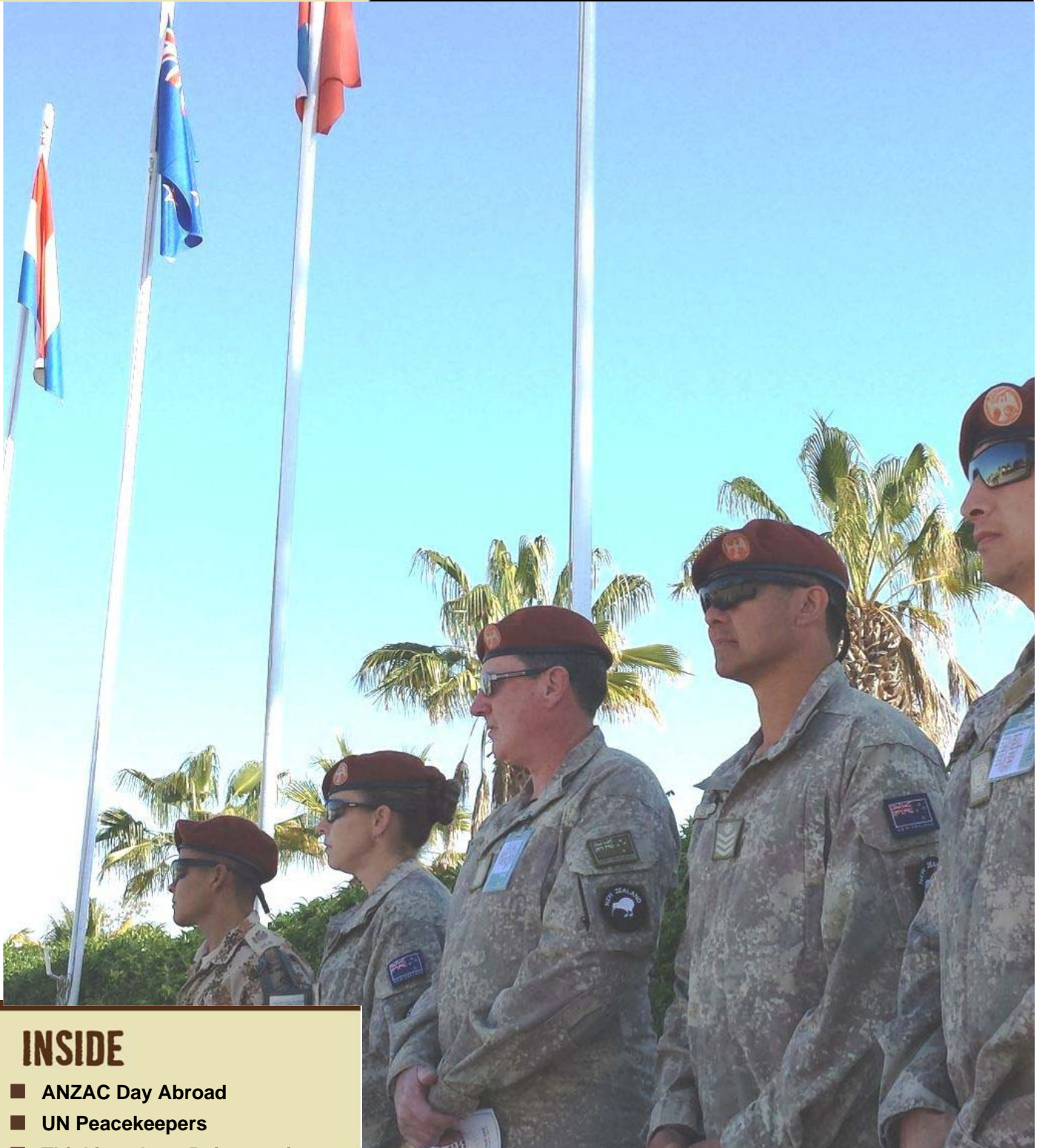


THE BUGLE

Issue 197 | May 2014



INSIDE

- ANZAC Day Abroad
- UN Peacekeepers
- Thinking about Reintegration
- Keeping the home fires burning

COURAGE | COMMITMENT | COMRADESHIP | INTEGRITY

"THE BUGLE"

The Deployment Newsletter is produced for families and service personnel associated with current overseas deployments.

Deadline

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Bugle contributions are welcome and should be sent to Carol Voyce.

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Disclaimer

Articles and opinions expressed in "The Bugle" are not necessarily those of the New Zealand Defence Force.

Cover Photo:

Service personnel deployed with OP FARAD attend ANZAC Day remembrance service.

GUEST EDITORIAL



Lieutenant Colonel Nathan Baker
Commanding Officer
3rd Combat Service Support
Battalion

As a Commanding Officer, I am extremely grateful for the support mechanisms that are available to our deployed service personnel and their families. Although the NZDF currently enjoys a short period of respite, we still have a significant number of personnel deployed and there remains the critical requirement to provide timely support to those away on missions and those remaining in New Zealand.

The more difficult role is undeniably that of the partner, family member, or children left behind. Life for the deployed serviceperson is busy and

demanding, however the real impact of these deployments is on those that stay back in country keeping the home fires burning, entertaining kids on weekends, cooking meals every night, as well as potentially juggling full or part time work, sick kids and paying all the bills on time. With a wife in the military, and two young children, I understand the hectic lifestyle that deployments, exercises, and courses can create.

Never think that the military has forgotten about the effort you put in to support your loved ones and allow them to function effectively on operations. Both Carol and Janine are there for you, as are your Unit Points of Contact if you ever need assistance. Don't wait for them to make the routine call; if you ever feel like you need someone to talk things over, these people are there for you. I encourage you to use these means of additional support. They have worked very effectively for a number of years now and can help you get through. Link in with Unit family activities, continue to be informed and know that your service, although not in uniform, is valued by us all.

