

THE BUGLE

Issue 170 | June 2012



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COURAGE | COMMITMENT | COMRADESHIP | INTEGRITY

“THE BUGLE”

The Deployment Newsletter is produced for families and service personnel associated with current overseas deployments.

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Bugle contributions are welcome and should be sent to Carol Voyce.

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Articles and opinions expressed in “The Bugle” are not necessarily those of the New Zealand Defence Force.

Cover Photo:

Padre Chris Haines makes friends with a little local boy in the Solomon Islands

GUEST EDITORIAL

GPCAPT Greg Elliott Director Institute for Leader Development

When I was in Afghanistan a few years ago, a US Army Captain asked his wife and her friends to come up with helpful tips for the folks back home, including a list of 'Top Things Not To Say To The Spouse of a Deployed Soldier.' His blog is still available online and reads a bit like the 2008 British comedy 'How to lose friends and alienate people'. Except that, judging by the comments he received, the advice was on the ball.

The list included: don't try to empathize, don't offer false compliments, don't try to look on the bright side of bad news, don't ask questions with obvious answers, don't offer careless encouragement, don't try to rationalize with 'you knew what you were signing up to', don't offer half-hearted help that you don't intend to follow through on, and don't try to talk before you think. Well, I reckon my wife has heard most of these, and so what is left? Then the Captain comes down to just these important things: be sincere, be yourself, be genuine, and be a friend.

Having family deployed in faraway lands is hard yakka, and there's no denying that. As soldiers, sailors and airmen, we make sacrifices and get recognition (verbal and medals). We get job satisfaction from achieving the mission, and seeing the effects first hand of making a difference in the lives of people who perhaps without us would be helpless and threatened.

Most of the time, we're fully occupied with daily operations, and so have less time to reflect on what is happening back home. The 'hardships' of spartan living or going without the things we take for granted are an accepted part of being deployed - we find ways to make our surroundings 'homely', and we are part of a team who are all in the same boat. Sometimes, we might not even understand what it's like for partners back home.

Meanwhile, our partner's carry on, shouldering extra responsibilities, managing households and families, plus all the things we used to do ourselves, including dealing with unforeseen crises. It's a thankless task.



GPCAPT Greg Elliott, MA, MPhil

Spouses have to keep going, even though a big part of what is 'normal' is missing and they can't forget. It's a tough job. Nobody outside the military environment can really understand it. Sometimes, well intentioned attempts at empathy fall flat, whilst other times it's what people fail to do that matters - like mowing lawns, or stacking firewood. Often, there just aren't enough friends around.

We're still in a tough period for the NZ military - after almost a decade of ongoing commitments in the Middle East, Africa, the South Pacific, and beyond. Although the Government has signaled the beginning of the end for several major missions, we're not there yet. And we're tackling processes of downsizing, restructuring and transformation - like much of the public sector as we try to balance stretched resources. All these things add demands and stress. So for our deployed people - make time to keep in touch with family at home, to communicate, to share feelings and experiences, and to listen. We don't always have to provide answers.

And for our people on the 'home' team, use the tools available, for keeping in contact, including with the support groups and specialists on camps and bases. Reach out amongst the military community, share problems and issues, and don't be afraid to ask for help. Be honest and sincere about the things that matter. And when the job's done let's get everyone back home.



NZ Defence Force Joins World's Largest Exercise

The New Zealand Defence Force will take part in Exercise Rim of the Pacific (RIMPAC 2012)—the world's largest international maritime exercise — to be conducted off Hawaii from 29 June to 3 August.

HMNZS TE KAHA, *HMNZS ENDEAVOUR*, the Operational Diving Team and the Mine Counter Measures Team, a Rifle Platoon from 1 Royal New Zealand Infantry Regiment, a Royal New Zealand Air Force P-3K Orion, and a number of headquarters staff will take part in the biennial exercise.

"This is the first time in 28 years that the NZ Defence Force has taken part in RIMPAC. It offers a key opportunity to work alongside a large number of Pacific Rim nations to build interoperability and

relationships," says Commander Joint Forces New Zealand, Major General Dave Gawn.

"Participation in exercises like RIMPAC also enables the Defence Force to prepare for a variety of contingencies to ensure that New Zealand can work with other nations to reduce conflict and improve stability in the Pacific and around the world."

Hosted by the US Pacific Fleet, the exercise will involve 22 countries, 25,000 personnel, 42 ships, six submarines, and over 200 aircraft. Participating nations also include Australia, Canada, Colombia, France, Peru, Chile, Indonesia, Japan, Malaysia, India, Netherlands, Republic of Korea, Singapore, Thailand, Mexico, Norway, the Philippines, Russia, Tonga and the UK.

"As the largest maritime exercise

in the world, RIMPAC offers our people a unique training opportunity — for our Navy to exercise weapons and sensors, for an Army infantry platoon to embed in a US Marine Corps company and conduct amphibious taskings, and for an Air Force P3K crew to conduct air taskings in a complex multi-national environment," adds MAJGEN Gawn.

"Developing our amphibious capability is a key focus for the Defence Force as we work towards establishing a Joint Amphibious Task Force, where units from all three Services operate as one force."

Kiwi Soldiers Welcomed in Timor-Leste



International Stabilisation Force personnel from the New Zealand Element, known as Gyro XII, greet the incoming Gyro XIII contingent during a Powhiri at HPOD, Dili, Timor-Leste

Photo courtesy of: LAC Oliver Carter, Australian Defence Force.

Kiwi soldiers in Timor-Leste conducted a rousing haka to welcome their 2/1st Battalion colleagues who arrived to replace them recently.

The improved security situation in Timor-Leste has allowed the International Stabilisation Force to evolve from a security and stabilisation role to supporting the capacity building of the Falintil-Forças de Defesa de Timor-Leste (F-FDTL, the Timor-Leste Defence Force).

The 77 personnel were farewelled at Burnham Military Camp by Commander Joint Forces New Zealand, Major General Dave Gawn, family and friends.

Personnel Deployed Overseas

There are currently 507 New Zealand Defence Force personnel deployed on 16 operations, UN missions and defence exercises across 12 countries, including:

South Sudan, (3 personnel), Sinai (26 personnel), Middle East (7 personnel), Iraq (1 person), Afghanistan (148 personnel), Korea (3 personnel), Timor-Leste (80 personnel), Solomon Islands (45 personnel), Antarctica (0 personnel), Bahrain (4 personnel)

All overseas deployments are co-ordinated and run by Joint Forces New Zealand. Once deployed, NZDF personnel come under the control of Commander Joint Forces New Zealand.

NEWS UPDATE



Defence Force Marks 30 years in the Sinai

Source: Korero, 21 May 12



New Zealand Defence Force personnel deployed to the Sinai have unveiled a plaque to mark the 30th anniversary of the Multinational Force and Observers (MFO).

"The Defence Force has a long-standing commitment to the MFO, and our people have made a crucial contribution, participating with distinction since the MFO was established 30 years ago," says Commander Joint Forces New Zealand, Major General Dave Gawn.

"Along with the Defence Force's commitment to the United Nations Truce Supervision Organisation (UNTSO), our participation in the MFO represents the most tangible demonstration of New Zealand's support for the Middle East peace process."

As part of the anniversary celebrations last week, the Director General of the MFO, Ambassador David Satterfield, was welcomed onto camp by a powhiri performed by the New Zealand contingent. Senior representatives from Egypt and Israel unveiled a plaque.

New Zealander Major General Warren Whiting, the current MFO Force Commander, says while the anniversary is a significant milestone for the MFO and the NZ Defence Force, it is business as usual in the Sinai. "It was a low key celebration because we are mission-focused. The MFO is about looking after the Treaty, not patting ourselves on the back."

The role of the MFO is even more important today given the volatile situation in Egypt. "With the current uncertainty in the Middle East, the role of the MFO is even more crucial to stability in the region. Since the revolution, both sides are talking so much more, and the main conduit is through the MFO," adds MAJGEN Whiting.

The MFO is a 12-nation commitment established to uphold the conditions set down in the Treaty of Peace signed between Egypt and Israel in 1979. The MFO assumed its mandate on 25 April 1982. New Zealand's participation originally took the form of Rotary Wing Air Support in March 1982 and evolved to its present form of 28 personnel who provide expertise in operations, driving and training.

Operation ANZAC Spirit



Operation Anzac Spirit winners (from left) Carlos Paenga, Ali Abbari, and Niva Chittock with NZDF Chief of Staff Air Commodore Mike Yardley and NZDF Artist Captain Matt Gauldie at the prizegiving ceremony

The excellent computer skills demonstrated by Ruatoria's Carlos Paenga (11) have won him first place in Operation Anzac Spirit, a poster competition run by the New Zealand Defence Force as part of Anzac Day.

Almost 250 entries were received during the competition, which asked Year 7 and 8 students to design and create a poster showing Anzac Day in their communities.

NZDF Artist, Captain (CAPT) Matt Gauldie, judged the competition, and said selecting a winner was difficult as there were many entries that stood out.

"Carlos's poster showed off his excellent computer skills and his ability to create a well constructed and thought-out piece of art. Carlos's use of special effects and the transposing of one image through another have allowed him to show several different aspects of Anzac Day on his poster," CAPT Gauldie said.

The top three winners were presented with their prizes by New

Zealand Defence Force Chief of Staff Air Commodore (AIRCDRE) Mike Yardley at a prizegiving ceremony at Defence House today.

