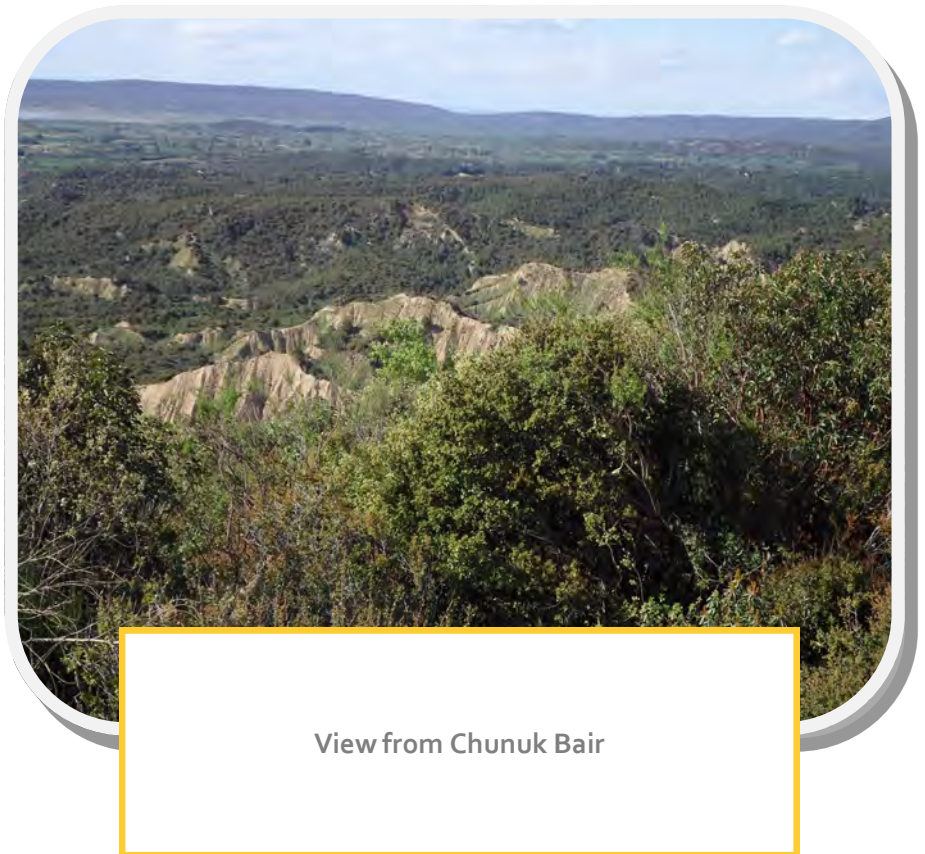
# FOREIGN CORRESPONDENTS CONT'D...

The weather for the Dawn Service was a bit cool with a slight breeze but with the sun rising as the service began, the day slowly warmed up.

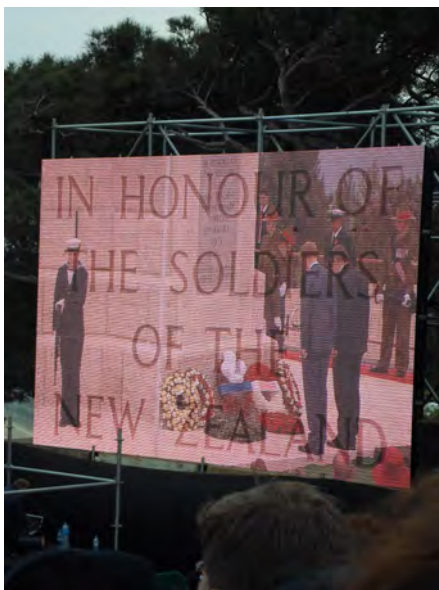
After the service, there was a 7km walk to Chunuk Bair for the NZ memorial service. About 5km of the walk is uphill and being reasonably fit we had no difficulty getting to the top.

The New Zealand service was the last one for the day after the Lone Pine & the Turkish 57<sup>th</sup> Regiment services. The NZDF soldiers conducted themselves in a professional manner.

The youth ambassadors entertained the crowd along with the band during the wait, and when Prince Charles and Prince Harry arrived, they had a quick walk around and met some of the crowd.



View from Chunuk Bair



All 10,000 people had to wait until the end of the New Zealand service before any buses could start uplifting people to clear the site of everybody. The private vehicle owners were first to get a shuttle and tour coaches followed on. With over 200 buses to uplift various tour groups, some people faced a long wait for their transport.

Once back at Akbas, and in the van, we headed towards Istanbul. Again we took a side road which had us driving along the coast before climbing up some winding roads and then back down to the coast. We parked up about 2030 for the night.

We were up and on the road about 0830 and headed for Istanbul. The traffic wasn't too bad, but as we got closer to Istanbul, the traffic did get heavier, however, it flowed quite well at 120km/hr. We refueled the van and made it to the drop off point without getting too lost and were able to return it back early. It then took about two hours to cross Istanbul to get to the airport.

We arrived safely at the airport and had a bit of a wait as we had a 2325 flight back to Egypt. The MFO Force Transport then uplifted us and dropped us off to the barracks in South Camp. After a day in South Camp it was on the CASA

and back to North Camp and back to work to prepare for our upcoming handover.

Overall a great trip, and to see the terrain were the NZ soldiers gave their lives, was a humbling experience.



