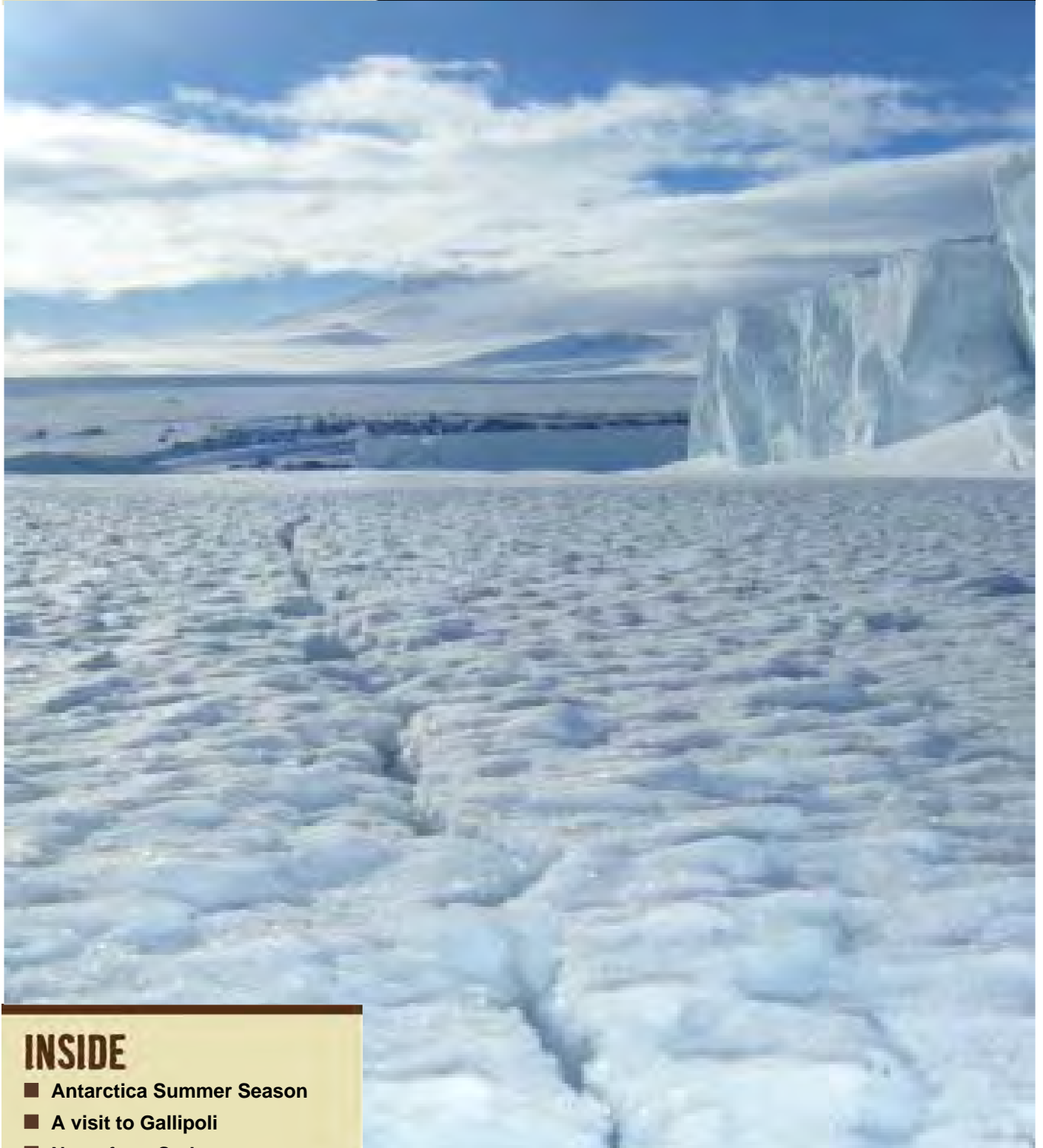


# THE BUGLE

Issue 191 | November 2013



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- Antarctica Summer Season
- A visit to Gallipoli
- News from Sudan
- Deployment Calendar 2014

COURAGE | COMMITMENT | COMRADESHIP | INTEGRITY

## “THE BUGLE”

The Deployment Newsletter is produced for families and service personnel associated with current overseas deployments.

### Deadline

Deadline for Edition 192 is  
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Bugle contributions are welcome and should be sent to Carol Voyce.

Editor: Carol Voyce  
Layout: Christine Muir  
Printing: Sharyn Cameron  
Mere Garton

Contributions co-ordinated by  
Carol Voyce and Janine Burton

### Contact Information

Carol Voyce  
Deployment Services Officer  
Southern Regional Support Centre  
Burnham Military Camp  
Powles Road  
Burnham 7600  
Christchurch  
Ph: (03) 363 0421  
Cell phone: 0274 497 565  
Toll free line: 0800 DEPLOY or  
0800 337 569  
Fax: (03) 363 0024  
E-mail: dso.burnham@xtra.co.nz

Janine Burton  
Deployment Services Officer  
Headquarters  
1 (NZ) Brigade  
Linton Military Camp  
Palmerston North 4820  
Ph: (06) 351 9399  
Cell phone: 021 649 903  
Toll free line: 0800 OVERSEAS or  
0800 683 77 327  
Fax: (06) 351 9009  
E-mail: dso.linton@xtra.co.nz

### Disclaimer

Articles and opinions expressed in “The Bugle” are not necessarily those of the New Zealand Defence Force.

### Cover Photo:

What a view to wake up to each day!  
Antarctica

## GUEST EDITORIAL

**Colonel Pete Hanrahan**  
**J4, Headquarters Joint Forces**  
**New Zealand**

***“The NZDF personnel that contributed towards the Operation CRIB theatre extraction should be proud of what they achieved under extreme environmental conditions and varying threats within Afghanistan.”***

The Joint Logistics (J4) branch, Headquarters Joint Forces New Zealand has been hard at work in 2013 with the theatre extraction of three major NZDF operational missions. In January 2013, Major Aaron Couchman led a theatre extraction team in Timor-Leste and together with the Australian Defence Force assistance, got the deployed personnel home to NZ and packed up the Operation KORU, including Operation GYRO equipment. After 10 years in East Timor then Timor-Leste, the NZDF needed eleven ISO

containers and nine vehicles to Return to NZ (RTNZ). The theatre extraction team worked hard with Ministry of Primary Industries (MPI) and NZ Customs to prepare all the equipment for RTNZ. The NZDF contracted TOLL to ship the containers and vehicles back to Wellington, then unpacked the containers under the watchful eyes of MPI and NZ Customs. The theatre extraction team's work did not end there, as they spent several months in Trentham stocktaking and preparing the equipment for reconstitution. Lockheed Martin Global Industries (LMGI), one of NZDF strategic commercial partners, has commenced the reconstitution of these equipments and are about 70 percent complete, costing around \$480,000 to date.

The largest theatre extraction for the NZDF in recent history was the redeployment of Operation CRIB, Bamiyan, Afghanistan to New Zealand. This theatre extraction concluded in Afghanistan in June 2013 after the OP CRIB theatre extraction team led by Lieutenant Colonel Richard Weston deployed into Afghanistan in September 2012.



**OP GYRO Containers in Trentham Camp**

# GUEST EDITORIAL CONT'D...

The NZDF personnel that deployed to Afghanistan to return all the NZDF personnel and equipment are the unsung heroes of the NZDF. They worked tirelessly for nine months to prepare 46 flights, 100 truckloads of containers, moved 468 tons of freight, 27 vehicles and closed three bases. Although this activity was successful, it was not without its challenges and changing circumstances. The theatre extraction relied upon the United States of America, Australian, ISAF coalition and contracted resources. Moving the NZDF Light Armoured Vehicles from half way across the world to NZ, while meeting MPI and NZ Custom standards, is not an easy task. The Operation CRIB equipments have since been returned to NZ after six months and the Operation CRIB theatre extraction team is still at work stocktaking and preparing the equipments for reconstitution. This reconstitution is estimated to be complete after 20 months (well into 2015) and has cost \$920,000 to date.