AIRCDRE Yardley said the quality of the posters was outstanding, and it was encouraging to see so many young New Zealanders learning about Anzac Day and how it is commemorated by entering the competition. As part of his prize, Carlos has chosen to spend a day with the Navy. The second place winner, Niva Chittock (11) of Christchurch, chose to spend a day with the Air Force, and the third place winner, Ali Abbari (12), also of Christchurch will spend a day with the Army. Four runners up received a NZ Defence Force prize pack: James Murray (11), of North Shore, Patrick Takura and Mitchell Smith of Hunterville, and Ginny Gibbs (12), of Hastings

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NEWS FROM CRIB 20, AFGHANISTAN

LIFE AT ROMERO AND DO ABE

Major Craig Wilson
OC Kiwi Company
Op CRIB 20

Soldiers in Kiwi Company, Op CRIB 20 have now settled in to life at patrol base ROMERO where we spend most of our time. We would love to say it is a hard life here but that just wouldn't be true. It is a testament to the engineers and soldiers who have come before us that we have a very comfortable base. Forward Patrol Base DO ABE is another base where some of our soldiers live and it is somewhat less comfortable. However, the soldiers enjoy operating with more freedom to shape their own tasks.

Both Kiwi Company bases have showers and laundry facilities – and there is a kitchen in ROMERO that is manned by a NZDF Chef. The food at DO ABE very much depends on the skills hidden among the soldiers. Some patrols eat well, some patrols not so well, and it is always interesting seeing the group dynamics at work.

The soldiers get some private living space most of the time they are in

the bases, and they have access to power for computers and iPods, etc... The Internet had a melt down early in our tour but it was fixed as soon as possible and our coverage supports Skype which makes a big difference to morale. DO ABE is not good for communications but the patrols will share the amount of time they spend there and take breaks to come to ROMERO for resupply.

COP ROMERO sits in a very picturesque valley surrounded by rocky cliffs with orchards and grain fields in a belt astride the creek. The base is no architectural marvel – being a square of 14 foot earth walls girded with razor wire. Everyone in the base gets their share of time up in the main sentry tower, keeping an eye on movement around the perimeter.

ROMERO has a small gym and we run on the road under the watch of the sentry outside the base. It is good to avoid cabin fever and get out for a run. Some of the soldiers run circuit training and we play sport when we get a chance. Physical training in DO ABE mainly comes from the regular patrolling that is done there – in order to keep a close eye on the place.

DO ABE has been accurately described as a depressed 19th Century mining town in the north of England, crossed with the bar in Star Wars where Luke Skywalker meets Han Solo for the first time. It is dirty, alien and no place for women or old men. DO ABE is kind of like the wild west must have been, and the soldiers based there have been working hard to install a 'sheriff' who is fair and not afraid to sort out the problems that come with a place where money can be made.

ROMERO has an area to conduct live firing training very close to the base so we will return to New Zealand better shots and with more experience on all of our weapons. It is always a challenge to keep the local children (and some adults) away when we shoot, as there is money to be made from the shell casings. I certainly appreciate the relatively good level of behaviour from my children after dealing with the little Afghan's.

We are currently shooting a mid-tour video that will showcase our environment so families should look out for that at the mid year Christmas function for deployed dependants. Hopefully we will be able to provide good entertainment.

We are trying our best to make the bases places where the soldiers are secure, where we are efficient in the work that needs doing, but where everyone can relax and have a bit of fun. The hope is that this will have people return to New Zealand without too many 'issues' to unload on their families and looking forward to staying in the Army. But most importantly – as we have already found on this tour, the guys are fresh and ready to work and concentrate hard when they are outside the base, which gives us the best chance of all coming home.

FOREIGN CORRESPONDENTS CONT'D...

OUT AND ABOUT AT PATROL BASES

LTCOL Peter Hall
Commanding Officer CRIB 20

*"You can
be justifiably
proud of them, I
certainly am".*

I will start this article by wishing all the CRIB 20 mothers a belated Happy Mother's Day. I hope you all had a well deserved relaxing day, hopefully you received either a card, text, phone-call, email or even flowers from your sons and daughters here in Afghanistan. I can guarantee you were being thought of regardless of whether you received a formal/informal expression of our appreciation.

Last week I spent some time on the road visiting Major Craig's team in the North, I was fortunate enough to be able to spend a night in both Romero with the Company and DO ABE with Lieutenant Dan's patrol. I can report that in both locations Kiwi Company personnel are in good spirits (despite the lack of internet access over the past two weeks). They have made extensive efforts in working alongside, and in support of the local police and the quick reaction force, to assist in maintaining a secure area and promoting an environment where agencies are willing to support development.

Captain Mark is running an effective patrol programme under trying conditions, both environmentally, and from a security perspective, and the men and women of Kiwi Company are being well looked after by Warrant

Officer Class 2 Wayne. As with the cooks in Bamian Private Kate continually impresses with her culinary skills.

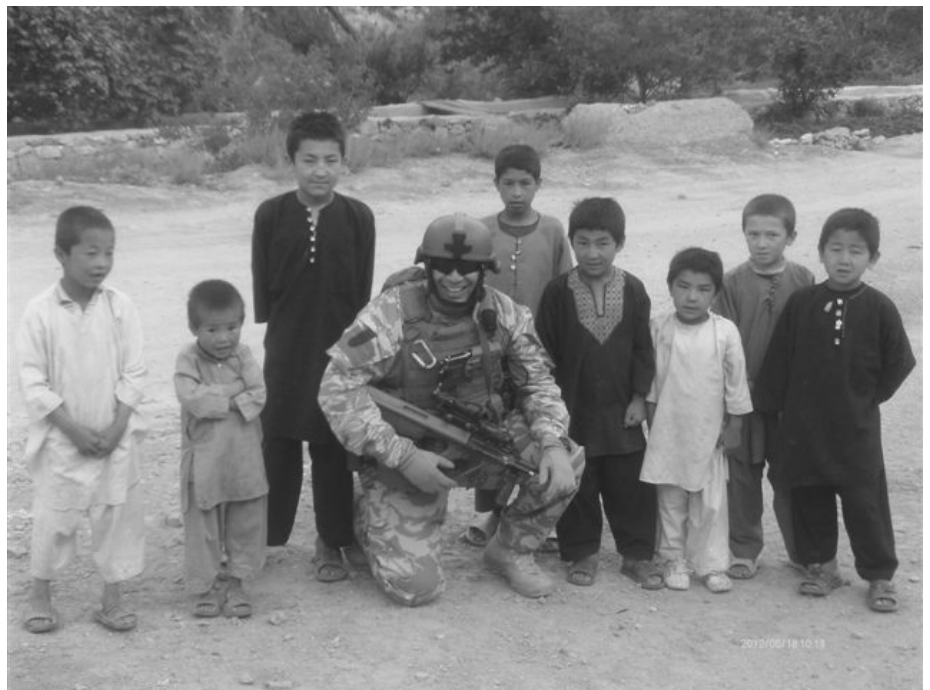
Staff Sergeant Carl is keeping the logistic and technical systems working in the North. Lieutenant Ryan it seems is too busy to wash his uniform, brush his hair, or take time out for anything other than a quick cigarette – his priorities obviously lie with keeping his team ready to deploy, looking after their welfare and ensuring they maintain their skills. When I take time out to observe the other Patrol Commanders, Lieutenants Dan and Caleb, I note this is the case with them as well, luxuries whilst appreciated are not sort out at the expense of looking after the team, maintaining the skills they have developed and continuing positive relationships with the local people and security elements. In fact, Lieutenant Dan, Sergeant Dave and the team in DO ABE have less comforts than everyone else, and yet they seem the happiest (one of

the considered luxuries is a wooden box toilet seat over a cut 44 gallon drum), they are living in austere conditions but making the most of their surroundings.

It was an honour for me to spend time with the team in the North, I hope I didn't bother them too much. Men and women of the calibre of Sapper Zane, Corporal Kelly, Trooper Finley, Lance Corporal Gary, Private Tea, Private Steven, Lance Corporal Chas, Trooper James and Lance Corporal Brent to name a but a few. They are all working extremely hard, no one thanks them, they don't expect it but they get on with the job at hand in the professional, understated manner of the Kiwi serviceperson and engage with the locals and support the local security forces which enables them to get on with their responsibilities. You can be justifiably proud of them, I certainly am.

Until the next issue

Kindest regards.



LT COL Peter Hall with local children in the Bamiyan Province

NEWS FROM GYRO 13, TIMOR-LESTE



HERE WE ARE SETTLED IN KIWI LINES, TIMOR-LESTE

Tim Tuatini
OC GYRO 13

On the morning of 11 May 12, after a few days delay in the 'starters blocks,' we were ready to depart Burnham for our deployment to Timor-Leste. Armed with our 7kg hand baggage allowance that most (not all) of us were strictly abiding by, although there were a few combat jackets that looked more like load carrying vests, we concentrated at the Camp Cinema with our family and friends. The presence of COMJFNZ, the JFNZWO and a number of the COs, RSMs and senior personnel from the units was appreciated by our group. After a few tearful goodbyes from family, Task Group GYRO 13 departed Burnham for a six-month deployment to Timor-Leste.

GYRO 13, as a group, have 'bonded' well, it is an interesting make up of a diverse range of personalities and experiences. This was clear in the mix of emotions on show as we travelled the short distance from camp to the airport in Christchurch. Many were naturally sad to be leaving their families and friends for such a long period; others were excited at the thought of deploying on operations. For some, this would be a return to a

country already served in, for others their first time on a mission or even away from New Zealand. However, we all agreed that we were happy to be finally on our way leaving the oncoming winter weather behind us. You have to leave to return.

The take off went smoothly and we departed the Garden City for a quick stopover in Auckland to take on more fuel and throw out the remains of the KFC that appeared from nowhere. This should have been a combat indicator to the Air Force identifying the potential big eaters on the flight and the need to keep the galley stocked. Once airborne again, and everyone had moved around, we settled in to head towards the 'lucky country' and the rest of the six and a half hour flight across the red dirt to Darwin.