# FOREIGN CORRESPONDENTS CONT'D...

## ANZAC DAY

As all Australians and New Zealanders know, 2015 was a special year to be commemorating ANZAC Day as this was the centenary of the Gallipoli landings. While back home, communities all over the country were coming together for Dawn Parades and services to remember those young men and women who served, us over here on OP FARAD were no different. Between the contingent, we had presence at three different services.

On North Camp, a Dawn Parade was held, with members of the other 12 nations being invited along to attend. The catafalque party, a mixture of Australians and Kiwis, set the tone of the ceremony as they slow marched into formation. The NZ SNO provided the ANZAC Day address, with our WO2 reading the Ode. After the ceremony, we introduced the rest of the nations to the gun-fire breakfast which was thoroughly enjoyed by all!

We also had two small contingents attend ceremonies in Jerusalem and Cairo. The Jerusalem service was conducted on the 24th, as the 25th is the Sabbath Day in Israel, meaning we could not hold a ceremony then. The ANZAC contingent comprised 12 personnel

from the NZ and Australian Contingents and was supplemented by a Fijian Bugler and one Newfoundland Canadian, as a small regiment of Newfoundlanders were also fighting side by side with the ANZACs in Gallipoli.

The Australian Embassy, in Israel orchestrated the event, which was led by the Ambassador, Mr Dave Sharma. Around 500 people attended the commemoration including Mr Reuven Rivlin, the President of the State of Israel, and the MFO Force Commander. On ANZAC day itself, members of MFO and UNTSO conducted an

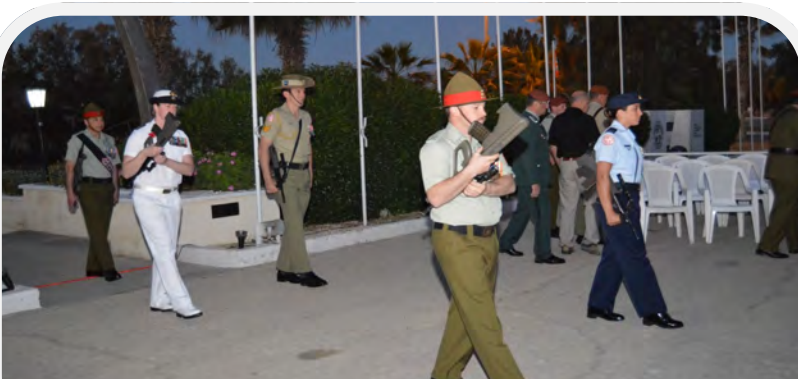
intimate ceremony at dawn on the beach side in Tel Aviv. We paid tribute to those fallen soldiers by doing our own readings of Flanders Fields and the Ode of Remembrance. What was especially touching, was knowing that we were just on the other side of the Mediterranean Sea to where the Gallipoli landings took place.

The Cairo service was attended by nine Kiwis and Australians and was a Dawn parade held at the Commonwealth War Cemetery. The NZ and Australian Ambassadors were in attendance, as well as 11 Ambassadors of other nations. The team were lucky enough to be invited back to the NZ Ambassadors house for breakfast following the ceremony, along with several other dignitaries from different countries. ANZAC Day holds a special place within our hearts, but being deployed for the 100th Anniversary and representing our country in a location where the ANZAC spirit and legend continued to evolve, made it that much more unique. Whichever service the personnel on OP FARAD attended, will be remembered for a long time to come.

Kiwis and Australians in Jerusalem following the ceremony



Catafalque party marching into position at the Dawn Parade held at North Camp







# OP FARAD 02/14



Cairo Nov 14



Christmas 2014



NZCON 02/14 - 06 Nov 14 - 14 May 15



Waitangi Day Feb 15



ANZAC Day Apr 15

# DSO'S CORNER



## Carol Voyce

Deployment Services Officer  
Southern Regional Support Centre  
Editor "The Bugle"

**Y**early, in May, Deaf Aotearoa, organises NZSL week – an official celebration of one of the country's official languages - New Zealand Sign Language. NZSL is the natural language of Deaf New Zealanders – it reflects the country's culture and includes signs for Maori terminology and concepts unique to New Zealand. The week, May 4 – 10, raises awareness about our Deaf community and the contribution and colour NZSL brings to Aotearoa. More than 24,000 New Zealanders use the language daily.

I am always excited to read when the week is pending! Strange you may think, but it is something I am very keen on seeing promoted within our local communities. Some years ago I was fortunate to receive a New Zealand Defence Force study scholarship and amongst the things I chose to do, was a course in sign language. Luckily I persuaded my daughter to do the same course and we spent some 8 weekly sessions trying to master the language! Of course my daughter was quicker than me on

the uptake, but the bonus was that we could practice together and even had times at home when speaking was forbidden and we could only sign. I never did quite master the skill as well as I hoped for and every now and then, I revisit my manual and attempt to brush up on my techniques.

I was motivated to do this initial course after one of our deploying soldier's family members was attending a predeployment briefing and could only lip read or sign. Being in a lecture room with some 100 people, was always going to be a challenge – and it was. Luckily with some forewarning, I was able to produce some special notes in the form of a hand out, but that was not so for our other presenters. The lady was given front row seating – but it wasn't our best efforts at meeting the needs of our families!

