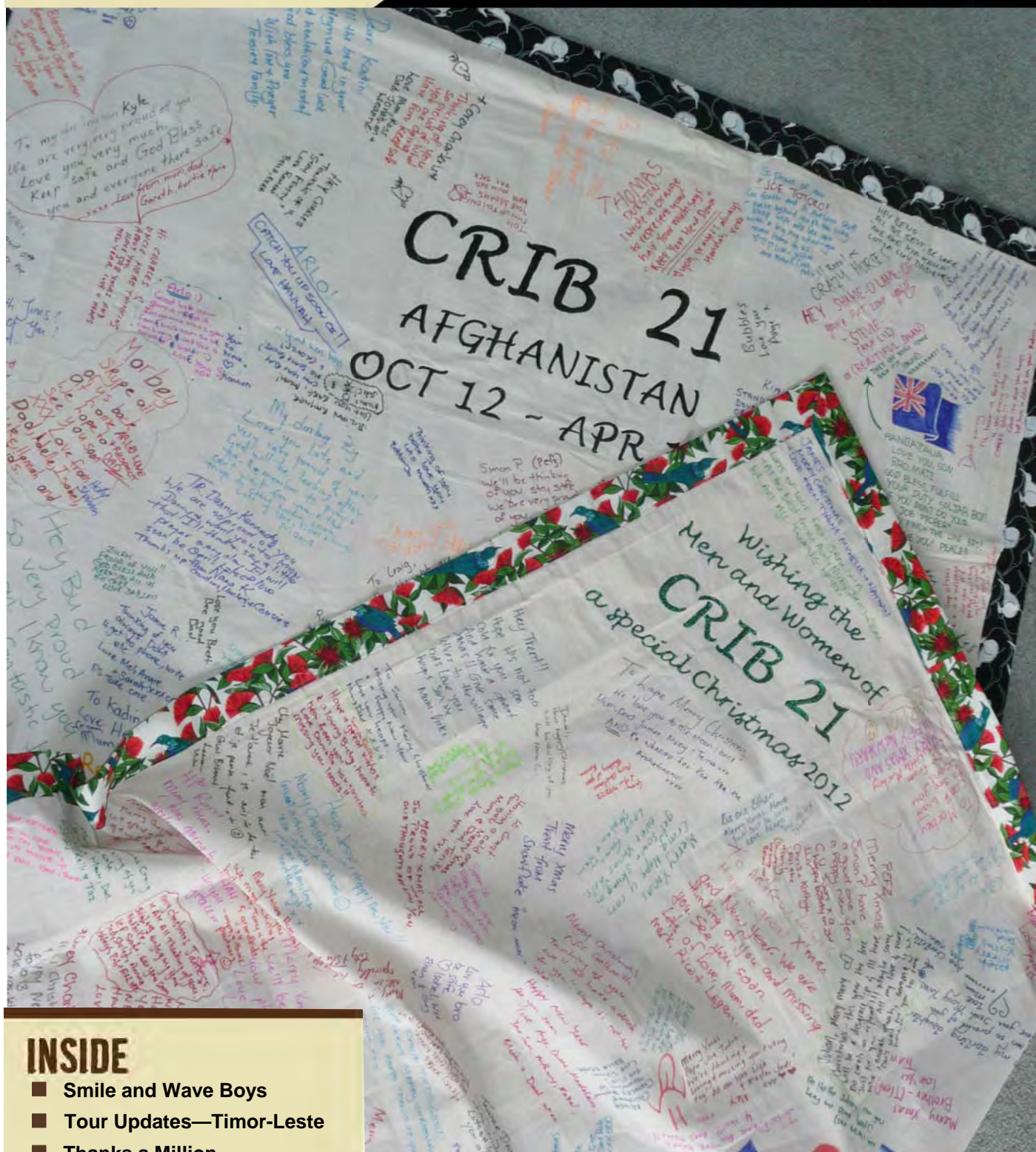


THE BUGLE

Issue 175 | September 2012



INSIDE

- Smile and Wave Boys
- Tour Updates—Timor-Leste
- Thanks a Million
- Kiwi Forces Radio

COURAGE | COMMITMENT | COMRADESHIP | INTEGRITY

“THE BUGLE”

The Deployment Newsletter is produced for families and service personnel associated with current overseas deployments.

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Cover Photo:

The goodwill and Christmas Banners
— CRIB 21

GUEST EDITORIAL

Colonel Chris Parsons Commander 1 (NZ) Brigade

To those who have loved ones on operations and especially the families in Burnham. Firstly, let me pass on Dirk Millar's (Command Sergeant Major 1 Brigade) and my own thanks and admiration for how you have managed and supported each other during the tough and tragic times recently. As a military family we have pulled together when it counted most, and in doing so, we have shown our true colours. In the last six weeks Dirk and I have travelled between Burnham, Linton, Wellington, Waiouru and Auckland. Everywhere we have been there has been a crystalline sense of compassion, community and resolve. Each little bit that each person did has made a big difference. When all is counted together, it is clear that we are a family that has stood firm and stood proud.

This Bugle edition is special because it is the last one for CRIB 20 and the first for CRIB 21. However, we acknowledge the many others who are deployed as well, especially during the current unrest in the Middle East and Africa.

For those of us at home we can and should take heart that our loved ones deploy all over the world to make a positive difference to those less fortunate. That you support them is, I know, of tremendous help to them personally – but it is also a



Colonel Chris Parsons

special service to New Zealand and to those that your loved ones are there to help. I had a chance to talk to the ladies of Linton a few weeks ago and to convey how important family is to me, as Commander 1 Brigade. There are three things Dirk and I are committed to: the Brigade mission, the Brigade team and the Brigade families. Our aspiration is that we maintain and advance a family orientated climate within the Brigade that ensures our families are safe, supported and that encourages families to be engaged with our mission and life on camp. Exemplars of this approach are the ladies who volunteer in the Burnham Camp thrift shop and who provide a wonderful and needed service to their community. I would also like to acknowledge the sterling work of our community and deployment services officers who work tirelessly to support and reinforce our community.

In closing, thank you all for your bravery and your unity over the past weeks, you have my admiration and my commitment.

FOREIGN CORRESPONDENTS

INSIDE THIS ISSUE:

News from CRIB 20 — Commanding Officer	Page 3
News from CRIB 20 — Cracking on	Page 3
News from CRIB — Smile and Wave Boys, Smile and Wave	Page 4
News from CRIB 20 — Salam all the way from Afghanistan	Page 5
News from CRIB 20—The Role of the Supply Technician	Page 6
News from Op RATA 11(15) - It's Solomon Islands Roll over time	Page 7
News from Op RATA 11(15) - Op RATA PI Sgt's Sit Rep	Page 9
News from GYRO 13	Page 11-12
News from Op FARAD	Page 13

NEWS FROM CRIB 20, AFGHANISTAN

Lieutenant Colonel Peter Hall Commanding Officer CRIB 20

Hello CRIB 20 Family and Friends!

This will be my last article for "The Bugle." By the time this goes to print, the advance party and Main Body one from CRIB 21 will either be here or not too far away and we will be doing our best to pass on our skills to ensure they are as prepared as they can be for the following six months. I wish them all the best! As our mission comes to a close and CRIB 21's begins, the thought foremost in my mind is the job is not over yet and won't be until I get everyone home.

This has been an experience I will never forget and I am glad that I have shared it with men and women of such high calibre as your sons and daughters, mums and dads, husbands, wives and partners, family and friends. It has been humbling for me as a 26 year veteran to work alongside young (and not so young) soldiers who live by those superior qualities of courage, commitment, comradeship and integrity.

This country has given us much by way of life time experiences but

cruelly has taken so much in return in the lives of our comrades, our mates, our brothers and sister in arms. I could not put pen to paper without acknowledging the ultimate sacrifice paid by Corporal Luke Tamatea, Lance Corporal Pralli Durrer, Lance Corporal Rory Malone, Lance Corporal Jacinda Baker and Private Richard Harris, and the loss their families have suffered, they will forever be in our hearts.

Having experienced these tragedies together, the team here are stronger, wiser, more experienced, more determined and a slightly more hardened group than when we left New Zealand. You should be proud of how they have conducted themselves, as we are proud of you at home and how you carry on without us as when we deploy, dealing with life's daily crises (that inevitably occur) in that calm, assured manner that you always do. We also know that we have to make allowances as we return home to fit back into the routine that you have established over the last six months – we will all try hard in this endeavor.

We have paid a heavy price, but in

doing so we have helped make the peoples lives here that little bit more tolerable and that little bit more safer, so that hopefully one day they to can enjoy all the things that we as New Zealanders take for granted. Things like unlimited running water, constant access to electricity and fresh food, and the unhindered opportunity to access good education.

I am proud to have been associated with such a fine collection of committed New Zealanders who pulled together in adversity and completed their task with honour, humility, professionalism and humour.

I hope my articles have provided you with a small insight into our life over here through a command perspective. I thank you for all the support you have given your loved ones deployed here in Afghanistan and I wish you happy reunions in the coming week or two.

Kindest Regards, Peter.

CRACKING ON

Major Dave OC K Coy

When I farewelled our comrades in my last message, I spoke of the Company desire to "crack on", to get the job done so that our friends sacrifice would not be in vain. While it has been a difficult period, I can reassure you that, to a soldier, we have done just that. The Coy has kept their focus and maintained the high standards that our departed team would have expected. We have reflected on events certainly, but not a backwards step has been taken. I think you can be proud of the lads/ladies for that, I know I have been reassured by it.

If the events of August weren't enough, transition has been declared in BAMYAN and, with that progress, we needed to get "home"

FOREIGN CORRESPONDENTS CONT'D...

back to Kiwi Base. With the support of the PRT, notably the S3 and S4, we have just planned and conducted hopefully the last Coy activity for the deployment. We closed down our remaining outlying bases and made the journey back to KB. Other than K3/4 taking their time over the high ground (due to vehicle issues I am told, perhaps photo opportunities I think?) and K1/2 and CHQ driving the valley (thankfully avoiding any more river mishaps) it was an uneventful move and we are all now cosy in KB, officially Fobbits. I think the CDF's simple note to LT COL Pete - "Well Done" - sums up the relief that everyone had to back. I'm pretty sure you felt it as well.

It is important to note that our job here is not yet done, although CRIB 20's turn will nearly be completed by the time you read this. We are mindful that, we as NZDF, haven't left, regardless of the opinion back home. The people of BAMYAN still need and want our support. With that in mind the lads are still watching out ready to help, we are preparing our equipment and handovers so that CRIB 21 will start well prepared and we are still keeping an eye on the hills, just in case.

In my short time with K Coy I have seen some sights I don't wish to see again. I have also seen the strength of the Kiwi soldier, standing by their mates, leading by example, putting their own needs second to that of the mission, unit and the soldier next to them. Would I want to do it all again – no, losing our friends once was too much. Would I want to serve with this company and PRT again – undoubtedly, it has been an honour to work with CRIB 20 and K Coy.

A few days to go, and a couple of plane rides, I'll try to get them home in one piece and mostly sober...

To the families; thank you for your

patience, love and support. We couldn't have done this without you. I'm sure there will be tears, laughter, the odd drink and perhaps the occasional distant stare. It doesn't matter, we are home.

To Pralli, Rory, Luke, Jacinda, Harry and our wounded friends; patrol over, RTB, rest. We will be with you soon.

SMILE AND WAVE BOYS, SMILE AND WAVE!

PTE. (AKA SGT Simon)

Hello to all friends and family of CRIB 20! Well just over a month or so to go, then its back for beers and BBQ's. Since the Training Team arrived some months ago, we've had some busy times and not so busy times. It all started off with a hiss and a roar ready to crack into the second platoon of the Bamian Police Quick Reaction Force or PQRF for short, in order to give the first platoon a hand. The team started to prep themselves for the task at hand, such as sorting who was doing what lessons and where. We were all over it. Then without warning, "BAM" no more second platoon, let alone a first platoon, the police chief pulls the wool out from under us. But luckily with a bit of smooth talking from the CO and the "Skipper" (WO1 "Percy") they managed to maintain the first platoon, no more second platoon, the Training Team was without a job and nothing to do.