The landing in Darwin was on schedule and the first taste of the heat we were about to live in. Our NZ folk from our Support Element in Darwin met us on the plane for a quick brief on the 'do's and don'ts' for our short stay and off to our accommodation for the night. We were all staying in Tin City, these aren't too bad, very rudimentary, but with welcomed air-conditioning. We used our time in Darwin to practise our haka under the guidance of Corporal 'Storm' Harrison, Corporal 'Lidz' Liddington and Corporal 'Sonny' Woodmass. This was all in preparation for the powhiri to be conducted on our arrival in Dili. After a good nights sleep and breakfast, we headed off to the departure lounge to jump on our Herc for Timor. We would be travelling in two groups so one lot

were still happily tucked up in bed as we milled around at the terminal. The Aussie movers obviously get well paid and many of the team managed to get a photograph of themselves sitting in his classic American muscle car 'surreptitiously' parked outside. After a fairly quick flight, we were touching down at Dili and keen to get off the aircraft. A number of our counterparts from GYRO 12 were on hand to greet us and it is always good to see old friends. They were obviously happier to see us as this is the signal that they would be before long off home. No sooner had we gathered on the tarmac then we were grabbed up and off to our new home called Kiwi Lines.

The buzz around Dili town was that the changeover had begun, albeit belatedly and many were looking forward to the powhiri as this has become somewhat of a 'must see' for those expat Kiwis away from home and personnel in the Task Group. The powhiri was held at 1800 hours local time and was impressive against the tropical background as the light disappeared for the day. We moved through the full protocols of being welcomed onto their Marae with speakers welcoming and accepting the welcomes. Our song was a bit rough around the edges and 'lulled' GYRO 12 into 'is that all you've got?'. They started into their haka which was obviously very well rehearsed; they had made the effort to teach and include members of the ANZAC Company which made for an impressive sight across a large frontage. The Aussies performed well, looking comfortable with both actions and words, however, still need to understand the hongi as there were a few headbutts at the end. That said, we as GYRO 13, were prepared and waited until launching into our own haka causing the two contingents to advance on each

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GYRO 13 haka



Major Tuatini accepts the challenge

other in an aggressive yet accepted manner which marks our meetings. The efforts of GYRO 12 and ANZAC Coy in organising the welcome were appreciated. It was interesting that GYRO 12 were keen to strip to the waist to show us that the tempo of work allows for some sunbathing and plenty of pumping iron.

The first few days were spent being briefed on theatre specific issues such as, our routine, the tasks we would be conducting, driving and

health, zeroing our weapons and conducting our handovers. This being the 13th GYRO, we have the process fairly much down, (you'd worry if we didn't) and with the assurance that all would be "sweet as", the flags were lowered and raised respectively and the train set was ours. Then only days after our arrival, we swapped places with most of the GYRO 13 team heading out with their counterparts to the airport to bid our farewells to GYRO 12 as they returned to New

Zealand. Kiwi Lines was now ours!

Our first weekend here coincided with the Inauguration of the new President of Timor-Leste, President Taur Matan Ruak (known locally as TMR). Dili was a hive of activity building up to the weekend and driving tended to be more manic than usual, well manic at 10kms an hour, as roads closed or were blocked by rehearsals and the inevitable 'tidying up' process. A number of high profile international guests were invited with our own Governor General Sir Jerry Mataparae spending a few days in the country. We were fortunate to be invited to a reception at the New Zealand Embassy and a number of the team headed in there to rub shoulders with expat Kiwis in Timor.

The last couple of weeks have seen the 2/1 RNZIR platoon and the Protected Mobility Vehicles (PMV), our drivers from 3 CSSB, training to master the skills required for their role. The heat has been a challenge but it has not hampered the language and medical training they have conducted. The HQ and CSST have been concentrating on keeping the work tempo going, keeping our shooting, fitness and soldier skills up, establishing our relationships across the force and planning our ongoing activities and tasks.

***"We have all settled
in to our various
roles, acclimatised
and getting on with
the job at hand."***

In addition to this training, the Padre or 'Hardre' Jon Holland, has been spending time with all of us, teaching guitar and led several groups on "hearts and minds" visits

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to the local church and orphanage. These have been extremely well attended and it is great to see that so many members of the contingent are keen to help those less fortunate than themselves. We are currently hoping to be able to add some other small tasks and visits to assist in the community where we can.

We also have our PTI Corporal Jess Blair chasing us around after making us get up early. However, we are getting fitter and as a secondary benefit learning the correct Latin names for all of the muscle groups that are hurting. These sessions are a highlight for all but usually once completed.

We are a part of the only true ANZAC force currently deployed overseas. As expected, we have a number of military tasks and training that we do together with our Aussie cousins. Already it's

the 'sports' that dominate our relationship, our PMV and members of the Inf PI entered into the various local ISF sports competitions, although as shown in our first game of soccer, what some may lack in finesse is made up for in effort spelt 'play hard or go home' which apparently can prove upsetting to referees and teams alike, however, not to be undone by these small hurdles and sooking, have smiled nicely and entered teams in every other sport as well. It's not all competition, and living together with the ANZAC Company and Aussie CSST, has provided us with good opportunities to share resources, socialise or just 'shoot the breeze'; Our CSM, 'The Mentor' Muzz Holden, has established a good rapport with the other Warrant Officers in camp which has meant all sorts of benefits and 'bits' have found there way to our end

of the HPOD. We get on well and look forward to fostering this relationship. Life may get more serious as the International Rugby season progresses, no doubt a cup and a sporting contest we eagerly await.

To all those back home, please be assured that there is little to worry about. We all have comfortable living and working areas and the food is very good. The challenge is refraining from eating 'too big' every day. In addition, our welfare and medical facilities are great. The time between tasks and training is being filled with some lighter activities planned to get the most out of our time here in Timor-Leste. As a group we are getting along very well, morale is high and time is ticking away. We have all settled in to our various roles, acclimatised and getting on with the job at hand.

Regards to All.

NEWS FROM OP RATA II (15) , SOLOMON ISLANDS

THE CHINA FALLS WALK

Sergeant Rose Lind
OP RATA II (15)

Earlier this month, the NSE on OP RATA II had an opportunity to place down the pens, step away from the keyboard and head out on a trek commonly known as the "China Falls" walk. (The crystal balls were even allowed to stay behind!)

The trek involves walking over a battlefield known as "The Galloping Horse" – nicknamed due to the grassy hill's resembling, from the air, that of a galloping horse. This is the scene of one of the last major battles in the Guadalcanal campaign, between the US Army and the Imperial Japanese Army

and was famously depicted in the movie "The Thin Red Line".

Anyway, to bring us back to the present – we split up into our two groups and were met by local guides and led straight up into an incredibly steep hill, which in reality was not that far at all and did not seem half as bad once we were at the top. Could not imagine doing that with weapons and pack. (I later read that at one point during the battle on the Galloping Horse, one platoon only had 10 men conscious due to not being re-supplied and the relentless heat taking its toll. We have it so easy.)

The walk continued for approx over an hour, which included frequent stops to take on water and take in



*Some of the trek over the
"Galloping Horse"*

the view. It was quite impressive to see the remnants of 'foxholes' that were scattered along the ridges – and, I might add, probably better than any attempt I've made at a shell scrape too (and these were half filled in).

We eventually halted at the edge of the jungle and proceeded to do a very steep descent right into the thick of it all (for some of us, this was easier to just slide down). This continued for about 10-15 minutes,

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"I suggest to anyone, if you have the opportunity to get over here, do it!"

when finally we had approached the very much anticipated waterfall. The first group were already in the water and jumping off the waterfall; some went the extra mile and did belly flops. The rest of us that weren't so bold decided to just wade in the water.

Once all of our body temperatures had returned to normal and we were feeling refreshed, we continued on with the next part of our journey – floating down a river for approx 2kms. To start off we had to jump off a cliff (which was the only way down) and scramble over some jagged rocks and slippery logs. One of the Australians had an unfortunate situation where he lost his footing on the log; face planted into it and subsequently dropped his camera into the river (which one of the guides miraculously found two days later!). He was fine though.

The first leg of the 'floating' was quite pleasant, as the water was very deep and made the floating effortless. (Our DPM's, boots and Camelbacks provided quite a bit of buoyancy.) However, as we progressed down stream, it did get quite shallow due to minimal rain over the past few weeks. This proved to be quite tricky, as it wasn't quite shallow enough to walk through with ease (without slipping on the rocks) and wasn't quite deep enough to lie down and ride with the current as we crashed into rocks multiple times. Some people were smart enough to take tyre tubes and floated down quite easily (Why didn't I think of that?!).



Jumping off the waterfall, and the not so daring look on

It was during this part of the journey that our dear Padre Haines also dropped his camera into the water. To his credit, he remained very calm and didn't say anything until the very end of the trip. (This also confirmed why he had gone very quiet during our 'float' downstream.) Unfortunately, his camera has still not been found to this day. It also remains to be a sensitive subject to bring up.

The 2km 'float' eventually ended and we walked the rest of the way for approx 20 or so minutes, back to our transport. Here, some lollies were distributed to some locals and the tyre tubes were given to some of the children to use. Then it was on the bus and back to GBR.

This trip was a fantastic opportunity to get out of the office and witness just one part of the amazing history that is here in the Solomon Islands. It is not everyday you can have this sort of history right at your doorstep and we are very lucky to have so. I suggest to anyone, if you have the opportunity to get over here, do it!

To all Foreign Correspondents Bugle Edition 170

Wow! You have all excelled. What a pleasure it has been putting together this edition of "The Bugle"! The news and views from all Deployment locations has been absolutely superb! Great reading, great photos and a great effort! I know that our many readers will be delighted to see your many contributions. I am only sorry that we haven't been able to use all the photos submitted due to space. You have set a great standard and I am sure we have much to look forward to in the future. Sincere thanks to you all.