The 2013 census sadly showed a decline in the use of NZSL and so now, more than ever, we need as communities to meet the theme of this year's Sign Language week – Celebrate, Communicate and Connect. There are "Taster" classes in many local communities and the opportunity to "Learn 7 signs in 7 days". There is a range of other tools and resources from posters to T-shirts and finger spelling cards on the website [www.deaf.org.nz](http://www.deaf.org.nz)

We all have a responsibility to have at least some knowledge of this special communication skill to enable us to engage in conversation with others in our midst. You can bridge a gap, make new friends and add to value to the lives of those whose hearing is impaired.

Communication is the key to success in keeping relationships alive and bridging the gap across the miles is no different. I am sure that those of you who attended

predeployment briefings would have taken this message on board. It's not about what you send, but rather the connection it makes, that is so important. Yes, you have to work harder at keeping in touch but the rewards are aplenty! We often forget the value of the old fashioned letter so now is the time to sharpen your pencil and start writing. While email is simple and quick we often write things we wish we hadn't. With a letter we think a little harder! That familiar handwriting, the envelope sealed with a lipstick kiss or sprayed with one's favourite perfume really personalises things. Something which technology can't do! Yes, do use the other methods of communication available, which differ in each deployment location, be it phone, Skype, or email, but the value of a letter or card has the greatest impact of all!

So your goals for this week are to Celebrate, Communicate and Connect - to learn 7 signs in 7 days and get that old fashioned letter in the post! Good luck – the rewards are great.

*"Life is like a piano — what you get out of it depends on how you play it"*



## DSO'S CORNER CONT'D...



**Janine Burton**  
Deployment Services Officer  
1 (NZ) Brigade

This edition's column has been written well ahead of deadline date; I am about to head off on leave, initially to Australia to spend Anzac Day with my parents-in-law, then to catch up on a number of things that have been left for far too long. Spring cleaning, stacking firewood, some garden maintenance/landscaping – you know the kind of things. As for the Australia trip, our whole family is making the trip and we are really looking forward to it.

Over recent months we have met a lot of new family members and reconnected with those we have met and supported before. It is almost like a reunion! Anyway, with the last Bugle and this one, we are welcoming a new group of families to our mailing list. Welcome aboard this journey to homecoming! Then sadly for us, but very exciting for some, this will be the final Bugle with the conclusion of your deployment journey. So very soon, if you haven't already, you will be heading off to the airport to collect that special someone and you will be in the final stages of the cycle, reintegrating them back into 'normal' life in NZ as we know it to be

There are always things I think of that I want to share with you; here are a few:

*Deployment Guides* - You should all be aware that for each rotation of each deployment, we produce deployment guides so if for any reason you didn't collect one at a family briefing, or have misplaced yours, please get in contact with Carol or myself and we will happily get one in the post to you.

*Deployment Banner Op FARAD* – For some missions with larger numbers, we prepare a banner for family members to add messages of love and support. Recently, we met new family members for the

support booklets both for themselves and their children. If you missed the briefings or would like extra copies of the resources to help you along the way, then please give us a call.

An open invitation is extended to you all in the Linton/Palmerston North area for a night off cooking and dishes on May 12<sup>th</sup>. We will gather in the Junior Ranks Mess at 6pm. It will be great to catch up with you all and to give you the chance to meet like people in alike situation. This event is low key so no need to dress up for the occasion but just come along and join us!



next Op FARAD mission. If you weren't able to attend the family day and would like to have a message added to the banner, we can have it written on for you.

*Psych and Family Resources* - Those who attended the predeployment briefings will now be equipped with some wonderful

By the time I get back from leave we will be well into May – thoughts of homecomings for some and goodbyes for others and then dare I say it, time to stoke up the fire and keep warm for the Winter ahead.

I look forward to keeping in touch with you all.

# FOR YOUR INFO

## Welcome to New "Bugle" Readers.

Our database is constantly changing and it is always a pleasure to see new names and contact details appear as various missions rotate. We have had the privilege to meet with some of you before and others will be new to the Deployment journey. "The Bugle" is our Deployment newsletter and will find its way to your letterbox or Inbox every four weeks. This is our main way of communicating with you all and reminding you we are here to help you along the way if the need arises. We look forward to keeping in touch in the months ahead. Please do not hesitate to call if you have a question or concern. While we don't always know the answer, we know how to navigate the system and where to find it! Nothing too big or too small to deal with!

## "Keeping the Home Fires Burning"

We have been fortunate to feature this column in each edition of "The Bugle" for sometime now. It was the suggestion from one of the Partners of service personnel on deployment to Afghanistan several years ago and has been a great addition to our newsletter. Regular readers will have enjoyed the opportunity to see how others manage a deployment and to find, many times, that they have shared identical "ups and downs" along the way. The column has proved its worth in ensuring that we are reminded that we are quite sane, even at times when the going gets tough and we are under considerable pressure. There have been some helpful hints shared, some great laughs and overall some great reads.

So we are now looking for new recruits. You can contribute a regular column for the duration of a deployment or offer a few words

once or twice - always with a non de plume and no mention of the actual deployment location unless you wish otherwise! We are happy to edit anything contributed and would really value additions to this column. This is your newsletter so your input is valued more than you can imagine and we all learn from each other. The deadline for the next issue is 3 June. Contributions should be sent to Carol Voyce DSO. (Contact details inside front cover).