A few weeks went by with the team mincing about, doing a bit of training for the rest of Kiwi Base (KB). So we cracked into a lot of small arms weapons training off on the 25 metre Hulme VC range and some more patrol SOP training and live firing for the ADHOC patrol's, as well as weapon familiarisation for the HMG, the 60mm mortar, and other weapons that all the patrols

carry in theatre.

Then came a group of semi professional looking soldiers of Afghanistan, these were the NDS (National Directorate of Security), who were after a bit of training as well. In good kiwi fashion, we jumped at the chance to do some more training with the local forces. So a date to start was set and the "Skipper" and "Kowalski" (SSGT Clint) went to work to sort out a training plan for what they wanted. A hard and fast six week training program was designed, this course was to be conducted twice to give the NDS a good sound base to be able to form a company group as part of the local area QRF. Along with this, the "Skipper" and "Kowalski" were also prepping a Command Course to help platoon and squad leaders of the ANP/PQRF and the NDS have a better understanding of how to command and take on situations as they came about. Also our Medical and Nursing officers, along with their Malaysian counterparts, were going to run some basic med training, however, this was cut half way through so only one of these courses was run.

But as you may already know, things aren't that easy in this sunny party of the world known as Afghanistan. On week four of six of the NDS training, the team came back into KB after another hard day out on the range, and you guessed it, "BAM" no more training the NDS. But not to worry there were still those mates in KB to train. So down to the range the team went once more to give them a bit of training in FIBUA and a couple of hundred 9mm pistol rounds to help them improve. Then about a month or so ago, Rico (LCPL 'Bass'), was moved up to Kiwi Company to give him a bit of operational experience within a K patrol and was replaced by CPL Billy who joined us for a bit of training experience and who was

FOREIGN CORRESPONDENTS CONT'D...



King Julien takes ANP on the RPK

put to work running range shoots for the personnel of KB.

Then it was Kowalski's turn to leave the team. He had been fighting a bit of pain in his wing (shoulder) and went down to see a spec doctor in BAF. However, it ended up being

worse than originally thought and off home he went.

From this point, the team has been conducting training for a few new people who have come into theatre to help bolster our numbers. This has and hopefully will keep the



Kowalski at Band e Amir Lakes

training team busy for our remaining time here. Just a few weeks ago training started again with the NDS, this time with its second PI. This has been going now for the good part of a month and has been going well, now CRIB 21 Training Team will have something to do as soon as they arrive.

Most people have now started the countdown to when they go home, thinking of such things as what's going to be the first meal, BK, McD's or K duck, (once of course we've seen our families and friends).

Lastly, the training team and all members of CRIB 20 would like to put our hearts out to Rory, Pralli, Tama, Harry and Jacinda's families and friends for the loss they have endured.

See you all soon.

SALAM ALL THE WAY FROM AFGHANISTAN

My name is Hanson and I was one of the chef's in COP Romero for CRIB 20. I arrived in Romero early June via Black Hawks. By this time, this was my second ride on the Black Hawks, so I was pretty stoked. The flight from Kiwi base to Romero took approx 20mins where I managed to take a few scenic photos. Arrival at camp Romero! Didn't know what to expect but I had a reputation to live up to. Thanks Kate for that pressure, lol. Kate the chef I was replacing, showed me around camp and gave me a handover and the next day I was into it, cooking my first meal for the many critics, I was awaiting their comments. Nothing came my way so I took it as a sign they must have been reasonably pleased. Tick, only 125 meals left. Meals at Romero consisted of continental breakfast, cooked lunch

FOREIGN CORRESPONDENTS CONT'D...

and dinner. It was so hot up there most lunches would be sandwich bar styles, except Friday where it was Fat Boy Friday. This was always a hit. You cook by yourself with two local helpers. You can cook for up to 70 pers sometimes, this would mean I would have to cook approx 120 portions (they were big eaters). The kitchen and its equipment are of a good standard, although a good venting system wouldn't hurt because sometimes I would smoke out the kitchen. During my time there I managed a couple of BBQ's, pork on a spit, (KT 4 took the lead on this) and a Chinese takeaway night. I enjoyed my time there, whether it was in the kitchen, playing table tennis or at the gym. One thing I don't miss is the constant sweating, the heat in Romero is intense especially in that kitchen working over the stove. I have now returned to Kiwi base where I will remain till the end of the tour, where there's a nice cool breeze and a pool awaiting my presence.

Life after camp Romero.....I am now into week three here at Kiwi base and I must admit I am loving it. I feel I have been reborn and the body can do another six months, lol. Life at Kiwi base hasn't changed much from when I left in early June. There are little changes like no more cooked breakfast's and Friday BBQ's for dinner, of course I only mention these changes because they pertain to what I do as a chef. Having someone else to talk to in the kitchen has been a morale boost. There's a small shop in the mess where most people do their purchases of Pashmina's and whatever else you can find. This is owned by a kitchen hand who has been working for the NZPRT for over 10 years and the shop was gifted by the chef's on one of the previous CRIBS. I haven't had to alter my cooking too much here, if

anything, I just allow more time for boiling potatoes, one day it will be ready in 45mins other days 1½hrs, you just got to be prepared and allow for fudge factor. One piece of equipment I haven't touched before arriving here is the pressure cooker. The Afghan pressure cooker is an awesome piece of equipment and is ridiculously cheap which is why I am taking a couple home as gifts. I haven't had the privilege of indulging in the local cuisine but I can tell you this, that what I have had, and love, is the **potato naan**. We as caterers are amazed it hasn't made its way into our messes, but don't worry, you will see it soon enough, well those Trentham pers anyway, lol. The chefs at Kiwi base have had many theme nights like Mexican, Italian, Fish 'n' Chip and KFC nights just to name a few. Overall, I have enjoyed my deployment and would recommend it to anyone if given the opportunity. Not too long before the long trip home and I still haven't made my way to the pool for a swim, poor effort on my behalf but that will change soon.

Hope everyone back home is well and we should see you all soon.

Hanson (master chef)

THE ROLE OF THE SUPPLY TECHNICIAN

SSGT Steve Carruthers
CQMS

Over here in Afghanistan, the role of the Supply Technician is no different than that back in New Zealand. Our role is to support the troops and get the right stores they require to them on time and in a condition that allows them to conduct the CO's intent. Sounds simple, but this is Afghanistan and nothing over here is easy.

With a small crew of four, including the self-named 'Combat Refueller'

or in normal terms RNZAF Aviation Refueller, we have been tasked to supply all manner of things that enabled CRIB 20 to do its job. The team has accounted for over a battalions worth of equipment while we have been here as well.

A lot of items can be purchased locally from the Bazaar. The Bazaar can be best described as the warehouse on steroids. At a length of just over a kilometre, every shop carries pretty much the same stock and none of it has a price label. For Kiwi's, bartering is one of those things you need to get your head around pretty quickly as there seems to be two prices - the 'local price' and the 'tourist price'. Luckily, we have the services of the PRT Interrupters who go into town regularly and purchased items on our behalf – at the local price.

LCPL Tara has been our go get it person. She has organised and ensured that the Interrupters get exactly what we need from the Bazaar. Tara isn't afraid to send them back in to change stores for what she actually asked for. It may sound harsh, but getting exactly what we need and the best quality is important, considering that some of the things you can buy locally are of poor quality and our people do require the best we can get. LCPL Tara has also done sterling work whatever the task especially getting up early three days a week to drive the forklift to the Airport to collect all the freight that we have demanded from NSE in Bagram.

Over this deployment, CPL Karl 'Combat Refueller' has had the important job of ensuring that all generators are kept topped up. This background job has enabled the functioning of Kiwi Base to continue smoothly, especially the internet computers, which everyone relies on to keep in touch with family and friends back home. Another equally important aspect of the Combat

FOREIGN CORRESPONDENTS CONT'D...

Refuellers role is to refuel the various ISAF and civilian helicopters that arrive here at all times of the day and night. CPL Karl has the record for the most helicopters refuelled on any CRIB - 184 so far, and he is expected to do over 200 for the tour.

LCPL Isaac has been in charge of our Ammunition Stores and Tyre Bay. The latter area requires the fitting of LAV tyres onto rims so that the patrols can keep on the road. LCPL Isaac has used a good helping of 'Kiwi Ingenuity' and enticed the Engineer LECs over to the Tyre Bay to help him strip and refit tyres. This piece of cunning has meant he is able to support our troops in other ways, namely that of Ammunition NCO. This role is extremely important as it is at the core of what we do.

Me — My job is CQMS and I

Combat Refueller on standby



ensure that the links between those who want stores and our supply chain are firmly in place. I've been fortunate enough to work with a great group of people. All of my crew are professional and all do the best they can to ensure the tasks that CRIB 20 are given can be accomplished.

We are all looking forward to getting home. However, with the days quickly slipping away before we head back to New Zealand, we are all still working hard to ensure CRIB 20 gets home and CRIB 21 can continue on with the hard work their predecessors have already done.

NEWS FROM OP RATA II (15) , SOLOMON ISLANDS

IT'S SOLOMON ISLANDS ROLL OVER TIME

Major Syd 'Speedo' Dewes, SNO OP RATA

Kia ora everyone and halo alketa.

Yes, its roll over time – no! no! I don't mean sun tanning roll over time, besides we are too busy cleaning our webbing and rifles to be doing any of that.

When you read this, our Op RATA 15 National Support Element (NSE) – CAPT Rod Masters, LT Joey Amos, SGT Rose Lind, LCPL Shanley Haronga and PTE Darryl Hallinan will already be back in NZ after having completed their six month tour and their replacements (more about them later) would have

arrived and settled in at the Club Med 'GBR'.

My, how time flies. Normally there would have been more people involved in the changeover but WO2 Graeme Bland, SGT Robyn Stewart and CPL Rick Ahomiro are remaining on; for some strange reason they claim any hope of a NZ win in the GBR inter-contingent netball competition hinges on their continued presence here.

The Op RATA 15 NSE was a particularly good NSE team – it benefited from the leadership exercised by their OC, CAPT Masters, and most significantly, having attended pre-deployment training (PDT) together with the platoon meant through shared

training a mutual respect for each others roles developed, and that ensured the contingent quickly knitted as one. They also made a commitment to perform as best they could in their various appointments and enjoy the deployment. The outcome was predictable (a good balance between attending their professional business and also having a great time socially).

Little wonder the Op RATA 15 NSE left a positive impression on the wider Combined Task Force (CTF) and I thank them very much for their efforts in that regard.

Admittedly this mission has not been, operationally at least, a demanding one. Nevertheless, we have experienced a wide variety of mission supporting and administrative tasks; a couple were unique as they had not been encountered by a deployed contingent before.

FOREIGN CORRESPONDENTS CONT'D...

As tends to happen with most deployments when they draw to an end, we reflect on the 'good times'. Here are some memories and 'had-to-be-there' moments from the Op RATA 15 deployment:

- ❖ CAPT Rod Masters: Eats like a horse, runs like a gazelle, and churns out work like a machine – we still can't figure how he does it!
- ❖ LT Joey Amos: He who charms local girls from the veggie market to pose for Army PR photographs – the Honiara girls welcome him with open arms.
- ❖ SGT Rose Lind: The tough chick who spends days traversing Guadalcanal's rugged mountains and virgin jungle and pops out the other side smiling – her fellow male trekkers were too shattered to even attempt a smile.
- ❖ LCPL Shanley Haronga: Our 'Acting' Acting Physical Training Instructor, during PT orders everyone to "Get into pairs of three's" and she is left watching everyone get into groups of six...
- ❖ PTE Darryl 'Couch' Hallinan: Making an appearance in "The Bugle" with his 'sne-PMs' (sneakers with DPM camouflage uniform) – seriously you try it and I bet you could not begin to look half as comfortable or relaxed as he does.
- ❖ The Kiwi's dominating the Inter-GBR netball competition where we kicked the ball more than we caught it. But it did not matter; we lost having a really good time.
- ❖ The Outgoing SNO's gifts of expired food.
- ❖ The Incoming SNO's address to the Op RATA 15 rotation.... in his speedo's (this was SGT Rose Linds 'had-to-be-there' moment).