To those personnel currently deployed, I wish you all a safe mission and a speedy return. We as an organisation exist to generate capable people like you. Your input on operations is the end effect and the one that serves our country. Keep yourself and your mates safe and be confident that we'll look after the home front.

Whirikoka ō Roto - Strength from Within.

AIR FORCE CHANGE OF COMMAND

30 April 2014

The Air Force marked a change of leadership today when Air Vice-Marshal (AVM) Mike Yardley took command as Chief of Air Force in a ceremony at RNZAF Base Auckland.

The Change of Command ceremony was traditionally formal and impressive, to reflect the importance of the role and the continuity of command for the organisation. The ceremony included a Guard of Honour, parading of the Queen's Colour of the RNZAF and the Squadron Standards of 3, 5, 40 and 42 Squadrons. It concluded with a fly-past of C-130 Hercules and P-3K2 Orion aircraft from Numbers 40 and 5 Squadrons respectively.

After three years as Chief of Air Force, AVM Peter Stockwell leaves a legacy of change and strengthening of the Air Force.

"The decision to move on after 41 years of service was a difficult one for me, but I felt it was time for a new challenge.

"I have thoroughly enjoyed my time in the Air Force, and I will always treasure my term as the Chief of Air Force," he said.

AVM Stockwell congratulated AVM Yardley on his promotion to Air Vice-Marshal and his appointment as Chief of Air Force.

"AVM Yardley is an experienced operational commander and strategic leader, so he is very well placed to deal with the exciting challenges ahead for the RNZAF," he said.

AVM Yardley is looking forward to holding command and facing the challenges ahead. He thanked Air Vice-Marshal Stockwell for handing over the Air Force in such a strong position after his outstanding leadership in the past three years.

"I look forward to guiding the Air Force as it continues to be a modern, innovative and capable force."

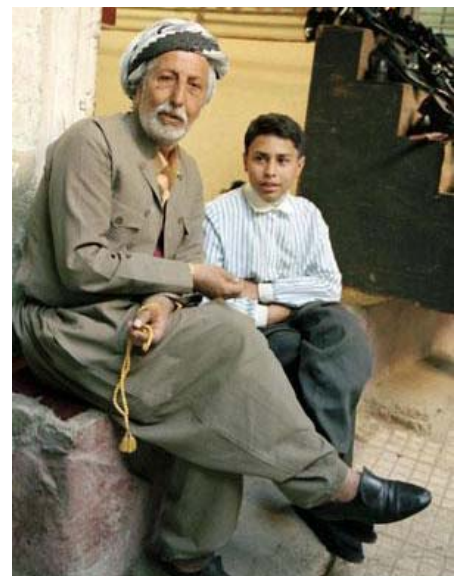
INTERNATIONAL DAY OF FAMILIES

"Families hold societies together, and intergenerational relationships extend this legacy over time. This year's International Day of Families is an occasion to celebrate connections among all members of the constellation that makes up a family. It is also an opportunity to reflect on how they are affected by social and economic trends – and what we can do to strengthen families in response." - Message from Secretary-General Ban Ki-moon.

The International Day of Families is observed on the 15th of May every year. The Day was proclaimed by the UN General Assembly in 1993 with resolution A/RES/47/237 and reflects the importance the international community attaches to families. The International Day provides an opportunity to promote awareness of issues relating to families and to increase knowledge of the social, economic and demographic processes affecting families.

In its resolution, the General Assembly also noted that the family-related provisions of the outcomes of the major United Nations conferences and summits of the 1990s and their follow-up processes continue to provide policy guidance on ways to strengthen family-centred components of policies and programmes as part of an integrated comprehensive approach to development.

The International Day of Families has inspired a series of awareness-raising events, including national family days. In many countries, that day provides an opportunity to highlight different areas of interest and importance to families. Activities include workshops and conferences, radio and television programmes, newspaper articles and cultural programmes highlighting relevant themes.



An Iraqi man with his grandson in a souk in Erbil. UN Photo/Pernaca Sudhakaran

FOREIGN CORRESPONDENTS

INSIDE THIS ISSUE:

News from Afghanistan — ANZAC Day North Kaia 2014	Page 4
ANZAC Day Abroad	Page 5
News From Sinai—Passion, Mission First Safety Always	Page 7
Operation Bird — Lt Kenny Kea in Lebanon	Page 10

Cataflague Guard. OC NSE MAJ Kennish was given the honour of reciting the Ode and presenting the wreath on behalf of NZDF. The ceremony was well received with a coalition support crowd getting up to show their support to the ANZAC troops in KAIA.

“The success of ANZAC Day just added to the realisation that although a small force here we are very much liked and an integral part of the KAIA military network”.

NEWS FROM AFGHANISTAN

ANZAC DAY NORTH KAIA 2014

ANZAC Day in KAIA consisted of a joint effort between the ADF (Australian Defence Force), NZDF, and a small input from the Turkish Air Force.

The day started off at 0415hrs at the Australian recreation area for rum and coffee and homemade ANZAC biscuits. The biscuits had been made on the previous day by SSGT Meynell (NZ) and CPL Walters (ADF). It was estimated a total of 300 were made and they were eagerly sought after during the day. The Camp Grant oven is

getting a lot of use and is well known through KAIA North for the baking products coming out of it.