## Disturbed by Media Reports

From time to time news items referring to deployments or deployment locations, appearing on television or in the print media, can cause unnecessary worry to those at home. If you are concerned about anything that you see or hear, please contact Carol or Janine (DSO's Burnham and Linton) for further information. While we may not know the answers to your queries, we know where to find them and how to navigate the system. There is always someone willing to talk to you and our aim is to provide peace of mind, so please don't hesitate to call.

## Parcels to Ships

Parcels sent to deployed ships must not be bigger than shoe box size and weighing no more than 2kgs. Parcels should have a completed green customs declaration sticker attached. This can be obtained at your local post shop.

Address to send it to:  
(Rank) (Name)  
HMNZS (Ship name)  
Devonport Naval Base  
Private Bag 32901, Devonport  
North Shore City 0744

Please note that delays can be expected and it may take more than a few weeks for your parcel to arrive to ship.

## Deployment Support Services

- ◆ Need information?
- ◆ Need support?
- ◆ Need a listening ear?
- ◆ Need to send an urgent message to a deployment location?

### Deployment Support Services are here for you

All personnel on deployment and their families have the support of the Deployment Services Officers (DSOs). In addition there is support from Unit Points of Contact (UPOC) and local Welfare Support Services.

The nominated Primary Next of Kin (PNOK) of families of deployed NZDF personnel should, in the first instance, contact their DSO who has a responsibility for transparency into welfare issues.

Added to this there are other very valuable support networks available in your local region. For additional support and services:

### Army:

#### Deployment Services Officers:

**Linton**—Janine Burton

Ph: 0800 683 77 327

**Burnham**—Carol Voyce

Ph: 0800 337 569

#### Community Services Officers:

**Waiouru**—Carolyn Hyland

Ph 06 387 5531

**Papakura**—John Furey

Ph 09 296 5744

#### Defence Community Co-ordinator:

**Burnham**—Lynne Price

Ph 03 363 0322

#### Community Services Facilitator:

**Linton**—Lesley Clutterbuck

Ph 06 351 9970

#### Family & Community Services

**Officer: Trentham**—Marie Lotz

Ph 04 527 5029

#### Air Force Welfare Facilitators

##### Air Staff Wellington:

Lisa Macdonald, Ph: 04 498 6773

##### Base Auckland:

Ph: 09 417 7035

##### Base Woodbourne:

Claudia Baker, Ph: 03 577 1177

##### Base Ohakea:

Bridget Williams, Ph: 06 3515 739

#### Naval Community Organization:

Ph: 09 445 5534, 0800 NAVYHELP

nib@nzdf.mil.nz

#### Local Chaplaincy Services

#### Unit Point of Contact



2015

# WHAT'S ON IN DEVONPORT

UNTIL THE END OF JUNE

## 5000 POPPIES NZ EXHIBITION —TORPEDO BAY NAVY MUSEUM

64 King Edward Parade, Torpedo Bay, Devonport

The stunning hand-crafted work of 5000 Poppies NZ is on display at the Torpedo Bay Navy Museum. As part of the 100 year commemorations of the Gallipoli Landing, a large group of crafters known as '5000 Poppies NZ' got together and started to create red poppies as a sign of remembrance and respect to all New Zealand soldiers that lost their lives at Gallipoli and subsequent battles during World War One.

The poppies are proudly on display at the Navy Museum until the end of June.

Entry is free.

2015

# WHAT'S ON IN TRENTHAM

TUESDAYS

## TRENTHAM CAMP COFFEE AND PLAY GROUP

Tuesdays in the Clock Tower, 10.00am to 11.45am

Our volunteer, Isobel Benjamin is running this group, teaching crafts and doing music with the tots. All at home people mums and dads, expectant mums on maternity, etc welcome. Contact [marie.lotz@nzdf.mil.nz](mailto:marie.lotz@nzdf.mil.nz)

## UKULELE CLASS

Tuesdays in the Clock Tower, 4.30pm

Instructor is Gary. Ukuleles available to borrow. It's free and you can join at any time, please register via email: [marie.lotz@nzdf.mil.nz](mailto:marie.lotz@nzdf.mil.nz)

SUNDAY 21 JUNE

## THE SUNDAY ROAST

Sunday 21 June, Trentham Camp

Families of deployed personnel, in the Wellington Region are invited to attend the Sunday Roast on 21<sup>st</sup> of June, Trentham Camp. It is free to attend, children welcome. RSVP to [marie.lotz@nzdf.mil.nz](mailto:marie.lotz@nzdf.mil.nz) or phone 0272171476.



# KEEPING THE HOME FIRES BURNING



Hi All,

I can't believe that this is probably my last contribution to "The Bugle." I also hope this means that there is some other budding writer who might take up the reins and follow in my footsteps. It has been fun contributing to the newsletter. It has made me think of all that has gone on the previous month and at times put things into perspective and make me realise that it hasn't been all that bad after all. I think the key to getting through these past months has been to keep busy. I guess that has been easy with the deployment happening over the warmer months and we have been able to go out a lot. It has also been helpful to have Grandparents nearby and to take care of the little annoying tasks when things breakdown or don't work as they should. We have learned that we are responsible for making this separation work and that others who don't have anyone in the Army don't quite get it - but that's ok. We have done well as a family but I am still grateful that the end is in sight for us all - Well until next time Ted says! I don't quite want to hear that at the moment.