LT Amos flees from local women and seeks refuge in a derelict AMTRACK



SGT Rose Lind—OK boys & girls sharpen your pencil, I am the Guard Commander



CAPT Rod Masters first Kiwi male home for the 2012 Solomon Island marathon

***Memories.....
'Good times'***



PTE Couchman Hallinan on ops dressed in Sne-PMs

FOREIGN CORRESPONDENTS CONT'D...

We have had many a laugh and enjoyed each others company – the Op RATA 15 NSE group will be missed. But, all is not lost. The new NSE Team too will make their mark and presence felt. They are:

- ❖ Chaplain Wayne, 'I'm Back' Toleafoa who is on his second tour here as the padre for the CTF.
- ❖ CAPT Iona Washburn will be the new OC NZSE – I hear he has already asked for taro to be added to the menu.
- ❖ LT Ken Nicholson comes in as the S2 – he will be handing out newspapers to PTE Mara Van Der Merwe and listening to the latest rap music to detect any sub linear messages.
- ❖ SGT Sonia Muir takes over as our S1 Administrator – great to see we have another TF person in the Team.
- ❖ CPL Rewi 'Chopper' Thomas, a Supply Technician is going to reorganize our logistics – living in Waionuru for 20 years makes some folk think they can fix anything.
- ❖ LCPL Matt Harnett, a computer support operator will be making sure all our NZDF computers are only used for NZDF business.
- ❖ PTE Mara Van Der Merwe, our new, New Zealander and intelligence operator, will be reading the local newspapers (all two of them) and listening to the radio into the wee hours of the morning to try and figure out what makes the Solomon Islands tick.

Ah, now back to that other roll over time. Yes, there was lots of that going on as the 'old' NSE team worked overtime to ensure they would arrive home with a tan that would have been the envy of family and friends back there in the Kiwi winter. Bae me lukim iu nex tam.

OP RATA PI SGT'S SIT REP

SGT 'Razor' Reynolds

Nearly two months in here so I thought I'd send you all a quick Sit Rep.

Weekend Out!

On our first weekend we were allowed out, some of the lads did their first dive as new members of the Dive Club and really enjoyed it, although there seems to be a hundred photos of the same fish! The other lads went out to the beach and snorkelled, or went on a battlefield tour which they really enjoyed.

We have also done the token China Falls trip. You would have read about this trip many times by now so I won't elaborate any further.

Jungle Training in Sara Grasslands

The Platoon (PI) completed a week in the jungle with the Australian Coy HQ, who said they were very impressed with the PI. We had half of a Tongan PI acting as our enemy party and they spent the time trying to track the PI and bump us. At one stage, one of the Tongan sections had gone 'firm,' however, one of our own sections had crawled through the jungle and came up behind them and grabbed one of the Tongans around the neck (very stealth like!!) - the Tongans kept

coming second to our lads the whole Ex.

A snake managed to find its way under LCPL Baldwin's pack. Now any other man would have moved away...but LCPL Baldwin is not any other man. He decided to kill the snake, cook it up and eat it! PTE Tonkin also joined in the feast, but unfortunately I had just eaten so wasn't able to enjoy it with them.

Five Days on Savo Island

We saw yet more snakes and were treated to six elderly ladies singing to us for what lasted about an hour, and when the lads shouted 'again again'... yes they came back for another hour! On the walk we were in two groups and our group decided to have a swim in the sea. CPL Hayden was throwing kids over his head into the deeper water, when a small child just sat on CPL Hayden's head and was enjoying being carried around. Only unknown to CPL Hayden the child was naked while he was sitting on CPL Hayden's head!! CPL Hayden then looked up, and wellI'll leave the story there but needless to say we had tears rolling from our eyes.

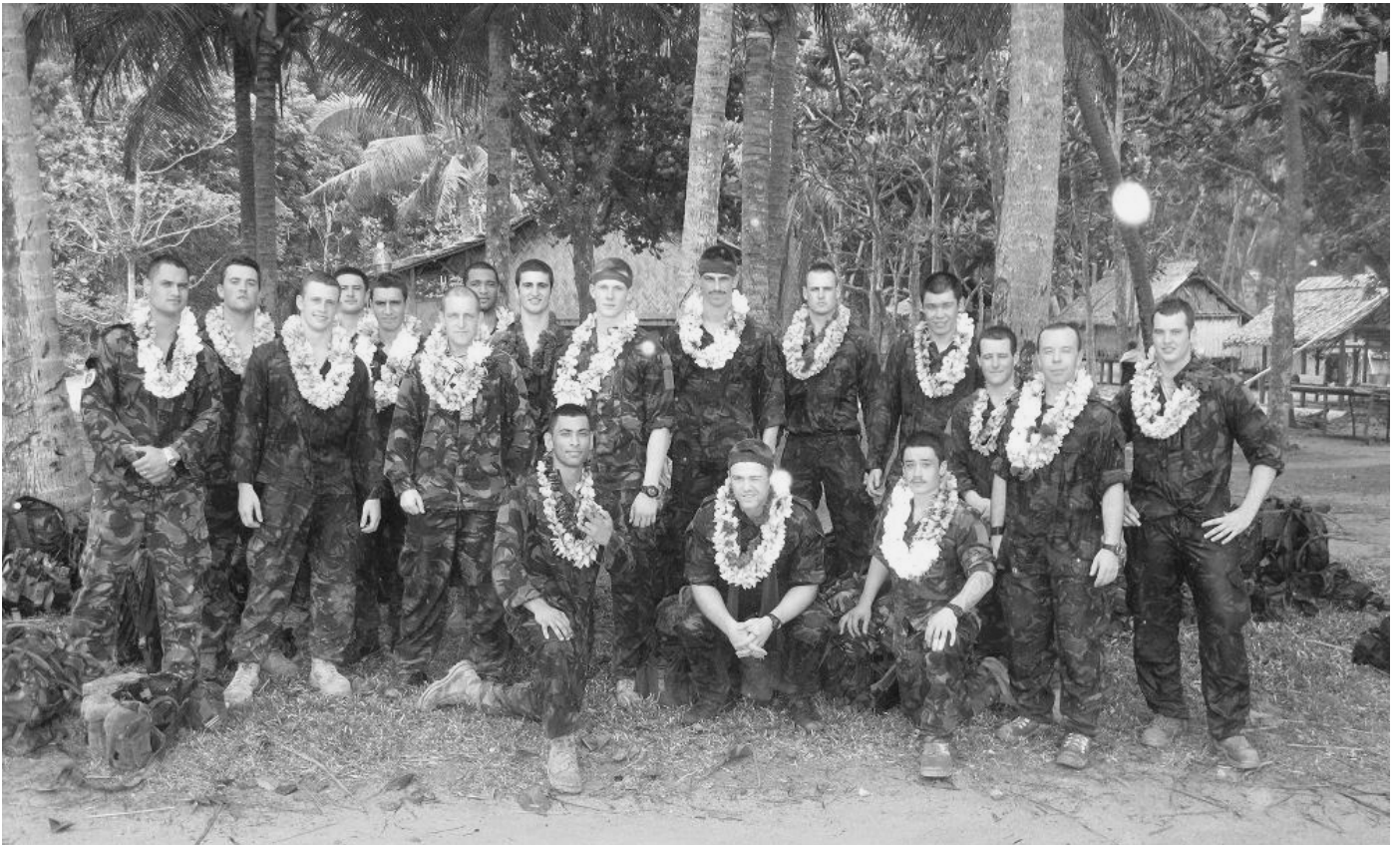
PLEASE HELP: Someone also placed a rock in the Platoon Comd's pack and we are still looking for the culprit!

See you all end of November.

See photos over the page.



FOREIGN CORRESPONDENTS CONT'D...



The all conquering Kiwi Platoon return to their village after a successful patrol



Op RATA Platoon in need of a good shower

NEWS FROM GYRO 13, TIMOR-LESTE

COMMANDER JOINT FORCES VISITS TIMOR-LESTE

Over the period 12–14 September, we were fortunate enough to have the Commander Joint Forces, General Gawn, and Joint Warrant Officer, Mr Wilson, with us here in Timor-Leste.

The purpose of their visit was to see the NZDF contingent that is here, to partake in a memorial service in Tilomar, Covalima at the Leonard Manning memorial to remember all of our fallen Kiwi soldiers and foreign soldiers from the BATTs and to do a tour around Suai.

The day started with a helo flight from Dili over to Tilomar where we were greeted by about 30 locals. The chief of the district presented scarves to General Gawn, Mr

Wilson, LTCOL Watts the Senior National Officer in Timor-Leste and to COL Dransfield who is posted with the UN. This was followed by 12 young girls playing small drums and dancing, inviting their guests to follow them to the memorial. This took about five minutes. It really was something. The girls did a fantastic job.

We arrived at the memorial and had a short service.

From here we took the helo into Suai. We arrived to several UN vehicles which took us around Suai visiting different memorials and various other sites. We stopped at the Maliana Cathedral in the centre of Suai.

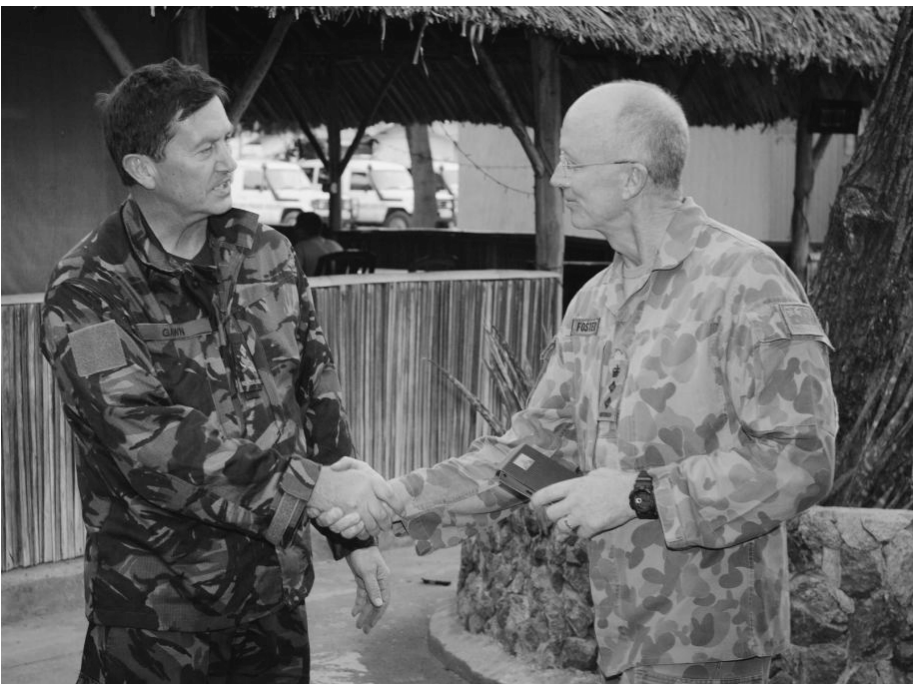
This is an impressive building. This was the church that had many locals massacred during the late



Maliana Cathedral Suai in Suai



Like a Baows



General Gawn making a presentation to the ISF Commander, COL Foster (ADF)

90s. It is wonderful to see the locals press forward from that tragic event. After the church we moved over to the old FOB of the BATTs called "White Tiles" which is now a nunnery. The Reverend Mother was very pleased to have the General there again. We could tell by the Generals' expressions that he was pleased to be there again also. It was a nice quick trip around Suai which the General and Mr Wilson both enjoyed.

Following our return to Dili, General Gawn made a presentation to the ISF Commander, COL Foster (ADF) for his service to Timor-Leste and his great leadership over the Australian and New Zealand International Stabilization Forces. This was followed by a lovely dinner at Camp Phoenix Mess.

FOREIGN CORRESPONDENTS CONT'D...



GYRO 13

"Lucky for Some"

IT'S SEPTEMBER!

