

# THE BUGLE

Issue 207 | March 2015



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## “THE BUGLE”

The Deployment Newsletter is produced for families and service personnel associated with current overseas deployments.

### Deadline

Deadline for Edition 208 is  
1 April at 4.00pm

Bugle contributions are welcome and should be sent to Carol Voyce.

Editor: Carol Voyce  
Layout: Christine Muir  
Printing: Sharyn Cameron  
Mere Garton

Contributions co-ordinated by  
Carol Voyce and Janine Burton

### Contact Information

Carol Voyce  
Deployment Services Officer  
Southern Regional Support Centre  
Burnham Military Camp  
Powles Road  
Burnham 7600  
Christchurch  
Ph: (03) 363 0421  
Cell phone: 0274 497 565  
Toll free line: 0800 DEPLOY or  
0800 337 569  
Fax: (03) 363 0024  
E-mail: dso.burnham@xtra.co.nz

Janine Burton  
Deployment Services Officer  
Linton Regional Support Centre  
1 (NZ) Brigade  
Linton Military Camp  
Palmerston North 4820  
Ph: (06) 351 9399  
Cell phone: 021 649 903  
Toll free line: 0800 OVERSEAS or  
0800 683 77 327  
Fax: (06) 351 9009  
E-mail: dso.linton@xtra.co.nz

### Disclaimer

Articles and opinions expressed in “The Bugle” are not necessarily those of the New Zealand Defence Force.

### Cover Photo:

OP FARAD service personnel visit  
Chunuk Bair

## GUEST EDITORIAL

### Lieutenant General Tim Keating, MNZM Chief of Defence Force

The Prime Minister has recently announced the government’s decision to send New Zealand Defence Force (NZDF) personnel on a non-combat training mission to Iraq. The deployment will be up to two years and is likely to begin in May.

As the government’s principal military advisor, I weighed up the likely outcomes and the risks of supporting the international coalition against the Islamic State in Iraq and the Levant (ISIL).

ISIL’s actions have united an international coalition of 62 countries, with about one third providing a military contribution.

In theatre, we will most likely be working alongside the Australian Defence Force, providing training to Iraqi security forces so they can regain the combat skills they need to roll back the threat posed by ISIL and deter its further advances.

Since the 1950s, the NZDF has trained and partnered with other security forces – most recently, in Afghanistan. We have a track record of providing quality military training. This is where we are again going to make a difference.



*Lieutenant General  
Tim Keating, MNZM  
Chief of Defence Force*

Although this is not a combat mission, we recognise the inherent risks of sending our personnel to Iraq. I assure our personnel and their families that we will do everything possible to ensure their safety.

A copy, as well as a video of my presentation about this deployment, is uploaded on the NZDF’s digital and social media channels. I encourage you to look up these online resources so you can keep abreast of the significant decision taken by the Government.



# NEWS UPDATE



Source: [www.nzdf.mil.nz](http://www.nzdf.mil.nz)

18 February 2015

## ORION ARRIVES HOME FROM MIDDLE EAST DEPLOYMENT

An Air Force P-3K2 Orion aircraft and crew returned to Royal New Zealand Air Force (RNZAF) Base Auckland at Whenuapai today from ongoing Middle East counter-piracy and security operations.

Operating with the 30 nations of the Combined Maritime Force, the aircraft and crew were part of an effort to reduce the presence of pirates, and their vessels, in the Gulf of Aden and Indian Ocean region.

"We've had an aircraft and supporting detachment of around 50 personnel deployed since July 2014," said the Acting Commander Joint Forces New Zealand, Air Commodore (AIRCDRE) Kevin McEvoy.

"Our aircraft upgrades, including new sensor equipment, are proving



*Families welcome back crew of No. 5 Squadron who returned to RNZAF Base Auckland today, following a deployment to the Persian Gulf on anti-piracy operations*

highly effective and our people have been well trained. They have proved their worth in the coalition, and New Zealand continues to make a valuable contribution to reducing the funding of crime and terrorism, including involvement in a multi-million dollar drug bust." Originally planned to be five months in duration, the mission was extended by the Government as part of New Zealand's ongoing international commitment to global security. "This crew has been replaced by another aircraft and crew and the mission is now programmed to conclude in December 2015," AIRCDRE McEvoy said.

"We are extremely proud of our people. They have proved

themselves to be an effective and professional force. The whole-team effort includes amazing family support for our deployed personnel, which has been a critical part of our efforts as a force for good.

"The effort in the Middle East is a very visible contribution to the global community. Other recent Air Force activities include Boeing operations to Antarctica, Hercules support to the Cook Islands during an energy crisis, and Orions supporting our Pacific partners with Exclusive Economic Zone patrols.

"The crew will now take a well-earned rest, before resuming operations closer to home around New Zealand and the Pacific region, or wherever they are needed," he concluded.

# FOREIGN CORRESPONDENTS

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the Military Armistice Agreement (with both North and South) and an education and orientation program where I brief international VIP's on my AO. In my team I have a Jr Officer (US), two NCO's (US) and a civilian translator (ROK), with myself reporting to a Danish Major – so we have a varied team. Additional activities include United Nations Command representation during combined live fire exercises and regular helo activity within the DMZ.

## NEWS FROM KOREA

**Flying Officer M. Elrick**  
**DCCO TC-West, UNCMAC**

### Kiwi in Korea

I am Flying Officer Mark Elrick, a RNZAF Communication and Information Systems Officer (CISO), currently conducting the OP MONITOR mission in the Republic of Korea (ROK), home base being Whenuapai Auckland. I can hopefully provide some insight into the mission and encourage others to take up the opportunity at some stage in their career.

### The Job

My position is the Deputy Corridor Control Officer (DCCO), with my AO being the only area where the daily scheduled movement of personnel over the Military Demarcation Line (DML) occurs. Surprisingly around 500-900 ROK civilians make this crossing every day, bringing their management, skill set and resources to support the Kaesong Industrial Complex (KIC). The KIC is an economic endeavour designed to build diplomatic relations with the Democratic People's Republic of Korea (DPRK/North Korea) as well

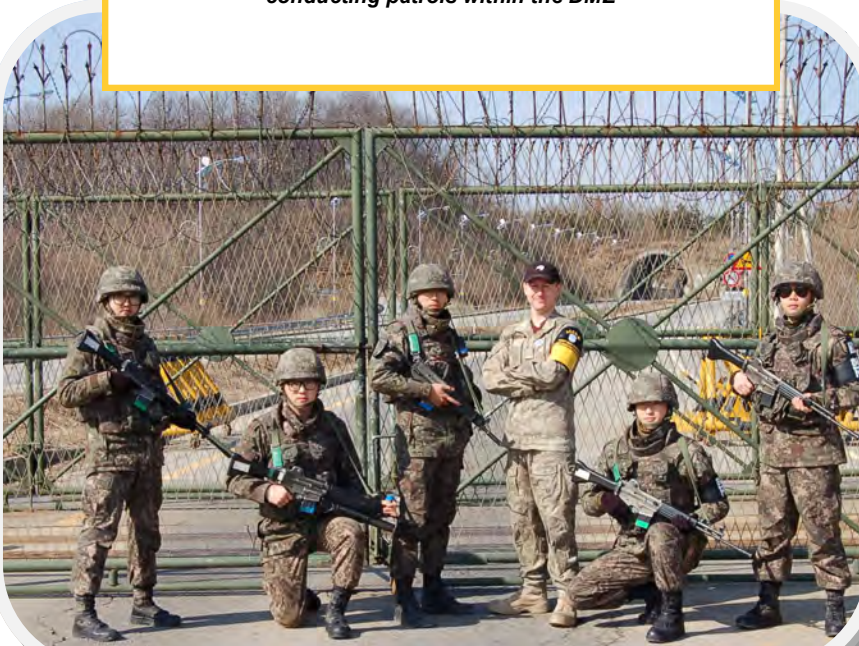
as provide some form of economic stability over the border – currently there are little over 53,000 DPRK civilians employed there.