We enjoyed the school

holidays following on from Easter. The weather was good most of the time and we went out to a fun park, the movies and of course a McDonalds treat. On other days we were happy to stay at home and just potter about. I had promised Oscar and Mia a pyjama day and I even joined in the spirit of it too which made us all laugh. I was just grateful that we didn't have any visitors that day or there would have been some explaining to do! We did baking, painting and Mia worked on her knitting while Oscar made some incredible Lego statues. It was very relaxing and no sooner had we got into that mode that it was back to school and routines once more.

I have just posted my last parcel to Ted. I got the children to make homecoming cards and I bought the new best seller book by his favourite author to help the boredom on the long flight home. Of course I had to include a few goodies for him to munch on but I bet they are all gone by the time he starts his journey back to us. He tells me it will be a busy time when the new contingent arrives but is ready to come back now. We are all looking forward to a holiday in the sun where we

can catch up on the months we have missed together and get back to the ways things were. I have made a few changes around home. Sometimes you have to do things when you are parenting alone and have to cut corners to make things work! I am not sure if we will change them back again but we will take it slowly and see how life unfolds for us all.

I think that Oscar has grown up so much with his Dad being away. I didn't want him to feel responsible during his Dad's absence for tasks Ted would take care of, but he has insisted that he do some, and try others. I am really proud of his efforts and I know Ted is too. Mia has been my little companion. Clingy at times and always wanting Dad when a plaster is needed, a knee grazed or a bad dream had. I can hear her hardly drawing breath when Ted arrives back with her constant chatter and questions! I know the summer pink dress will be worn to the airport despite the cool temperatures. There will be twirls and shrieks of delight for sure!

It has been great knowing



# KEEPING THE HOME FIRES BURNING CONT'D...



that support is available from Carol or Janine if I needed it. I haven't had to bother them too much - just the odd question here and there. Just knowing they are a phone call away has been reassuring enough. I also heard from Ted's Unit as well which was nice.

I hope that you have enjoyed my ramblings over the months gone by and that they have reminded you that we are all normal but

occasionally the wheels do come off and that is normal for us all too. Wishing those soon to experience homecomings all the best of luck and happy reunions. To those who are just starting out on this deployment journey I hope things go well for you all. It's been some ride!

With best wishes and thanks again for letting me contribute to your newsletter.

Dolly, Oscar and Mia

## Wonderful Mother

God made a wonderful mother,  
A mother who never grows old;  
He made her smile of the  
sunshine, and he moulded her  
heart of pure gold;  
In her eyes he placed bright  
shining stars,  
In her cheeks fair roses you see;  
God made a wonderful mother,  
and he gave that dear mother  
to me.

(Pat O'Reilly)

## OPERATIONAL ALLOWANCES

When the NZDF personnel travel overseas, on business or deploy on an operational mission, they are paid additional allowances over and above what they would get paid in NZ. They may get overseas incidental allowances, environmental or security threat allowances relevant to their mission (amounts vary by location).

Many people choose to save as much of this extra money as they can during the deployment to pay off the mortgage or clear some debt, while others use the extra money for such things as lawn mowing, baby-sitting expenses, paying for a holiday when they get home or purchasing luxury personal items, such as a new car.

While there are pros and cons to both approaches, most people have reported that getting the balance right between the two methods is the best idea by spending enough to make life easier at home but clearing some debt and saving for the future as well.

Some families worry about allowances affecting WINZ assistance or child support but allowances annotated NT (not taxable) on the payslip will not affect any financial assistance provided by WINZ.

The reference for this is the Income Tax Act 2007, Part C, CW 23. The Income Tax Act 2007, the Social Security Act 1964 and the Social Security (income and Cash Assets Exemptions) Regulations 2011 all link into the exemptions provided under the Income Tax Act, Part C CW 23.

If anyone has any concerns about allowances the Deployment Services Officers are more than happy to answer any queries or concerns you may have.

**Ms Lynne Smith, J18-Personnel Welfare**

# A SURPRISE IN EVERY PACKAGE

## Ideas on what to put in the packages to your loved one

Everyone on deployment likes to get a package from loved ones. It is a sure way of lifting spirits and enhancing morale. The challenge is thinking of what to put in them.

These ideas are just ideas! They have been gathered from various sources: personnel at home and abroad, partners, personal experience and a few brainstormers.

Please remember that all mail is restricted to 1 kg only. This goes by Forces Concession Rate, which means you only pay to get it from your home location to the Auckland Mail Centre or to the address you were given. Postage costs now not only depend on the weight, but also the dimensions of the parcel so may vary every time you send something.