*Cleaning Facility in Dubai before NZDF Vehicles are RTNZ*

The NZDF personnel that contributed towards the Operation CRIB theatre extraction should be proud of what they achieved under extreme environmental conditions and varying threats within Afghanistan.

The third major NZDF operational mission that was closed in 2013 was



*HMNZS Canterbury and the Australian Defence Force Vehicles in Honiara*

Operation RATA II in the Solomon Islands. In partnership with the Australian Defence Force, the NZDF deployed a theatre extraction team to Honiara, Solomon Island in June 2013 under Lieutenant Commander Andrew Law. This team again got the NZDF troops home safely and prepared all the OP RATA II equipments to be RTNZ. The HMNZS Canterbury, following its participation on exercise Pacific Partnership was used to transport our containers and vehicles, as well as the Australian containers, vehicles and freight back to Brisbane, Australia and Wellington, New Zealand. A big thanks needs to go out to these logistic warriors for their tremendous efforts. The Operation RATA II equipments are just starting to commence the reconstitution process, before they can be redistributed back to the Services.

The examples I have given show you the kind of work the J4 Branch, Headquarters Joint Forces New Zealand is responsible for and conducts on a daily basis. The J4 Mission Support cell provides logistic support on a daily basis to meet the demands of the deployed forces overseas. They also manage the deployed inventory and authorise Scales of Entitlement (SOE) such as

personnel issues stores and clothing. The Contingency support cell is conducting planning activities to support the next deployment, Relief in Place (RiP) activities and major Joint exercises. The J44 Cell provide the Land Component Commander with logistic staff and advise on the management of all NZ Army materiel including those equipments returning back from overseas. The J48 cell manages the logistic lessons learnt, operational contracts, coalition agreements, Stand Operating Procedures (SOP's), logistic doctrine and publications. As the NZDF still has many more operational missions still currently deployed overseas, our small J4 Branch team will be hard at work to ensure our deployed personnel receive the logistic support needed to achieve the mission.

I also wish to acknowledge all the partners, families and friends of NZDF deployed personnel for your support and personal sacrifice. Without this sacrifice and support our NZDF personnel could not perform outstandingly overseas as they have done. The success of the NZDF theatre extractions in 2013 is as much the success of the NZDF partners, families and friends as our own success.



# FOREIGN CORRESPONDENTS

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## NEWS FROM ANTARCTICA

### SETTLING IN

**LTCDR Barry Holmes**  
**RNZN**  
**SNO Operation Antarctica**

*To all the families, loved-ones  
and friends of the Scott Base  
Support Team —*

***“You can be assured  
that everyone is in  
good spirits and we  
are all taking good  
care of each other.”***

We have been here in Antarctica for about a month now and all have settled in well to life at Scott Base. We had our fair share of bad weather during the first couple of weeks, with blowing snow and high winds causing long delays on flights coming to Antarctica. However, this did allow us more time to settle in to our roles at Scott Base before too many scientists could arrive to make life more interesting.

The Communications Operators (F/S Mike Willemse, A/CPL Adam Breetvelt, LAC Matt Keen, and LCPL Stacey Jones) have been running the Scott Base communications office on a 24-hour basis since Thurs 24 Oct 13. They do an eight hour shift each with one person getting a couple of days off after six days/nights on shift. The schedule is quite demanding of them and I don't know how their body-clock ever gets normalised.

We currently have four science events out "in the field" camping away from Scott Base. The Comms Ops are in contact via radio with these groups at least once a day to pass on any messages to/from the event and give updates on weather and news. The Comms Ops also man (excuse the non-pc term) the phones and will take messages from external personnel trying to contact Scott Base staff (or science event personnel) during the day or night. We also get lovely announcements from the Comms Ops each day over our Scott Base public address system updating us with news from NZ and around the world. We have a local newsletter

called "The Antarctic" which is produced by the Comms Ops team. This newsletter is full of lovely pictures taken by our staff on familiarisation trips around Ross Island, as well as humorous articles on all manner of subjects. Sometimes the content is a bit immoderate, but we all like a good laugh at each other now and then. Stacey has also taken on the role of social committee leader and has been doing a fantastic job organising our Scott Base social occasions. Stacey is an energetic individual who will ensure these events are well planned and we all have a good time.

The two Plant Operators (LCPL Aston Flavelle-Taiapa and SPR Ben Armstrong) have been very busy also. Aston went up to Cape Evans (a 2-hour drive in a Hagglund) to help dig five dive holes for a couple of our science events. He ended up staying up there for a number of days ensuring the holes and the camp were all ready for the scientists to begin their experiments. He did such a good job that he was awarded a "good-bugger" award last Saturday at the base meeting. Whilst Aston has been away, Ben has been left to do the work of two Plant Operators here at Scott Base.

With all the bad weather there has been a lot of snow build-up around the base, and Ben is out there most days clearing snow with the D4 or D6 bulldozer. The cab in the dozer must be quite warm because the weather has been rather chilly of late with lows in the minus 30 degrees range. The Plant Operators are also in charge of collecting, separating and compacting our waste streams ready for return to NZ. This doesn't seem like much of a glamorous job, but it is one of the most important sustainable and environmental initiatives that Ant NZ undertakes each season.

# FOREIGN CORRESPONDENTS CONT'D...

***"I hope you can see that we are a busy lot here at Scott Base, but we are all getting on famously ."***

Our Cargo Handler (SGT Nicola Lang) has also been a very busy person with the mass of cargo that has been arriving for the science events. She has to collect all the cargo from the American McMurdo Station (3km away from Scott Base) on an almost daily basis, transport it to Scott Base, and then unpack, sort it and help store it. There is also the painful process of passenger check-in that she manages for all our outgoing personnel returning to NZ. Sometimes it is like herding cats trying to get a group of scientists to deliver their bags on time and using the correct procedure. Cargo Nic (as she is affectionately known) also drives out to the airfield on the ice runway when we have passengers leaving or arriving. Although this is not a task that she has to do every time, she almost never fails to volunteer for this "taxi" service. Nic has her cargo area in the Hillary Field Centre, and woe-betide you if you ever upset her carefully structured set-up.

Thus I hope you can see that we are a busy lot here at Scott Base, but we are all getting on famously together and enjoying our down-time with each other and the scientists who frequent the base. You can be assured that everyone is in good spirits and we are all taking good care of each other.

We look forward to hearing from you either via "The Bugle" or directly through email, or for those of you who still remember - using those old-fashioned written letter thingies.

Until next time.

## ANTARCTICA SUMMER SEASON 2013/2014

**Lance Corporal Stacey Jones  
Communications Operator  
Scott Base**



Our journey began with a little excitement, after a longer flight than expected we landed on the ice runway onto Ross Island, Antarctica. The cold air, was not what I expected it to be; fog surrounded the Air Force plane and in amongst this was a bunch of overwhelmed people. This was only the beginning of our adventure for

the next five months. After a short drive we arrived at Scott Base, we were met by Trudie our Services Supervisor and taken to the Mess for Dinner. After a yummy meal, we went and had our welcoming brief and began our AFS training. Staying in -25 degrees and with the wind chill factor not included, I was really looking forward to staying a night in a tent rather than a hootchie and sleeping on the ice sea.

Once we arrived at our location on the Sea Ice we set up camp and began preparing our kitchen area. We cut blocks out of the ice and made an area to stand in to protect us from the wind. It reminded me of being back home and digging shell scrapes in Waiouru.

I didn't sleep too badly overnight, my pee bottle kept me warm even though it got to -36 degrees. After eating breakfast we started packing up and getting the vehicles loaded for the trip back to Scott Base, in the back of the Haggland.

Seeing the green containers from a distance after all you could see was white for miles, brought a sigh of relief knowing that there was a warm room to go back to. After we





# FOREIGN CORRESPONDENTS CONT'D...



*Above 2<sup>nd</sup> man with the Air Force Hat F/Sgt Mike Willemse and next to him on the right Spr Aston Flavell-Taiapa*



unloaded, cleaned, packed away our gears and emptied our pee bottles, it was time for a shower and a hot cuppa.

For the next few days we all went into our workplace areas and began training, which included licencing and everyday meetings. There were also at least three fire drills a day over a five day period, to prepare us for any emergency situation.