After the rum and coffee we headed to the Turkish aircraft hanger for the dawn ceremony. Our 2 FP drivers CPL Peaufi and LCPL Loynes made up the Kiwi contribution for an ANZAC

After the ceremony all personnel were invited to attend breakfast together at DFAC 1 where they had ANZAC movie clips playing and a VIP room set up. From there it was all hands on deck in Camp Grant to get the mutli kai cooker going with our highly sought after lamb and pork that was sourced by our ever abiding support crew in Troy AMAB. LCPL Loynes undertook this task very seriously and did a stellar job of preparing our ‘hangi’



ANZAC Day cookies baked by SSGT Meynell (NZDF) and CPL Walters (ADF)



LCPL Loynes and CPL Peaufi standing in front of ANZAC Day Cenetaph with Task Force 633 RSM WO1 Michaels (ADF)

FOREIGN CORRESPONDENTS CONT'D...

lunch while the rest of the kiwis headed to the artificial turf for an ANZAC day touch test against the ADF. We were very fortunate in that New Zealand Touch Rugby sponsored us some of their training singlets and so the NZDF team looked the part in their white singlets. The game was full of the normal ANZAC banter and the ref got a good ribbing from both sides for most calls made. The ANZAC competitive spirit was alive and well and the match was thoroughly enjoyed by all. Final score for the game was 5 all draw...the clock ran out just in time! The Kiwi team was supplemented by an ex Tauranga driver we repossessed from the ADF and only had 1 sub. The ADF team had approximately 200 personnel to select from with 90% of the team fielded consisting of SF. So, all in all, our little kiwi throw together team did an awesome job and we were pleased with the result.

We then headed to the Aussie rec area for our much anticipated hangi and BBQ ANZAC lunch. The hangi was a success and we even managed to make up a gravy and some fried bread to supplement it... lets just say not much of the Aussie BBQ got eaten when the pork, lamb, fried bread and also garlic bread was produced.

Some really good friendships have been made here with the Aussies and other coalition forces. The success of ANZAC Day just added to the realisation that although a small force here we are very much liked and an integral part of the KAIA military network. It's these friendships and networks that fill the gaps when we need a hand and can't rely on home support and it's reassuring knowing that our coalition brothers rely on us to support them as well.

ANZAC DAY ABROAD SOUTH SUDAN and ANZAC COVE



ANZAC Day in Juba, OP SUDDEN, South Sudan. Pictured during the remembrance ceremony are the New Zealand Senior National Officer (SNO), Australian SNO, German Army Officer, Japanese Army Officer and USMC Army Officer



CAPT Marcus Fowler, OP SCORIA at ANZAC Cove on ANZAC Day

FOREIGN CORRESPONDENTS CONT'D...

ANZAC DAY ABROAD AFGHANISTAN

Approximately 300 soldiers and sailors attended the Dawn Service on ANZAC Day in Kabul.

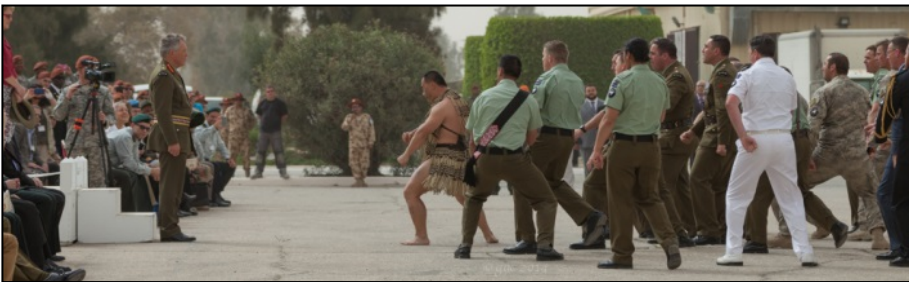


FOREIGN CORRESPONDENTS CONT'D...

NEWS FROM SINAI

PASSION—6.1.1 MISSION FIRST, SAFETY ALWAYS

**WO1 Clive Douglas
RSM NZCMFO**



In Nov 13 03/13 New Zealand Contingent Multi National Force and Observers (NZCMFO) deployed to Sinai. In Sinai over the next 6 months the contingent would get to know each other further. Knowing each other has helped in delivering the operational outputs to achieve the MFO mission; Observe, Verify and Report. The operational environment is complex and changing but the effect the NZCMFO delivers makes a difference in keeping the peace between Egypt and Israel. The effect NZCMFO makes is visually seen daily across the Force as the NZCMFO functional groups contribute in key areas; Force Operations, Force Training Team, Force Engineer Office, Driver Section, New Zealand HQ, Personnel Services, Force HQ and Liaison Branch. All these groups demonstrate operational excellence daily in working together with the 13 partner nations, civilians and local contractors that make up MFO family. For a group to work well and perform as a team to maintain and build on the NZDF reputation and strengthen relationships, all individuals need to be passionate about their profession of arms.

Passion is defined as having a self-

driven attitude about your job and your work that can help lead to success. An individual needs to be motivated, have set goals, be competent, and create energy in their role. What I have observed during this deployment is passion by all members of this contingent. Since PDT in Oct 13 and the time spent at the Ngāti Tūmatauenga Marae in Waiouru, I believe helped in setting the conditions for success. Knowing your history, your culture, values and ethos helps in creating passion for the role we all play in serving our great nation and families.

The team here in Sinai is preparing to head home soon to our families. It is a time to reflect on what has been achieved and a time to say good bye to many friends within the MFO family. One of the themes for the contingent has been to build and strengthen relationships. This common theme for all to contribute to has helped in creating trust within the contingent and wider MFO family. The achievements of the contingent include the Driver Section winning the Force Driving Competition and Force Skills Competition. I remember not being able to sleep for two nights after the Drivers won the Force Skills Competition; it was a proud moment as the RSM and an awesome feeling to observe a group of New Zealand soldiers performing with passion and achieving a win in a multi-national environment.



Short Halt—PTE Brown and LCPL Francis won the Force Driver Skills Competition 2014

Another highlight has been the passion of the team to work towards contributing to the Force's



Stand Too - 03/13 OP FARAD Ngāti Tūmatauenga Marae in Waiouru during PDT

FOREIGN CORRESPONDENTS CONT'D...

operational goals as the Force transitions from 1980's organization to a Force focused on adapting to the current environment. As the team refocus from adapting to the current environment to focusing on returning home, our families have played an important part in demonstrating their passion for our success.

Our success in a large part is due the passion of our families, unit members, deployable points of

contact, Deployment Services Officers and those within the NZDF family who support the team deployed. From all of those deployed as part of OP FARAD we all say "thank you" for your support and efforts to take the time to write in the Bugle, send packages, and maintain contact via social media. Without your support our passion for our role here in the desert would not enable the team to contribute the way they have.