I am responsible for the vetting and approval of all material and personnel that apply to make the trip over the border, manage any emergency or urgent crossings, patrol my AO in order to enforce

### Out of the Norm Activities

During my time here I have been able to participate with special investigations resulting from exchange of fire at a number of the border positions manned by the ROK Army. This provided a sense of the ever present threat experience by the soldiers, and how easily the situation can escalate. Within my AO there is also the external civilian factor, where protest/welfare balloons are

*This is my ROK security team that we direct while conducting patrols within the DMZ*





# FOREIGN CORRESPONDENTS CONT'D...

deployed to the DPRK by ROK human rights activists. This can prove troublesome in our AO, with elevation of tensions and on one occasion anti-air-artillery fire from the North, striking the South. During these events it is important to understand our SOP's and ensure all protective gear and measures are adhered to. Whether it is the re-patriation of a DPRK civilian or responding to an armistice violation, the insight and experience has been invaluable.

## Our Organization

While in Korea, the Kiwis are part of the United Nations Command Military Armistice Commission (UNCMAC), a multinational organization (18 member nations) that was established on the signing of the Armistice Agreement. We have jurisdiction of the DMZ and are responsible for maintaining the terms of the agreement and the

prevention of ongoing hostilities in the region. All the Kiwis report to the Assistant Secretary of Operations, who is currently a Major from the US Marine Corps.

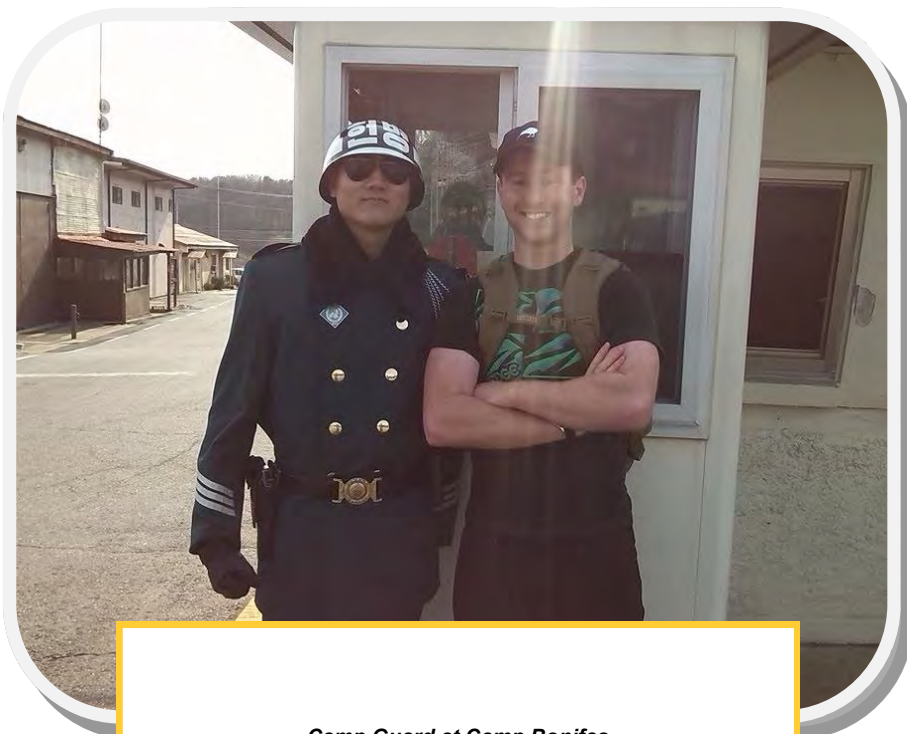
## Living in Korea

Although Korea is very much a developed nation, we live on Camp Bonifas (a closed military camp on the fringe of the DMZ). It is a small base mainly manned by the ROK Army as well as the United States Forces Korea (USFK). Given the location, there are little luxuries, however, we are a two hour drive from the Capital, and generally get down every second or third weekend to purchase groceries and anything else we may need. I have been here during the winter season and the coldest temperature we had was -14 degrees centigrade, however, we are now experiencing the first of the summers yellow dust that chokes the air. Our

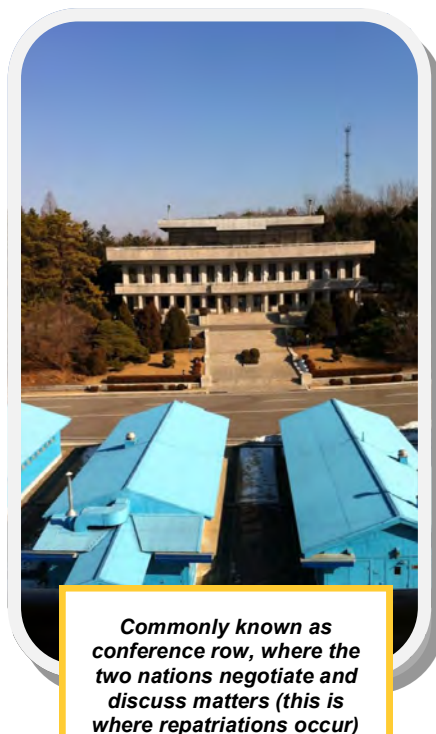
accommodation has heating and even internet so we are by no means roughing it like some of our other friends overseas.

The Korean culture does take a bit of getting used to, but once you have a basic understanding (combined with patience and our Kiwi nature) things become easy. It is great to see the reputation NZ has built over here during the years, highlighted with the additional responsibilities that our command entrust us with.

This mission is my first deployment and has been an excellent learning experience while being able to apply my skills and experience in a real world operational context. I would encourage anyone who is thinking about deploying to consider OP MONITOR, and would be more than happy to provide informal feedback and advice to those who are interested.



**Camp Guard at Camp Bonifas**



**Commonly known as conference row, where the two nations negotiate and discuss matters (this is where repatriations occur)**

## NEWS FROM SINAI

### NZCON TURKEY TOUR, FEBRUARY 2015

10<sup>th</sup> February began with 8 excited Kiwis at 0500 eager to depart North Camp FOB and explore Turkey for 6 days. 1 bus trip, 2 van rides, a border crossing and a flight totalling 14 hours of travel, we finally arrived in the historical city of Istanbul greeted with -1 degree and snow.

First on the agenda was a sight-seeing day tour of Istanbul and learning the culture. Rugged up with our compulsory matching puffer jackets, except for the Commanding Officer and Adjutant, we were ready to begin the walking tour. Our tour guide met us at our hotel and led us into the city square in which we were blown away by the ancient architecture and

surrounded by beautiful traditional mosques which were built in the 16<sup>th</sup> century. First we stopped at Sultanahmet mosque, the females embraced the local culture having to wear head scarves and no footwear allowed. The “Blue Mosque” was the first imperial building to be constructed and is rated one of the most impressive monuments in the world.

Secondly, we visited the Ottoman Palace, built in 1453. Originally Christendom’s Byzantine Empire and the last of The Roman Empires were won by the Turkish Forces during the Battle of Varna in 1444. Now a major tourist attraction having over 6 million tourists a year coming to learn the history and see the ancient jewellery, armour and weapons which was used. Typically

we were most intrigued by the swords and bayonets.