### Drinks

**Instant Coffee/Tea Bags**  
**Flavoured Teas**  
**Powdered Gatorade or similar**  
**Raro/Refresh powdered drink**  
**Hot chocolate**  
**Milo**  
**Plunger coffee**



### Fun Stuff

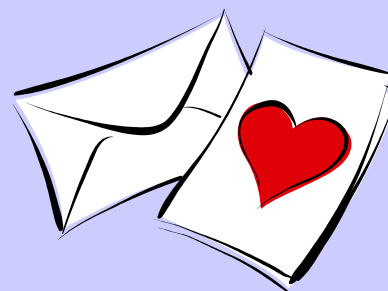
Board games  
Magnetic games  
Playing cards  
Favourite magazines  
Disposable cameras  
Theme packages  
Pocket games  
Knuckle bones  
Pick-up-sticks  
DVD's: Movies and home made  
Videos of favourite TV programmes  
Scratchie tickets  
Newspapers/clippings  
Junk mail  
Poker chips  
Word puzzle books  
Paperback books

### Theme Package—Movie in a Box

DVD/Video  
Popcorn  
Powdered drink sachets  
Lollies  
TV Guide/Listener/Entertainment page

Every day

Self addressed stamped envelopes  
Stamps  
Writing paper  
Posting bags  
Letters or cards  
Children's drawings  
Wall posters  
Postcards  
Photos, photos & more photos



### Theme Package: A Good Read

★ Book—Latest release,  
★ favourite author  
★ Bookmark  
★ Book—light  
★ Coffee/Tea sachets  
★ Snacks





# A SURPRISE IN EVERY PACKAGE

We know that small packages sent frequently, rather than the occasional larger one, have the greatest impact on the wellbeing of your loved ones. Be sure to attach a green customs declaration sticker and address very clearly. Please make sure that you wrap carefully any food items so that they “survive” the journey.

On rare occasions parcels have gone missing. In order for us to track any items which don't reach their destination you need to keep the carbon copy of the customs declaration and the receipt from the Post Shop or agency. This helps in the search and offers insurance protection.

Have fun creating your packages and be sure to share with us any ideas or hot tips you may have. The best ideas come from you!! - And we can continually update our lists.

## Toiletries

Shaving gel/stick—non aerosol  
Foot powder  
Lip balm  
Wet wipes  
Shampoo/conditioner  
Moisturiser (for the men too!)  
Soaps  
Spectacle cleaner  
Razor/blades  
Shaving brush  
Talcum powder  
Tissues  
Deodorant  
Toothbrush/paste

## Other

Holiday decorations  
Birthday decorations  
Shoe/boot laces  
T-shirt (dark colours)  
Towels  
Socks (Merino possum for winter)  
Inflatable seat cushion  
Rugby/soccer balls  
Darts  
Table tennis bat  
Ping pong balls  
Frisbee  
Kiwiana  
Twister  
Kiwi bird self inking stamps



## Food

Noodles  
Breakfast/muesli bars  
Scroggin  
Pop tarts  
Crackers/biscuits  
Chips  
Lollies  
Licorice  
Chocolate  
Chewing gum  
Nuts—cashews, peanuts  
Onion soup/reduced cream  
Tomato sauce  
Breakfast cereals (NZ made)  
Microwave popcorn  
Instant soups/snacks  
Watties Baked Beans

## Twelve days of Coffee

Purchase 12 different flavours of plunger coffee — add a little extra to share around. Carefully wrap each one. Attach a card to give a clue with each, to guess the name of each coffee type. Be adventurous — e.g. Get Pina Colada ground coffee — your clue could be “*I can't wait to take you on holiday so you can savour one of these on the beach with me!*” Have fun thinking up the clues. You could apply this idea to confectionery too.

## My Favourite Hot Tip:

Bake some nice biscuits. Pack them in a sealing Glad Bag. Fill the bag with popcorn and seal. The biscuits will arrive fresh and unbroken and they can eat the popcorn too!

# REUNIONS

*Military families look forward to being together after a long deployment with many mixed emotions. Each family member will have different expectations. Every family situation is different. However it is important to remember the needs and feelings of the returning family member, the adult at home and the children.*



## Understanding the Returning Family Member

- ❖ Military deployments, especially in a combat zone, can significantly change an individual's life.
- ❖ The deployment involved the loss of many comforts that people back home take for granted: contact with family, comfortable living conditions, a variety of good food, time to relax, etc.
- ❖ The deployment involved hard work and enormous responsibility.
- ❖ What sustains military personnel on a difficult deployment is devotion to duty, a close connection with fellow soldiers and the desire to return to the comforts of home, family and community.
- ❖ The returning family member may seem preoccupied with the experience of their deployment. They may be unable to talk about it or may excessively talk about it.
- ❖ The returning family member may have suffered physical or emotional injury or disability.
- ❖ The returning family member may expect extra attention and support for some time after their return.
- ❖ The returning family member may have serious concerns about their financial or employment future.

## Understanding the Adult that Stayed at Home

- ❖ Life has gone on and the adult at home has had to keep the family moving forward during the deployment. They may have had to take over many functions normally performed by the deployed family member.
- ❖ Often the adult at home has handled many small and not so small crises. These problems are old news at home but may be big surprises for the returning family member.
- ❖ The adult at home may expect extra attention and credit regarding the performance during the deployment. They also may expect the returning family members to automatically accept the family as it now exists and begin to perform a role with which they are uncomfortable or unfamiliar.

## Understanding the Children

- ❖ Children generally are excited about a reunion with their returning parent. However, the excitement of the reunion is stressful for children. Children may also be anxious and uncertain about the reunion.



# REUNIONS CONT'D...

- ❖ Children's responses are influenced by their developmental level. Toddlers may not remember the parent well and act shy or strange around them. School age children may not understand the returning parent's need to take care of themselves and to spend time with their spouse. Teenagers may seem distant as they continue their activities with friends.
- ❖ Children may need a period of time to warm up and readjust to the returning parent. This should not be misinterpreted or taken personally.