Carol DSO Burnham
(Editor "The Bugle")

CHAPLAIN'S PEN — FROM ABROAD

INTRODUCING AN AMAZING GROUP OF PEOPLE

Padre Chris Haines
GBR Guadalcanal

I have heard it said that, “an army marches on its stomach.” Well there is some truth to that statement and we certainly get well fed here on GBR, as I have mentioned in a previous article. However, it requires a lot more than good food to keep a platoon of soldiers deployed and operational in a foreign environment. It takes *another team*, of dedicated and capable soldiers working around the clock if necessary, to keep our Kiwi front line forces supported and supplied, so they can do their job.

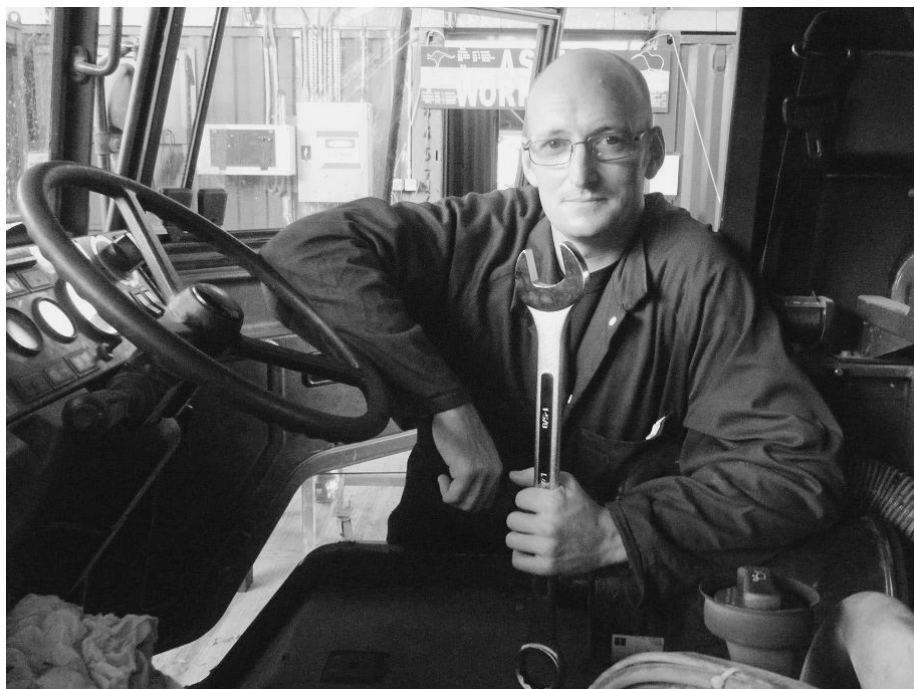
Here on Guadalcanal, *that team* is called, the ‘National Support Element’ (NSE), so during this article I want you to meet this amazing group of people and discover something of what they do.

Let me begin by introducing: **Sergeant Rosana Lind**. She is our Human Resources Manager. Everything about almost everything to do with our deployment and personnel comes across her desk. Rose is the contingent ‘go to girl’... she also makes sure that we get our mail, get paid and get to where we are supposed to be...on time...and she does it all with a smile! Most of us would be really lost without her.

Sergeant Robyn Stewart. Robyn is in charge of the communications and does an incredible job in the very challenging ‘comms’ environment of the Solomon Islands. This is a huge task that incorporates many different types of technology and goes way beyond just talking on the radio. Robyn, just very calmly keeps us in touch and is assisted by **Signalman Colin Mundell** who is the ‘geek’ on the team. Colin’s



Left to Right: Rose Lind, Colin Mundell, Robyn Stewart



Michael 'Colby' Colbert

comments are always to the point; he can fix almost anything, including the locks on our office doors and is constantly on standby to reconfigure your laptop when something goes wrong.

Corporal Michael Colbert. ‘Colby’ takes care of getting the platoon, (and the rest of the Kiwi contingent), around the island in

transportation that is safe and reliable. He works extremely hard, without the benefits of air conditioning, to keep at least seven of ...four different types of vehicles, at various stages of their operational life, ready to drive and up to their specifications. And when they break...which they do...he fixes them.

CHAPLAIN'S PEN — FROM ABROAD CONT'D...

Sergeant Chantelle Locke

'Lockee' is the 'QM' which stands for Quartermaster and she is in charge of all our 'stuff': Weapons, clothes, ration packs, to name a few, and replacements for everything except fingers and toes! All of our equipment must be kept in a state that is accounted for and 'ready to use' at a moments notice. This means running a system that is 'Locke..d' down tight, or in this environment stuff will deteriorate and go missing! 'Lockee' leaves here for NZ today, after completing an eight month tour of duty and receiving a well deserved CO's Commendation'. Her replacement **WO2 Graeme Bland** has arrived on GBR and is already a great addition to the team. Well done Chantelle, you will be missed. Chantelle's understudy has been **Lance Corporal Shanley Haronga** 'Shan' is picking up the job quickly and will be a big help to the new 'QM'. She is also in charge of making us laugh which is

accomplished with ease because of her bright personality and 'out of the box' comments! Oh! I almost forgot Shan is also our acting PTI... a real 'multi tasker' in her own unique way.

Lieutenant Joachim Amos 'Joey'; supported by **Private Darryl 'Dazza' Hallinan** are part of a close knit team in the Combined Task Force Headquarters. They provide information that enables three platoons from three different nations to complete their missions with the minimum of waste or delay.

And last, but by no means least: **Captain Rodney Masters**. 'Rod' is the OC and our boss. So much falls on his shoulders that I could not possibly list it all here...and much of it he would not want me to talk about anyway. However, Rod's leadership is the glue which holds the whole NSE team together and we are all incredibly grateful for the clear and supportive manner in which he fulfils his role. He is

directly responsible to the Senior National Officer and the Task Force Commander for everything that takes place in the whole of the New Zealand Contingent here in Guadalcanal.

Well family, that's the often 'not talked about' side of the big Kiwi team here in the Solomon Islands...I hope you enjoyed getting to know them a little.

As always...you remain the much needed 'home team' and we miss you all heaps! Most of us have just passed the half way mark in our deployment and the next time I write, we will be starting to make preparations to come home. Thank you all so much for all of your love and support...along with all the 'goodies' that just keep coming. We really look forward to the mail days and to catching up on the phone!

So until next time...lots of love and Hugs for each one of you...from the Kiwi team here on Guadalcanal.

THREE MORE DAYS

Padre Jonathon Holland TG GYRO 13

Rev Readout, a bible teacher of mine, once told me a story about how he had come to dislike a neighboring minister so much that he was ready to spill the beans to the Bishop regarding this ministers devilish antics and that he had told him to his face that this was his intention. But, before Rev Readout went to the Bishop he had to sort out the instruction of his Pastor first. Rev Readout's Pastor told him to, "wait three days before talking to the Bishop." Rev Readout's response was, "why wait three days?" The Pastor in his wisdom stated "Great things happen after you wait three days."

This was the story that came to my

mind when Major Tuatini and WO2 Holden, the OC and CSM of GYRO 13, gave us the then bad news that we had to wait three more days before we were to depart New Zealand for Darwin and then essentially onto Timor-Leste. The contingent had come together again to concentrate for a couple of days before we were to depart, everyone was pumped and ready to do this until we got the news that we had to wait three more days. The initial disgruntled responses were seen and heard from most people. Oh well, what could we do about it? Nothing, just wait three days.

For me these three days had the potential to see great things happen. It was an opportunity for us as GYRO 13 to bond more, to become more acquainted with each

other and to build upon the relationships that we had started on Pre Deployment Training those long six weeks earlier. We did things together that we probably would not have time to do while on operations like go out to restaurants and eat takeaways, watch movies, do PT and mill around a lot around our rooms talking. For anyone that has been on GYRO lately, I'm sure you picked up on the intended sarcasm. Did the extra three days produce anything great? Yes it did. The extra time that GYRO 13 spent together gave us that extra time to get our haka prepared for the big show down with GYRO 12 at the powhiri that we were expecting in Timor-Leste.

Saturday morning, 12th of May 2012, the contingent of GYRO 13

CHAPLAIN'S PEN — FROM ABROAD CONT'D...

departed from Christchurch Airport with a quick stop at Whenuapai and then onto Darwin. We stayed the night at Tin City and the guys and gals had their last opportunity to let their hair down. It was a good night. Sunday 13th of May 2012 we arrive in Dili, Timor-Leste. We are finally here. We met up with GYRO 12 at our new home for the next 6 months, H-POD, before you know it it's time for the powhiri.

GYRO 12 is formed up at the field to our immediate front with ISF Command seated to the left and spectators to the right. Three Warriors approach Major Tuatini and lay the challenge to him and ultimately to all of us. The welcome is conducted by Commander Nuttall, SNO, followed by the reply from Major Tuatini and then concluded by Major Challies, OC GYRO 12. GYRO 13 remained standing as the Maori Cultural Group made up of Kiwis and Aussies advanced toward us. We were met with a magnificent Haka, emotions were flaring, voices were screeching, eyes were popping, what a great moment we were in,



Private Alatimu Pukana

but GYRO 13 were not going to hold back; it was time for us to respond and respond we did, two great groups with two great hakas'. A moment we will all remember. As the sun went down, Padre Chris Purdie, finished our powhiri with a prayer, we all filed through to hongis our comrades and also received a few head butts from the Aussies. Cheers GYRO 12 for the headaches and bruised foreheads,

I think you forgot to teach the Aussies to hongis on purpose.

Big thanks to GYRO 12 for a momentous welcome. We hope you are enjoying NZ, job well done. We endeavor to continue your good work here in Timor-Leste. God bless you all.