Next on the agenda was the ever famous Hagia Sofia Mosque, one of the city’s main attractions and like everything else, was absolutely stunning with no detail spared during the build. We dined at a local Fish house for lunch, enjoying local delicacies of lentil soup and a shared plate of fish, rice, salad, kofte, grilled pepper and anchovies, all enjoyed trying new tastes.

A stop to the Basilica Cistern, was also a delight, where beneath the city was a forest of marble columns, where the base of two of these columns had the carving of Medusa’s head. As these heads were built either upside down or on its side, it was believed that this orientation would negate the powers of this Gorgon’s gaze, but is more known to placed due the proper size to support the column.

Lastly, we stopped at the Grand Bazaar. A massive Turkish market with indoor-outdoor flow of 3000 shops. Stocking every type of item imaginable with shopkeepers luring you in with apple tea, it sure made for a great experience. Gold jewellery, Turkish delight and fake Adidas gears were the most popular.

The second day was the reason the majority of us signed up for this tour, the trip to Gallipoli! Starting off with a 4hr van ride to a small hick town called “Eceabat” on the coastline. We occupied our accommodation at a hostel styled tour guide company “Crowded House” (yes, it is named after our Kiwi band!). They run tours around the region for Kiwis and Aussies, with an All Blacks poster on the wall we sure made ourselves at home. The afternoon was filled with a history guided tour around NZ, Aus and Turkish battlefields,





## FOREIGN CORRESPONDENTS CONT'D...



monuments and cemeteries. The most significant was ANZAC Cove and North Beach where the ANZACs stormed and the War began. Taking multiple pictures on the ANZAC memorial wall with our camel mascot is a moment we will always treasure. Keen to embrace more culture we ventured down town to a local restaurant where we observed family feuds, beverages bought from shops next door as we ordered, square toilets and more lentil soup.

Walking shoes on, water bottles packed we were ready to tackle the hike up the ridgeline to the Kiwi's final objective point, Chunuk Bair. Being shown where divisions were placed and headed, reading maps of the invasion on the exact ground

and seeing tunnels and trenches along the way is an experience we will never forget, and we are all truly proud to be Kiwis.

Next on the cards was a ferry ride to Cannakale, then a road trip to Troy to visit the big brown horse and palace ruins. Complete with a tour guide, a tag along elderly lady and being given Turkey's fastest van driver, made for a great experience before a night journey back to Istanbul.

The last day soon arrived and everyone was eager to spend some local Lira and improve their bartering skills with the locals. Selfie sticks, carpet mats and man scarves will now be the newest trends in Sinai. Finished off with a

great local meal involving clay pots smothered in flames smashed outside on the court yard to reveal your casserole meal inside, and a few Efes not going astray.

All in all, we had a fantastic contingent tour learning the history and exploring a new country. As serving soldiers and officers we were very fortunate to be able to take time away from our mission to travel to such a prestigious place for ANZAC personnel. To appreciate what our ancestors have done for us and our country 100 years earlier. Now time to say goodbye to the lentil soup, Turkish delight and snow (thank goodness) and venture back to Sinai to continue our mission.

# FOREIGN CORRESPONDENTS CONT'D...



*Walking towards Table Top from No. 3 outpost and Rhododendron Spur to the right, Chunuk Bair is on the skyline*



*Australian Lone Pine Cemetery / Centre monument has the name of New Zealander's who died at Lone Pine*



# FOREIGN CORRESPONDENTS CONT'D...

## TEL AVIV MARATHON 2015

On 26<sup>th</sup> February, 30 soldiers from MFO departed North Camp bound for Israel to compete in the main city's running event; Marathon, half marathon and 10km races. This included Americans, Canadians, French, Hungarians and two Kiwi personnel.

Soldiers had to book three months in advance to secure a spot on the duty tour run by MFO and take leave for the weekend.

The day before the race we had to collect our race pack from the Marathon expo, the majority was in Hebrew but as long as we understood our start gates and our race tee shirts fitted, we were ready to compete.

The Hotel we stayed at put on a carb loaded 'pasta party' for our dinner including a pasta buffet with sauces, salads, fruit and nuts; this surely satisfied us keen athletes. Always keen to try new fitness tips, off to the business lounge we went

trying the competitive Canadian Sergeant Majors myth of a glass of red wine the night before a race (Only 1 glass though!).

Race day started early for the three MFO Marathon runners in the dark at 0530. Next was the 10km race, followed by 90% of our group competing in the half at 0730, and starting with a 3km walk to the start line. The race was a scenic route starting in town with all the main highways blocked off, leading out along the beach around Herzaliya and back to town for the finish. There were inclines the majority of the way that your thighs kept reminding you of. The streets were covered with live bands and singing groups on every corner, locals in costumes and excited school groups everywhere. I have never seen so many support personnel at an event but I have also never raced at an event with 35,000 competitors! The race was very congested and you spent a lot of time always looking for a gap to get

out of gaggles or avoiding the brutal water stations where competitors kick and throw empty bottles of water around the streets.

At 1030 the race officials ended the race as it was 28 degrees, 75 people were seeking medical attention, a further 15 were hospitalised, 2 with serious cases. Fortunately all MFO personnel had made it over the finish line with no injuries.

The marathon race was won by a Kenyan male finishing in 2hrs 10mins.

For us Kiwis we really enjoyed the atmosphere of the race and were privileged to be able to take part in such a massive event. However, we do miss the countryside and green grass of our beautiful New Zealand. The bus trip back to North camp had a lot of sore and stiff soldiers struggling to climb the stairs to get in. Now for some rest and recovery before we tackle the 30km RUC march in 4 days time.

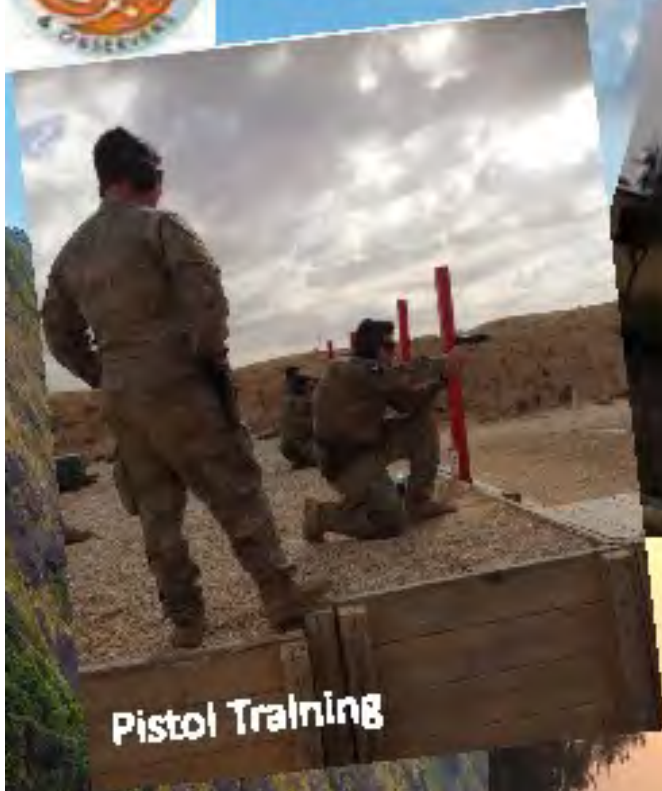


*MFO-North Camp soldiers that entered the Tel Aviv Marathon*





# OP FARAD 02/14



Pistol Training



Sunset in Sinai



View of a Sand Storm from the Woolshed



The Norwegian Ruck March  
4 March



# DSO'S CORNER



## Carol Voyce

Deployment Services Officer  
Southern Regional Support Centre  
Editor "The Bugle"

It was Dolly's "Keeping the Home Fires Burning" contribution for this issue of The Bugle, that made me think about the value of the old fashioned letter and how in recent times we have been so swept up with technology that we often overlook the impact it can have.