## Understanding the Family

- ❖ Couples may find the deployment has strained their relationship. Time and negotiation will help the couple work toward a new loving relationship.
- ❖ Family problems that existed before the deployment frequently reappear after the deployment.
- ❖ Extended family members such as grandparents, aunts and uncles may have provided support and service to the family during the deployment. They may have difficulty redefining their role with the family.

## Give Everyone Time

- ❖ All family members will need time to adjust to the changes that accompany the return of the deployed family member.
- ❖ Open discussions of expectations prior to the return home are helpful if they are possible.
- ❖ Families should utilize the help offered by the military and other organizations to readjust to the reunion.
- ❖ Most families will change. Children have been born or have grown. An adult at home may have become more independent. The returning family member had a life changing experience. The goal is to form a healthy, new life together.

Reunion of a military family after a long deployment is a cause for celebration. Some patience and understanding will go a long way to help the whole family successfully reunite with a minimum of problems. While most families cope successfully with the stress of the deployment and following reunion, problems can develop. If significant problems develop, the family should seek help from within their organisation. For many, relationships are enriched by the experience.



For more information visit:  
[www.AACAP's Military Families Resource Center](http://www.AACAP's Military Families Resource Center)

# PERSONAL MESSAGES



The deadline for contributions and personal messages for “The Bugle” is the first Wednesday of each month (**the next edition deadline is 3 June at 4.00pm**). Please note: All “Bugle” messages are to be sent to Carol Voyce, DSO Burnham (email: [dso.burnham@xtra.co.nz](mailto:dso.burnham@xtra.co.nz))

## From In-Theatre

### Hi Dolly, Oscar and Mia

I love reading your messages. They always make me laugh. I know you are busy Dolly but thanks for everything you do at home and for the efforts you make to keep in touch and send parcels so often. I love all the drawings from Oscar and Mia and the photos were great too. Thanks for the hunting magazine. I will enjoy reading that. I am looking forward to getting out on the bikes with you Oscar and seeing that new bike trail near the river that you found. I want to see your ballet class too Mia. I am sure you are a great dancer now. I heard all about your Easter egg hunt. It must have been fun. I hope you didn't feel sick from eating all that chocolate and that you cleaned your teeth. It won't be long until I am home now so I will look forward to seeing you all at the airport. Love you all, Ted xx.

### Tegan

You looked good in the military uniform and I hope you had fun in your trench fight at school? How many flour bombs hit you? Good to know you like the army. I'll have plenty of pictures for you with Hec the Duck on his tour to Gallipoli. See you when I get home. Uncle Lloyd.

### Josh and Luke

Great to see you in your Scout uniform for ANZAC Day. I was in the scouts and remember going to ANZAC services when I was your age. I was at Gallipoli in Turkey for ANZAC Day. 10,000 New Zealanders and Australians paying tribute to the fallen soldiers and those who have served both

countries. Will be back in NZ soon and will catch up with you in June. Uncle Lloyd.

### My Darling MJ

Happy Mother's Day! God only knows how you manage to do everything so well; work, the kids and triathlon on top of all the other family admin and organising. So very proud of you and all that you do. All the while being such a fantastic Mum. Such a shame that I can't be there to spoil you like you deserve – but even more reason to celebrate somewhere nice once I get home. Love always xxx.

### Dear my Beautiful Nieces Jords & Emm

Hey how are you both going? I hope you are getting on ok with Mum now gone. I bet you miss her like crazy. I'm glad you are sticking together. I so can't wait to see Kasey when she gets over here and Kam when I finally get home. It might be a time for you save up Jords and go for a trip to the UK while Kasey is there. Anyway I look forward to seeing you both when I get back to NZ. Stay strong and take care of yourselves and each other. A big hug for Nana. Love Auntie Tracey xxx.

### To the world's best mum

Happy Mother's day!! Thank you for being my everything and supporting me over the last 6 months. I know it's been tough but lucky you are super mum and had twins so Candie can pick up my slack ha ha. Looking forward to drinking your expired Bailey's again, like last Xmas Eve. Love from Hastie girl.....Hunt.

### To the “Hunt” Crew

Well as I write this I am starting to

pack my bags and trying to remember my karanga words which means it's nearly home time!! I can't thank you enough for all the support, kind words & parcels. You are the best family I could ever have. Nan your lolly jar must be nearly empty?! See you all super duper soon!! Love G.I Jane xxx.

### To my Twinny

So proud of you, your fancy job and your hobby farm of animals. I hope you will let me ride your horse, feed your dog, sleep on your couch and most likely eat all your baking!! Love Twinny.

### Dear Thundercloud and Soggy-Moggy

I miss your smiling faces and positive can-do attitudes already. You are the sun to my cloudy day, the honey to my bee and the pineapple to my pizza. Have fun with W.W.W., you guys deserve a great time together. I can't wait to see you again soon. Love Sifter.

## From Home

### Hey Liam

Happy Birthday for the 13th! Hope you have an amazing day knowing we are thinking of you and celebrating here for you. Lots and lots of love from Lucy, Neve, Anna & Snoop xxxx.

### Hey Mum (Tracey)

Only a couple of weeks left till Bianca and I are over. Can't wait! But scared as too! House is pretty much finished, will send some photos soon. See ya soon. Love Kasey.