Major Tim Tuatini
OC GYRO 13

As I write this, we have just hosted our Minister of Foreign Affairs, Hon Murray McCully here in Kiwi Lines (this morning). He is in Timor-Leste on a Government visit and took some time to talk to us and view our capabilities here in Timor-Leste. We have had a few visitors lately with our Defence Communications Group (DCG) here taking pictures and some film of our activities. The Commander Joint Forces New Zealand, General Gawn, and the Command Warrant Officer Joint Forces, WO1 Wilson, spent a few days with us. Their time was appreciated as both were comfortable to discuss current issues and answer questions from our GYRO team. As the last GYRO we expect to continue to host future visits from both the NZDF and in support of our Ambassador here as the military component leaves Timor and they grow as a Nation.

For us here, we are well into our leave period with most having had their well earned break, I know for some, you have had a holiday together and hope that this was enjoyed by all. There is one final small group to go and hats off to them holding on so long, someone has to go last and I know they are looking forward to their chance to board the plane on leave.

The Infantry Platoon have been

'stuck' on gate duties here in the HPOD, which isn't much fun for them but a necessary task particularly as the HPOD is filling with all sorts of equipment and vehicles as the force prepares to leave Timor starting at the end of the year. It's good to have the majority of GYRO in one location and their skills have been used to assist the rest of us on the firing range. They will become the Quick Reaction Force (QRF) at the end of the month and move into Tiger Lines with the Protected Mobility Vehicles (PMV) Troop. Again this keeps us together and when added to Kiwi Lines we own probably some of the best real estate in camp. It's out of the way from the ever growing demands placed on the HPOD area as it fills up with all sorts of personnel and equipment. As a group GYRO tends to gravitate towards this area for combined activities and PT. This is where they will stay until we depart Timor.

The PMV continue to provide the 'wheels' for the QRF. They don't get to leave camp as a group very often. There has been the opportunity this month to get to the range and conduct live firing but this was a bit of a one off. They are always the first 'stop' for a demonstration to visitors from both Australia and New Zealand which is another task that can be tedious at times. This is recognised by our guys and girls as part of what we do here and the demo is always given with a smile and in a professional manner. We will work to get one 'last blast' for the PMV team in the vehicles to the Metinaro Range for an Exercise together as a GYRO group. Their trade knowledge as drivers and transport NCOs will form the expertise for us to pack our vehicles into containers when it is time for them to complete the task in support of the

International Stabilisation Force.

The CSST (our Loggies) continue to work tirelessly to keep our gear fixed, replaced and accounted for in its right place. They are starting to plan for the move of all of our vehicles, weapons and equipment back to NZ. This will start half way through October and will certainly be a significant piece of work for those involved.

GYRO 13 as a contingent continues working through our planned training activities. We still have a number of training milestones that need to be reached with time on the firing range, physical training tests and preparation for courses that many will attend in the New Year. The experience and diverse skills that are available in the wider GYRO 13 team can assist to prepare particularly many of our more junior personnel for their command courses. This has also been the case with the conduct of a shooting coaches course for the non-infantry personnel, and the planned medical courses to be run later in October. We will be travelling down to Suai by both vehicle and helicopter this month, although a shortened trip, it will allow most of GYRO to get down in the region and experience a different side of life in Timor-Leste.

As always, contact with home remains a highlight and looked forward to by all. Many are starting to plan their time for when we get home now that the end of our mission is in sight. This is good but we still need to finish off with the accuracy and professionalism that we, and our predecessors, are known for. We remain proud of our service and what we do.

All the best from GYRO 13.

Kind Regards.

FOREIGN CORRESPONDENTS CONT'D...

NEWS FROM OP FARAD, SINAI

IDF SPORTS EVENT

LCPL Hayden Fulton Op FARAD

The 12th and 13th of September 2012 — The IDF sports event was conducted over two days. I was one of the two drivers tasked to drive and make up 24 strong members of the MFO. It was held at their Sports and Education centre on an IDF Air Force base in Mezpi Ramon Israel, but to me it was more set up like a resort in the desert. It has a full gym, dance studios, artificial soccer field,



The event made for a great escape from the day to day missions conducted by members of the MFO and the perfect atmosphere to relax and meet new people. A great time had by all.

basketball courts, new pool, cinema, games room with internet, a night club styled room, a restaurant that produces the best Steak I've had out of NZ and much, much more.

Once every one had arrived and was full from an amazing lunch, we were split into four groups consisting of personnel from the MFO, IDF, and UN where we indulged in classes like Zumba, aerobic kickboxing, a cycle class and drums alive. The pool was a welcomed rest before soccer and basketball kicked off late in the afternoon. The BBQ dinner was a great chance to mingle and get to know what other forces are involved in throughout the Middle East, like the UN Austrians in Syria. The IDF put on a concert consisting of local talent followed by a disco party, more socializing. After an early breakfast it was pool sports, followed by a bike ride through to a nearby memorial site for a quick history lesson on Ben Gorgerin, Israel's first president. Lunch was like all the other meals five stars before the farewells and back to work.

CHAPLAIN'S PEN — FROM ABROAD

James Molony
Padre CRIB 20

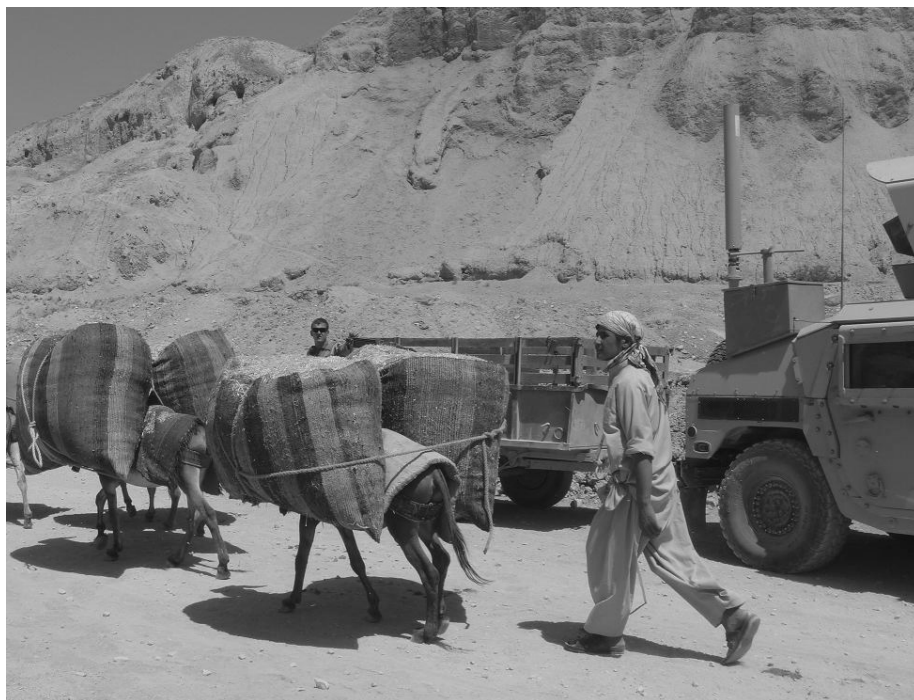
Finally we are here! These were the words at the start of my very first Bugle article and it is the same sense I have at this end of the journey too.

"It is the nature of this team that has pulled together through the tough times of this tour, and will continue to support each other in the months ahead".

It has been a heck of a tour, I think more so than we could have imagined before we set out here. It is a life changing experience (good and bad) and as a result there will be a significant period of adjustment in order to get used to life in back in NZ both professionally and personally. We are looking forward to catching up with injured buddies and of course paying respects to our fallen and their families.

For me this has been an incredibly significant tour, firstly; to be in this part of the world and experience a taste of the life and culture of the Bamian people. For the first half of this tour I was teaching and co-ordinating English lessons for local university students. It meant for the personnel involved we were able to hear the hopes and dreams of young people studying to be teachers, engineers and future politicians. And hearing them does give you some hope for the future of this place.

I've also been visiting Samar orphanage most Fridays, with whoever else has been around at the time. They are a very normal, friendly and welcoming bunch of



kids, who have grown up with Kiwi soldiers visiting every other Friday. I believe this has had a significant influence on their worldview and their positive attitude. The orphanage manager is very proud of the high achievements in sports and education of his kids!

It has also been an honor to have worked with such a dedicated and

professional group of people (who can still have a laugh!) I will always be proud to have served with these guys. It is the nature of this team that has pulled together through the tough times of this tour, and will continue to support each other in the months ahead.

God Bless and keep you as you prepare for the homecoming of your loved ones.

CHAPLAIN'S PEN — FROM ABROAD CONT'D...

Padre Jonathon Holland
GYRO 13, Timor-Leste

KIA ORA, BAAYYYYYYYY

SLANG:

A specialized covering of words, phrases, and idioms that reflect the least formal speech of a language: These terms are often metaphorical and playful, and are likely to be prominent as the spoken language changes from one generation to another. Much slang belongs to specific groups, as the jargon of a particular class, profession, or age group. Some slang terms have staying power as slang, but others make a transition into common informal speech, and then into the standard language.

Slang over the years has crept its way into our everyday language and conversation, it has even become apart of the kiwi culture. Kiwi slang has so many different meanings and is usually only deciphered by other kiwis. I know these Aussies here don't get our slang and we don't get theirs. The kiwi slang has made forming spoken sentences so much easier and it has made our communication so much more efficient. We don't have to say as many words or letters in our sentences any longer. Take for instances these words of appreciation "cheers brother". "Cheers brother" has conveniently become "Chur bro" and it has even devolved beyond that (especially up north) to "Chur bo" and this has all occurred by simply dropping off letters, and yet it still maintains the same meaning, and maybe even more significance amongst different groups of people. "Chur bo" is also used as a greeting to close friends. "Chur bo" can be thank you, hello, good bye or even, that was amazing. Now that is efficient

Kiwi slang is mean baayyyyyy, oh, sorry; occasionally you have to add a few letters on to a slang word to give it emphasis. Really aye? What

is a baayyyyy? Our CSM on GYRO 13 Muzz Holden is the king of the slang word baayyyyyy. Often I have been walking to my office and hear a "Kia ora, (then a pause) baayyyyyy." Often in the lines you would hear, "Stormy, baayyyyy" or "Freda, baayyyyy" or "Ge, baayyyyy" or and this is my favourite, "have a feed baayyyyyy". Have a feed baayyy? What the heck does that mean? Especially when we are playing cards at 2100hrs and the mess is closed. Does he literally want us to have a feed? No, it's a phrase that we in our group understand to be a metaphor for "you stuffed that up." I don't how he came up with it but it's funny.

We have recently had Commander Joint Forces, General Gawn with us here in Timor. I came down the stairs to greet him and said,

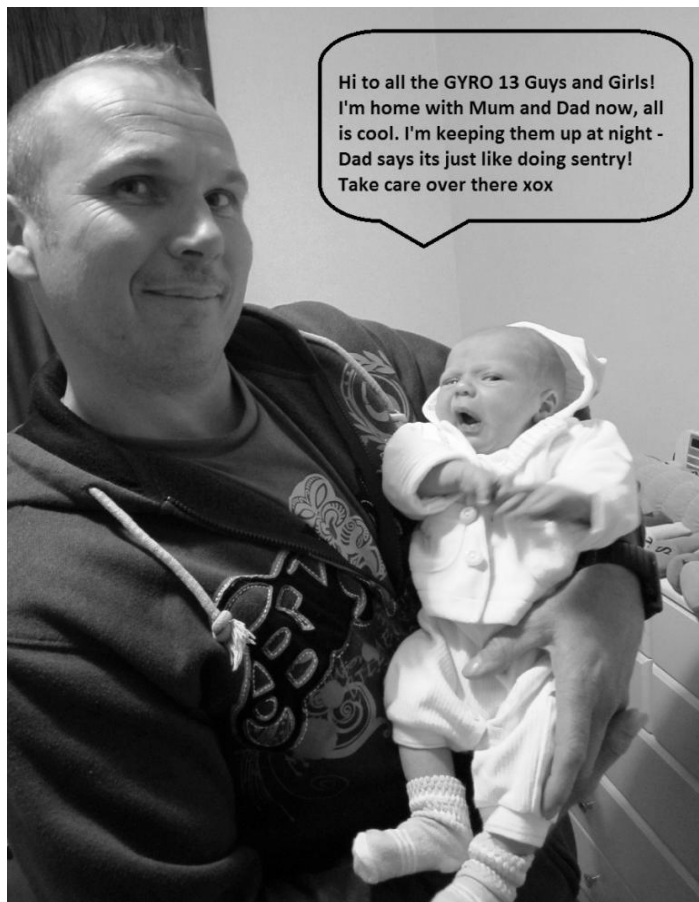
"Morning Sir." General Gawn's response to me was "Hey Bay." I cracked up (in my head). Did a General just call me bay? Lol. The conversation went on, "What do you do bay?" I respond "I'm the Padre Sir." General Gawn, "Oh, that's good. How's things going bay?" I thought it was cool, because being called "bay" from the General showed me how kick back he is.