My late mother's dear friend, Eva, often sends me a letter. The distinctive floral envelope lies in the letterbox and I know instantly who the sender is. I also recognise the hand writing and know the pages inside will match the envelope! I make myself a cuppa and sit down and read the letter. I reread it and then call my sister to share Eva's news. It's a wonderful connection across the miles!

I am also reminded of a visit to Timor-Leste in 2008. I was there on mail day. Exciting for everyone – well almost everyone! Once the word was out that a number of mail bags had arrived at the compound there was a lot of "hovering" as it was sorted. Then I observed a huge range of emotion. There were happy faces as they picked up their

parcels and letters and scurried off and there were sad ones who bravely shrugged off the disappointment that there was nothing for them and scurried off too. I then watched from a distance as parcels were ripped open and the contents examined. Most seemed to contain food (hungry soldiers you know) and letters, cards, photos and kids artwork. The group nestled under the trees seemed to share snippets of news and laugh as they passed around the contents of their parcels. A few soldiers distanced themselves from this group, and quietly and on their own, read their letters, then seemed to read them again and re-read them once more. I saw smiles which showed that all important connection with home. I saw letters neatly folded and put into one's pocket and later that night spied a soldier sitting quietly again, envelope and letter in hand! I was hoping the loved one who'd sent the mail had sprayed the envelope with their favourite perfume and sealed it with a lipstick kiss! - One of the tips we inherited and pass on!



Communication is the key to the success of any deployment and mail is a huge morale booster. My letter from Eva really made my day and yours to your loved one, will too.

We have had soldiers who have

deployed in the past and insisted their families not send anything citing the reason that most of their needs can be purchased in a nearby store. Maybe so in most locations, but there is that lack of the feel good factor that a letter or parcel can bring. There is that thought that I shouldn't have said no parcels when I see the delight on other faces but I am not going to speak up but only secretly wish I hadn't said that!

Letters and parcels are just one way of communicating and there is still a role for E-mail, Skype and phone calls. Not all technology is available in all locations but where it is, use it when you can. It makes a difference. Write a list of "must remember to tell" items next to the computer or phone so when you receive that call you remember to pass on the latest in news and ask where that all important document is kept that you have searched high and low for! For those lucky enough to be able to access Skype, it has a way of bridging a gap. It provides both reassurance that everyone looks well and peace of mind. I am sure that you don't need reminding that Operation Security remains important in all forms of communication and while we may be tempted to ask a question or share a snippet of something, lets just be happy that we made the connection.

Tonight I will write to Eva. I know she will experience much joy in getting a reply and will include a couple of recent photos from my holiday which will surely brighten her day and be shared with her visitors. I hope too that you will be encouraged to put pen to paper and send that ever important note to a loved one abroad.

Kind regards to you all.

# DSO'S CORNER CONT'D...



**Janine Burton**  
Deployment Services Officer  
1 (NZ) Brigade

With writing for every edition of the Bugle sometimes inspiration for the column takes a while to show itself. Sometimes Carol and I end up writing on the same topic – this is purely coincidence, but it does happen and often comes about because of situations we may have been dealing with over the period prior to the Bugle deadlines. Periodically though, and spookily often over the years, there is no common reason or event that has prompted our themes. We never collaborate on what we will write about but we have worked together for a long time and are obviously on the same wave length.

One source of inspiration I do rely on though is past Bugle issues and articles written over the years by various contributors. Yesterday I re-read an article by one of our Welfare Facilitators (Air Force) back in May 2010. Last I heard Judy Byers is currently living overseas but her wise and well-written articles are well worth another publication.

*When a partner heads off on deployment, this can have an*

*impact on your relationship, and the build-up before departure can sometimes cause couples to feel tense and on edge. The most important thing is to be aware that this is normal.*

*Regardless of the duration of a deployment, to manage your relationship throughout the deployment some key factors are:*

- *If you have relationship issues prior, during or after the deployment, seek help by contacting your chaplain, psychologist, DSO or Welfare Facilitator.*
- *Keep communication open with one another – before, during and after the deployment.*
- *Remember those special occasions such as birthdays and anniversaries and add a spark to your relationship by sending random parcels and notes to each other. For those in deployment locations, flowers can be ordered through the Internet, a good option for a gift for someone special in your life (and not necessarily just for special occasions).*
- *Take the time to share your daily experiences with one another by regular phone contact, email, Skype or letter – always remembering the necessity for Operational Security, of course. Acknowledge your partner's activities and achievements back home.*
- *A word of advice, gauge how things are on the home front before going into chorus about the awesome experience you are having on your deployment. Likewise for those left at home, as challenging as it can be, try not to outpour your frustrations on to your partner, or enthuse about what a great time you are*

*having while they are away. If you come unstuck, seek help through family and friends or your Defence support networks,*

- *Utilise your support networks, and don't be afraid to ask for assistance.*
- *On your return from deployment rebuild your relationship, plan some quality time together by yourselves. Plan to have a holiday at deployment end – something to look forward to.*

*No deployment is ever the same as another; with our personal circumstances changing all the time, we adapt and adjust along the way. Partners can have a real sense of freedom for the duration of the deployment. They become very independent and can find it hard to adjust to the routine of daily life when their partner returns home. It takes time for a couple to adjust; it's a matter of being tolerant and simply learning to live with one another again.*

*One of the hardest things about deployments is the possible impact on relationships. Deployments can also be an incredibly positive experience where a couple can strengthen their relationship. It can give a couple the space to grow as an individual, enabling them to appreciate each other more.*

Thanks Judy – a great article and some wonderful advice.

This is the first Bugle for some family members and the last one for others. So welcome along to our new Bugle readers and farewell and congratulations to those who have completed their deployment journey.

PS: As a carry on from last month's article and my three disasters – both my sons had freezer issues as well. That's another three!



# FOR YOUR INFO

***Daylight  
Saving  
finishes  
on 5 April***

***(Clock goes  
back 1 hour)***

## ST PATRICK'S DAY



**17 March 2015**

### ***An online survey for partners of New Zealand's Army, Air Force, Navy and other New Zealand emergency responder personnel***

Doctoral candidate Stowe Alrutz from the University of Auckland is studying how spouses/partners of emergency responders manage stressful events experienced by their emergency responder. Very little research has been conducted on this topic in New Zealand. She hopes this research will provide a better understanding of the positives and negatives of these experiences. This survey is designed for all spouses/partners of NZ Defence Force no matter what their experiences with stress. Individuals who are both in the Defence Force and the partner of a New Zealand emergency responder are also eligible to take the online survey.

The anonymous survey will ask about resiliency, social support, traumatic life events, sources of information for stress management as well as your opinion on a variety of other issues related to being the partner of individuals in these military or paramilitary organisations. Partners of New Zealand Police Officers, Firefighters, Paramedic/Ambulance Officers and Defence Force member are eligible to take the online survey.

Take the survey here:

<https://survey.nihi.auckland.ac.nz/surveys/index.php/765815/lang-en>

Refer others on Facebook at:

[Research with partners/spouses of NZ emergency responders](#)

### **Deployment Support Services**

- ◆ Need information?
- ◆ Need support?
- ◆ Need a listening ear?
- ◆ Need to send an urgent message to a deployment location?

#### **Deployment Support Services are here for you**

All personnel on deployment and their families have the support of the Deployment Services Officers (DSOs). In addition there is support from Unit Points of Contact (UPOC) and local Welfare Support Services.