We have a little office, which four of us NZDF staff work out of. It contains radios, computers, pads display system, a fax machine and various SOP's, numbers, etc. This is a very small part of the administration area.

There's always one of us here 24hrs a day and it's never unmanned, unless we are doing mouse rounds, kind of like going on a patrol but around and inside Scott Base. We are working eight hour shifts at a time, and if we aren't on the phone or radio, we are on the computer doing administration work.

Our main focus is to provide support to the science and staff here at Scott Base.

It is now week two here, and I love the beautiful scenery here in Antarctica. There is so much to see and learn from this part of the world. It's peaceful and can take your breath away at times.

Shortly it will become really busy now that McMurdo Station is back up and running.



*NZDF personnel at Scott Base, outside Administration Block Early October 2013. We had just finished the lowering of the Winter Flag Ceremony, in which the youngest person, Spr Ben Armstrong lowered the flag.*

*From Left to Right: SPR Ben Armstrong, LCPL Stacey Jones, LT CDR Barry Holmes, SGT Nicola Lang, F/SGT Mike Willemse, LAC Matthew Keen, CPL Adam Breetvelt, and LCPL Aston Flavell-Taiapa.*

# OPERATION BIRD

Private Kiri Kereru visits  
Antarctica and makes herself at home





# FOREIGN CORRESPONDENTS CONT'D...

## NEWS FROM SINAI

### GALLIPOLI

#### Major Paul Prouse

Most New Zealand homes will have a photo of a grandparent posing next to the pyramids. Letters home from the world wars of the last century often focus on their travels and the exotic sights and sounds of the countries they found themselves in.

My travel story is a return to Gallipoli. In early September, Captain Sam Smith and I took the opportunity provided by our location for a long weekend in Turkey. Simple things are complicated in Egypt and the Multinational Force and Observers (MFO) has taken on some of these practices, layering rules with bureaucracy, so a simple

drop-off at the Tel Aviv airport had us in constant anticipation of delays and missing our flight.

We were much relieved to check-in to our Istanbul hotel after 16 hours traversing three countries. Early the next morning we were picked up by our tour guide for a five hour bus journey through the surprisingly picturesque countryside to the Dardenelles. All the way, CAPT Smith and I expressed our appreciation at the vastly different circumstances by which we arrived in this region, compared to our ancestors of the 1<sup>st</sup> New Zealand Expeditionary Force in April 1915.

There is no simple way to describe the experience of footfalls with your ancestors. The place has natural

beauty and calm, families' picnic on the landing beaches and the diary on one soldier talked of quiet hotels opening up after the war next to the blue sea that slips into the clear sky. At the same time, the past legends and lessons from your early military career pop-up as the guide points out places like Quinn's Post, Lone Pine and Monash Valley. You can see all these from a single spot near ANZAC Cove as you try to absorb the idea that epic national shifts began in an area unbelievably smaller than expected.

As the guide spoke of the landings, the hardships and scarcity on both sides, and the development of commemorative sites, over our shoulders was Chunuk Bair. This had special significance for me as a member of the current incarnation of William Malone's Wellington Regiment: Wellington Company of 5/7 RNZIR (who also celebrated its 150<sup>th</sup> birthday this year). This was the last stop on the tour. I had no



*CAPT Smith and CAPT Daniel Swale at the new site near North Beach where Dawn Services are held*



# FOREIGN CORRESPONDENTS CONT'D...



*The New Zealand monument on Chunuk Bair (only New Zealand commemorative monument at Gallipoli)*



problem delaying the bus of impatient “sight-seers” from departing back for civilization. I took my time to walk Chunuk Bair as something closer to a pilgrim. This was where a chunk of our civilization was made, and those who made it deserve a timeless pause of recognition.

What is not fully understood is why the most common topics of the correspondence from our parents and grandparents during the wars are about their travel and not their other experiences. It is not due to censorship, we have no rigid censorship in our missions today and we still write about travel. Perhaps it is because there is no simple way to describe all the other experiences in a few short paragraphs, or it could be that we think our day job is not that interesting for others. Whatever the reasons, others will learn what has been done by a few, and make the effort to travel across the world to pay their respects, even after 100 years.

## NEW ZEALAND CONTINGENT TOUR TO PETRA

### Staff Sergeant Chris Andrews

For many regular “Bugle” readers it may seem that a deployment to Sinai is just one big holiday, what with all the stories of travel through Egypt and Israel. However, for many myself included the contingent tour to Petra was our first opportunity to leave North Camp overnight for anything other than work. Due to the current security situation quite a few of us have had every Duty Tour we have put our names down for cancelled; the Canadian Tours NCO loves to have a laugh at me as I get yet another refund.

Needless to say that despite the early start I was really looking forward to getting into Jordan and seeing what Petra had to offer. We hit the road at 0630 after completing all the formalities to get out the gate and headed for the Nizzana border crossing between Egypt and Israel. Once through the border it was nice to get onto some

well maintained roads and get up to a massive 90kph for the first time in a while. The border crossing between Israel and Jordan was straightforward and we were in time to meet our guide Najjar and driver Madi from Petra Night Tours.

From Aqaba at the border to Wadi Musa at the entrance to Petra, was a comfortable two hour bus ride and unlike an MFO bus this one was able to climb hills without slowing to a crawl! With one stop on the way at the mandatory gift shop we got to our Hotel at 1700 hrs. Once we had checked in and tidied ourselves up, for some of us it was off to dinner at a local eatery that Najjar had recommended. Despite the language barrier or maybe because of it, a lot of laughs were had by all (ask someone who was there for the full story) and the meal was plentiful, delicious and relatively inexpensive. Unfortunately our night tour of Petra was cancelled yet again for security reasons.

The next morning after a very short walk from the hotel we were at the

# FOREIGN CORRESPONDENTS CONT'D...

gate to Petra. Quite a few of the contingent elected to take a horse ride down to the Siq while the rest of us walked with Najjar and got our first view of Petra's amazing archaeology as we viewed the Obelisk Tomb. The Siq is the ancient main entrance to Petra and is a 1200m long, deep and narrow gorge, hemmed in by cliffs up to 100m high. The Siq is awesome in itself with stunning rock formations, stone carvings and water channels carved into the length of it.

As you begin to emerge from the Siq you get your first glimpse of the Treasury. Then when you get out into the opening you are dwarfed by the huge size of its facade (30m wide and 43m high). It was carved in the 1<sup>st</sup> Century BC as the tomb of an important Nabataean King. It's one of those things you can't really describe and it really needs to be experienced to do justice to this

very impressive feat of engineering. Around the Treasury and further into Petra you get the full in-your-face sales technique that prevails throughout the Middle East at these popular historical sites. You either have to stay staunch or palm them off by telling them your mates behind you have got all the money!

After the Treasury there are various walks and climbs that reveal hundreds of rock carved tombs and temple facades. The largest of all is the Urn Tomb which is part of the Royal Tombs and is believed to have been carved in 70 AD. It was consecrated as a Byzantine Church in the 5<sup>th</sup> Century and on the day we were there, a service was being held and the singing was impressive as it echoed through the rocks. Then there is the Theatre carved by the Nabataean in the Roman style of the period and seating 7000 people. It wasn't unusual at this point to turn and find four or five members of the contingent facing different directions almost back to back taking photos!

As we approached the 800 plus steps up to the Monastery, Najjar our guide who had been the font of all knowledge all afternoon developed an injury and had to leave us, ha-ha. We had been told it would take an hour or more but even with stops for photos and dodging aggressive sales people it only took 30 mins. The Monastery is one of Petra's best preserved monuments and well worth the climb. The most surprising thing for me is with the really elaborate façade, how tiny the space is inside when you enter buildings like the Monastery.