As kiwis we just know what people mean because we all speak with some form of slang. It's apart of our culture, it's apart of being a kiwi.

Finally, from GYRO 13, a big Kia ora baayyyyyyy to Isaac Holden and a congratulations baayyyyyyy to Muzz and Rach.

Blessings from TG GYRO 13

"Lucky for some."



Isaac Holden

MEMORIES — CRIB 20

A collage of photos from CRIB 20 — March — October 2012



2IC K Coy talking to his Int staff



A soldier enjoying the views



*Ptl Comd
catching up on
some sleep*



*The end of an era
for FPB Chunik
Bair*



Band-A.Mir Lakes....you gotta love it

MEMORIES — CRIB 20

A collage of photos from CRIB 20 — March — October 2012



A soldier with the local kids in the North East



Thumbing a ride to get back to ROMERO



A game of dodge ball for the afternoon



COMJ and JFWO with KB personnel



Donkey race on cross country day in Romero - a kiwi soldier and his stallion!



On top of one of the many hills around KIWI BASE



I think I can, I know I can...tough guy — aye Doc

A WORD FROM THE PSYCH

Captain Geoff Sutton

So I get a call on a sunny afternoon while in Rotorua visiting family, and I'm told I need to get back home (Auckland) to pack for a 'special' trip. The military has a way of making exciting journeys sound routine but urgent. Two days later I was winging my way to catch up with the guys in Afghanistan.

Knowing what I know about Critical Incidents (CI), I expected the guys to be doing ok. And most of them were. Research shows that the majority of people experiencing a CI are pretty resilient following something traumatic, and will cope ok during their deployment. What's more, good training, a structured CI response, and command who are understanding, all make adaptation following a CI even better. The guys I talked to were having a few thoughts about the events, sleep was being affected initially (although whether that was due to the CIs or to the supplements still remains to be seen!), and the old thousand yard stare was pretty apparent.

But I wasn't that worried, mainly because reactions following a CI are expected, but also the reactions were decreasing over time (as we expect), and most of the guys were talking about their experiences with others. Of all the things we know helps following a CI, being around others and talking about what is going on is the key. And there was a lot of that going on, especially around the smoking area in Romero which was a good thing (the talking, not the smoking).

After being here for a while, and seeing the guys go about their work I can say a couple of things about them. First and foremost, the fundamentals of human nature don't change. What I mean by this is that people respond to their environment and what goes on in their environment in ways which

are predictable- we adapt to what's going on around us. The response to a traumatic event by troops is an adaptive response and usually settles down in 2-3 weeks. There can be some ongoing reactions, but the good news is that there are multiple ways to access support in the NZDF. This includes Medical, Chaplains, Psychologists, and command who are all geared up to help and support the guys.

Second, a good cohesive team will find it easier to cope with CIs than a non-cohesive team. The camaraderie of the contingent over here is impressive, and we know that this is a protective factor. Lastly, the gym was well used and again this is a good thing. Exercise blows out a lot of the hormones that are used in the initial stress response for one, but **routine** exercise (i.e. doing some kind of exercise everyday, no matter how much or little) gets you back into a habit and gives back some sense of control which is useful. What's even better is that it can give you a bit of processing time where you think through some of the things that are rolling around upstairs.

In saying this, it is important to note these three things are **protective** but it won't stop issues from occurring. That is, it will reduce the risk of prolonged reactions

occurring, but it will not stop ongoing issues. We have multiple methods to make sure our people are doing ok, like the Transition from Deployment Process (TDP) in which all deployed personnel see a psychologist individually; post-deployment screens; as well as post-deployment med boards. In addition, support from family and friends becomes a really important aspect of keeping an eye out for our guys when they get home too. All these things function as a 'welfare net' in which personnel who aren't doing so well when they get home, can be identified and they can get help if they need it. For those that decide to leave the NZDF, Veterans Affairs (www.veteransaffairs.org.nz) can help out with support. Just because people decide to leave the service doesn't mean they don't get access to mental health support.

So coming to the end of the tour, I see a whole lot of cleaning going on, a few more smiles around the place, and lots of plans for catch ups when they get home. If you are concerned about any family, friend, or colleague who has come home from a deployment and you think might not be doing so well, feel free to contact any Medical Officer, Chaplain, Deployment Services Officer, or Psychologist for further advice.

SEWING KITS

Thanks to the many people who sent items for the sewing kits for Afghanistan. Cherie Mansell, Community Services Officer, Burnham Military Camp did much of the work in putting the kits together with a great group of volunteers and sponsors. Special thanks to the Burnham Community, Lincoln Primary School, Te Puna Wai o Tuhinapo Girls Unit, Local Retirement villages, Families of CRIB 20, Church Groups and to Spotlight Christchurch, for their generosity.



DSO'S CORNER



Carol Voyce

Deployment Services Officer
Southern Regional Support Centre
Editor "The Bugle"

Greetings to you all! It seems only yesterday that I put together the last issue of "The Bugle"! So much seems to have happened since.

Janine and I enjoyed meeting with many of you for the pre-deployment briefings for the next rotation to Afghanistan. We know from experience that those who attend these briefings have a greater degree of peace of mind and know how to navigate the system and utilize the support systems along the way! Janine has made reference to this in her editorial but I would like to remind you, that we are dedicated to helping you along the way - no problem too big or too small, so please give either one of us a call if we can assist. There has been a suggestion that we link families in like situations, in geographical areas. In an attempt to achieve this, you will find a form in this Bugle issue to complete if you would like to have a local network established. This could mean that you would simply ring someone nearby or catch up for a coffee. We are very conscious that those who do not live near any major Defence Base lack some face to face support and the opportunity to establish new

friendships along the way. A number of people at the pre-deployment briefings did indeed meet up with "new faces" living in their neighbourhood and some did in fact exchange contact details. Once we have your signed consent form for sharing your details, lists will be established and posted out to those who would like to join the scheme.

Our communities have been feeling the recent loss of our five service personnel in Afghanistan and many a hand has been extended in friendship and support over this difficult time and I'm sure will continue well into the future. For those families associated with TG CRIB 20, we are about to hold a series of briefings around the country and look forward to sharing some information with you for homecomings and for the way ahead. We know we won't have all the answers, but do hope that we can equip you with some skills which may help deal with the trauma and grief and find a way forward with homecomings and re establishing relationships while nurturing the memories of those we lost! These briefings are being facilitated by the New Zealand Defence Force team of Psychologists and will be supported by myself, Janine and Marie. We look forward to meeting with many of you again and to providing support post homecomings if you should need it. Please do not hesitate to call us for advice, referral or a listening ear at anytime.

Events of recent times have obviously meant a huge amount of our energy and resources have gone into the Afghanistan deployments and we are mindful that many of you associated with other deployments have not seen or heard much from us! We do recognise your commitment to our many other missions and do hope

that that you are managing well and remembering that every day is a day closer to homecomings! Please don't hesitate to contact us at anytime if there is something we can assist you with. If you have loved ones deployed to Timor-Leste, make sure you check the "What's On" column, in this edition of The Bugle, to check out the timings and locations for the deployment update - as promised!!

On homecomings of another sort, last week, with the help of some extremely energetic young lads, I made the move from my post earthquake rental flat back to my badly damaged earthquake home, to await the arrival of the bulldozer - whenever that maybe. With some strategically placed floor rugs, furniture and pictures, things don't look so bad! Of course the homecoming has delighted the cat who is now busy re establishing her patch after a time of inside apartment living! It is times like this that we must count our blessings and remember that there are others so much less fortunate than ones self!

Over the coming weeks, I look forward to meeting with many of you at homecomings and departures. To those who are about to be reunited with loved ones, thank you so much for the support you have extended across the miles - you have done a grand job, and I know how much it has been appreciated.

To those who are about to farewell loved ones, remember that we are here for you and that it is important to reach out if the going gets tough. We have support systems established which are only a phone call away! We hope you enjoy your first copy of "The Bugle" which will find its way to your letter box every three weeks.

Safe travels to you all and happy reunions. Kind regards to you all.

DSO'S CORNER CONT'D....



Janine Burton
Deployment Services Officer
1 (NZ) Brigade

We have a whole new group of readers with this edition of "The Bugle", so welcome along. I hope that you will enjoy receiving and reading our 'newsletter' over the coming months as we journey through your deployment. We have met with a large number of families of members from the CRIB 21 contingent, and by now I hope that you will all be well into the acceptance phase of having a loved one departed or about to depart New Zealand. We will be with you every step of the way until they return.

With welcoming new readers, it means that we are farewelling some who we have been journeying alongside for the past six-plus months. Our time together has proved to be some of the most difficult we have ever had to face and our most prevalent prayer is that we will never have to do so again. We wish you all well for your reunions; after all, having loved ones home again is all we wait for from the time they board the plane at departure. Please remember that we are still here to support you in the months ahead; just because the deployment is at an end, does not mean that we are no longer here to

provide support, guidance and assistance. So if we can help, please give us a call – you have our numbers. If you have enjoyed receiving and reading "The Bugle" over the past months, even though you will no longer receive copies through the post, you will be able to keep up-to-date with deployment happenings on the Homebase website, www.homebase.mil.nz

I have been thinking also about the family briefs we recently conducted for CRIB 21, and know that while we were not able to completely take away the anxiety, I hope that at least we were able to reduce the anxiety levels, just a little. One of the other things I hope those who attended were able to take away from the briefings is that:

- * Janine and Carol are contactable on our 0800 numbers at any time of the day or night, weekdays and weekends. You are not alone on the deployment journey; we are with you every step of the way. You will find our numbers in the Deployment Guides and on the inside front cover of every "Bugle".

- * All Primary Next of Kin should have received a copy of the "Deployment Guide" and "Developing Baseline: Building Resilience" resources. Copies were handed out at each of the briefing locations and posted to those we didn't see at a briefing location. If you haven't got a copy of these and would like one, or some additional copies, please get in touch and we will pop them in the post to you.

- * The deployment banners are looking stunning. They were both becoming so full that additional pieces have been prepared in order to accommodate all the messages families want to write.

At this stage they will be at both Burnham Camp and Ohakea departures so you will have an opportunity to add your messages to one or both of the banners – we have the main banner which will be on display throughout the time of the deployment, so your family member has heaps of time to find his/her special message from home, and the other one is the special banner for those special Christmas messages which the Padre will keep safe until the appropriate time. If you would like to have messages added but will not be able to do so yourself, Carol and I are more than happy to add your message for you, so give us a call, send us a text or send us an email – again, you will find all our contact information on the inside front cover of this "Bugle".

For some weeks now we have been working towards moving my office space. Very shortly I will be moving office location, from the Headquarters building in Linton Camp, to one of the two shop spaces opposite the Library in the Linton Camp Shopping Complex. I am really looking forward to being back out in a community location; hopefully I will have more face to face contact with many on the deployment journey (before, during AND after), so drop in for a coffee and a chat, anytime – will be directly opposite the Library entrance. Would love to see you and it doesn't even have to be deployment-related.