The nominated Primary Next of Kin (PNOK) of families of deployed NZDF personnel should, in the first instance, contact their DSO who has a responsibility for transparency into welfare issues.

Added to this there are other very valuable support networks available in your local region. For additional support and services:

#### **Army:**

##### **Deployment Services Officers:**

**Linton**—Janine Burton

Ph: 0800 683 77 327

**Burnham**—Carol Voyce

Ph: 0800 337 569

##### **Community Services Officers:**

**Waiouru**—Carolyn Hyland

Ph 06 387 5531

**Papakura**—John Furey

Ph 09 296 5744

##### **Defence Community Co-ordinator:**

**Burnham**—Lynne Price

Ph 03 363 0322

##### **Community Services Facilitator:**

**Linton**—Lesley Clutterbuck

Ph 06 351 9970

##### **Family & Community Services**

**Officer: Trentham**—Marie Lotz

Ph 04 527 5029

##### **Air Force Welfare Facilitators**

##### **Air Staff Wellington:**

Lisa Macdonald, Ph: 04 498 6773

##### **Base Auckland:**

Ph: 09 417 7035

##### **Base Woodbourne:**

Claudia Baker, Ph: 03 577 1177

##### **Base Ohakea:**

Bridget Williams, Ph: 06 3515 739

##### **Naval Community Organization:**

Ph: 09 445 5534, 0800 NAVYHELP

[nib@nzdf.mil.nz](mailto:nib@nzdf.mil.nz)

##### **Local Chaplaincy Services**

##### **Unit Point of Contact**

# KEEPING THE HOME FIRES BURNING



Hi All!

I hope the month has gone well for you all. Our household seems to have slipped into a good routine and the start of the school year has gone far better than I had thought it would. Oscar and Mia have both settled into class with their new teachers and made some new friends. It has certainly lessened the burden for me. I am proud of the way they manage day to day with out their Dad. They proudly wear their dog tags to school and both their teachers were really interested in them and asked lots of questions about where their Dad is and what he is doing. I am sure that Oscar got it mostly right but Mia may have been a bit off course! Still it is nice to know that they care about their wellbeing and the dog tags remind the teacher each day that Dad is away and an occasional slip up just might happen. The first term back at school doesn't seem as if it is going to be that long, as Easter forms part of the holidays and Easter is early this year. I might need to put some effort into holiday planning soon so that the children have things to look forward to. Always important in our household for us all!

We had some long time family friends come for a weekend visit over Waitangi weekend. It was great to see them. The children played well together and we had some great local adventures and outings. Us adults even got the chance of a dinner out which is a rare treat and was much enjoyed by us all.

I think Ted is settled when he knows we are too. He loves getting his parcels as much as we do making them. There are always paintings and home made cards from the children which he loves the most and I have been writing the old fashioned letter to include. It surely is an art we have lost but I make the effort and add a bit each day so it's not one task to complete at the last minute. Ted has sent some letters home too. The children get quite excited when they see an envelope addressed to them. They have also been lucky to get a few treats. Mia saves hers but Oscar's are gone in a flash! No sharing here!

I enjoyed reading in the last Bugle about separation anxiety in pets. It did make me laugh but also was true to form for Tess. She really is Ted's dog and yes she has missed him and we have done our best to keep her entertained and out of

mischief. She still however manages to chew the odd shoe or slipper left lying about and managed last week to shred the old duna I put in her kennel as a treat! While on the subject of pets, Gruff has been content and has not had us chasing him up and down the road. Long may that last!

I am grateful that this deployment is happening in the warmer months. It helps me to feel motivated, to get out and about and do things both for myself and the children. I can imagine winter would make it too easy to stay out of sight and become isolated. Not currently a risk for us! Keep the sun shining!

I hope the sun is shining where you are and that time is passing quickly for you. I heard of some homecomings last week and felt envious but got over it quickly enough. Its not just our time yet! Patience is the order of the day and we all have things to do before that can happen.

Look forward to catching up next month.


Dolly



# LOOKING BACK

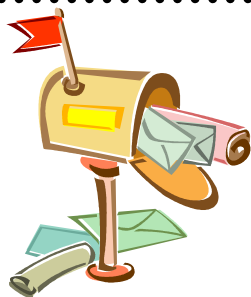
## 15 March - 1944

### *NZ Forces Capture Castle Hill at Cassino*

 On 15 March 1944 the 6<sup>th</sup> New Zealand Brigade attacked the Italian town of Cassino as part of the Allies' advance on Rome. The New Zealand Division played a significant part in this campaign and by the time it was withdrawn in early April, 343 New Zealanders had lost their lives.

The success of the 15 March attack on the tactically important Castle Hill depended on the effectiveness of a planned bombing campaign. Troops had been waiting three weeks in freezing rain for suitable weather for an aerial assault. Bombarded from the air and land, Cassino was reduced to a pile of rubble. But the German defenders rallied quickly and put up staunch resistance. In conditions reminiscent of the First World War, Allied armour and infantry were held up by bomb craters that flooded as heavy rain set in, turning the rubble into a morass. Communications were difficult and progress was slower than expected. One New Zealand Battalion did manage to seize Castle Hill, but by dusk the attack had lost its impetus.

Over the next eight days more New Zealand troops entered Cassino, but they were unable to make any headway. On 23 March all attacks were called to a halt and the New Zealanders went on the defensive. Cassino did not fall until 18 May 1944, when it was occupied by Polish troops with the assistance of New Zealand artillery.



## CHANGE OF ADDRESS FORM

If your address or contact details have changed, or are changing, could you please complete this form and return it to the DSO in Burnham.

Service Person's Name: .....

Deployment Location: .....

Name: .....

Old Address: .....

New Address: .....

Postcode: .....

Phone Number: ..... Email address: .....



**“EVERYONE SERVES”**

## The Positive Side of Deployment

### New opportunities

View this deployment as an opportunity — Set a goal and give yourself a chance to grow and learn new things.

- **Set a goal with the deployment's end date in mind.** Make a list of projects that you need to complete. Clean out that wild hole you call a garage, take a course that requires focus or create a new fitness plan for you and your family.
- **Visit family.** Deployments can create an opportunity to visit family and friends who can become one of your support systems during this deployment.
- **Create new family rituals or build upon the old ones.** Consistency is important for everyone, especially children. Continue Friday game nights or Saturday pancake breakfasts and consider creating new customs to get everyone excited.
- **Set a money-saving goal.** With the extra money you get from the deployment, set up a system for saving it.
- **Plan a post-deployment vacation when your loved one returns.** This can be a fun way to count down the days together until his/her return.
- **Give yourself a chance to grow.** Try something new — a yoga class, a book club with other military families, a volunteer opportunity, etc.

### Positive changes

Through the tears and tough times, there are positive changes happening as well. Focus on the following when you feel yourself getting stressed or when challenges become somewhat overwhelming:

- **Watch your children grow.** Deployments can be tough on everyone, but they can also foster maturity and independence that will help your children.
- **Strengthen your family bonds.** Military families have to make a lot of adjustments during times of separation, and this can often lead to discovering new sources of strength and support.
- **Appreciate your family's ability to adapt to change.** Deployments can teach you and your family about flexibility and adapting to change.
- **Allow your "I can do this" attitude to emerge.** It is time for you to shine! You'll be amazed at what you can do when you have to versus relying on another person. See and build on your strengths.

### Handling stress

As the holidays approach, it's important to find healthy ways to deal with the stress that can come from a loved one's deployment. Here are some tips:

- **Keep busy.** Involve yourself in things you enjoy and things that make you feel connected to your service





## “EVERYONE SERVES”

member. Think about projects such as care packages, letter-writing and taking other military children on outings or excursions with yours. This type of giving back often makes you feel better.