"Passion is defined as having a self-driven attitude about your job and your work that can help lead to success."

Finally, New Zealanders have served in this region since WW1 and New Zealand continues to play a key part in maintaining the peace between Egypt and Israel for the last 32 years. All members of NZCMFO have displayed passion to build relationships and maintain the reputation of New Zealand. Passion has led to success for the team and I will be forever grateful for the opportunity to serve among a group of passionate individuals who have made this tour a highlight of my career;

6.1.1 Mission First, Safely Always!



CA and SMA visit the MFO Change of Command Parade



Our General's farewell



ANZAC Patrol—Anzac Day 2014 Jerusalem War Ceremony



Commemoration—Jerusalem War Ceremony, ANZAC Day 2014

FOREIGN CORRESPONDENTS CONT'D...

“One of the themes for the contingent has been to build and strengthen relationships.”



Building Relationships—FTT out building Force capability



ADJT CAPT Robyns on a task south of North Camp with Force Training Team



Well done—6.1.1



Ruck March—rounds complete

OPERATION BIRD

UNITED NATIONS TRUCE SUPERVISION ORGANISATION OBSERVER GROUP LENANON

THE ARRIVAL OF LT KENNY KEA INTO THE MISSION AREA

CAPT Marcus Fowler

Lieutenant Kea arrived in Lebanon on 14 March amid immediate controversy, after an extended delay of six weeks in transit. He was accompanying some baggage from another UNMO and a number of rumours are circulating as to the reason for the late arrival. Some say LT Kea purposefully redirected the baggage via Bangkok in order to meet some local bird that he met online. Others say that he was spotted pulling at the rubber from car windows in downtown Beirut and spent the last few weeks in a Lebanese prison. With the real reason for his delay remaining a mystery, LT Kea has decided to knuckle down to life as a military observer.

Kenny has been busy since he arrived in Tyre, the largest city in southern Lebanon. He met up with his fellow countrymen at the Kiwi House and insisted that the name be changed to the 'Kea House'. Other residents of the apartment block have stated that Kenny was

seen dangling from the 3rd floor balcony by his feet as CAPT Dan Eder assisted Kenny in some attitude adjustment. Kenny chirped that he would remain on the straight and narrow from now on.

Kenny has completed a number of patrols since arriving at Observer Group Lebanon. He has learnt the role of the military observer is to monitor the line of separation between Israel and Lebanon, known as the Blue Line. He has assisted in spotting some violations, where one party is crossing the line illegally, by using his amazing powers of flight. Kenny could improve his ability to remain unnoticed by reducing the squawking sounds which occasionally get misinterpreted as bad language.

Kenny is currently completing his Test at Observer Group Lebanon also known as the TOGL. This test ensures that Kenny will know all about the many blue line points in his area. He will understand the political situation, the roads, and a variety of drills if things go wrong. Kenny seems to be studying hard and his team leader says he is improving each day. Once he



Kenny taking a break from his studies

passes the TOGL, Kenny will be a senior military observer and will be able to lead others out on patrol. The others in Kenny's team are hoping that this extra responsibility will mark the end of Kenny's naughty ways. Only time will tell.

So we know where Kenny is ... but where are the others?



Tilly Tui saying hi
from Sinai, Egypt



Percy Pukeko saying
hello from Afghanistan



Kiri Kereru calling
out to you all from
South Korea

DSO'S CORNER



Carol Voyce

Deployment Services Officer
Southern Regional Support Centre
Editor "The Bugle"

I was excited to read that New Zealand Sign Language week begins on May 12. Strange you may think that it is something I am really keen on! I was fortunate some years ago to receive a New Zealand Defence Force study scholarship and amongst the things I chose to do was a course in sign language. Luckily I persuaded my daughter to do the same course and we spent some 8 weekly sessions trying to master the language. Of course my daughter was much quicker than me on the uptake, but the bonus was that we could practice together and even had times at home when speaking was forbidden and we could only sign. I never did master the skill as well as I had hoped and every now and then I revisit my notes and try to brush up on my techniques.

I was motivated to do the initial course after one of our deploying soldier's family members was attending a briefing and could only lip read or sign, but in a lecture room with some 100 people that was going to be a challenge – and it was. Luckily with the forewarning I was able to produce some special

notes in the form of a handout but that was not so for other presenters. It wasn't our best effort at meeting the needs of our families!

The 2013 census sadly showed a decline in the use of New Zealand Sign Language and so now, more than ever, we need, as communities, to "Think, Sign and Connect" with this special week and to have the communication skills to maintain conversation with all those in our midst. It's a great tool to have!

Communication is the key to maintaining and enriching relationships during a deployment. We know from experience, that those who prepare well for a deployment and who have realistic expectations of keeping in touch, manage the separation well and reap the rewards. There are so many ways we can communicate with those abroad – phone, Skype, email, and snail mail. All play a vital role! Sadly Skype does not work in all locations where NZDF personnel are deployed, but for those where it does, it makes a huge difference in keeping the connection.

I often recall my visit to Timor-Leste and the huge range of emotions I witnessed when mail delivery day arrived. Lots of "loitering" as the mail was sorted, lots of happy faces when that special parcel or letter was there and equally some sad

faces when there was nothing! I saw parcels "ripped into", laughter and chatter, parcel contents shared about and people drifting off to quiet places to read that special letter and as the day progressed seen later reading it again. These were priceless scenes that I will never forget and have very much formed the foundation that makes us forever say – never underestimate the value of the old fashioned letter.

In just over 4 weeks I will be heading to Eastern Europe on leave (more next issue) and will be relying on communication to and from home while I am away. I won't be in one place long enough to receive letters and parcels but I will be relying on email and Skype to keep in touch with loved ones (and the cat prison). It's that connection that is so important! I am hoping that I might be able to even send an editorial or two from some wonderful place like Slovenia or Romania.

So your goals this week are to connect – to get that parcel or old fashioned letter in the post and to at least "learn seven signs in seven days."