Will catch up with many of you at departures and homecomings over the next few weeks – please come and say 'hi' if you are at Ohakea. My personal deployment journey is almost concluded with the return of my son shortly from Afghanistan. Haven't quite started my daily countdown yet, but know that many have. Not long now!

FOR YOUR INFO

RTNZ CRIB 20

As discussed at the mid-tour briefings and subsequent get-togethers, planning is underway for the return to New Zealand of service personnel currently deployed to Afghanistan. Tentative dates and times are not able to be printed at this time, but are available to Primary Next of Kin from your DSOs.

Family members are reminded that for security purposes, please do not discuss these details in phone calls, emails or over the social networking websites as these methods of communication are not secure.

Please be aware that all flight details are subject to change due to circumstances beyond our control. If you are planning flights to meet loved ones, we recommend that you take insurance out on all bookings, should changes occur.

Please keep in touch. We too share the excitement of much anticipated reunions and are happy to talk to you as often as you need an update.

Entry to Whenuapai Air Force Base

Please be aware, that if you are requiring access to Whenuapai Air Force Base to meet returning contingent members, we need to submit the names of anyone wanting entry the day PRIOR, otherwise you will not be permitted on to the Base. Please contact Janine or Carol to have your names submitted. You also need to be aware that all adults need to carry photo ID to access Whenuapai Air Force Base.

Departures CRIB 21

Official farewells for the CRIB 21 contingent will take place in the Burnham Military Camp Cinema

and in the gymnasium at Ohakea. You are welcome to attend at either location on the date/time your deploying person is departing. We do suggest, however, that you discuss with your deploying service person whether this is appropriate as not everyone does the farewell process in the same way – for some, saying good-bye at home works better.

Deployment Guides – CRIB 21

Deployment Guides are prepared for family members for each of the missions. Guides were distributed to family members at the recent pre-deployment briefings and posted out to Primary Next of Kin who were unable to attend at one of the briefing locations. These contain a lot of information to help you throughout the deployment.

If you do not have a copy but would like one, or would like an additional copy for other family members, please contact your DSO – Carol or Janine to have a copy popped in the mail to you.

Likewise, we distributed another resource **Developing Baseline: Building Resilience**, which is another excellent publication. Copies of these are also available from your DSOs.

Deployment Banners

During our pre-deployment briefings for families associated with the next deployment to Afghanistan, we had with us two colourful farewell banners to enable loved ones to record messages of love and support. One will be on display for the duration of the deployment and the second is the Christmas banner for your special Christmas messages. These banners are a great way to remind loved ones they are constantly in our thoughts and especially over

the Christmas period. They are looking absolutely stunning with many messages already added.

While the banners are getting full, there is still space to record your special messages so if you have not had the opportunity to record your messages, and will not be at the departures to do this yourself, please phone Carol (DSO Burnham) or Janine (DSO Linton) we are only too happy to add your message for you.

Return to New Zealand CRIB 20 Information - Christchurch Airport

Complimentary Airport parking, courtesy of the Airport Authority, is available for families meeting Service Personnel returning from deployment in Afghanistan on both scheduled flights. On entering Christchurch Airport, make your way to the short term car park. You need to take a ticket to lift the barrier arm. When leaving, there is no need to validate your ticket, but rather, make your way to the marked exit where one of our soldiers will lift the barrier arms for you. N.B: Complimentary parking does not apply to the Car Parking Building.

Please be aware that flight arrival information will not be displayed on the Arrivals Board in the International Arrivals Lounge or be available through the internet on the Airport website. For updates on timings, please contact the DSO.

FOR YOUR INFO CONT'D...

From the Naval Community Organisation

CPOET Michelle Blake

Hello to all the Naval families!

Upcoming events from the NCO are:

For all budding sailors out there, our popular Teenage Sailing Weekend is going to be held 13th – 14th October. This is for College-aged dependants only. Please contact us if you would like more information. If your child is keen, register their interest by 5th October.

Gloputt Mini Golf for 08-18 year olds will be held on Friday 2nd November. There is no charge for dependants of RNZN Military or Civilian personnel, and there is a discounted rate for parents keen to play. If your child would like to have a round of Glow-in-the-Dark Mini Golf, please register, as there are limited places.

SAVE THIS DATE:

**The Navy Kids Christmas Party will be on
Sunday 16th December
at the Ngataranga Sports Complex, Devonport.**

Please also remember that NCO have Social Workers and the Family Liaison Officer available to support you if required. To make an appointment to see the Social Workers or a booking with Cindy, our Family Liaison Officer, then please contact the NCO Reception on 445 5934.

Partners of personnel deployed on land-based missions or on ships HMNZS Te Kaha and HMNZS Endeavour, were recently invited out for a subsidised meal with Jason, one of our Social Workers. These were good for getting the partners meeting new people and to discuss any concerns that may have arisen. If, in the future, you receive an invite to a partners dinner, please come along and meet some of the team.

Please contact Naval Community Organisation on:

For those calling from the Auckland area: 09 445 5915

Outside Auckland area: 0800 NAVY HELP

Email address: nib@nzdf.mil.nz

Until next time, your friendly NCO team.

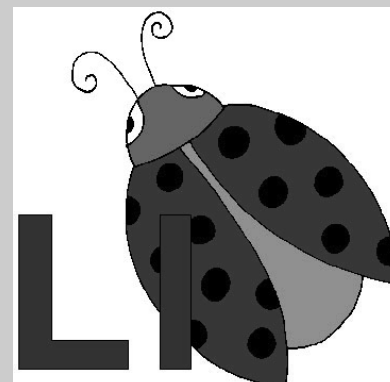
“The Bugle” Supplement

Deployment Activity Book for Children



A few years ago we tried to be a little creative, and with some begging and borrowing and a few bright ideas, we produced a brightly coloured activity book for young children. The book covers activities from pre-deployment until homecomings.

If you would like a copy/copies of this book, please contact your DSO. (Contact details inside front cover).



KEEPING IN CONTACT...

From the information we currently have recorded and that was collected from families during our CRIB 21 pre-deployment briefings, we have set up two lists for mass-communication with Primary Next of Kin using:

- ❖ Email address lists, and
- ❖ Cellphone numbers for texting.

Last week we tested both communication formats and they appeared to work very well.

If you are Primary Next of Kin and didn't receive an email and/or text, could you please get in touch with Janine (contact information on inside front cover) to ensure that we have your correct contact information.

For the future we will be using mass communication for things like reminding families about briefings, letting you know when we have definite return dates/times, perhaps if an aircraft is delayed. You will appreciate that we have a large number of families to communicate with and this is the quickest and most effective method we have for contacting you all, so ensuring we have your correct contact information is vital.

CRIB 21 — AFGHANISTAN

A number of CRIB families associated with this deployment have expressed a desire to link with other families in their home locations, for friendship and support in the times ahead.

We are happy to compile a list of families who would like to share their contact details.

Please complete the attached form and return it to:

Carol Voyce
Deployment Services Officer
Southern Regional Support Centre
Powles Road
Burnham Military Camp
BURNHAM 7600

PNOK Support Phone List

Name: _____

Location: _____

Home Phone Number: _____

Deployed Person: _____

Relationship to Deployed Person: _____

Deployment Location: _____

I give permission for this information to be included on the PNOK phone list distributed in my location.

Signature: _____ Date: _____

PROCEDURE IN THE EVENT OF AN INCIDENT

Hearing about incidences which have occurred on deployment via the media can be very distressing. In order to support our families, the procedure we have in place in the event of an incident is as follows:

- The **Casualty Next of Kin** (often the same person as the Primary Next of Kin) of anyone directly affected (injury/fatality) by an incident will be visited by military personnel to advise them of the situation. This will be BEFORE information is released to families of the remainder of the contingent or to the New Zealand media.
- Once the families of those directly involved in an incident have been informed, all **Primary Next of Kin** of personnel on the mission will receive a text which will say something like *"There has been an incident in Afghanistan. Your loved one is fine. We will be ringing you shortly."* Please wait for our call – it should be within an hour, remembering that we have a large number of calls to make.
- **Primary Next of Kin** will then receive a phone call, once again to reassure families that their loved one is okay. We will not have any further information to share at that time. Because of time differences between NZ and many deployment locations, this call may come in the middle of the night, but it is important that we contact you BEFORE information is released to the New Zealand media.

On receiving this information we ask that Primary Next of Kin inform their close family only (not by social media please) so they don't become distressed by hearing the news over the television or radio. More information is released via the media as facts are verified.

2012

WHAT'S ON

TG GYRO — TOUR UPDATES

TOUR UPDATES—TG GYRO-TIMOR-LESTE

As promised we are planning a tour brief and update for those associated with the current deployment to Timor-Leste. This is your chance to gain a further insight into the day to day lives of your loved ones deployed and to receive valuable tips on reunions and homecomings. There will be a short presentation by Major Ian Lattimore and an opportunity to view a DVD made by the contingent. You are sure to spot familiar faces! These briefings are open to Primary Next of Kin and extended family members. Children are most welcome. Light refreshments will be served.

Friday 12 October — AUCKLAND,
Arch Hill 204 Great North Road, 6.30pm - 8.30pm

Saturday 13 October — LINTON,
Community Centre, Puttick Road, 10.00am - 12 midday

Monday 15 October — BURNHAM,
Camp Conference Centre, Burnham Military Camp, 6.00pm - 8.00pm

Please RSVP (by October 8th) with numbers attending, to Carol Voyce, Deployment Services Officer, Burnham on Toll free 0800 33 75 69, 3630 421 or dso.burnham@xtra.co.nz

We look forward to meeting with you all.

PEACE



**Claudia Baker,
RNZAF Welfare
Facilitator,
Woodbourne**

Kia ora, greetings from New Zealand, everyone!

September 21 is, or was, marked as "International Day of Peace", so I thought I put my focus a bit on that in my article.

So what is peace? According to "Wikipedia", peace is "a state of harmony characterized by the lack of conflict and the freedom from fear of violence", also marked by healthy interpersonal and international relationships and the absence of hostility.

Well, all that makes sense, but "lack of conflict"? I don't necessarily see conflict as something negative, because conflict is an opportunity to communicate and take action, to work on something that is not right, e.g. injustice, inequality, oppression etc.

The UN Secretary-General Ban Ki-moon states in his message that "the International Day of Peace is also a Day of Ceasefire – personal and political". "Interesting," I thought. How many of us make this day a day of "Personal Ceasefire", but perhaps we can learn from this quote:

"What can you do to promote world peace? Go home and love your family." (Mother Teresa).

It's a start, peace does begin with each one of us! Deployments can be stressful, and can temporarily, and sadly sometimes long-term, disrupt the peace in our heart and cause conflict we often later regret. When I think of something having a

purpose, it seems easier to accept, and can find peace over it. Do you find that, too? Well, going on, or letting a loved one go on deployment, to me, is a commitment to, and has the very purpose of, working alongside other nations to bring peace and a better life to a country whose people suffer under injustice, oppression or such like. After all, *"Simply the absent of war is not peace"* (Anam Prem), and peace is among humanity's highest values! Perhaps thinking about it that way, may bring peace to your heart, and with that, peace to your families and between you and mates - "neighbours", as the following poem states it:

*If there is to be peace in the world,
there must be peace in the nations.*

*If there is to be peace in the nations,
there must be peace in the cities.*

*If there is to be peace in the cities,
there must be peace between neighbours.*

*If there is to be peace between neighbours,
there must be peace in the home.*

*If there is to be peace in the home,
there must be peace in the heart.
(Lao Tzu).*

The Secretary-General also states that the International Day of Peace *"is an opportunity to appreciate what we have already accomplished, and to dedicate ourselves to all that remains to be done."* I quote this with a heartfelt thanks to all you servicemen and servicewomen, and all your families, for your dedication to bring peace to the nations. May YOU yourselves find peace in the knowledge that your sacrifice has a purpose!

*"I have decided to stick with love.
Hate is too great a burden to bear."
(Martin Luther King, Jr).*

Deployment Support Services

- ◆ Need information?
- ◆ Need support?
- ◆ Need a listening ear?
- ◆ Need to send an urgent message to a deployment location?