- **Establish a routine.** Routines can be comforting in times of change. Even if the routine is different from the one you had before the deployment, try to be consistent with it.
- **Be good to yourself.** Take time out to do something for yourself — take a long bath, cook a special dish you enjoy or find a babysitter and go out with some friends. Give yourself credit for dealing with a difficult situation.
- **Stay healthy and take care of yourself.** Exercising, eating right and getting enough rest are important ways to reduce stress and keep you feeling positive.
- **Cultivate supportive relationships.** Focus on those people who lift you up and make you feel positive. Consider finding another military family experiencing a deployment and share the good and the bad times with one another.

## Support services

There are numerous resources available for both you and your family to assist during deployments, returns and reintegrations.

Contact the Deployment Services Officer for more information.

*Source: [militaryonesource.mil](http://militaryonesource.mil)*

# Talk, Listen, Connect

**S**esame Street, in partnership with WAL-MART, has produced a booklet and DVD on “Helping Families During Military Deployments”. This kit is designed to help military families cope with feelings, challenges and concerns experienced during various phases of pre-deployment, deployment, and homecoming. The kit also includes a child’s activity poster.

While this package has been created with American families in mind, there is much similarity in our approaches to Deployment Support Services. We all experience the same questions, and the same feelings throughout the deployment cycle.

The kit is aimed at children 3-5 years of age. The DVD shows Elmo and his parents preparing for Elmo’s Dad to be deployed. The characters discuss feelings, exchange keepsakes and reviews the reasons why Elmo can’t go too.

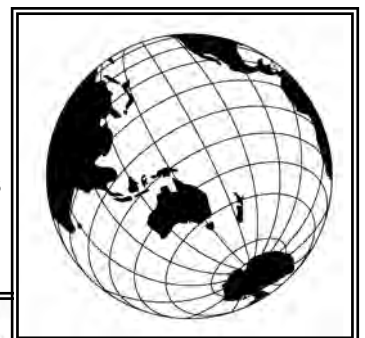
The DVD presentation moves through the cycle of deployment right up to anticipating reunions. Elmo describes being ‘excited in a funny way’ going on to say his tummy is doing flip-flops!

Loan copies are available from the DSO in Burnham or Linton, or you can download the package from [www.sesameworkshop.org](http://www.sesameworkshop.org). Well worth a look!



# MILITARY CHILDREN — ARE WE DIFFERENT?

- A civilian child can read and write in English. A military child can read and write in acronym.
- A civilian child gets to kiss mummy and daddy goodnight each night. A military child sometimes has to kiss a picture of daddy or mummy goodnight.
- A civilian child usually dances around or talks during the National Anthem. A military child stands quietly with his hand over his heart.
- A civilian child sees race. A military child sees diversity.
- A civilian child has a best friend in his hometown. A military child has a best friend on almost every continent.
- A civilian child sees only the plane flying over. A military child not only can identify the type of plane flying but knows someone who works on them.
- A civilian child sees a person in uniform. A military child can tell you what Unit he's in and what his rank is.
- A civilian child lives for tomorrow and what it might bring. A military child lives for today because tomorrow, Daddy might get called away again.
- A civilian child says "good-bye". A military child says, "see you later" (don't we know it, there's never GOOD BYE).
- A civilian child gets to see things other kids would love to see. A military child gets to see things world leaders would love to see.
- A civilian child will probably go to the same school his/her entire life. A military child will probably change schools every two years.
- A civilian child might rarely leave his hometown for anything other than holidays. A military child will rarely see his "hometown" for anything other than holidays.
- A civilian child thinks home is where the heart is. A military child knows home is where the military sends you.
- A civilian child talks on the phone for fun. A military child lives for the 15 minute phone calls once a week.
- And finally.... A civilian child supports our soldiers. A military child IS a soldier. The next time you say a prayer for our troops, please say a prayer for their families, especially their children back home that are trying to be strong.



Source: snopes.com





# EASTER TRIVIA



- ★ The name Easter derived its name from the Anglo-Saxon goddess Eastre, which symbolizes hare and egg.
- ★ Easter always falls between March 22 and April 25.
- ★ Easter is however now celebrated (in the words of the Book of Common Prayer) on the first Sunday after the full moon, which happens on, or after March 21, the Spring Equinox.
- ★ Since time immemorial, egg has been considered as the symbol of rebirth.
- ★ The first Easter baskets were designed as such so as to give it an appearance of a bird's nests.
- ★ The custom of giving eggs at Easter time has been traced back from Egyptians, Gaul, Persians, Greeks and Romans, to whom the egg was a symbol of life.
- ★ During the medieval times, a festival of egg throwing was held in church, during which the priest would throw a hard-boiled egg to one of the choirboys. It would then be tossed from one choirboy to the next and whoever held the egg when the clock struck 12 was surely the winner and will retained the egg.
- ★ Americans however celebrated Easter with a large Easter egg hunt on the White House Lawn.
- ★ Pysanka is the term used for the practice of Easter egg painting.
- ★ The maiden chocolate egg recipes were made in Europe in the nineteenth century.
- ★ Each year nearly 90 million chocolate bunnies are made.
- ★ Besides Halloween, Easter holiday also paves way for confectionary business to prosper.
- ★ When it comes to eating of chocolate bunnies, the ears are preferred to be eaten first by as many as 76% of people.
- ★ Easter Bonnets are a throwback to the days when the people denied themselves the pleasure of wearing fine angels for the duration of Lent.
- ★ Kids' favourite Easter foodstuff comprises of the Red jellybeans.
- ★ Some Churches still keep up the old tradition of using evergreens - symbolic of eternal life - embroidered in red on white, or woven in straw, but most now prefer displays of flowers in the spring colours of green, yellow and white.
- ★ The date of Passover is variable as it is dependent on the phases of the moon, and thus Easter is a movable feast.



<http://www.theholidayspot.com/easter/trivia.htm#2e4OZv24yP9HFyxa.99>

# PERSONAL MESSAGES



The deadline for contributions and personal messages for “The Bugle” is the first Wednesday of each month (**the next edition deadline is 1 April at 4.00pm**). Please note: All “Bugle” messages are to be sent to Carol Joyce, DSO Burnham (email: [dso.burnham@xtra.co.nz](mailto:dso.burnham@xtra.co.nz))

## From In-Theatre

### To Mr G

YIPPEE!! We haven't got long to go now so this will be my last message to you via these means. Thank you so much my darling for your continuous support over the last 7 mths (PDT included), whether it was through the countless number of phone calls, skype or the thoughtful parcels that you sent. I really cannot express to you how much those things meant to me during my time here. You have set the standard babe, well and truly. Should our positions be reversed I'll know what to do, because you have taught me that. I love you so much and look forward to meeting you at the airport (not that I think about it much ha) xo. Yours always, Mrs G.

### To my Brilliant Mates Roche, Alby and Locke

Hey ladies, thank you so much for being there to provide me with advice, guidance, support and laughter when I needed it. Your wealth of knowledge, experience, friendship and humour certainly helped me to get through some tough spots. In the event that you get the same sort of opportunity in the near future (or not), I'm there for you no matter what. You've got it in writing now so there's no going back! Lol. I get it, truly. I'm soooo looking forward to catching up! You ladies are the best xox. Your crazy mate, Leah.

### Dear Dolly

Gosh you are doing a great job on the home front and thanks for writing your Bugle article. I enjoyed it too. Sounds as though you

enjoyed the visit from the Hoopers. Some adult company for a change! Mum and Dad are enjoying helping out so don't forget to ask if you need anything done. They like to feel useful and that they are contributing. Keep buying the lotto tickets. I see there was a recent winner who got their ticket at our supermarket. Silly question but I guess you checked the last one? Time seems to go by fast here. Still plenty to do and we do notice a difference. Love you all. Ted xxx.