Blessings from TG GYRO 13
"Lucky for some".



Members of the GYRO 13, Contingent have been out and about in their local community. Visits to the nearby Orphanage are always welcomed.

Corporal Story Harrison enjoys a Sunday afternoon at the beach, where he and other service personnel provided fun and entertainment for the orphanage children.

CHAPLAIN'S PEN — FROM ABROAD CONT'D...

PATROL TO CHUNIK BAIR

Padre James Molony
Op CRIB 20

This last month I had the opportunity to attach on to a patrol to the South and West; this was with the engineers of KT6 to close down Scott Base and Chunik Bair. It was great to be away for a bit, with a smaller group of people and see a different part of the country. It was good to get stuck into some physical labour such as delicately pulling apart (with sledgehammer/axes) some of the defensive structures around the bases and helping to build a mud brick wall (I'm sure the villagers will be admiring this attempt for decades).

Having our own Chef as part of the patrol also significantly added to the morale! (Cheers Craig!)

These bases have been used for the last ten years by CRIB patrols maintaining a presence in these regions and while it's good that we are at the stage where the bases are no longer needed, as it means that the security in these areas is going ok, it was sad to close down a part of NZDF history. You could tell that patrols that had spent significant amounts of time in these places have really made it a home and must have enjoyed a little bit more autonomy than is available in the main Kiwi Base.

The locals in the immediate area

were also sad to see that the kiwis were packing up and leaving, they had enjoyed the interaction with the kiwi soldiers in their land over the last decade.

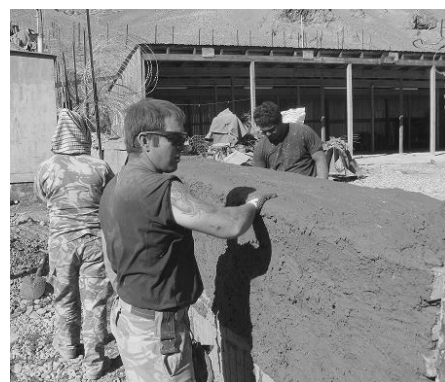
Who knows when future kiwi tourists will be able to travel though these regions and talk about the time when NZ soldiers had a presence in this land and left behind such a good impression on its people.

God Bless as we head towards the halfway mark already! You can be very proud of the work your loved ones are doing over here for NZ and for the people of Bamyan.

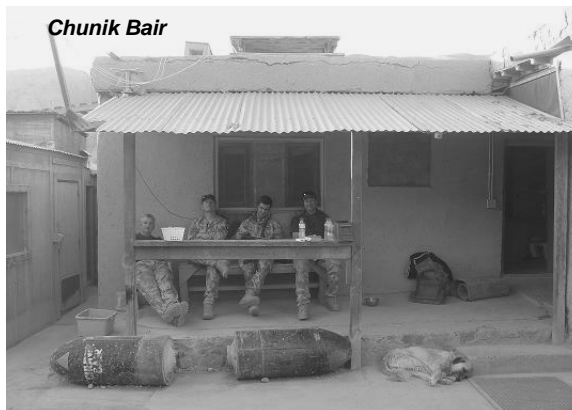
Ka Kite.



Pulling down the flag

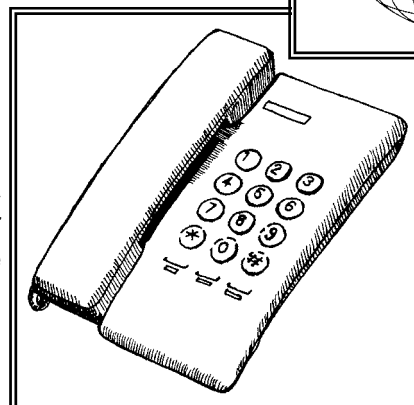
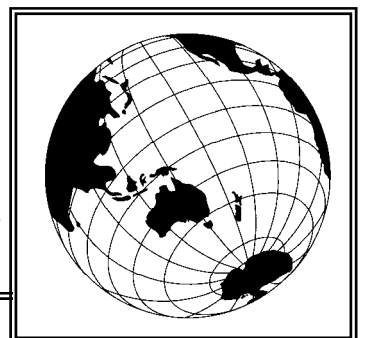


Lots of mud and bricks



MILITARY CHILDREN — ARE WE DIFFERENT?

- A civilian child can read and write in English. A military child can read and write in acronym.
- A civilian child gets to kiss mummy and daddy goodnight each night. A military child sometimes has to kiss a picture of daddy or mummy goodnight.
- A civilian child usually dances around or talks during the National Anthem. A military child stands quietly with his hand over his heart.
- A civilian child sees race. A military child sees diversity.
- A civilian child has a best friend in his hometown. A military child has a best friend on almost every continent.
- A civilian child sees only the plane flying over. A military child not only can identify the type of plane flying but knows someone who works on them.
- A civilian child sees a person in uniform. A military child can tell you what branch he's in and what his rank is.
- A civilian child lives for tomorrow and what it might bring. A military child lives for today because tomorrow, Daddy might get called away again.
- A civilian child says "good-bye". A military child says, "see you later" (don't we know it, there's never GOOD BYE).
- A civilian child gets to see things other kids would love to see. A military child gets to see things world leaders would love to see.
- A civilian child will probably go to the same school his/her entire life. A military child will probably change schools every two years.
- A civilian child might rarely leave his hometown for anything other than vacation. A military child will rarely see his "hometown" for anything other than vacation.
- A civilian child thinks home is where the heart is. A military child knows home is where the military sends you.
- A civilian child talks on the phone for fun. A military child lives for the 15 minute phone calls once a week.
- And finally.... A civilian child supports our soldiers. A military child IS a soldier. The next time you say a prayer for our troops, please say a prayer for their families, especially their children back home that are trying to be strong.



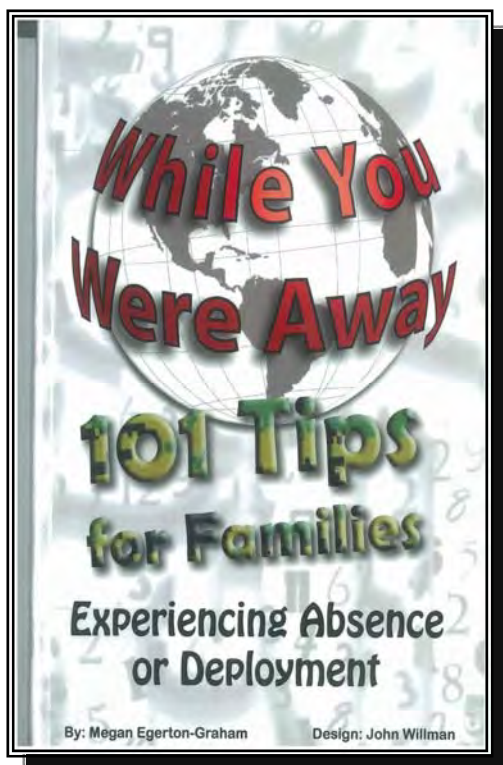
Source: snopes.com

Books available for loan



We now have a small library of books available for loan to help you or your loved one manage deployments

Here are some of our new books:

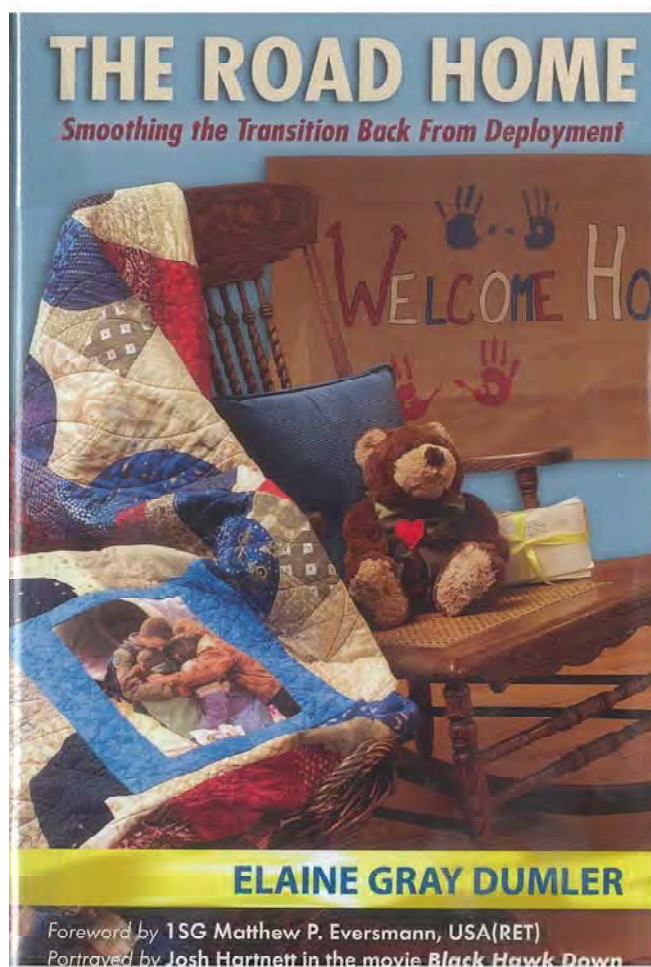


Author: Megan Egerton-Graham

FORWARD:

This book was created to support family members through any and all extended absences of a significant member of your family. All of the tips and suggestions have been tried and/or tested either by our family or other families experiencing absences. The intent of the book is to make the absence easier and give your family the tools to thrive during your/their absence.

Also available in the “While you were Away” series:
Journal for Teens
Journal for Military Families
Journal for Kids



FORWARD:

The Road Home is the newest addition to the “I’m Already Home” book series which is widely used by more than 54,000 military families. This comprehensive resource meets the specific needs of families in all branches of service transitioning back to “real life” as their service member returns from deployment.