From the Monastery it was down the hill, then a long climb back to the entrance of Petra and Wadi Musa for a well earned feed and a cold coke. Then tired and sweaty it was on the bus and back to Aqaba and our final night in Jordan. The five star Double-Tree Hilton proved to be a pleasant surprise at the end of a long day. Walking around Aqaba proved to be an eye opener, the local Jordanians were awesome. No hard sell tactics here,



*Approaching the Treasury*



*Kiwis overlooking Petra*



# FOREIGN CORRESPONDENTS CONT'D...

just friendly faces and a willingness to converse and answer any questions. With some of our dealings with the Egyptians and Israelis in mind, a lot of preconceived ideas about people and places developed during the tour were shattered by the Jordanians! I would have really enjoyed another night here as the next morning it was back on the bus and through the border.

All said the entire Petra trip was superb and Jordan is definitely a place I would see myself returning to, should I ever have the chance. The Jordanians were made to look even better when we got a terrible dose of reality re-entering Egypt! A huge thanks must go to W/O Timpson and his team who organised what is and may well remain the highlight of my tour.



*From left to right: SSGT Trembath, SSGT Andrews, PTE McGregor, WO1 McLean, WO Timpson, CAPT Smith and SGT Burns*

## NEWS FROM SUDAN

### MAJOR MICHAEL NOCHETE RNZE

Kia Ora from the Republic of South Sudan OR Maintenance of Sanity in South Sudan!

***“No matter how personally challenging this mission gets I know that the family we leave behind are facing their own very real challenges”.***

On 09 July 2011 South Sudan became the newest country in the world. The birth of the Republic of South Sudan (RoSS) was the culmination of a six year peace

process and a new chapter in a region that has seen little peace in the last 50 years. The NZ Army rotates three officers here every six months. One position is as a Staff Officer in the capital Juba and this is currently held by LTCOL John Holley. The other two act as Military Liaison Officers (MLOs) in states and counties. I am currently in Jonglei State whilst MAJ Andrew Mckinlay is in Upper Nile State.

The overall aim of UNMISS is to support a process of capability and state building while improving the security environment and ensuring the protection of civilians. Unlike the UN Military Observers (UNMOs), whose primary role is to observe, monitor and report the

level of compliance to an agreement, the primary role of the MLOs is to facilitate liaison and co-ordination with the Sudan Peoples Liberation Army (SPLA), and other security agencies. A coherent and widespread military liaison capability, working alongside the military units is essential for the military component to play an effective role in mandate implementation. Effective liaison with the SPLA is crucial for the success of the mission, particularly for early warning, physical protection of civilians and improving the security environment.

The SPLA is made up of people who fought for independence. Now as they transition into a professional Army they also face the challenge of internal insecurity from tribal conflict, cattle raiding and an active insurgency. As MLOs, we guide, accompany and facilitate administrative and



# FOREIGN CORRESPONDENTS CONT'D...

organisational requirements with our allocated SPLA Liaison Officers, within our States. This professional challenge is accompanied by the personal challenges of working within a UN organisation as well as managing the psychological and physical stress factors of the mission. Being the only Kiwi in a location, forces you to engage with everyone in your support base. Sometimes you may be the only native English speaker, which can add to a feeling of isolation.

Everyone's coping mechanisms are different. I rely on physical training and contact from home. The internet here is limited but the photos and videos my wife sends to me of our children developing and growing, make my day. There is no 'sewerage system', running potable water or regular power in South Sudan but 60% of the country has cellphone coverage! Texting and the occasional phone call helps keep you balanced, and the morale packages from home break up the monotony of rice and beans (which sometimes have chicken or beef).

No matter how personally challenging this mission gets, I know that the family we leave behind are facing their own very real challenges. My wife's ability to raise two small boys, without me there to give her the occasional break, is a testament to how lucky I am. I appreciate knowing that if she needed help, not only would our immediate family be there, but so would our extended NZ Defence family.

***On behalf of the officers here in the RoSS, I would like to thank our families and the NZDF for the support given to us which helps to maintain our sanity.***



***Driving in South Sudan can be a challenge in itself!***



***Major Nochete with an SPLA Bde Ops Officer (who also acted as a translator for our meeting)***



***MAJ Nochete on a local foot patrol with a Nepalese Patrol***



***Major Nochete with a Nepalese Patrol Commander***



# FOR YOUR INFO

## Operation Christmas Card

Many thanks to those who have already contributed towards this campaign! Some gorgeous cards have arrived in the Burnham office and obviously a lot of time and effort has been taken to create some wonderful masterpieces. If you are still planning on sending in your Christmas cards and letters, please try to have them in the post to the DSO, Burnham, no later than November 15<sup>th</sup>. This gives us time to check and package the cards and send them off worldwide!

## Operation Bird

Kiri Kereru arrived safely in Antarctica and we were delighted to get some great photos to share with you for this edition of "The Bugle". Sincere thanks to the team deployed on OP ANTARCTICA for joining in the spirit of this initiative and sending us such great images.

Percy Pukeko has just arrived in Kabul and is spending time unruffling his feathers and adapting to his new environment.



We all look forward to reading of his adventures as they unfold. Thanks to the team there, who hand picked Percy to join them for the months ahead.

Corporal Tilly Tui has been chosen by the OP FARAD contingent and will be winging her way to Sinai during November. We all look forward to seeing her in her new location and hearing lots of news

from her temporary abode for the coming months.

## Christmas Mail

We do not have a given deadline for Christmas Mail to deployment locations but I am sure you are all aware that the sheer volume of mail generated over the festive season is huge and couriers are working frantically to get parcels to all corners of the world. For this reason and to avoid any disappointment, we suggest you send your Christmas mail by November 22 and clearly mark it as FOR CHRISTMAS ONLY. You can still continue to send your usual letters and parcels as well after this date, but by taking care of this early you can be sure your Christmas wishes will arrive in time

Please note that the sending of Christmas Crackers is banned by New Zealand Post.

## Mail to Antarctica

Over the past 2 weeks there has been some delay in getting Personal mail to our team at Scott Base. This has been because the weather has not been favourable for planned flights to make the journey. We apologise to those who have been disappointed that their parcels have not arrived as soon as we hoped, but I am sure you appreciate the many changing weather conditions in this region and that flight delays are inevitable.

## Christmas Edition of "The Bugle"

The deadline for all contributions to the Christmas edition of "The Bugle" is Wednesday, 4 December. Usually this is a bumper edition and we look forward to many articles, photos and Christmas messages from home and abroad. Be sure to gather messages from family and friends and email (or snail mail)

them to the DSO Burnham to meet the given date. We know that those deployed love to see a message from home – even if they have been slow or somewhat reluctant to send any themselves. (We are working on this!)

## Kiwi Forces Radio

Please refer to the information given on the back page of "The Bugle". This is a great project which Kate has co-ordinated for a number of years and who gives her time, to bring a little cheer to those overseas over the holiday season. This is a fun way to keep in touch and record more family messages for those in all deployment locations.

## Mail to OP SCORIA - ISRAEL

Please note the new address for posting mail to Service Personnel deployed on OP SCORIA is:

Service Number, Rank and Name  
OP SCORIA  
c/- DPSC, HQJFNZ  
2 Seddul Bahr Road  
Trentham, Upper Hutt 5018

All mail will leave DPSC on Mondays by DHL couriers. Please ensure that you write "FORCES CONCESSION RATE" clearly on any letters or packages and attach a Green customs form stating the contents.

## BOUQUET FOR OP FARAD CONTINGENT

Sincere thanks to you all for the best in "Bugle" contributions. You have excelled and we have so much enjoyed your many photos and articles which have given us a great insight into your time so far from us all. Safe travels to those who have reunions to look forward to. We will long remember your efforts to keep us informed and at times entertained. Kindest regards, *Carol and Janine..*

# DSO'S CORNER



## **Carol Voyce**

Deployment Services Officer  
Southern Regional Support Centre  
Editor "The Bugle"

*"You never know how strong you are.....until being strong is the only option you have."*

I found this quote the other day and thought how appropriate! Appropriate for lots of reasons and for so many situations we find ourselves confronted with. I am sure you can identify with this, not only in your every day lives but also when facing the deployment journey. I can think of a number of personal situations, both at work and home, where this saying has been absolutely correct. Be it family bereavements, earthquakes, moving house or difficult work situations; we have managed and survived those things thrown our way! True, we haven't always done these things on our own and there has been many a helping hand to get us through, but we are stronger than we ever think we are!