### Happy Birthday Mum

Hope you have a great day on March 10<sup>th</sup>. Will be thinking of you and sending all my love your way. Another milestone – or just another day? Trust someone spoils you because you deserve it! Love – he from the Hilton!

### Hey Team Elrick

Look forward to seeing and bugging you all at home soon! Happy Birthday William, sorry I miss it this year but we will have a great time on holiday when I get home. Xavier, thanks for keeping your mummy busy and occupied while I am away - keep up the good work! Jenna, have the NZ BBQ and my death by chocolate ready, NO KIMCHI!!!! Love you very much!

### Kia Ora Moana and Whanau (Pariha, Onerahi and Jordan Rd inclusive)

Hope everything is going splendidly in the mighty North and you guys aren't missing me much...don't lie now! The halfway point has been and gone and we are on the downhill spiral...yeah boy! It's been great but we're looking forward to May. Soooo, 28 March is an

important date for a soon-to-be 10 year old girl. Hari Huritau my Incy Bear I hope you have an awesome day and the 'whanau' hook you up with a lot of prezzies on your birthday. Arohanui, Mum.

### Mole Mate, Sprogs and Villagers

Sup pepps.. Yep that's right we are on the down slope and before long it will be bru and bax on ha-ha, and the shaving of two awesome people's stalla faces, bahaha. Hi kids I hope you all have been behaving and mum still has all her hair ha ha, but I miss all your faces xxx. My darling mana, I hope your surgery goes well and I am with you the whole time, in your heart xxxx. Gorgeous lady I will be home soon and you can finally relax after being so amazing. I love you with all that I am and miss you so much xxxx.

### To Sophie

Happy Birthday Soph, love Dad.

### To my Beautiful Wife and Awesome family

We are now over halfway and keeping busy with time going by quickly. It's getting to the hotter time of the deployment so may get a sun tan!! To Ariana and Samara, I hope all is going well with school and you are getting stuck in. Good luck for all your sporting trials – I know you will both do well. My darling Kataraina, you are growing up fast – keep enjoying Kindy. Miriama, try and be good for Mummy at least some of the time – you still need to sleep!!! My beautiful wife, nearly there and then we can tag in and out and you can rest while I get your list of jobs done. Love you and miss you all so much. Hubby/Daddy.



# PERSONAL MESSAGES CONT'D



## **To Jessica and Divontae,**

It's good to see and hear that you have settled in well and are adjusting to the Palmerston North lifestyle. Jessica thanks for all your help with Belinda – very much appreciated. Divontae, good luck with school and your sports – looking forward to watching you play. See you both soon. Uncle Heath.

## **To Kaye**

It's good to hear all is well down under. Photos of the munchkins are great and don't spoil them too much. Great that everyone is well. Hope the gardens are still green with all the dry weather. More parcels will be winging there way soon. Missing you and time will soon fly by till I'm home. Love you XXX. Lloyd, 8-3-1.

## **To Mum and Bob**

Hope this message finds you both well. I am over halfway through the deployment with work keeping me busy. Life here is good with the weather about to get much hotter – not too good for your plants Mum! Take care and don't work too hard!! Looking forward to catching up with you both when I get back. Heath.

## **To Dad and Jacinta**

Hello again from Sinai. Well it's over halfway and the workload is getting busy – good though as time will go by quickly. It's getting hotter so will be hitting the pool and working on that sun tan!! Hope all is well there and you are taking it easy. Take care and all the best, Heath.

## **To my Jen, Kids Lachlan , Nicholas, Aleisha and Mum (Big Hug for you)**

Just looking at a photo that was

taken at the airport, man I look small next to you boys. Standing next to my Jen and Aly with your great smile, again feel very proud of all and miss you. Hope you are not too sore after the testing week at UCOL Aly. Will write to all separately over next week. Soon be home. Love to all. Mum, Lone Pine is a special place a good resting spot for Fred, Kevin .

## **Dear Wonder-Woman and Batpup**

The Batcave is calling and Batman is looking forward to taking off the cape and being Bruce Wayne for a bit. Wonder-Woman will walk wong for a week wonce Master Wayne returns. Batman can't wait to take the Batmobile for a spin with the Batgun and Batdog. The improvements to Wayne Manor sound great, and it is good to hear all is going well. It's great to see Vids of Batpup climbing and standing up; hopefully his fangs come through soon too! Can't wait to have the Batman back together! Same Bat-Channel.....

## **To all the Fam Bams**

Thanks for all your emails, they always make me laugh. I know I'm really bad at replying though! Mag, your fudge cake was way too delicious! I know who I'll be visiting when I'm on leave, ha ha. Thank you! Rose, will the man cave that Lan's building be ready for me soon? Might have to kick Beau out... Good Luck with the move into your new house Mum, can't wait to mess it up as always! My wall is looking nice and colourful now thanks to all your cool cards & photos. Yes Mag, the princess one is up hee hee. Not long to go. Love you all. G.I. Jane xxx.

## **Gweny & Candie**

Happy Birthday for March my two lovely girls!! Hope you eat lots of

cake and get spoilt with presents.

Candie, since I am absent it's your duty as twinny No. 2 to eat 2 cakes ok, ha ha! Nan, that lolly jar must be getting low now? Wahoo!! Miss you lots, love you heaps. From your favourite grandchild hee hee!

## **From Home**

### **Hi Coach**

We weren't sure if you would get this before or after your Birthday so wanted to be safe. Mum says you are turning really old. Hee hee. Did you know I can count to 40? It's takes a long time to count, so maybe you are really old!? We miss you and are so excited to see you for our holiday. Happy Birthday Rugby Mate. I love you (and picked you out something yummy to eat for your birthday. Mum is going to put it in the post). Lots of love Hunter Man x.

### **Hi Handsome Prince**

So since it's your Birthday, I was just wondering what I will get in the party bag? Mummy said I don't get anything, but I know she is wrong. Ah Daddy? I picked you out the yummiest treat that Mummy will send. Nicer than Hunter's choice. I am loving doing dancing again. I am a beautiful ballerina. I love you. Can't wait for Daddy's tickles soon. Lots of love Princess Lily the First x.

### **To My Husband**

Happy Big Birthday Baby! Wow, wouldn't have thought you would be celebrating where you are! Vegas will always be there, we'll get there someday. We all miss you but are doing fine - pretty much over cooking though and only a

# PERSONAL MESSAGES CONT'D



third down!!! Our holiday down South will be amazing and we are all very excited about it. Keep doing what you're doing. We are proud of you and love you millions xx. Lots of love, your Wife x.

## **Dearest G.I. Jane**

Happy Birthday for the 14<sup>th</sup> March. I hope you get to celebrate in style. A shame about your Valentine's Day! A message from a potbelly 60yr old male. We are all still laughing. Well packing is going slowly and I have left you some memorabilia's; things that may come in handy. Will have your room sorted, by the time you get back. Love you always, Mama Bear. xoxoxo8.

## **Hi Daddy**

I still like seeing you on TV. I have been dancing in my tutu and pink ballet shoes. I am very good. I like Mrs Prebble. She is a nice teacher and I have some new friends. They are Charlotte, Bianca and Lucy. We are going to play at my house one day soon. I miss you. I love you. Mia xxx

## **Hello Dad**

Great to hear from you! We have been busy since school went back but that makes the time without you go faster. On the weekend we went bike –riding in the hills. I like going through the river. There wasn't much water there but we still managed to get covered in mud. Real fun. Tess was racing along behind and was pretty tired when we got home. I am going to Max's birthday party next week and we are going to Paint Ball and then for fish n chips in the park. Should be pretty cool. Love from Oscar xxoo.