Deployment Support Services are here for you

The larger missions to Afghanistan, Solomon Islands & Timor-Leste appoint a lead Deployment Services Officer (DSO). All other missions offer support from either the DSO, Unit Point of Contact and local Welfare Support Services. The nominated Primary Next of Kin (PNOK) of families of deployed NZDF personnel should, in the first instance, contact their DSO who has a responsibility for transparency into welfare issues. Added to this there are other very valuable support networks available in your local region. For additional support and services:

Army:

Deployment Services Officers:

Linton—Janine Burton

Ph: 0800 683 77 327

Burnham—Carol Voyce

Ph: 0800 337 569

Community Services Officers:

Waiouru—Carolyn Hyland

Ph 06 387 5531

Burnham—Cherie Mansell

Ph 03 363 0322

Community Services Facilitator:

Linton—Lesley Clutterbuck

Ph 06 351 9970

Family & Social Services Officer:

Trentham—Marie Lotz

Ph 04 527 5029

Air Force Welfare Facilitators

Air Staff Wellington:

Trevor Stone

Ph: 04 498 6773

Base Auckland:

Deana Lye

Ph: 09 417 7035

Base Woodbourne:

Claudia Baker

Ph: 03 577 1177

Base Ohakea:

Ph: 06 351 5640

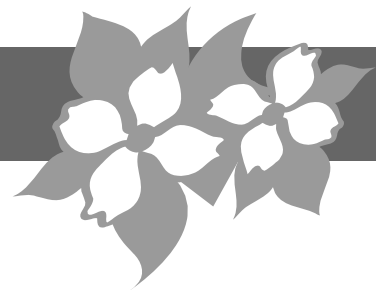
Naval Community Organization:

Ph: 09 445 5534, 0800 NAVYHELP
nib@nzdf.mil.nz

Local Chaplaincy Services

Unit Point of Contact

THANKS A MILLION



These messages have been received from home and are bouquets of thanks extended by some CRIB 20 families

Carol and Janine

A huge THANK YOU. – You have been amazing at keeping us informed throughout this deployment, and ensuring that we are all well supported. I've looked forward to every issue of "The Bugle", and the other events and briefings that you have planned have been very much appreciated. Thank you so much for all your hard work – it has really made a difference.

Jen, Sarah, Philippa, Red, Ness, Renton, Gin, Colleen and Patrick
You guys rock. For everything you've done for me over the last six months — phone calls, visits, hugs and general awesomeness – I seriously cannot thank you enough xx.

To Sheryl and Denis

THANK YOU!!! For your support and love throughout this deployment, and for dog sitting and your phone calls and emails. We're both really looking forward to seeing you soon! Erin xx.

Alison and Kat

You two rock – thanks for being such an awesome support. It has been great (and quite an honour!) to share this experience with you. Keep being the amazing wives you are! X.

Mum and Dad

THANK YOU!!! Your love and support has really made all the difference in getting me through these last six (and more!) months. Thank you for listening to my ranting in both the good and bad times, and for keeping me company (and for spoiling the dog!). Erin xx.

Grandma, Uncle G and Lucy

How would I have made it without you! Thanks you for the help and encouragement along the way - you have made a difference for us all. J xx.

Carol

Thank you for continuing to do such a fantastic job with "The Bugle". Our family look forward to every single issue of "The Bugle" - you should see us all fight for that large white envelope in the letter box!! It's insane, but it has surely kept us all sane at the same time. F family.

The efficiency and support from the Burnham team is again valued. Kia Kaha and God Bless. BB.

My neighbour "B"

Your guiding light has helped us through a difficult time over these past 7 months. Thanks so much for all you have done for us all. We thank you from the bottom of our hearts. S, J D and L xxx.

To my dog walker

Thank you for the great walks, sun, rain, hail and wind! You were always there and took me on many an adventure - and yes I had my own, when I escaped! My master is about to return so you can take a well earned rest but I will miss those extra biscuits and the odd treat you slip my way. Freddie.

My Church Group

You really understood this parenting alone! To each and everyone of you, thank you for the support and hands on help. I will never be able to repay your kindness but I will always remember it! The T family.

Angie

Thank you so much for always being there for me - for encouraging me, supporting me and cheering me along. I have nearly made it and couldn't have done it without you. I will miss the outings, shopping, movies and the wine and the great routines we had. You are a true friend and I love you. SDM.

The H Family

What a great bunch you are - you did so much for me during the Afghanistan deployment. I will never be able to thank you enough! Look forward to trying though. Love always. The B Family.

Harry

You are the best handyman I know! Fixing lawn mowers, cars that wouldn't start and changing light bulbs, to name a few. The many little things you did for me sure helped me out and the things you taught me, like how to change a tyre will help me into the future. Thanks for watching out for me. Always treasured. Allie x.

Nana

Never wanted to be a burden but what you have done for me and the kids has helped more than you can know. You never seemed to tire of helping us along the way. I know S was always reassured that you were about. Now time to put the feet up and not wear out another pair of slippers - well until next time. Love from us all xxxxx.

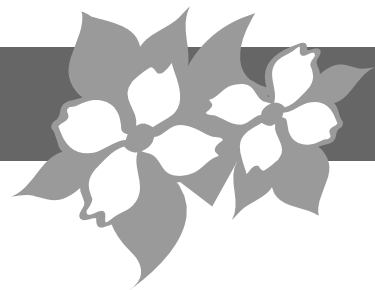
Pip, Kent, Jack and Izzy

No one could ask for a better bunch of work mates to keep an eye on me! I don't think I was too much trouble but you gave me sanity which was a great gift! I am looking forward to homecomings and getting back on track. The beers will be on him!! TK.

My UPOC 2/1 RNZIR, Burnham — Craig Spinks

Our family are grateful to you and your team from the Battalion for always being there for us. We first met you at the pre-deployment brief in Rolleston and knew we could depend on you. It was always great to see you at the many briefings and dinners we had and when the going got tough you were there for

THANKS A MILLION CONT'D



These messages have been received from home and are bouquets of thanks extended by some CRIB 20 families

us again! With your DSO and your team we felt valued and cared for - thank you so very much. W W S & T.

Poppa

You and Uncle Jeff are the best! Thanks for everything and that includes the kids play hut! We love you. Bj Al and Sonny.

My neighbours at #26

I know you think you did nothing but you did heaps for our family. You helped us in so many ways and we appreciate it all. I have to say that you make the best scones and marshmallow slice. Thanks so much for everything - and the few kilos we have gained! #24.

Jilly and Co

What a difference you made to our lives with "T" away for so long. Many thanks for all you have done and for looking out for us. Love always, the "M" mob.

Miss Piggy and the piglets

Thank you all for keeping us company this past 6 months. We enjoyed our shared dinners, outings to the park, pool and zoo. (And the odd glass of wine!) Couldn't have made it without you all! Sincere thanks - The Foxes xxxxxx.

Deployment Support Services Burnham and Linton

Janine and Carol - It has been great knowing you were only a phone call away. I hope we didn't bother you too much! You were always able to help or cheer me along the way and I am so grateful. Thanks for the listening ear - or ear bashing you got! We felt lucky to have you there and enjoyed meeting with you when we did! The S Family.

Hays, Bexs and Lil

Great mates, great times, great

helping hands! Thanks for being there. Liz xx.

The Deployment Team

You have been great. We loved "The Bugle", the dinners and get-togethers. You provided us with great support. Now moving on to homecomings but are grateful for all you did. If we have to do this again some day we know that there is a first class service to help us through. The M Clan.

To CRIB 20

Safe travels, happy reunions and family time. We are very proud of your efforts abroad. You have made a real difference. Thank you!

Carol and Janine

Thanks so much for all you have done for us. Couldn't have made it without you guys! You are "STARS" J, P and the rest! You know who we are!!

2/1

We would like to thank you all for the care and concern extended our way following the tragedies. We know you felt the pain too but you took time to meet with us and keep us informed and we thank you sincerely. We felt surrounded by a team of caring people which helps us too.

UPOC 3 CSS Bn—Grant Payton

Thanks. Appreciated the calls and contact - just another thing available to help and we are grateful to you and your team that you show you care.

Pops, Gran, Auntie Kath and Uncle Gary

Thank you so much for all you did for me and the kids with "Dad" away. You cheered me along so much and the kids just loved all the extra attention (and lollies!). We look forward to the Christmas camping trip - all as a family once

more! Love always, Deb, Mickey, Noah and Charlie xxxxx.

Shells

I need you be at home when I open the wardrobe and have to explain my new shoes (yes all of them) and the things on hangers!! You have been a great friend these past months. You saved me from becoming a hermit and turned me into the World's Best Shopper - well 2nd to you!! I can hardly close my wallet now - not from a bulge of notes but a bulge of loyalty cards!! You rock! Love you, The other shopper xxxxx.

Heroes come in all sizes



**because being
left behind
takes bravery,
too.**

PERSONAL MESSAGES



The deadline for contributions and personal messages for the next edition of "The Bugle" is **11 October at 4.00pm**. Please note: All "Bugle" messages are to be sent to Carol Voyce, DSO Burnham (email: dso.burnham@xtra.co.nz)

From In-Theatre

Kia Ora Mum (Cristina Marie)

How you fullas been? Has kev got a job yet? Lol...Well Mum, hope Palmy weather is keeping you warm....If not, hope all the exercise is keeping you buzy enough to stay warm lol...We still keeping buzy over here, well trying to keep on track until the job is done, then home sweet home. There should be a Gyro 13 DVD coming your way, if you can pass it on to dad to have a geese as well plz. Anyway, like I said to dad, we on the down hill slope so not to far and ill be home to catch up and chillax, until then love you heaps and I'll c yous soon xox...Rangi.

Hi CB

Missing you like crazy! I love you with all my heart. Bring on the holiday and fill up the fridge, I'm coming home!!!

To my Family

Get ready, I'm coming home! FABD4D.

Kia Ora Dad (John Frank)

How's the life in Hanana treating ya, no change I say, ha ha. Hope all is well Dad, Oh ha and happy belated Father's Day 2! Hope you had a mean one and the whanau in Shannon spoilt you in some kinda way. Life over here is all good, loving the warmth and tryna stay buzy before the trip home, as you know we are over the hill now and we on our way down/home approx 2 months to go and I'll be home. Sweet Dad ill see you when I get home be safe Love you...Rangi.

Hay Ma Gravy

By the time you read this we would

have just finished our trip in Thailand, I'm pre-empting and saying it was an amazing trip, which it would've been of course coz I got to see you and chill out together which we haven't done in ages, lol...well that means we will only have 4-6 weeks left each in our respective tours, and even hoping that we come home around the same time fingers crossed. Hope everything in Sinai is going well for ya and ill see you when we get home in November. Love you heaps xox. Porkchop.

To my Dragon

Not long now, hope you enjoyed Bali, can't wait to be with you and our boy. Love Me.

Chur Hun miss you fullas heaps tell the boys that dad loves them. Be safe love SDSRH.

Fluffy

Not long to go now!! So excited to get home and decorate our new home, there is so much to look forward to! Miss you and Skyla heaps. Make sure you give her some cuddles from me. Love you lots and lots and heaps and lots. Your Favourite.

Mummy and Daddy Darling

Thanks for coming to visit me in Sydney, it meant a lot to me. I'm looking forward to coming home and spending some time together at Christmas... not long to go now!! Lots of love, Rooster.

To Cass

I miss you heaps, can't wait to get home and see you again. We'll have to go on another mean holiday soon. Thinking of you always!

To Mum & Dad

Hope all is well back home. I'll be home before we know it. Missing you guys.

To my Brothers

We're gonna have to have a mean catch up when I get back. It's been too long since we've been all in the same place. Miss you guys.

To Nana & Cyril

I hope you guys are doing well, just wanted to let you know that I'm thinking of you too. Miss you guys.

Dion

See you soon!

To OC K Coy

Your team did well, thank you. From OC K Coy.

Missing the Cat, the BFPWA and the Princess, Shrek and Master Chef. Hope all good at home. See you in two months. Lots of love, Me.