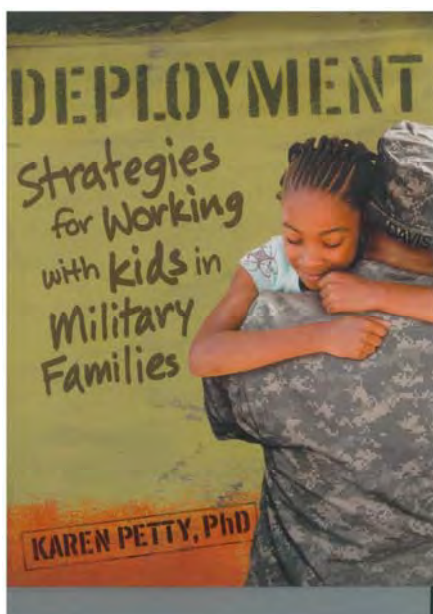
Books available for loan...



If you are interested in borrowing any of these books, please contact Carol Voyce, contact details on the inside cover or call into her office.

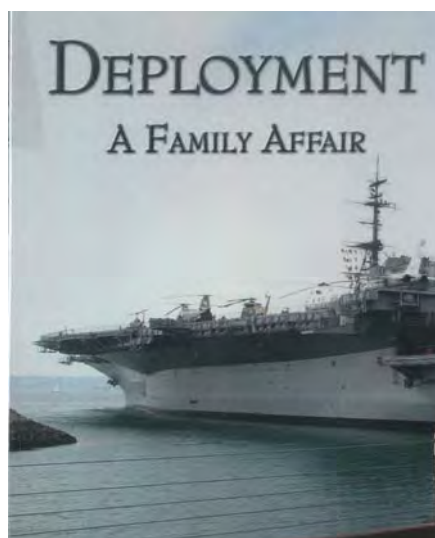
The time period for loan is two weeks. It may be necessary to form a waiting list, depending on demand.

Return postage costs need to be met by the borrower.



FORWARD:

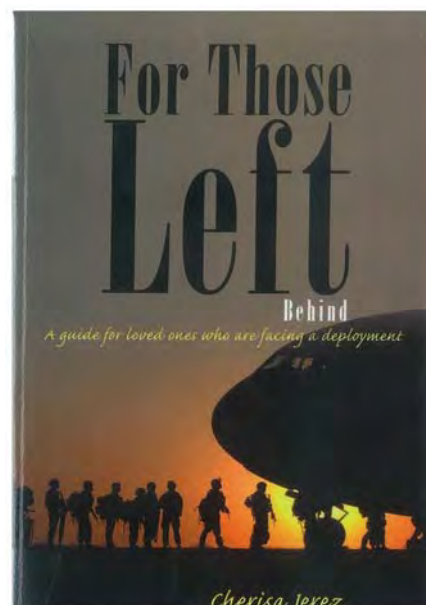
Military kids face many unique stressors and difficult transitions related to deployment, relocation, separation from loved ones, and changes in family structure.



Authors: Pamela Haynes, and Debbie King Mabray

FORWARD:

This book helps the reader to identify the normal and abnormal reactions one can have to this type of separation.

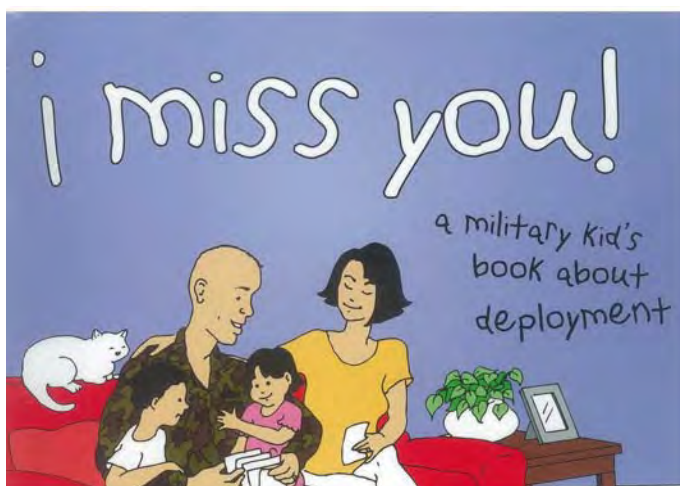


Author: Cherisa Jerez

FORWARD:

This is a guide for friends, parents, spouses, and children that are left behind when their service member is called to duty in a foreign place.

This is a book that will take you through the announcement, the time apart, and the trials that military members themselves are going through as they spend up to 15 months deployed. This book will help to provide the insight and strategies to overcoming one of the most challenging experiences a person can face when they are forced to be the ones left behind.



Author: Beth Andrews

FORWARD:

Military families face stressful times that are unique to the military lifestyle. One of the most challenging situations, both for children and for parents, is when a parent or a sibling is deployed and must be away from the home. The sadness, anger, fear, anxiety, and loneliness these children experience are emotions they often do not understand or know how to express. I Miss You! Is designed to help both children and their parents or adult caregivers during such difficult times.

DSO'S CORNER



Carol Voyce

Deployment Services Officer
Southern Regional Support Centre
Editor "The Bugle"

Regular "Bugle" readers will have heard my story about darling wee Billy and his love for his Dad. I often think of him and that forever gorgeous unfolding scenario of his description of the often missing important figure in his life. No doubt I will use it again in this column as it's truly heart warming.

But for this edition, I want to introduce you to Amber, her husband Scott and two gorgeous children, Ethan and Ava. The family is now happily reunited after months apart for pre-deployment training and then for a six month deployment to Afghanistan.

I first met Amber some 10 months ago. As a young Mum of two little ones, under 3, she suddenly and unexpectedly, had to face the daunting task of parenting alone. This was a new experience for her and one that filled her with many mixed emotions. Firstly, she was proud of her husband in that he was about to fulfil a much longed for ambition, to serve his country in a far away place, and in turn, to be able to make a difference for families who did not enjoy the safety and security that his own family had. It was this thought that would ultimately spur Amber into

action! But secondly, she quietly wondered if she could do this alone! If she could just tackle this deployment journey head on, make use of the supports and services on offer and set up some new networks to help her along the way, there was every chance she could make it work. And she has made it - her husband is home - this is her story!

Amber first came into my office just after Scott deployed. Ethan, with his boundless energy, noisily dug into the toy box while Ava sat quietly and shyly on her mother's knee. Unfortunately, because Scott was on a smaller mission within Afghanistan, she had not received an invitation to the pre-deployment briefing for the New Zealand Provincial Reconstruction Team, also in Afghanistan. (Thankfully we have now remedied this anomaly!). Scott, however, had been very proactive and gathered information for Amber and her family and had made sure that systems were in place for them all for the months ahead.

I couldn't help but instantly admire and like this young family. Scott had had the insight to prepare his family well for this separation. It's something often missed by others, totally focussed on a deployment and too busy to make sure all at home is in order! For Amber, she had some peace of mind knowing that help and information was just a phone call away and that there were services and supports in place that could assist her not only in making the deployment journey a little easier, but also to be able to share a like situation with others in her community.

Setting goals, special activities, family visits and other happenings, broke the deployment into manageable chunks - a much wiser move than counting down endless days! Amber attended the



Amber, Ava and Ethan send a message to their Dad from the Burnham Christmas Festival 2011

get-togethers held within Camp for "deployed families" and enjoyed the odd night off cooking and the chance to get to know others facing similar challenges. She showed a maturity beyond her years. Amber of course worried about Scott's safety and would often ask for clarification of a news-worthy incident to get the fact and minimise the hours spent stressing over something which she had no control to influence.

Despite the best made plans, the unexpected does sometimes happen during a deployment. Ava became unwell and Amber had many a hospital and specialist appointment to attend and manage on her own, and treatment decisions to be made. Scott gave his support from afar and kept in contact to try and ease the load. Amber's family lived in the South Island and supports and visits with them helped ease the burden. After Ava had surgery, I called at their home to check all was well. Amber had a friend there who had provided care for Ethan and another pair of hands to manage things on Ava's return from hospital. Amber, in her usual calm unassuming manner, had even cooked me dinner so I left with my very own "meals on wheels".

DSO'S CORNER CONT'D...

(Definitely not in the plan!!!!)

It was always a delight to see little Ethan's face regularly peep around my office door. He now knew where the toy box lived, where the balloons were kept and that I sometimes had a secret stash of lollipops! He was such a dear wee man who clearly loved and missed his Dad and always had a story to tell, even if I didn't always catch it all, in the speed in which it was told. Little Ava flourished and gained weight, lost her shyness and made great progress. Amber had every reason to be proud of her efforts in keeping her family together and to have had the courage to reach out.

Last week, Amber, Scott, Ethan and Ava visited the office together, before taking a well earned break

on the Gold Coast. They came to say thanks! "Thanks", was clearly not needed – it was a pleasure and a privilege to look out for them and to support them along the way. It's no different for you and your family who may need a lift, a listening ear, a little encouragement when the going gets tough or simply a chance to put your feet up!

Amber's story clearly illustrates that Deployment Support Services are here for you and can make a difference. It is hard to put your hand up – but for those who do, a burden shared is lessened, a stressful situation is resolved, a worry erased and the journey calmer. We cannot offer help if you don't come forward and while "The Bugle" is our main way of communicating with you; we need to hear back from you too!



Cpl Scott Haines visits an Orphanage in Afghanistan

I look forward to meeting with many of you in the greater Christchurch area, on Tuesday June 12th at our Family get-together. (More information in "What's on"). For those in other locations, be sure to make use of my toll free number and give me a call.

Until next time, keep warm and safe.



Janine Burton

Deployment Services Officer
1 (NZ) Brigade

Hi everyone, hope you are keeping well.