## **Hey there Ted**

It's been a good month. No drama's

to report. We all enjoyed having Shelly, Paul, Finn and Chelsea to stay and went out on a picnic, to the movies and pool. Grandma and Grandad looked after all the kids on Saturday night and us grown ups went out for dinner which was a special treat. I hope you enjoyed the last parcel. We always have fun putting it together. Hope you are enjoying my Bugle writing. Miss you, love you always, Dolly.

## **Hi there Dad**

A dog's life is a pretty good one most of the time. Alf still insists he pick me up for a run most days. Some days it would be more appealing to stay in this carpeted kennel you know, but I can't disappoint him. I am still leaner, always smart and in love with bones! Well in love with all food if I am to be honest. The lady of the manor stuffed a couple of pills down my throat last week. No idea what they were for but followed it up with an extra biscuit so I am not complaining or asking. The kids have been tolerant and look well behaved from where I sit and I have a pretty good seat to get the view on all happenings in this place. Still planning on a bark up next skype. Jed.

## **Auntie M**

Was good to see your smiling face and to be lavished with attention. And I hear there is more to come! Yeah for me. BRV xx.

## **Happy Birthday Twinny**

Hope you have a great day and enjoy lots of yummy food. Nan will help blow out all your candles. I will be thinking of you! Your photos and travels sound amazing. So proud of you. Missing you like crazy and can't wait until we can argue and get grumpy at each other again but most of all hang out together. Take care, Lots of love sistah, Twinny #2.

## **Fairy**

### **Godmother**

Happy birthday to you, I hope that your day was special. We can't wait to see you and ride your pet camel. My sister doesn't sleep much and makes a mess, but she can't wait until you are home. I had a party at school, mum said it is different to your parties. We took my sister on her first holiday and met some relatives at the zoo. Loves and fairy sprinkles, Beau and Aurora.

## **James**

Our trip together was amazing! I am so thankful for the time with you! Thank you so much for making it happen! Now we are back to getting through each day and counting down until you're finally home. Lots of jobs for you to do and Max really is in need of some rough plays again. Proud of you every day Hun. Missing you so much. I love you Babe xxxxx. Rach.

## **Hi Mr G**

Wow, the first month is almost up, time is flying by and you'll be home before we know it. All is good back home, and we are taking care of each other. Very proud of the hard work you are doing, keeping our world a safer place. Lots of love Always, Mrs G, and Mr Chopabopolis.

## **To Raniera Bradley**

Hi Raan, how are you son? I trust that you are well and enjoying life over there and all the experiences and challenges that it brings. I am so very proud of you for your perseverance and endurance in this assignment, not to mention being away from you loved ones for six months, like the rest of your colleagues. We are counting down now and looking forward to your return with joy and excitement and I would love to be a spectator at the



# PERSONAL MESSAGES CONT'D



airport to see Te Aranga running out to you calling "dadda, dadda" with her arms out to you and you scooping her up ...We miss you so much son. All is well here and we are looking forward to having a welcome home dinner. In closing son, I want to say Kia Kaha, I love you so much. God bless you. Mama.

## My Darling Heath

Happy birthday for the 17<sup>th</sup>. I hope Ed and John make you a choice as cake (a pile of camel poo with a candle on top doesn't count!) missing you heaps, so is the yard - I've run out of cord in the weedeater and I am still trying to work out how to replace it! Kataraina is doing well at kindy and is making good use with her PEC cards and Miriama's vocab is coming in leaps and bounds, her two new favourite words? Shruck (truck) and help, although her use of that word in public is rather embarrassing when she is running away from you! 2/3's of the way through, can't wait! Love you heaps, Belinda (sister wife #1).

## Hi Dad

Miss you heaps, the wicked stepmother is working hard at her cauldron, not long to go, can't wait to see you and my presents when you get home. Love, Ariana xxx.

## Hi Dad

NNNNIIIIICCCCEEEEE! School's going good, the cleaning of my room not so much! I miss you so much love Samara xxx

## Uncle Heath (Precious)

Happy birthday for the 17<sup>th</sup>! Did you find my mum a bf yet? Can't wait for you to come home so there's another dude in the house. Love your boy Divontae (and sister wife #2).

## To Tracey

Glad you are making the most of your opportunities and getting lots of traveling in as well as half marathon's. The trip to Turkey would have been awesome. Lots of history. Did you find your sock? We are off to Rarotonga for a week for some R & R. Take care. Lots of love, Dad And Jan (Basil and Cheeka say Meow ).

## Hey Hun/Daddy

The countdown is on, we are so excited and can't wait to have you home with us to reunite our little family. Te Aranga misses you so much and sad you couldn't be here to celebrate her second birthday but I know you will make it up to her xx We love you heaps and I will see you in a few weeks on our amazing journey, Xx Stacey/Te Aranga xx oo xx.

## Dear Aunty Keri

My tooth fell out and the tooth fairy took it and she gave me a \$2 coin. I'm going to spend it on a toy that I like. What have you been doing? Please get me some camel milk and send us a picture of camel milk. Do you know why the camels back is lumpy? If you don't know please ask your friend who has got the camels. Did the fire engine come to your house? I laughed a lot. Please come home soon because I miss you. Love from Kayla not Kalen. Ooxx.

## Dear Aunty Keri

Did you like the fire engines? Did they make the noise? Wee-oo! Wee-oo! I went fishing with granddad. I caught a little fish. It was yukky. I like going for a ride in daddy's truck. I miss you, too. Love from Kalen xxoo.

## WHAT'S ON IN BURNHAM— WOULD YOU LIKE TO JOIN US FOR DINNER?

A warm invitation is extended to you and your family to join us for dinner in the Burnham Military Camp B Block Mess on:

**Monday 23 March, 5.30pm**

If you live in the greater Christchurch area, or are visiting Canterbury, this is your opportunity to have a night off cooking, a night off dishes and a chance to meet up with other New Zealand Defence Force families associated with current overseas deployments.

This informal dinner is low key, with no speeches, no presentations, no pressure, no mess and no fuss. It would be just great to see you. As we need to confirm numbers for catering purposes, please RSVP for adults and children attending, no later than 18 March to Carol Voyce, Deployment Services Officer, Burnham on Toll free 0800 33 75 69, (03) 363 0421 or email [dso.burnham@xtra.co.nz](mailto:dso.burnham@xtra.co.nz)

**Need advice, support or  
information to manage  
the deployment journey?**



**The New Zealand Defence Force Community offers  
a broad range of services and supports to help Defence  
families manage this unique way of life.**

**The best way to access these support services  
during a deployment is to contact your  
Deployment Services Officer.**



Carol Voyce  
Deployment Services Officer  
Southern Regional Support Centre  
Powles Road  
Burnham Military Camp  
Burnham 7600  
Christchurch



Ph: (03) 363 0421  
Cell phone: 0274 497 565  
Toll free line: 0800 DEPLOY or  
0800 337 569  
Fax: (03) 363 0024,  
E-mail: [dso.burnham@xtra.co.nz](mailto:dso.burnham@xtra.co.nz)

Janine Burton  
Deployment Services Officer  
Headquarters  
1 (NZ) Brigade  
Linton Military Camp  
Palmerston North 4820



Ph: (06) 351 9399  
Cell phone: 021 649 903  
Toll free line: 0800 OVERSEAS or  
0800 683 77 327  
Fax: (06) 351 9009  
E-mail: [dso.linton@xtra.co.nz](mailto:dso.linton@xtra.co.nz)