DSO'S CORNER CONT'D ..



Janine Burton
Deployment Services Officer
1 (NZ) Brigade

The speed with which 2014 is passing is just mind-boggling. Already we are into the second third of the year; Easter has passed, Anzac Day as well, and the kids are back at school for their second term. The only bonus for you who have someone on deployment, is that with time passing so quickly, it means that they will soon be home again.

A few months ago I wrote my column based on 'Life Happens'. Well since last month's "Bugle," I have had one of those 'Life Happens' moments. My husband went to Auckland for the week following Easter. Being a good wife (and also being on leave) I dropped him at the airport – we were in his car. As we got near to the airport he realised that he had left his travel cup behind so I offered to race home and get it for him – ordinarily I would have had just enough time to do this; however, when I returned to the airport they had boarded early, hence a wasted trip. Oh dear, life happens! Anyway, I had a number of things to do in town and when I parked the car, made sure that I was well clear of other vehicles and thought the car was safe.

The need for this additional caution is that this car has been a magnet for others to crash into, knock and/or scratch! We have owned it for around 2½ years but the number of times it has "attracted" other vehicles is well above the odds. Yep, you guessed it. When I returned to the car a couple of hours later, someone had bumped into it – there isn't a dent but the paint has been broken where another vehicle has impacted it and then they have scratched down the side of the panel. No details had been left – naturally – so at some point we will have to pay for yet another trip to the panel beater. It is too nice a vehicle to be left with this nasty scratch. Irritatingly, 'Life Happens!' to us all. I chose to wait until he got back from Auckland at the end of the week to share this particular piece of news.

While on a much smaller scale than our deployment timeframes – three days as opposed to six or twelve months – this is the type of scenario many of us face during periods of separation and the timing of 'confessing'. While very irritating and a definite nuisance with a cost component, in the grand scheme of things the car is fixable.

This week sees the start of one of the larger national training exercises here in the lower North Island. While they are only away for three weeks in the field, we are providing the welfare support aspects as well so it is great to be working with a large group of people again. Many of our personnel will be thinking though, that only away three weeks, all will be fine, etc, etc. But – 'Life Happens!'

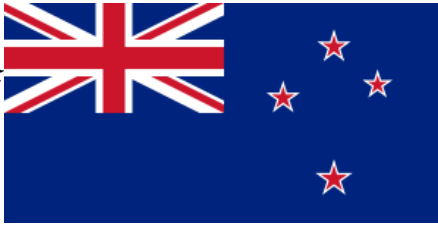
As always, thinking of you all on your deployment journey.

Wonderful Mother

God made a wonderful mother,
A mother who never grows old;
He made her smile of the sunshine,
And He moulded her heart of pure gold;
In her eyes he placed bright shining stars,
In her cheeks fair roses you see;
God made a wonderful mother,
And He gave that dear mother to me.

(Pat O'Reilly)

Happy Mother's Day to Mums' at home and
Mums' abroad and to Mums' whose memory
lives on in our hearts.



“EVERYONE SERVES”

SHOW YOU CARE WITH CARE PACKAGES

It is always exciting to come home from a busy day and find a package or parcel on your doorstep! It's even more exciting when you are on deployment!

Care packages serve multiple purposes. They give family members a tangible activity that they can do on behalf of their deployed service person, they boost the service member's morale and provide them with comfort items that they may not be able to obtain overseas and they help create and maintain a positive connection between the service person and his family.

“I love making up parcels. The first few are easy but then it takes lots of thought to think of new and exciting things.”

“The DSO told us to seal our letters with a lipstick kiss and spray the envelope with our favourite perfume. We all looked at each other and laughed but it works!”

“The kids always help with care packages and love to put in their special drawings and photos of things we have been doing. We even included a copy of the school report and the class certificates and stickers. Bob feels included in the day to day happenings here!”

“Small parcels sent often are much better than the big one sent at the last minute, because we didn't get around to it earlier. I made that mistake on Pete's last deployment and have been pleased that we have managed regular parcels this time which have been great for his morale and ours for doing it!”

“I have been spoilt. Regular parcels from Jane sure boosted my morale. There were little notes from the kids, photos which I could put on the wall and some rather colourful drawings and crafts. These things always made me smile. Magazines were a treat and so was the local paper from time to time. I still enjoyed the old news! It didn't matter what was in the parcel – it was the thought that they had made it up spurred on I guess by the delight it brought to me.”

“It's Easter time and I now have just received a good selection of Cadbury's to devour! More excitingly though, is the handmade Easter cards and the cotton-wool bunny tails! My kids have warmed my heart – again!”

“My Grandma has sent me a small selection of scratchie tickets. She tells me they were easy to post in with a letter and will still be valid to claim on my return. (Or – if I have a big win send them on back!) Nice touch Gran – thanks”

I didn't think that Mum listened that much to the pre-deployment welfare briefing as she was sniffing into her hankie the whole time at the thought of me going away! But how wrong I was – today arrived exactly what the DSO suggested. Home made biscuits, in a Glad Bag filled with popcorn and sealed. The biscuits are fresh and unbroken – well they were until we all had a taste or two! Thanks Mum – you excelled!”

We often ask for feedback to share and these responses from home and abroad clearly illustrate the true impact a care package can have for those deployed. Sometimes you may feel that you are doing all the work and getting little thanks! Occasionally that does happen, but you can be assured that every care package makes a difference!

– And then this:

“I got my own parcel today – the most gorgeous selection of pashminas'. Now that winter is arriving, I am going to get lots of compliments. And there were little stickers for the children and some very odd looking lol-lies. We felt really extra special today.”