# PERSONAL MESSAGES CONT'D



## Happy Birthday S.

We were all thinking of you on the 23<sup>rd</sup> so it was a great surprise and luck to catch you for a chat for the few minutes. We are pleased to hear all is going well. We have also had a few updates from M since your departure which has been great so please keep them coming! Take care; you are always in our thoughts. Love, A and F.

## Hello Aunty M

I saw your message thank you. I have been well behaved of late but haven't heard from you so can't show off. I hope you are cosy and warm. I am counting down the days until you get to call by. Mumma seems to go away far too much! Love BRV.

## Hey there Ted

This is my last message to you. I must say we are excited about your return but a little nervous too in case you don't like the changes and the painting! Looking back, things have gone really well but it seems a long time ago that we all waved you off. We have been spoilt with support from everyone but it's not the same as having you here with us all. Look forward to the months ahead! Especially our family holiday in a warmer place. It is cold here now so get the thermals out for your return. See you soon. Love you, Dolly xx.

## Hi Daddy

Mum says that you are coming home soon. She hasn't said how many days yet. I wish I could count better. I will be coming to the airport to meet you and will be wearing my new pink dress so look out for the pink and you will see me. I am going to give you lots of kisses and hugs. I hope you can get me a present for being good. I love you. Mia xxx.

## Hello Dad

We will be able to go biking together soon. I can't wait to show you the new track and you can let me lead the way. I can also show you my new rugby boots. You can come and watch me play. There are lots of things we can do again and it will be great. I hope the plane trip is good. We will come and get you from the airport. I think Mia will be running out to meet you. Sometimes girls get a bit too excited, especially Mia in that Pink dancing dress! See you soon. Mum hasn't told us just when that is but I know it's getting close. Love from Oscar.

## Hi there Dad

This is the trim fit me here. Alf doesn't give me a day off. I hope things change when you return as it's a bit cold venturing out of that kennel some mornings. The Lady of the Manor has felt sorry for me though and I have been allowed to go inside as far as that mat. It's not quite as close to the fire as I would like, but then I am not supposed to complain. I hope you might be a bit more generous when you get back. The heavy rain we had last week turned that vege patch – our new backyard BMX track, into some seriously good mud just as I hoped for. The kids have loved it too and boy have we had fun out there. I had to get a bath. Can't say I liked that but The Lady wouldn't let me inside otherwise! I look pretty cool actually and have been clipped too. I will give you a bark up on skype this weekend for your approval. Jed.

## Gippo

Counting down the days now! Everyone getting excited about your return and looking forward to hearing all about last month's Special Trip. You won't recognise the garden, I had planned on leaving some work for you but once

I got started I just carried on until it was finished. Miss you heaps. Travel safe. Love K xxx.

## Hey James

Geez this has been a long time coming. But will see you so soon. Max and I are ready to have you home just in time for winter and getting the fire going. Am very glad this will be the last one I'm writing. Thanks for the letter and parcel, even if it took alil while ha ha. Fence nearly all done for you but you still have our deck to go. Lots to look forward to, and can't wait to spend time with you again. Missing you loads! See you at the airport! Love Rach & Max xo.

## Dear Mr G

All is going well, the broken bone is all healed and life is almost back to normal. We are missing you lots and now that we have passed half way, the end is in sight. Definitely getting colder here, but that huge wood pile is keeping us warm. Your parents did a great job looking after us for a few weeks, your mum made some amazing dinners. We were really spoilt. Great to see my parents also and spend a few days with them hitting the shops. Having visitors is a great distraction. Hope all is going well over there. Keep sake. Lots of love always, Mrs G and Chopabopolis.

## Hi Coach

I have been turning my listening ears on a bit more lately and have been a good boy for Mum. My reading and spelling is going really well- although I don't really enjoy it. I have been running straight and hard and got an awesome try last weekend. I can't wait until Singapore but mostly I am excited about my birthday soon. Hunter xx

# PERSONAL MESSAGES CONT'D



## My Handsome Prince

I have had a cold and a yucky cough. But I got to sit up and watch the final of The Bachelor with Mumma and we snuggled. I miss you and can't wait until we go swimming in Singapore. You should see my dancing, and my Frozen shoes that light up! I love you, Princess Lily x.

## Hey Baby

Thank you so much for the most perfect Mother's Day present. Seriously perfect. Clever boy. Love you, on the countdown until Singas. Love you, MJ x.

## Hi Mr K

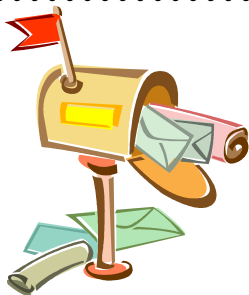
Thinking of you and hoping you have a very happy birthday on the 16th. Will celebrate in your absence. Love Mrs K.

## BOUQUET - OP FARAD Contingent

Sincere thanks to you all for the great Bugle contributions you have sent our way during your time abroad. We have very much valued the many and varied articles and photos from abroad. You have excelled and kept us informed and at times entertained. We hope you can now pass on your writing skills to the next rotation when it happens! Safe travels and happy reunions to you all! Carol and Janine.



## CHANGE OF ADDRESS FORM



If your address or contact details have changed, or are changing, could you please complete this form and return it to the DSO in Burnham.

Service Person's Name: .....

Deployment Location: .....

Name: .....

Old Address: .....

New Address: .....

Postcode: .....

Phone Number: ..... Email address: .....