Several weeks ago I had the pleasure to attend the Family day in Linton for those associated with upcoming deployments to Sinai, Afghanistan and Bahrain. These gatherings have been repeated in different locations over a number of

years and each always present with a common theme - nervous families and loved ones, eager to get the very best in information to prepare themselves for the months that lie ahead. While I put a huge value on the Welfare presentation, loaded with lots of information and handy hints, the greatest benefit I see, is the chance for Deployment Services Officers to meet with and begin a relationship with families, in an endeavour to offer understanding and support for times to come! We know from experience that those who attend pre deployment briefings manage a deployment better. They know how to navigate the system and who the support personnel are, but most of all they have a greater degree of peace of mind when they wave loved ones off.

It was very obvious when families left at the end of the day that they did feel better. There were smiles on faces and words of gratitude. Everyone had been empowered by the information presented, (there was a lot!) and already a little peace of mind was evident. While we all munched on LT COL Jim Maguire's birthday cake during one of the breaks, people were meeting people. New relationships were developing and those in like situations were forging new friendships and developing their own new support mechanisms. This was truly a great day with an abundance of strength on show.

Last week we again tested our welfare support system following the incident in Afghanistan with an injury to one of our soldiers. It is always our aim to be ahead of any likely media report and to lessen any unnecessary family anxiety. With direction from our Joint Forces Headquarters, the Deployment Services Officers rang all the listed Primary Next of Kin of personnel in Afghanistan – whatever their

location. While at that time, the information we had was minimal, we were able to reassure families that their loved one was safe and well. The family of the injured soldier had already been notified. Even though it was well into our Saturday evening (and Canterbury had just won the rugby final!), Janine and I managed to make all our calls before the media reports came through about an hour and half later. We had a wonderful response from those we spoke with, all grateful for the information and reassurance and expressing their concern and best wishes to the family of the injured soldier. We have used this process a number of times over the years and it has always worked well in ensuring information is passed in a timely manner and the burden of worry lessened for all.

Making calls after any such incident abroad is just part of our job, and I hope this latest situation provides you with a little more peace of mind about the support offered and the hours spent behind the scenes by those in our Joint Forces Headquarters who also place a huge value on your wellbeing. We can't guarantee that we will call at a decent hour but we will call if necessary.

As I write for this edition of "The Bugle", the sun is shining and the Army Band is practising a wonderful medley of tunes just behind my office building. – So my toes are tapping, fingers dancing on the keyboard and thoughts drifting back to my late Dad who absolutely loved such music!

Yes – all is good! There is always something to bring strength and smiles to our day.

Kind regards and keep in touch,

Carol.



# DSO'S CORNER CONT'D...



**Janine Burton**  
Deployment Services Officer  
1 (NZ) Brigade

This “Bugle” welcomes a new batch of readers. We are very happy to be on this journey with you. Of course with new readers, we are about to farewell those who we have travelled beside for the past 6 or 12 months. Happy reunions to you all!

As DSOs, Carol and I are very aware that the value placed on mail going between home and deployment locations around the world is immeasurable! Time and time again we hear from personnel who have been away, how much they looked forward to the mailbags arriving to get their hands on that communication from home. Usually it is the parcels they are looking for; after all, who doesn't enjoy receiving a parcel? Letters are not quite so common in our techno-world with emails, texts and Facebook taking over from the good old trusted paper, envelope and stamp! I am very aware that we have long-since lost the art of writing letters in favour of the faster means available. I'm sure that whatever is sent from home via the mailbag is very much appreciated when it reaches its destination.

Don't forget, those of you who are on the deployment, that the mail system works in reverse too and

that parcels received at home are just as welcome and received with pleasure. I know of someone who now has in her possession some wonderful handbags; I won't name names, but am very envious. Well done you!

I was randomly searching the Internet the other day, looking for that elusive inspiration thought that would set the tone for my column, and came across the following quote:

*“Hugging has no monetary value,  
yet the compound effect  
provides endless joy.”  
(Laura D. Field)*

I'm a hugger – are you? If you are one of those people who need the arms of a loved one around you – your spouse or partner, parent, son or daughter – how on earth are you going to survive the 6 or 12 months of a deployment? And that goes for whether you are at home or away. The good thing is, that if you are in need of a hug there is generally someone around to oblige – in the purest and most rewarding way.

Then I found this photo and thought what an absolutely awesome way to send a Christmas hug to a partner, parent or child on deployment. What do you think? There weren't any instructions but I

think what you do is trace around the upper body, arms and head, cut it out and decorate. Paper (it would have to be strong so it wouldn't tear) could be decorated for Christmas. And it could work with fabric or a garment – one of those gifts from overseas to send home, depending on the quality of the shopping in your location of course. Then every time your loved one wore it, it was a physical reminder that hugs for real are at the end of the deployment!

Now that we are into November, Christmas is not too far away. Our advice to anyone sending a parcel to a deployment location for Christmas is to:

- get them into the post sooner rather than later, and
- mark them very clearly that they are for Christmas.

While we would hope that the curiosity wins over the wait until “the day”, we can but try. Always wrap your parcels well. Don't forget to add the green Customs stickers (filled out), address them clearly and get them on their way.

How did the positive thinking go from my last column? Now you have something else to think about – sending hugs and Christmas parcels!



# KEEPING THE HOME FIRES BURNING



**A**nother month gone and another one closer to home comings. This will almost be my last contribution. If I manage another it will be after our long awaited reunions. I have enjoyed writing for you all. I hope you haven't been bored by my contributions. They have given me something to achieve each month and to look forward to as well.

I remember Carol and Janine telling us that homecomings would come around sooner than we would think. I am now sure they were right. I am now trying to recall their hot tips and advice for making the transition easier for everyone. I have just received a booklet called "Open Arms - a Guide for Partners of Personnel returning from Operational Deployment". It is absolutely packed with information to make the process run smoothly. Some of it is going to be relevant to our situation while the rest is of interest and should those "speed wobbles" reappear then I know where I can find some good information to help us along the way.

We have coped with reunions in the past but that was in the pre child days so now I am going to have to learn to share "Daddy" and try to understand that they need

time with him as much as I do. I have done some interesting reading about the whole process and talked with friends with children about what it was like readjusting! They all have various stories to tell. The common theme seems to be that Dads' tend to spoil kids on their return. I heard someone say it is just like Christmas again - and that will happen soon enough. Dads' are said to shower kids with gifts to make up for their absence! That and the need to stop being the nice guy after a couple of days and remember that they have a role in the discipline and routines of the family. Interesting times ahead.

The success of any reunion has to be planning it! We have talked about our expectations for each other and for our kids and made some plans as best we can. While I am still waiting for a date and time, I am already thinking about what I am going to wear to the Airport and what the kids will be dressed in. Funny little things I guess. I am trying to tidy up the house and garden so there are not too many chores to be done as soon as he arrives. I doubt if he will notice or worry but I want things to look good. Then that leaves time for just all of us.

It's been great to know that help or a listening ear has just been a phone call away to the DSO's and I have loved getting "The Bugle" to keep the contact. I am wondering if I have changed much. I think maybe I am more organised, less fussy about household chores and ironing piles, and kinder to myself

than I have been in the past. I have worked hard at communicating abroad and he too has done well in keeping in touch. I think that maybe our relationship has got stronger because of the absence and because we have had to make a bigger effort when separated by the miles. We notice that we appreciate the little things that make a difference to each of us, which probably were just expected or taken for granted in the past.

So I am looking forward to being a family again, but with a little apprehension, hoping that my "dreams" of this reunion will live up to our expectations.

Until next time, happy reunions to all and to those just setting off, your day, like mine will come sooner than you expect.

Sarah.



# KEEPING THE HOME FIRES BURNING CONT'D.

**I** have so much enjoyed reading Sarah's articles over the past few months. I think she is a great Mum who has shown that coping and getting on with life was the only choice she had and has made the most of it during the deployment. It can't be easy and I felt for her last edition when only "Daddy could make it better".

My Grandson is deployed. He was good enough to put our names on the list for "The Bugle", so we have managed to keep in touch with what is happening overseas and have enjoyed many articles and photos that have been

published. You girls do a great job putting this newsletter together and I am sure all the families and oldies like us, really appreciate your hard work. I will miss my Bugle!