Hi JJ

Bradley and Liam, hope all is well. I'm missing you boys like crazy though, so can't wait to be home. Look after your mum and be good. Home soon! Love you Dad.

To OC K Coy

Your suits are ready, pay up. From OC K Coy.

To Caitlin

Missing you my wee girl, you keep taking care of Mum. Love you more xoxox

To Nicky

Thanks for being you and sorting things. Love you. Xox.

PERSONAL MESSAGES CONT'D...

To Jake

Keep being a good boy. I'll see you soon. Love you.

To Rhiannon

Miss you and Love you. Be good and practice your driving to show me when I get back. Xox.

To Georgia

Enjoy a break and some time with your friends my sports girl. Love you xox.

To Ana

I do believe you're making my palm twitch. I can just picture you now biting your lip. Off now on the Charlie Tango Laters Baby, Christian.

To my Dearest Ana

I cannot wait to see you in the red room, remember I like vanilla, hugs Charlie Tango. Laters baby, Christian.

To my Beautiful Princess

I love you so much. Happy 30th birthday! I cannot wait to get home. Love forever and ever without doubt, your poohbear.

From Home

To Chap

Safe journey son! Mum & Dad.

FABD4D

Hi Daddy, YAY! You are coming home! How excited are we? We can't wait to have you back home for all the fun times and rough and tumble. Lots of trains, lego, beyblades and stories! We love you to the man truck and back (and to the moon and back). Connor, Liam and Mummy xxx.

Dearest Tolly

Hope you are enjoying yourself over there and it's not too hot for

you. Jasmine still wakes in the morning asking where is Daddy, poor little Princess. We are keeping ourselves busy and making the most of our time together, especially watching our favourite DVDs over and over. Mummy is going to buy me some new things for all the jobs I have been helping her with around the house. Mum's not looking forward to doing the lawns again; I bet you don't want to come back to a jungle. Missing you heaps! Big hugs from the Princess. Lots of Love Jen & Jasmine xoxoxo.

Hi Awesome Dad

We have been waiting for you to come home and we are happy that it's only a few weeks to go. I can't wait to jump on the tramp with you and play the cookie monster game. We love you and hope you're going to have a great time flying home. Love from your daughter Emma.

Hi Incredible Dad

I have been having a lot of fun at school. How are you? I hope your flight will be fine and I hope the airplane doesn't break down! I can't wait to give you a big hug and kiss. Bye Dad, love you heaps, from Reagan Molony.

Hey Babe!

HOME HOME HOME!!! No words can describe how excited I am about seeing you again soon. I'll feel better psychologically (ha ha ha). The dog will be waiting on the couch for you! LOVE YOU!! Xoxoxoxo.

To my Dearest Poohbear

Not much longer now baby and I will have you back in my arms. So can't wait to see you again and as each day goes by I get more and more excited. I love you with all my heart and I know the kids can't wait to see you too. Love you forever & ever without a doubt, Your princess xxxx.

Nearly Home from the Turkies!!!

To Dad: You're nearly home and we can't wait till that moment but since you're not here I can only say that I love you and miss you. See you soon. From Z: Hi Daddy, almost home very exciting. I was busting for my b-day. I also had to pack my stuff for my...BROWNIES CAMP!!!! I'm so happy that it is done; it was fun packing, but hard. I went for Valentines, I was excited yaayy! Well, I'm almost out of words so I guess this is it. Bye Daddy, I miss you and love u. Bye Bye! Love from P (the butterfly). Hi Dad, I love you and miss you so so so so so much. You are the bestest Dad in my whole entire world. Lots of love from K. Hi Hun, I can't believe this will be the last time we write and that you are nearly home. We have missed you so much and are counting down the jellybeans until you are home. Time has flown by very fast. Too fast for me to get a lot of outstanding jobs done before you return. Can't wait to see and hold you. See you very soon. Love you so much. Love from Mum.

Hi Zane

Yeah, you're almost home. It will be so good to have you back on home ground, just in time to start enjoying our warm weather. See you soon. I love you. Love Nana.

Hey Hun

Cannot believe we are at the end of this finally! So awesome knowing you will be home with us so soon. Kids are super excited and have plenty of things planned that they want to do. Looking forward to seeing you step off that plane Babe, be more than fantastic to be together again. Love you lots, from me xxxx.

To my first Husband

Well by the time you read this message I hope to be holding you in my arms and giving you lots of

PERSONAL MESSAGES CONT'D...



love and kisses. I am really looking forward to having you home, but not sharing the bed and listening to your snoring. Have a fantastic journey home and remember I Love you more xoxoxoxo. From your First and Last Wife.

To all of CRIB 20

A safe journey and a welcome home to you all! You've gone above and beyond the call of duty - and we are so proud of the difference you've made under terribly difficult and challenging circumstances. A proud Soldier's Mum x.

Hey Hun

Wanted to share with you some of my thoughts about this deployment - I know you won't mind me being honest.

Some people have said to me, 'I don't know how you could do it!' Or 'I would never let my husband do that!' When we talk about the fact that you are away for so long, it's hard to articulate in a small conversation the breadth and depth of my thoughts on this. It's not something that we would have wanted ideally either - it's just simply the nature of this job and what we have committed our lives to. I'm not a mug, who allowed my husband to leave me, and our children alone. I take this task on WITH you, knowing that we are together even though we are 1,000's of miles apart. For the greater good, we believe that we can help make a difference.

My kids need their Dad, as all children do, but I strongly believe that some things actually do make you stronger and we have been given an opportunity to teach our children about life's challenges (and there will be many). What better time than when they are younger and have loving parents to interpret and talk them through it. Change isn't all bad, sometimes it

leads to better things! Sheltering them completely can sometimes be just as destructive as exposing them to too much.

People often ask if the time is passing quickly, or they hope the children are keeping me busy? Sometimes yes, a day will fly and I get lost in the chaos and busy of it all. But mostly, everyday there are constant reminders that you are not with us and that you are missing from me. Whether it's moments when you would normally be doing something around the place, and you're not, or when I go to bed at night and your place is cold and empty. I grieve, though you will be coming home, it's still a loss of sorts.

It's not ideal, or super healthy for families to be separated like this, I can't say I would recommend it, I have a husband for a reason and things are much better when we are together! But I have chosen to go with it and take this on as a personal challenge.

I have managed to accomplish some things while you have been gone that I have always wanted to do but 'never got around to it', and I have tackled a few problems that I didn't know I would be able to manage. It's true that when you say you could never, and then when pushed, you find that you actually can! I have loved the opportunity we have been given to re-create some of the romance that over a number of years of marriage and having young children has gone by-the-way, not lost, just dulled. I thought things were great before you left, but it's got even better - somehow reignited us again and put some fun back in the mix. We are nearing the end of this long and dreadful tour now, and my mind has not swayed far in recent weeks from thinking about the loved ones that have been left behind from the tragedies that have occurred during this tour.

My heart grieves for them and we all would do

anything to have protected them from this pain - its distressing when I think that this is what the military works hard to avoid, we train to protect our people and those that cannot defend themselves, its not just or right what has happened. May God help us as we try and move forward to making some sense of it all?

I am thinking of you all as you gather yourselves to come home, as you prepare to re-enter your 'real' lives.

Your family and friends will not be able to completely understand what you have been through, but we will certainly try, and we will be there for you as much as we can! It isn't going to be totally terrible though, it's a truly wonderful thing that you all get to come back to us. We are excited and delighted to be receiving you home!

Bless you lots Hun, be good, stay safe and don't forget to buy me something beautiful on your journey home! Much love from me always xxxx.

Special Quote

"In truth a family is what you make it. It is made strong, not by number of heads counted at the dinner table, but by the rituals you help family members create, by the memories you share, by the commitment of time, caring, and love you show to one another, and by the hopes for the future you have as individuals and as a unit". (Marge Kennedy).

BOUQUETS

This copy of "The Bugle," marks the publication of the 175th edition of our deployment newsletter. While it has changed over the years, this milestone relates to the current format. As a simple, in-house publication, it has survived and served the years well and become a much valued resource for those associated with New Zealand Defence Force land based missions abroad. So if over the years, you have contributed an article, sent a message, typed up or printed off copies, "stuffed" and "labelled" envelopes or simply sat at home and poured over news about your loved one - we thank you. We thank you too for your valuable feedback which keeps us going as each deadline rolls around. Your contributions have been vital and valued to the ongoing success of "The Bugle" as a Deployment tool. *Carol DSO Burnham (Editor "The Bugle") and Janine, DSO Linton.*

LT COL Hall and the Contingent, NZPT CRIB 20

Sincere thanks to you all for your much valued contributions to "The Bugle" over the past 6-7 months.

You have excelled in keeping us informed and we sincerely appreciate your efforts. Safe travels home and happy reunions to you all. Take a well earned break and we look forward to catching up with you in the future. *Carol and Janine.*

CRIB 20 PNOK and Families

Many thanks to you all for the great support you have extended to loved ones abroad during their deployment to Afghanistan. You too have contributed to the success of the mission by your many sacrifices, the many parcels you have sent and for simply keeping the "home fires burning". It has been a pleasure to meet with you all. Best wishes for happy reunions. *Carol and Janine.*

Lorraine

A phone free week! Thank you so much for taking care of things while I took leave. Your help, concern and compassion extended to many of our families, is much appreciated. *Carol.*

LT Nina Reid

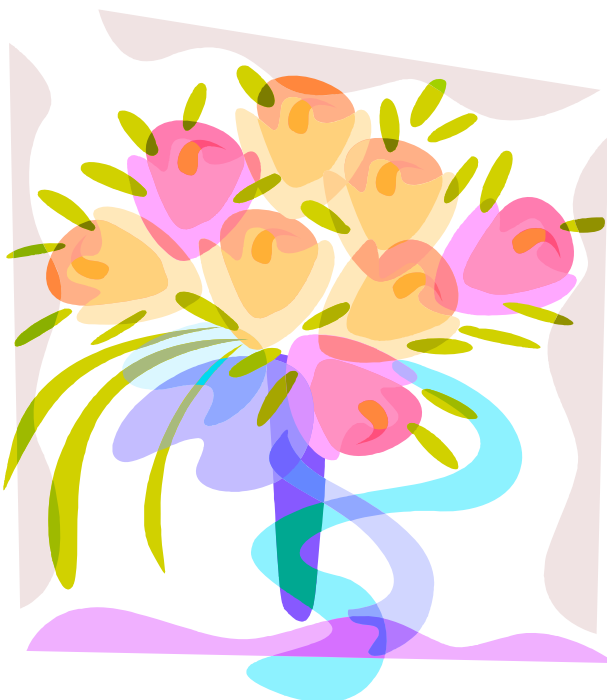
Thank you so much Nina for watching out for us all over this past month or so. We have very much valued your wise words of wisdom in our times of need and for simply being there for us all. Your gentle nature and willingness to meet with us over a number of times, will long be remembered. *PNOK and Families CRIB 20 Burnham/Christchurch area.*

Andrew Moss, Freight Section, Burnham Military Camp

Many thanks for your hard work. What a surprise it will be!

Marie Lotz, Family & Social Services Officer

Your help with supporting families in the Trentham area is much appreciated. Thanks too for co-ordinating the recent briefings, *Carol and Janine.*



SEND A MESSAGE OVERSEAS

*Send a message
to your loved one overseas, with...*



Kate Lukins, a former DJ and studio engineer with the Radio Network (Newstalk ZB, ZM/FM, Classic Hits, Coast FM etc) and who now works with Defence in a civilian role, has secured access to the network's studio, music library and phones.

For the third year running, she will be recording a three hour Christmas radio show for our deployed personnel, complete with music requests and messages of support from families.

The programme will be copied onto CDs and sent into theatre through the mail system, in time for Christmas. For people in New Zealand, it may also be available for download from the NZDF website. Download details will be advised in December.

To send a song request and record a message for your loved one, email: kate.lukins@nzdf.mil.nz with your name, phone number (cellphone is okay) and say what time during the 10 - 11 November 2012 is best for her to call you from the studio.

**Final day to email your details through is Friday 9 November,
all calls will be made on
Saturday 10 and Sunday 11 November.**