With the winter months now upon us and the days growing shorter, we tend to get home as soon as we can to get the fire started or heating turned on. In turn, this makes the evenings draw out a little bit longer and when your partner is away, are

you finding that this tends to make their absence a little more obvious? And what about those of our readers who are parents of one of our deployed people; how are you coping with having your son or daughter away? I think that most of the time it is all okay and then periodically, for no reason at all, there is a slight tinge of anxiety? These are all perfectly normal reactions and you are not alone. As you know, "The Bugle" is also sent to the various missions around the world, and while we tend to focus on our families at home, those who are deployed will also have periods of anxiety about what is happening at home and how their families are coping with various circumstances.

During pre-deployment training for the service personnel, and for those family members who attended mission pre-deployment briefings, you may remember that we talked about resilience and coping mechanisms to put in place for times such as these. It is time to

dig out that booklet "Developing Baseline: Building Resilience". If you have misplaced your copy or would like one sent to you, Carol and I have plenty of copies and are happy to pop one in the post to you.

One of the things we can do for our loved one is to keep up the letters and parcels that I know are so valued. In one of the messages in this edition, there is reference to how letters from home are read and re-read. Sometimes it's not so easy for our deployed personnel to get to a phone to make contact with home the instant they want to, or perhaps their day is the middle of our night, so if they can pull a letter(s) from their pocket, even though you don't know it, they are connecting with you.

I'm motivated – I'm off to send a letter and parcel to my son today! Each day down is a day closer to having your loved one return to New Zealand.

FOR YOUR INFO



Sewing Kits for Afghanistan

Some years ago, a great bunch of enthusiastic volunteers made some amazing sewing kits for distribution by our Patrol teams to local women in communities in the Bamiyan Province. And we are making this happen again! Each kit contained an assortment of needles, pins, cottons, zips, buttons, scissors, elastic, and domes etc. Our new group of volunteers are now busy making the kits and we are looking for contributions to include in them. Your help would be much appreciated. Can you dig deep into your cupboards and find any discarded sewing items, cut some buttons off some old clothing articles or unpick a zip off an unwanted garment? One of our local schools is looking at organising a "button trail" in their playground, (similar to the days of coin trails) and this may be a project you are keen to take to your local group, school or preschool. If you do, be sure to get some photos so we can publish them in "The Bugle".

Any donated goods for the sewing kits can be sent to Carol Voyce,

Deployment Services Officer, Southern Regional Support Centre, Burnham Military Camp, Powles Road, Burnham 7600. No offering too big or too small! In anticipation - sincere thanks for any contribution you may make.

Facts on Friday - Burnham Military Camp

Copies of the weekly newsletter "Facts on Fridays" will be available from the Community Services Office every Friday from Mid day. For those living in the Housing area, who are interested, please drive by Cherie's office to uplift a copy.

Copies will be left in a drop box outside the office door. "Facts on Fridays" sometimes contains information useful to families and while it is distributed Camp wide, there are occasions when the information doesn't make it home! You will find information on Sporting activities, shopping discounts and much more. Contributions for consideration for publication can be made to Zen Gregor on phone (03) 3630 032.

Deployment Support Services

- ◆ Need information?
- ◆ Need support?
- ◆ Need a listening ear?
- ◆ Need to send an urgent message to a deployment location?

Deployment Support Services are here for you

The larger missions to Afghanistan, Solomon Islands & Timor-Leste appoint a lead Deployment Services Officer (DSO). All other missions offer support from either the DSO, Unit Point of Contact and local Welfare Support Services. The nominated Primary Next of Kin (PNOK) of families of deployed NZDF personnel should, in the first instance, contact their DSO who has a responsibility for transparency into welfare issues. Added to this there are other very valuable support networks available in your local region. For additional support and services:

Army:

Deployment Services Officers:

Linton—Janine Burton

Ph: 0800 683 77 327

Burnham—Carol Voyce

Ph: 0800 337 569

Community Services Officers:

Waiouru—Carolyn Hyland

Ph 06 387 5531

Burnham—Cherie Mansell

Ph 03 363 0322

Community Services Facilitator:

Linton—Lesley Clutterbuck

Ph 06 351 9970

Family & Social Services Officer:

Trentham—Marie Lotz

Ph 04 527 5029

Air Force Welfare Facilitators

Air Staff Wellington:

Trevor Stone

Ph: 04 498 6773

Base Auckland:

Deana Lye

Ph: 09 417 7035

Base Woodbourne:

Claudia Baker

Ph: 03 577 1177

Base Ohakea:

Kim Palmer

Ph: 06 351 5640

Naval Community Organization:

Ph: 09 445 5534, 0800 NAVYHELP

nib@nzdf.mil.nz

Local Chaplaincy Services

Unit Point of Contact

WHAT'S ON — BURNHAM

12 JUNE

MEET THE BURNHAM CAMP SUPPORT TEAM

Family Information Evening,

Sports Bar, Burnham Military Camp, Burnham

Tuesday 12th June, 6pm - 8pm

An open invitation is extended to all those associated with all current deployments, to join us for a light meal and to have the opportunity to meet with our local Units and support team who are here to assist you along the deployment journey. Children are welcome. Childcare and children's activities are available after the meal, for those who would like to use them. This is your chance to informally meet with those tasked with welfare support and will include representatives from all Units, Padres, Psychologist, Community Services Officer, and Deployment Services Officer, to name a few. Information will be available on Burnham Camp facilities, groups and local activities. There will be an update from Deployment locations and a chance to meet with like people in a like situation. There will also be an opportunity for you to contribute towards a "social" plan for the months ahead, so be sure to think of what activities you and your family are keen to see happen so we can see if they can come to fruition.

No need to RSVP, but for any enquiries, please contact Carol Voyce, Deployment Services Officer, Burnham Military Camp 3630 421 or 0800 33 75 69. Be sure to mark this date on your calendar now.

Please note that you will require ID to enter Burnham Camp on that night. To obtain a visitors pass from the Duty Hutt at the front gate, be sure to allow time to have this processed. To find the Sports Bar, turn right at the first turnoff past the Front gate and the Bar is next to the Gymnasium and Swimming Pool.

3-13 JULY

THE BURNHAM KIDS FESTIVAL

Burnham Community Centre

3 — 13 July

Open to Primary school aged children. Register for either morning (9am to noon) or afternoon sessions (1pm to 4pm), Tuesday and Thursday of each week. Sessions include 'give it go' arts, crafts, music or movement activities. Performance on Friday 13 July from 11am to noon. Cost \$12 per child for Tuesday and Thursday session of one week or \$22 for Tuesday and Thursday sessions of both weeks. To register or for more information contact the CSO Cherie Mansell on 03 363 0322.

2-6 AUGUST

MID TOUR UPDATE - NZPRT 20 AFGHANISTAN

As promised, we are planning a tour brief and update for those associated with the current deployment to Afghanistan. This is your chance to gain a further insight into the day to day lives of your loved ones and to receive valuable tips and information on reunions and readjusting to family life. Lt Col Dave McBride, who recently returned from Afghanistan, will give a short presentation, and video footage from the contingent abroad will also be shown. You will be sure to spot familiar faces! These informal Briefings are open to Primary Next of Kin and extended family members. Children are most welcome. Light refreshments will be served. Mark these dates on your calendar now:

BURNHAM - Camp Conference Centre, Thursday 2 August 6 - 8pm

AUCKLAND - Arch Hill 204 Great North Road, Grey Lynn, Friday 3 August 6.30pm - 8.30pm

LINTON - Community Centre, Puttick Road, Linton, Saturday 4 August 1.30pm - 3.30pm

WELLINGTON - Messines Conference Centre, Somme Road, Trentham, Sunday 5 August 10am - 12 Midday

Please RSVP if possible with numbers attending to Carol Voyce, Deployment Services Officer, Burnham on Toll free 0800 33 75 69, 03 3630 421 or dso.burnham @xtra.co.nz

2012

WHAT'S ON — TRENTHAM

TUESDAYS

COFFEE GROUP — TRENTHAM

Clock Tower/ Featherston Room/Community Lounge

Tuesday mornings, 9.30am to 11.15am

All NZDF at home parents and pre-schoolers (or prospective parents) very welcome. Coffee Group is a great way for families to connect with the NZDF community. And especially good if your partner is deployed or away on training. If you are new its also a good opportunity to meet Marie Lotz, Family & Social Services Officer. Runs through the school holidays.

12 JUNE

CRAFT GROUP — TRENTHAM

Clock Tower/Community Lounge

Every second Tuesday from 7pm to 9pm

Next group meets on 12th June. Bring along whatever project you are working on.

12 JULY

LADIES PAMPER NIGHT — TRENTHAM

Thursday 12th July, 7pm. Tickets \$10 each.

Contact marie.lotz@nzdf.mil.nz or melissa.hansen@nzdf.mil.nz.

2012

WHAT'S ON — LINTON

TUESDAYS

COFFEE MORNINGS — LINTON

Every Tuesday

At the Linton Community Centre **every Tuesday** morning from 9.00am until

Come along and meet others from your community and have a delicious coffee or hot chocolate from the coffee cart.

2-13 JULY

LINTON SCHOOL HOLIDAYS PROGRAMME

2 — 13 July

For details and to book in your children, please ring Hoppy on 06 351 9619.

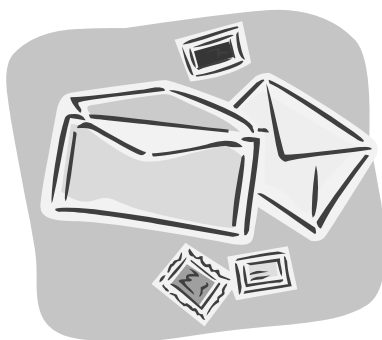
28 JULY

LINTON LADIES DAY

28 July

Note your calendars ladies, more information will be coming your way.