I am looking forward to seeing my Grandson again soon. I guess I will just have to wait patiently until it is my turn for a visit, but just knowing he is back will be a good feeling.

You have all made a difference to the way we have felt while he has been away and so thanks to you all and early festive greetings.

Kind regards, Patricia..

## Did you know?

A recent survey on Kiwi Snacks rated the most loved in order of greatness. Is yours amongst the list?:

10. TWISTIES
9. LAMINGTONS
8. K BARS
7. MORO
6. JET PLANES
5. CRUNCHIE
4. JAFFAS
3. PINEAPPLE LUMPS
2. BURGER RINGS
1. CHOCOLATE FISH

Source: Fairfax NZ News

### Deployment Support Services

- ◆ Need information?
- ◆ Need support?
- ◆ Need a listening ear?
- ◆ Need to send an urgent message to a deployment location?

### Deployment Support Services are here for you

The larger missions to Afghanistan, Solomon Islands & Timor-Leste appoint a lead Deployment Services Officer (DSO). All other missions offer support from either the DSO, Unit Point of Contact and local Welfare Support Services. The nominated Primary Next of Kin (PNOK) of families of deployed NZDF personnel should, in the first instance, contact their DSO who has a responsibility for transparency into welfare issues. Added to this there are other very valuable support networks available in your local region. For additional support and services:

#### Army:

#### Deployment Services Officers:

**Linton**—Janine Burton

Ph: 0800 683 77 327

**Burnham**—Carol Voyce

Ph: 0800 337 569

#### Community Services Officers:

**Waiouru**—Carolyn Hyland

Ph 06 387 5531

**Burnham**—Cherie Mansell

Ph 03 363 0322

**Papakura**—John Furey

Ph 09 296 5744

#### Community Services Facilitator:

**Linton**—Lesley Clutterbuck

Ph 06 351 9970

#### Family & Community Services

**Officer: Trentham**—Marie Lotz

Ph 04 527 5029

#### Air Force Welfare Facilitators

##### Air Staff Wellington:

Trevor Stone

Ph: 04 498 6773

##### Base Auckland:

Deana Lye

Ph: 09 417 7035

##### Base Woodbourne:

Claudia Baker

Ph: 03 577 1177

##### Base Ohakea:

Ph: 06 351 5640

#### Naval Community Organization:

Ph: 09 445 5534, 0800 NAVYHELP

nib@nzdf.mil.nz

#### Local Chaplaincy Services

Unit Point of Contact

# MAKING SENSE OF DEPLOYMENT AND ABSENCE

In April 2013 the Australian Defence Force asked their families to post on their Facebook page, handy hints, tips and advice for managing deployments. Here are some of their responses which we can share with you. Many of you will have already adopted some of these ideas and some we may have already talked to you about at pre deployment briefings. The Australian Defence Force's Community Organisation (DCO) keeps in touch with families through a regular newsletter - similar to *"The Bugle"*.

Annamari's biggest challenge was helping her 12 month old remember her daddy, but she shared some great strategies for overcoming this. "We kiss photos of daddy at night... and talk about photos and videos of them doing normal things together...I think it worked because daddy got to see her walk 'live' for the first time when she toddled up to him at the airport!"

Tarissa's idea of a "daddy wall" proved popular. A photo of daddy, a calendar and a map showing his location helps her children maintain a personal connection to their father while he is away. She also gives her children a small whiteboard to write and draw the things they wanted to tell daddy during their next phone call.

Sharen agreed, saying "I think the photo wall is a fantastic idea. When my girls were little, I had photos of their dad everywhere and... we talked about him constantly and marked the days off on the calendar."

Karyn's clever idea of a "magic" box that daddy could periodically 'magic' small toys into, generated smiles in the Defence Family Matters office, while Nyline discussed the importance of finding male role models, from relatives to

neighbours, for her children when her husband is away.

Almost everyone touched on the importance of social networks and friendships. Many commented that staying positive, active and busy is essential, and the idea of planning frequent exciting social outings and visits to help pass time and entertain the children, was a popular one.

Emily said, "Stay positive and smile (and) remember there are support networks in place for you if it all gets too much." Cal recommended social engagements like book clubs, coffee dates and spending time with other partners, and makes the important point that learning to recognise stress, anxiety and sadness is crucial. "Only when you can identify how you are feeling or reacting, then can you manage (stressors)," she says. Cal also keeps a journal to express herself and vent.

Technology prompted much discussion. Debbie and Kristen agreed that keeping the mobile phone charged is critical because one never knows when their deployed member will call and for how long.

It was acknowledged that while Skype and Facebook are great tools, the technology is not always reliable so it is important to find other ways of communicating. Kimberley sends lots of packages and letters. Nyline's children share messages with their father using a teddybear, and many of you rely on email.

"Routine, routine, routine," was the catch-cry from Brooke, who noted that to be ready for the military lifestyle you have to be organised – from arranging school uniforms in ready-to-go sets, to setting aside "me-time" in a gym, and storing ready-to-eat homemade meals in the freezer.



Jeanene felt that asking questions, being informed and seeking help from either Defence or your member's Unit can help you feel in control, while Michelle's suggestions to "Stay positive, get a cleaner, try to get some time out from the kids, say yes when someone offers help," were all popular.

Niaree agreed, going as far as saying, never say no, to anyone offering to help, while Sharen noted that she fared better when she enlisted help and support from a variety of sources.

But it was Megan's comment that particularly drew our attention. She saw deployment as an opportunity to concentrate on her career, her son, her study and her fitness. "I see this as a self development time where I can also achieve my goals while my husband is achieving his", said Megan.

Many of you agreed, as does DCO's Julia Esprey-Barton. "Spending time focusing on your own needs, while reaching your goals is critical to resilience, while helping you feel better equipped to handle both daily life and more challenging times," she says. "When we contribute to the world in a way that is important and enriching to us, we become more resilient."

For further information visit:

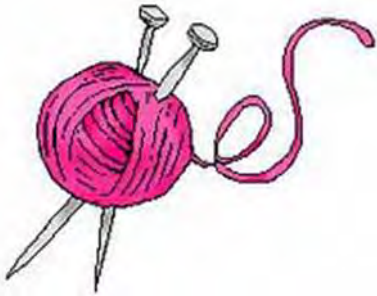
[www.defence.gov.au/dco](http://www.defence.gov.au/dco)  
[www.facebook.com/Defence Community Organisation](https://www.facebook.com/DefenceCommunityOrganisation)



# JUST RAMBLING — AN OPINION, AN OBSERVATION?

*Contributions for this column are welcome and should be sent to Carol Voyce, Editor, "The Bugle".  
Contact details inside front cover.*

## Knitting



What common hobby is shared by Madeleine Albright, Goldie Hawn, Russell Crow and thousands of other men and women across the country? The answer may surprise you. It's knitting, a handicraft that is growing in popularity. Over three-quarters of American households have at least one family member who spends an average of 7.5 hours weekly engaged in some craft, many of whom are knitters.

Besides the obvious advantage of creating useful articles and garments, knitters enjoy a host of health benefits both physical and psychological.

1. Knitting allows you to steep yourself in creativity and forget the stress and anxiety of your day. Being actively engaged in a project about which you are passionate and interested, allows the brain to immerse itself fully in the task, producing a feeling similar to a runner's high.
2. The rhythmic motion of knitting has been proven to change the brain chemistry so as to decrease bad stress hormones and increase the release of such good mood hormones as serotonin and dopamine.
3. The process of learning to knit helps you feel good about yourself and enhances your sense of self esteem. As you master more difficult stitches and patterns, you gain the confidence to try other new things in your life.
4. Crafts like knitting engage both your mind and body, causing optimistic feelings about your life and future. Knitters also tend to be more social and outgoing, especially as they interact with others who share their passion.

Source: [www.creativeu.net/health-benefits-of-knitting-relief-stress-with-knitting](http://www.creativeu.net/health-benefits-of-knitting-relief-stress-with-knitting)

I come from generations of knitters. My grandmother and my mum passed their skills and enjoyment of knitting on to my sister and myself. I am happy to share my knowledge and encouragement with anyone who would like to learn to knit; easier of course if you live in the Manawatu. I even introduced some young knitters to the craft as part of a school holiday activity in the Linton Library during the school holidays, and they did really well.