Carol Voyce
Editor
“The Bugle”

KEEPING THE HOME FIRES BURNING



Dave has been gone for just over a month. He had a good trip over and was able to ring home shortly after arriving. It was wonderful hearing from him, just to reassure myself that he was safe - silly really. He was ringing home whenever he was able to, but this meant that he was calling every couple of days, and sometimes even daily. The SKYPE we set up on the computer is brilliant and I would recommend it to anyone who is part of deployment. Don't get me wrong, Dave is my world. But he wasn't able to tell us much (well nothing really) about what he was doing and as he knew our routines at home, we found we were having long silences because there wasn't anything new to say. It got even harder for Dave when the kids had nothing new to tell their dad so didn't want to come to the phone or the computer. This is not what we thought it would be and surely it was too early to have to deal with the silences?

By week two we came to a decision that he should only contact home once a week or on special occasions, then we would have a whole week's worth of news to share. Early days but this has been working really well so far.

The other thing I found really surprising was how tired I felt in the first weeks

after Dave left. My routine hasn't changed at all, apart from Dave being away, but he has been away before and I don't recall feeling like this. Sure, the previous times he was away was only for a few weeks at a time on exercise or course. I thought that this would be the same, after all nothing was changing at home, but somehow it feels very different. The kids have been a little more niggly with each other than usual but I remember from the family day that they talked about behavioural changes as kids adapt to having a parent away. I guess I was just reacting to the release of stress from the build up of Dave leaving and then settling down again once he had left. If I wasn't actually writing this for "The Bugle" and thinking about all this stuff I might not have even consciously thought about it.

The other thing we have noticed and which was totally unexpected, is the affect Dave's absence has had on Luca - our dog. Luca is 18 months old and while he is our family pet, there is a special bond he has with Dave. They spend lots of time together in the man cave (garage) "after hours", that is after the kids are in bed and I have possession of the TV remote! Luca has been mooching around and I just know it's because he is missing Dave, so apart from everything else I am trying to spend more quality time with

the dog. The other day when Dave SKYPE'd we brought Luca inside to see him on the computer, his reaction was quite comical but how can you explain technology to a dog?! Dave loved it though.

It is Timmy's birthday on 19 May; he will be turning seven. We have always made a special occasion of the kids' birthdays so with his Dad being away this year, not sure how he is going to react. We will still be doing something special, just not sure what yet.

Day by day the time is passing and more quickly than I thought it would, and I'm not thinking too far into the future. Day by day!

Denise

QUOTE OF THE DAY

The strength of a family,
like the strength of an army,
is in its loyalty to each other.

(MARIO PUZO)

KEEPING THE HOME FIRES BURNING CONT'D.



I really enjoy receiving "The Bugle" each month; in fact after the last deployment, (5 or so years ago) when my partner came home, I ended up missing my monthly "Bugle"!

Now my husband and father of our two pre-schoolers, is away again on his first deployment as a Dad.

We discussed the possibility of a deployment that was approaching, pros, cons etc. He said that the chances were really slim for him to go on this particular deployment. I told him I would support him if that is what he chose to do. It is due to his hard work in the Army that we can afford for me to be at home with our two girls.

Living in an Army town, word got around and there were a few comments that made me realise that the chances of him deploying were a bit bigger than 'slim'. This was affirmed a few weeks later when he came home to let me know that he had been selected. I am glad that my first reaction was excitement for him, because then I realised what I was in for!

Just before deployment we moved towns, bought a new house and had a big family Christmas. We were so busy I didn't really have time, or chose not to think about his upcoming deployment. Not until the pre-deployment

family day. I am so glad I went, it woke me up to the fact that he was actually going to deploy, whether I chose to be ready or not. That is when I really started preparing myself and our girls. Photos were printed, maps were put up, and jobs were completed.

Our girls and I took him to the airport and said our farewells. I was brave, but reminded Miss 2 and Miss 4 that I would need a few more cuddles that day. Miss 4 replied, "but who will cuddle daddy". A quick trip to 'The Warehouse' and we found some nice cuddly toys to send to Dad in those times he needed a cuddle.

You never really know how you are going to cope, or how you will feel. For the first month I didn't really miss him. I guess I was used to him going away lots already. Though I had this weird empty feeling that nothing would fill, not even countless packets of toffee pops.

This has now disappeared and I miss him like crazy!

It is hard to tell what the girls are feeling. Every now and then out of the blue Miss 2 tells me that she misses Daddy. Miss 4 just talks about him constantly. We are so blessed to be able to have Skype! I have lost count of how many packages and pictures we have sent him. It's

all part of our coping strategy. I know that before long it will be over and we will be preparing ourselves for a male coming back into the house!

It is a lot of hard work this time with two little people to look after. But I remind myself how hard it is for him to be away from us, especially his little girls. I am so very proud of what he does and what he has accomplished.

I guess it is hard work for all of us, but hey that's what we signed up for right!

(Name withheld on request.)

Heroes come in all sizes



because being left behind takes bravery, too.

2014 ANZAC STAMPS

2014 ANZAC STAMPS

2014 marks the 75th anniversary of the outbreak of World War II – a war in which nearly 200,000 men and 10,000 women served for New Zealand both overseas and at home.

New Zealand was involved in all but three of the 2,179 days of World War II. It was a conflict that engulfed the globe, taking the lives of 50 million people, including nearly one in every 150 New Zealanders. World War II was New Zealand's greatest ever national effort by land, by sea and by air, and it affected the lives of everyday New Zealanders in ways never seen before or since.

The 2014 Anzac stamps depict WWII poster art. Between 1939 and 1945 New Zealand produced hundreds of thousands of posters, window stickers and cards in support of its involvement in World War II. Displaying posters was seen as a way to contribute to the war effort and they helped to create a war-like atmosphere at home.

The six stamps reflect six of the groups that contributed to the war effort overseas and at home: the Air Training Corps, the Women's Land Service, the Air Force, the Navy, the Army and the Māori Battalion. The purpose of these posters was to raise funds, recruit New Zealanders and give advice and information about the war.

(Source: www.nzpost.co.nz)



70c – Duty Calls the Youth of New Zealand

This poster is an invitation to young New Zealanders to join the Air Training Corps, founded in 1941 to ensure there were enough future recruits to fill the Royal New Zealand Air Force (RNZAF) ranks. Boys aged between 16 and a half and 18 years were eligible to join. The corps reached its peak strength of 9,244 in May 1944.