**Janine Burton, DSO Linton**

## Did you know?

The New Zealand Defence Force has a total of 13,816 people. This includes 8,700 Regular Force, 2,232 Reserve Force, and 2,884 civil staff members across the armed services of Navy, Army and Air Force

# SEND A MESSAGE OVERSEAS

*Send a message  
to your loved one overseas, with...*



**K**ate Lukins, a former DJ and studio engineer with the Radio Network (Newstalk ZB, ZM/FM, Classic Hits, Coast FM etc) and who now works with Defence in a civilian role, has once again secured access to the network's studio, music library and phones.

She will be recording a Christmas radio show for our deployed personnel, complete with music requests and messages of support from families and friends.

The programme will be made available to our people in theatre, in time for Christmas. For people in New Zealand, it will also be available for download from the NZDF website. Download details will be advised in December.

To send a song request and record a message for your loved one, email: [kate.lukins@nzdf.mil.nz](mailto:kate.lukins@nzdf.mil.nz) with your name, phone number (cell phone is okay) and say what time during the 16 – 17 November is best for her to call you from the studio.

**Final day to email your details through is  
Friday 15 November, all calls will be made on  
Saturday 16 and Sunday 17 November.**



# Armistice Day

Source: nzdf.mil.nz

## 11 November

**A**rmistice Day (also sometimes also referred to as “Remembrance Day”) marks the anniversary of the signing of the Armistice that ended the First World War and commemorates the sacrifice of those who died serving New Zealand in this and all wars and armed conflict.

The Great War of 1914 to 1918 was one of the most disastrous events in human history. New Zealand, with a population of 1.1 million in 1914, sent 100,000 men and women abroad. 16,700 died and over 40,000 were wounded – a higher per capita casualty rate than any other country involved.

The coming of peace on the eleventh hour of the eleventh day of the eleventh month of 1918 brought blessed relief for all involved. On Armistice Day 1918, New Zealand had 58,129 troops in the field, while an additional 10,000 were under training in New Zealand. In total, the troops provided for foreign-service by New Zealand during the War represented 10% of its 1914 population between the ages of 20-45.

The signing of the Armistice is observed annually in New Zealand at 11.00 am on 11 November (the eleventh hour on the eleventh day of the eleventh month). Two minutes silence is observed in memory of those New Zealanders who died while serving their country. Wreath laying ceremonies will take place across New Zealand.

### Remembrance Sunday

In addition to observing Armistice Day, Remembrance Sunday has become a universal time of commemoration when all men and women who have died in the service of their country are commemorated in church services throughout New Zealand.

In New Zealand, Remembrance Sunday is observed on the second Sunday in November. We also take this opportunity to remember our comrades in other parts of the world, especially our personnel currently serving in the various operational missions.



*They shall grow not old, as we that are left grow old;  
Age shall not weary them, nor the years condemn.  
At the going down of the sun and in the morning  
We will remember them.*

(Fourth stanza of Laurence Binyon's 'For the Fallen')

# PERSONAL MESSAGES

The deadline for contributions and personal messages for "The Bugle" is the first Wednesday of each month (**the next edition deadline is 4 December at 4.00pm**). Please note: All "Bugle" messages are to be sent to Carol Voyce, DSO Burnham (email: dso.burnham@xtra.co.nz)



## From In-Theatre

### Hello My Beautiful Family

Daddy misses you and hopes you are having lots of fun on the farm. Dayton and Xavier please give mummy a big hug and kiss for me. All all my love, THE MOST.

### Pip

Looking forward to meeting you for the first time, remember though the pillow is mine!

### To all the members of 2/13

Cheers for looking after the Air Force.

### To Hamish

It will be time to provide me with some swimming lessons, Dad.

### To Lexi

Not far to go now, Nigel and I have had enough of the sand without the sea, Mr T.

### Marianne,

Thanks.... J.T.

### To my Darling Wife

Thank you for all your love and support during the tour. Can't wait to be together once again. Forever and Always, xoxoxoxox.

### To BTG

Be home very soon honey bun. Looking forward to enjoying our new lean-to, relaxing in the sun with our friends and their family. Love SSB.

### To Zahira

Daddy will be home very soon, Dad's counting down the days on the milk chocolate advent calendar. Love Daddy, xoxoxo.

### To Zikyah

Daddy will be home very soon and you won't have to cry for me anymore. Looking forward to looking out for you guys at the airport. Love Daddy, xoxoxo.

### To Little Boss

Fresh bread, poached eggs, sleep in, clean shower, long bath, extra pair of hands, .... that's me...what about you J? Hugs and kisses to all our babies – thanks for being my rock. MYMYJSTWKY.  
From Big Boss.

### Hi Zoe

Can you help the littlies make up a Xmas wish list from Santa? Oh and you too of course! Hope everything is good at school. Chat to you later. Love from Mum.

### Hi Willow

Don't lose your bus pass! Hope you had lots of fun swimming with Damon. Maybe you could get Auntie Jo to take you and Zoe to the pools – but only if you're good! Love you from Mum.

### To Maggie and LJ

Miss you guys, you need to stop growing! Big kisses from Mum.

## From Home

### Dad

Love you dad! Hope my i-pod comes soon, but not too long because I'm getting very jealous of Hamish not letting me go on his i-pod. Pip has been sleeping on your pillow, from Ixel xxx.

### Timmy

Finish your adventure on a high,

come home, mow the lawns if you must, and then we can start the next adventure. Can't wait, Xx.

### Megan

All good here, ploughing through the 125As. Steve still sorting out photos of holiday, but will send you a few when all sorted. RSM and all of HQ says hello. Morrie is still ringing, so come back and take over! Take care of yourself. Christine.

### Hey Papa Bear

The boys and I are good. Hope you had a great relaxing birthday. We are having a great time here on the Farm. The boys are growing up so fast! Dayton is a little chatter box and Xavier is a happy little boy. We are all missing you like crazy. All Yours x3.

### Hello there Boy

Hope all is well with you there. We are enjoying lots of summer days and getting ready for Cup week and keeping up the traditions. Nan always seems to insist on a new outfit for race day. I am never sure of the reason behind this as she has a wardrobe full of things that I seldom see. At least I may be able to convince her to recycle the hat. The horse is looking good but not feeling overly confident on the outcome. A few dollars may be invested though. Take care and keep in touch if you can. Love Grumps

### Happy Birthday Son

Thinking of you as you celebrate this great milestone. Hope the parcels we all sent arrived safely. Enjoy your day and a "No Beer". Love Mum and Dad



# PERSONAL MESSAGES CONT'D...

## Hi There Ants

Been thinking of you and wishing you a great birthday. Have a good day and enjoy celebrating in a distant land. Just make sure that you are home for the next one!!! Cheers, Dave

## Bud

Missing you and wishing for your safe return. Keeping busy and trying to not count down. Be safe and keep ringing and skyping. Love you always. Me xxxx

## My Guy

New adventures looking promising. Secured great deals and the best in places to stay! So looking forward to sharing it all with you. Keep safe and remember that homecomings are getting closer. Love you. Your Gal xx.

## Giddy Harry

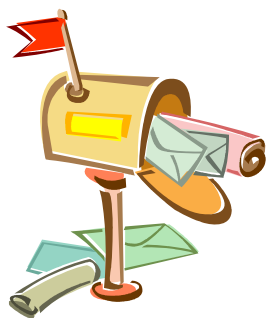
Thanks for the call. Was great to catch up again. Hadn't expected to hear from you again so soon. Must be the thought of all the holiday planning. Took the boat out over Labour weekend. Engine sweet! Tent even got an airing too so looking forward to a fun time with the crew. See you in the next couple of months. Des.

## Hi Megan

Thanks for keeping in touch. Always good to hear from you! Steady stream of magazines coming your way by snail mail. All the gossip seems the same no matter what mag it is! Enjoy your time abroad. Carol.