70c – Help Farm for Victory

Also known as the Women's Land Army, the Women's Land Service was established in 1940 to meet the shortage of male farming labour caused by conscription in New Zealand. By 1944, more than 2,000 women had joined, all of them employed on farms. This small 'posterette' encouraged young women to 'help farm for victory'.



\$1.40 – The Air Force Needs Men!

The pilot in this invitation to join the RNZAF is a self-portrait of the artist, Claude Wade. The heroic theme of the poster tapped into values of patriotism and loyalty. Many New Zealanders answered the call of the RNZAF, with more than 40,000 men and women serving in the war.

ANZAC STAMPS CONT'D.



\$1.90 – Navy Week

New Zealand's naval force, which from 1 October 1941 became the Royal New Zealand Navy, grew substantially during the course of the war. This poster is an emotionally charged call for New Zealanders to give money to the war effort through loans - 'New Zealand expects that everyone this week will invest in the 3rd Liberty Loan'.



\$2.40 – Army Week

New Zealanders lent their money to the government to be repaid after the war, known as 'Liberty Loans'. Nearly half of New Zealand's war spending was covered by internal borrowing, so New Zealand had no outstanding overseas debt after the war. Posters like this tried appealing to New Zealanders' sense of patriotism and sacrifice.



\$2.90 – Taringa Whakarongo!

The war effort included appeals made in Māori to ensure all citizens were informed and persuaded. Such posters were rare, as government messages were usually delivered orally on marae. This poster asks for funds for weapons for the war effort, with one line of the text translating to "without weapons we shall perish".

Deployment Support Services

- ♦ Need information?
- ♦ Need support?
- ♦ Need a listening ear?
- ♦ Need to send an urgent message to a deployment location?

Deployment Support Services are here for you

All missions offer support from the Deployment Services Officer (DSO), Unit Point of Contact and local Welfare Support Services. The nominated Primary Next of Kin (PNOK) of families of deployed NZDF personnel should, in the first instance, contact the DSO who has a responsibility for transparency into welfare issues. Added to this there are other very valuable support networks available in your local region. For additional support and services:

Army:

Deployment Services Officers:

Linton—Janine Burton

Ph: 0800 683 77 327

Burnham—Carol Voyce

Ph: 0800 337 569

Community Services Officers:

Waiouru—Carolyn Hyland

Ph 06 387 5531

Burnham—Cherie Mansell

Ph 03 363 0322

Papakura—John Furey

Ph 09 296 5744

Community Services Facilitator:

Linton—Lesley Clutterbuck

Ph 06 351 9970

Family & Community Services

Officer: Trentham—Marie Lotz

Ph 04 527 5029

Air Force Welfare Facilitators

Air Staff Wellington:

Sarah-Jane Shearman

Ph: 04 498 6773

Base Auckland:

Deana Lye

Ph: 09 417 7035

Base Woodbourne:

Claudia Baker

Ph: 03 577 1177

Base Ohakea:

Bridget Williams

Ph: 06 3515 739

Naval Community Organization:

Ph: 09 445 5534, 0800 NAVYHELP

nib@nzdf.mil.nz

Local Chaplaincy Services

Unit Point of Contact

THINKING ABOUT REINTEGRATION

Reintegration is the phase following Deployment when the service person returns home. During this time, it takes time and effort for the whole family to get used to each other again.

To reintegrate means to “restore as a whole, to make or to be made whole again.”

Reintegration is about re-entering the family as it is now, which will be different to what it was before deployment. Similarly, service personnel may have changed during the time they have been away.

Time and experience changes us. Children grow up, adults get older and we each react to absence and change in our own way. While it is exciting to welcome your loved one home, there can be an awkward period following reunion before things settle down.

There are three typical stages of reintegration.

The “honeymoon” stage is characterised by a sense of relief and euphoria. The family focuses on being together, catching up and sharing experiences and tends to involve dealing with conflicts and annoyances.

The “adjustment” stage kicks in when the pressures of daily life become more evident. Couples may feel irritated with each other as the presence of the returning person disrupts routines established while they were away, and families realise that their roles and expectations have changed and are being tested.

The “final” integration stage is characterised by a decrease in conflict because families address disagreements and settle into new roles and routines.

During reintegration, it is normal to feel anxiety, impatience and even resentment. Some may feel angry at having been away, especially if important events took place while they were gone. Others may feel resentment over changes in family dynamics, roles or responsibilities. Children in particular find it hard to adjust to new things and seek familiar, comfortable routines.

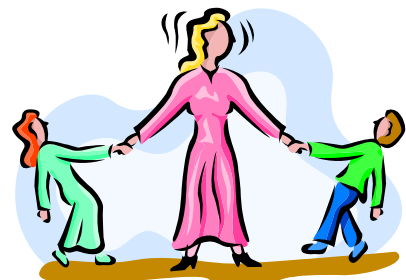
These feelings and phases are a normal part of reintegration and is another chapter in your military life.

If you are having any difficulties post deployment be sure to contact the Deployment Services Officer, Unit Commander, Psychologist, Chaplain or Welfare Facilitator for assistance. NZDF has a wealth of personnel and resources to help both service personnel and their family members should the need arise.

My Mother Kept A Garden

My Mother kept a garden, a garden of the heart,
She planted all the good things that gave my life its start.
She turned me to the sunshine and encouraged me to dream,
Fostering and nurturing the seeds of self-esteem...
And when the winds and rain came, she protected me enough-
But not too much because she knew I'd need to stand up strong and tough.
Her constant good example always taught me right from wrong-
Markers for my pathway that will last a lifetime long.
I am my Mother's garden.
I am her legacy-
And I hope today she feels the love
reflected back from me

Author Unknown



PERSONAL MESSAGES

The deadline for contributions and personal messages for "The Bugle" is the first Wednesday of each month (**the next edition deadline is 4 June at 4.00pm**). Please note: All "Bugle" messages are to be sent to Carol Joyce, DSO Burnham (email: dso.burnham@xtra.co.nz)



From In-Theatre

Christine, Tania and the gang at HQ 3 CSS Bn

Thanks for the message. Things are going well and time is flying by. I saw two pictures of the RSM in the same Army News. Very photogenic. Take care. Marcus.