## Hi Polly

Much quieter month! Would need to be after the last! Enjoyed the rugby - hope you saw that Canterbury won for the 6<sup>th</sup> year in a row. A record apparently. Just hope you remember which box you put your red and black jersey in because you will need it when you get back. I hear the Crusaders play as early as February. I hope that doesn't mean that's when winter starts!! Going to the Cup week races - we will all miss your company but will toast to you that's for sure. Pleased you enjoyed the photos of the 40<sup>th</sup>. Maybe a rerun would be in order, minus the bubbles though!!! Love always, Bridget.



## CHANGE OF ADDRESS FORM

If your address or contact details have changed, or are changing, could you please complete this form and return it to the DSO in Burnham.

Service Person's Name: .....

Deployment Location: .....

Name: .....

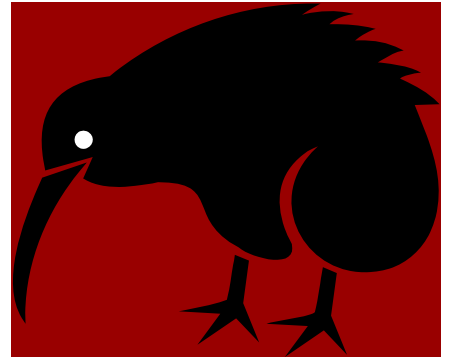
Old Address: .....

New Address: .....

Postcode: .....

Phone Number: ..... Email address: .....

## New Zealand Defence Force Service Personnel — making a difference





Looking back over a ten year commitment from  
NEW ZEALAND DEFENCE FORCE PERSONNEL  
making a difference worldwide

# 2014 CALENDAR

A Deployment Support Services initiative  
kindly sponsored by

*Weft Knitting Co.*

**W**eft Knitting Co. has sponsored this calendar for the past nine years, in support of the work of New Zealand Defence Force personnel, who have deployed worldwide on a number of UN Missions, Peacekeeping Missions and Exercises. This edition looks back over the major deployments of the past ten years and offers a glimpse and tribute into the lives of those abroad.

Over this time our service personnel have deployed afar, including Afghanistan, Iraq, Antarctica, Timor-Leste, Korea, Lebanon, Sinai, Sudan and the Solomon Islands. Their role varies in each location but overall they have made a huge commitment to improving security and stability in fragile nations, contributing towards project identification and reconstruction activities, in endeavours to find a world at peace.

New Zealand Defence Force personnel, from Navy, Army and Air Force, have also played a significant role in assisting Emergency Services within New Zealand and will long be remembered for their work post Canterbury earthquake and for their support to other national tragedies.

Our service personnel have won the "hearts and minds" of many communities at home and abroad and are highly respected.

Calendars may be ordered from: Carol Voyce, Deployment Services Officer, Southern Regional Support Centre, Powles Road, Burnham Military Camp, Burnham 7600, Christchurch

Name: .....

Address: .....

.....Postcode: .....

No. of copies @ \$10.00 each .....

Amount enclosed: .....

All orders must be accompanied by payment. Cheques payable to: Burnham Camp UPF Fund. Orders must be received no later than 29 November. Money raised from calendar sales will be donated to the Fallen Heroes Trust.

**N.B: Early orders are advised. This is a limited edition calendar.**

2013

## WHAT'S ON IN BURNHAM

5 DECEMBER

### BURNHAM TWILIGHT CHRISTMAS FESTIVAL

Thursday 5 December 2013, 4-7pm

Community Hall, Housing Area

Fun rides, stalls, music and entertainment.

For more information contact Cherie Mansell, Community Services Officer 3630 322

2013

## WHAT'S ON IN WELLINGTON

1 DECEMBER

### WELLINGTON DEFENCE AREA CHILDREN'S CHRISTMAS PARTY

Sunday 1 December, 11am — 3pm on Davis Field

All NZDF personnel and families from the Wellington region welcome. POC for Christmas present delivery in each unit and work location or send to Trentham Camp Registry with Child names, NZDF service/civilian name in brackets and work unit or location, e.g. "Bart Simpson" (WO2 Homer Simpson) HQJFNZ.

Tickets for free goodies and appointment with Santa/Fr X are presented on drop off of your child/ren's gifts or available on the day.

Any questions, or further information, please contact [marie.lotz@nzdf.mil.nz](mailto:marie.lotz@nzdf.mil.nz)

2013

## WHAT'S ON IN TRENTHAM

TUESDAYS

### TRENTHAM CAMP MUMS AND BUBS FITNESS

Every Tuesday morning, 9.30am to 10.30 in the Rehab Gym

\$5 per session. Followed by Coffee in the Clock Tower. If you are post baby and just returned to work, this session would be the perfect PT workout for you also, tailored to your capability.

TUESDAYS

### REGULAR COFFEE GROUP

As usual 9.30am every Tuesday morning in the ClockTower

(All NZDF at home parents/caregivers welcome).

Community Centre/Coffee Group Xmas Morning Tea and last coffee group session for the year is 17 December, 9.30am at the ClockTower Community Lounge, Trentham.



2013

## WHAT'S ON IN LINTON

7 DECEMBER

### LINTON FAMILY DAY, (OUTSIDE THE GYM)

Saturday 7 December

For timings and more information, contact Lesley Clutterbuck, Community Services Officer,  
Phone (06) 351 9970.

2013

## WHAT'S ON IN AUCKLAND

8 DECEMBER

### NAVY CHILDREN'S CHRISTMAS PARTY

Sunday 8 December 2013

For more information, contact the Naval Community Organisation on 0800 Navy Help.

## New Zealand ends one-man Iraq deployment

New Zealand's one and only soldier in Iraq has finished his deployment, marking the end of the Defence Force's eight-year commitment.

Lieutenant Colonel Oiroa Kaihau returned from Baghdad this month.

The Defence Force initially deployed to the United Nations Assistance Mission in Iraq (UNAMI) in 2003, but, after an attack on the UN headquarters in Baghdad which killed 21 people, the Government withdrew its commitment.

The Defence Force resumed the mission in 2005, when a UN presence was re-established in the country.

Kaihau was the first New Zealander in the role when the mission recommenced, and has now brought it to a close, serving two years altogether in Iraq.

### ***He's home at last!***



*Lieutenant Colonel Oiroa Kaihau, the final incumbent of New Zealand's deployment to Iraq, returned from Baghdad this month*

# GALLIPOLI 2015 BALLOT



Veterans' Affairs General Manager, Rick Ottaway, is reminding veterans there is a special category for them in the upcoming Gallipoli 2015 Ballot.

"When we asked New Zealanders about how the ballot should be allocated, there was a strong preference for veterans to have their own category", Mr Ottaway says.

"Veterans represent those who fought at Gallipoli and Anzac Day is a day to recognise the service and sacrifice of all those who have fought for New Zealand."

Veterans who hold the New Zealand War Service Medal 1939-45 and the New Zealand Operational Service Medal are eligible for entry in the Veterans category. This means that veterans who are currently serving in the New Zealand Defence Force are eligible as well.

Those who enter in the Veterans category of the Gallipoli 2015 Ballot and are unsuccessful in that category will automatically be entered into the general ballot. Successful attendance pass holders will receive two passes to the commemorations and can give the second pass to anyone they wish.

The attendance passes are free of charge and successful attendance pass holders will need to arrange and pay for all costs associated with travel to Turkey and back. This includes all accommodation.

"VANZ is aware of some tour operators selling package tours to the Gallipoli 2015 commemorations.

No attendance passes have been set aside for tour operators. Individuals must enter the Ballot to guarantee a chance of entry to the Anzac services on 25 April 2015, if successful", says Mr Ottaway.

The Ballot will open at midnight on Friday 15 November 2013 and close on 31 January 2014. Entrants will be advised of their success, or otherwise, in March 2014.

Attendance passes entitle holders to attend the Dawn Service at the Anzac Commemorative Site and the New Zealand service at Chunuk Bair.

*Source: VANZ News Issue 13 October 13*

**For more information, visit [www.Gallipoli2015.govt.nz](http://www.Gallipoli2015.govt.nz) -or call  
Freephone 0800 842 538 once the Ballot opens.**