From Home

Hi Dad

Not long now until you get home. We can't wait. We have lots to do in the holidays to get ready. We are going to make a big banner to take to the airport and Mum is getting an old sheet and some paints for us so it will be fun. The holidays start next week. We are going to go to the movies to see The Muppets and Laura is coming for a sleep over. Tom Tom is getting very fat and eats and hunts all day long. He still sleeps on my bed at night though as he must be tired and full. It is getting cold now and it is dark so early. We love you and miss you and will see you next month. Love Flossie xxx.

Hi L.L.

On the countdown! Looking back time seems to have gone fast. We are looking forward to your homecoming. Put some thermals in your bag! Love you Cissy xx.

Hello Grandson

This will be my last message from the far North. We have missed your cheerful face and frequent calls but know that you have done a great job while you have been deployed. We are always proud of what you

achieve and how you live your life. We will be thinking of you on ANZAC Day as we attend the local service. Finish off your tour in the great way, you have done it all and we look forward to your visit when you can fit it in. Be safe. Love always Grandad and Grandma.

B.V.

Always missing you and thinking of you and watching for that guiding light. P.V. xx.

Hi Kevin Raymond G

Thought we better get a message to you and wish you the happiest of birthdays on the 11th. Hope you have a great day and someone bakes you a cake. All our parcels are on the way so hope that you enjoy what we have sent and share them about with the others. We will be thinking of you and hoping that we can repeat the celebration on your return. Have fun, Love from all of us xx.

Thinking of you all worldwide as you observe this ANZAC Day and remember. You make us all very proud of your commitment to this country. Jack Corsen.

Hey Dad

You saw my message. Whoopee! Thanks. All good here! The holidays will nearly be over when you see this and we will be waiting for you to come home again. I hope you don't have to go away again too soon after you get back. Mum says that we can go fishing and play footy and I might even be able to beat you now with some arm wrestling. I know I will definitely beat you on the X Box! We have some cool games that you haven't even seen yet! So that means that I have had lots of practice and my

co-ordination and reactions are first class!! We have been going to training and are ready for our big games. That's it from me, your "kid" xx.

Hi Dolly

Thanks for the phone call. Was good to know that you are safe and well! We have just started to get "The Bugle" so thought we would send a message to see if you can spot it. Auntie Eadie went to see the Royal visitors in Blenheim and had a great day out with all her friends and the best spot for viewing she says! Daylight saving has finished here now so it is light in the mornings but dark by the time we get home. I miss the end of the day. Not much fun out walking in the dark! The cold weather will be here soon while you enjoy another summer. Have fun, work hard and stay in touch. Love from all us xxx.

Hey there Black Panda!

I miss you grazing our grass. I miss your grunts and groans. I miss Sparta. I miss your green curry. I miss your bear hugs. I miss your smells. I miss your panda eyes and your panda smiles. I miss your mud. I miss your words. 'Yo mumma' misses you too. I am looking forward to our trip, work hard and be safe. Love Female Cub xox.

Marcus

Hope you're actually working over there and not just drinking coffee with the locals. Try to behave yourself. 2IC.

Happy Belated Birthday Marcus from all at 3 CSS Bn.

Hi kiddo

Happy birthday for the 5th. Wish we were there. HFDYJWYB..

INTERNATIONAL DAY OF UNITED NATIONS PEACEKEEPERS

29 MAY



By resolution 57/129 of 11 December 2002, the General Assembly designated 29 May as the International Day of United Nations Peacekeepers, to pay tribute to all the men and women who have served and continue to serve in United Nations peacekeeping operations for their high level of professionalism, dedication and courage, and to honour the memory of those who have lost their lives in the cause of peace.

The date was chosen because on that day in 1948, the first UN peacekeeping mission, the United Nations Truce Supervision Organisation (UNTSO), began operations, with a group of unarmed military observers in Palestine

As this Day is being observed around the world, peacekeepers are fulfilling roles as military observers, trainers and disarmament experts, civilian police, civil administrators, judges and prosecutors, economists, human rights and humanitarian workers. Others perform the more traditional peacekeeping functions of monitoring ceasefires and buffer zones, in 14 missions on three continents.

UN peacekeepers have a distinctive bright blue coloured helmets or berets, and are often referred to as the 'blue helmets'.

"While peacekeeping by itself cannot end a war.... it can prevent a recurrence of fighting. Above all, it gives time and space for conflict resolution. It gives peace a chance."

Ban Ki-moon
UN Secretary General

For more information visit the
International Day of United Nations
Peacekeepers website.

Did you know?

The 16 UN Peacekeeping Operations are deployed on 4 continents.

UN Peacekeeping is the second largest deployment in the world, yet accounts for less than 0.5% of the world's military expenditure.

Women make up 30% of civilian Peacekeepers, 10% of police Peacekeepers and 3% of military Peacekeepers

The largest mission is in Darfur.

UN Peacekeepers help over 150million people across the world.

The UN is sheltering more than 80,000 civilians at Peacekeeping bases in South Sudan.

May 29th is International Day of United Nations Peacekeepers

For more information: www.un.org

As at March 2014

Peacekeeping Operations since 1948:	69
Current Peacekeeping Operations:	16
Current Peacekeeping Operations directed by the Department of Peacekeeping Operations (DPKO):	17
Uniformed Personnel:	97,518
Troops:	83,571
Police:	12,094
Military Observers:	1,853
Civilian Personnel:	16,979
UN Volunteers:	2,020
Total number of personnel serving in DPKO Missions:	18,111
Countries contributing uniformed personnel:	122