SOME POSTAGE RATES TO RISE



From 1 July 2012

The standard letter rate - the required postage for sending a standard size letter within New Zealand - will rise from 60c to 70c, as of 1 July 2012.

It's the first increase in the 'standard letter rate' since October 2010, when it increased alongside a nationwide rise in GST. New Zealand Post does not anticipate any further price adjustments to the standard letter rate for at least two years.

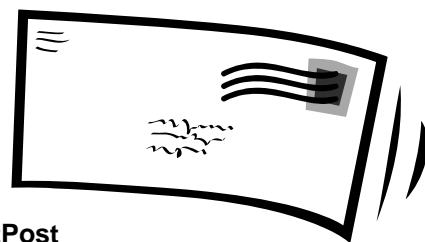
Postage rates for international courier services, and for some international business letter services, will also increase – by between 2.5% and 5% - from 1 July.

These changes will not increase the cost of sending standard 'International Air' letters overseas – the service used by the general public. There will also be no increase in the cost of sending parcels overseas by International Air or International Economy (i.e: by non-courier services). Domestic parcel rates are also not affected, as these were adjusted earlier this year.

The increases announced today reflect the changing postal environment locally and internationally. Letter volumes continue to decline due to increased uptake of electronic communication, while simultaneously the cost of transporting, processing and delivering letters steadily increases.

Letters – within New Zealand:

The new 'standard letter rate' will affect the price of other domestic letter services, for example:



Letter size ¹	Standard Post		FastPost	
	Current postage	New postage (from 1 July)	Current postage	New postage (from 1 July)
Medium (up to 500g and 130mm x 235mm x 6mm)	\$0.60 or 1 x KiwiStamp	\$0.70 or 1 x KiwiStamp	\$1.20 or 2 x KiwiStamp	\$1.40 or 2 x KiwiStamp
Large (up to 500g and 165mm x 235mm x 10mm)	\$1.20 or 2 x KiwiStamp	\$1.40 or 2 x KiwiStamp	\$1.80 or 3 x KiwiStamp	\$2.10 or 3 x KiwiStamp
Extra large (up to 750g and 230mm x 325mm x 20mm)	\$1.80 or 3 x KiwiStamp	\$2.10 or 3 x KiwiStamp	\$2.40 or 4 x KiwiStamp	\$2.80 or 4 x KiwiStamp
Oversize (up to 1kg and 260 mm x 385mm x 20mm)	\$2.40 or 4 x KiwiStamp	\$2.80 or 4 x KiwiStamp	\$3.00 or 5 x KiwiStamp	\$3.50 or 5 x KiwiStamp

¹maximum weight and dimensions (height x length x thickness)

KiwiStamp non-denominated postage stamps – which are currently available at a recommended retail price of 60c - will remain valid postage to send a standard letter after 1 July, however from that date the recommended retail price for a KiwiStamp will rise to 70c.

The pricing of New Zealand Post's bulk mail services for business will also be adjusted from 1 July. Business customers who are likely to be affected by these changes are being notified, via New Zealand Post's website and notices to customers.

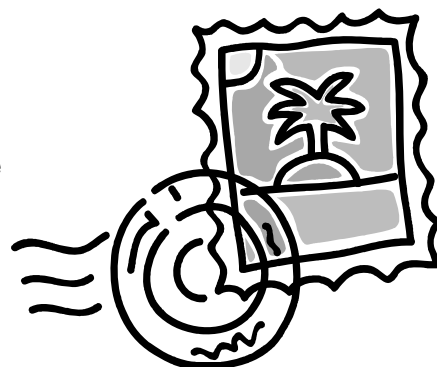
POSTAGE RATES TO RISE CONT'D....

From 1 July 2012

International Services:

From 1 July the required postage for some international services will increase by between 2.5% and 5% depending on the service. Specifically:

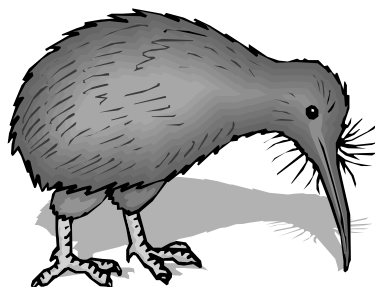
- * International Express Courier Service rates will rise by 2.5%.
- * International Economy Courier Service rates will rise by 2.5%.
- * International Bulk Mail rates will rise by 5%.
- * International Air Satchel Letter Medium Rates will rise by 5c an item to align with International Air Letter rates.



Note – these adjustments to international rates do not apply to parcels sent on the Kapiti Coast, where a different approach to sending is currently being trialled. International mail rates for parcels in that location will remain unchanged.

DID YOU KNOW?

The Kiwi as an emblem first appeared late last century in New Zealand regimental badges. Badges of the South Canterbury Battalion in 1886 and the Hastings Rifle Volunteers in 1887 both featured Kiwis. Later, Kiwis appeared in a great number of military badges. In 1887 the new Auckland University College (opened 1883) featured on their Coat of Arms three Kiwis, symbolising the confinement of the Kiwi to the islands of New Zealand. Students of the University in 1905, began publishing a magazine called "The Kiwi" which survived until the mid 1960s.



The Kiwi symbol began to be recognised internationally in 1906 when Kiwi Shoe Polish was launched in Melbourne by a man with a New Zealand born wife. The polish was widely marketed in Britain and the USA during World War 1 and later. By 1908, Kiwis were appearing in numerous sporting, political, and other newspaper cartoons.

During the First World War, New Zealanders carved a giant Kiwi on the chalk hill above Sling Camp in England. In Flanders during the war, the name "Kiwi" for New Zealand soldiers came into general use. By the Second

World War, the Kiwi was synonymous with New Zealand Servicemen overseas. During the war, the Kiwi Concert Party toured many battle areas. The Kiwi (New Zealand Army) Football Team which toured the British Isles, France and Germany in 1945-46 also enhanced the emblem's popularity.

Today, New Zealanders overseas (and at home) are still invariably called "Kiwis". The Kiwi is still closely associated with the Armed Forces. The New Zealand dollar is often referred to as the "The Kiwi" and the kiwi fruit is known as a "Kiwi" in some countries. Kiwis feature in the coat of arms, crests and badges of many New Zealand cities, clubs and organisations.

Source: *kiwi web*



PERSONAL MESSAGES

The deadline for contributions and personal messages for the next edition of "The Bugle" is **21 June at 4.00pm**. Please note: All "Bugle" messages are to be sent to Carol Voyce, DSO Burnham (email: dso.burnham@xtra.co.nz)



From In-Theatre

To the Turkies!!

Missing you guys heaps!! I have appreciated all your letters and stuff that you have sent over to me. Dad reads your letters all the time and wishes he was there with you enjoying all the cool things that mum is doing with you. You guys make sure you behave for your mum, clean up your rooms and stop sleeping in dad's bed!! I know you have the school x-country coming up so I want you to try your best. Thanks mum for looking after our kids while I am away, I really do appreciate everything you do for the kids and me....keep those packages coming though!! Sending my love to D, Z, P, K. Love from the Boss.

To my Monkeys, K and Mama

Wrap up warm my family. There's plenty of wood so use it. D.

Back again Babelicious

Well my babe, it's damn close to one third of the way there. I don't know about you but it seems to have flown past at this end. All is good here, things are busy but on track. The mail system is a bit slow so the tonnes of goodies that you are sending aren't arriving as regularly as they should (LOL) but that's been made up for by seeing you on Skype every now and again. Love you babelicious Talk again soon hun. Your Husband.

Back again my Ratbags

To my wee men, your rugby sounds awesome my boys, keep up the good work sons and work hard when on the field, remember draw and pass my boys. Hold the forward pack up my Jordy boy and

keep the back line moving forward my Lala. To my big boy, go hard with the boxing son, get out and do some more fitness work and show Mum and Stu that you're ready for the ring. I'm looking forward to seeing you in there when I get back my boy. To my baby, keep the pictures coming my honey, I got the first ones yesterday and they are awesome, I'll be putting them on my wall to decorate the office my baby. I love you guys all the way around the world and.....Your Dad / Dada.

Hey Bebe!

2 Months down now! (probably 3 by the time you read this). Can't wait to get back to you and start our new life together as well as help out with the wedding plans. Love always and forever, Future-Hubby xoxo.

Hey BQ and BC

Hope you are ok and doing well, thinking of you always. Love, BK.

Hey Cherry B & the Monkeys!

I miss you all so much, keep the pictures & paintings coming so I can cover my room. Before you know it I'll be home & we can go on a decent holiday. Hugs & kisses to you all. M. Polo.

Guh TIAWB.

SOAR

Making the most of this opportunity we have created together. This experience is amazing. Missing you lots and loving you more than ever. Time is passing quickly - see you soon.

Hey Em!

Awesome picture that you sent! I loved it, love you Hun with all my heart. Dad.

Hi Reag

Cool picture arrived today! Awesome battle scene! Love you buddy! Dad.

Hi Hun

Over a third of the way through already, hang in there babe. It will be history before we know it! J.

To: Flower Power

Sixth month
Sixth Day
A perfect sense
This is the day I met your loveliness
A flawless rose
A timeless beauty
A heart so pure
I miss and love you
Happy Anniversary
From: Soap.

Hi Bo

MY as if you didn't already know. Loving our chats! Your letters are getting re-read and re-read, in fact they are way better than CBC. Time seems to be flying by and looking forward to being home. LYLAL, FG.

Giddy Mum

I'm pretty slack at writing so taking the easy way out and publishing it to the world. Yer parcels, (all of 'em!) are above and beyond! Super Smooch! Give my love to everyone over on the GC, (the whole Donovan clan) and don't let Dad play too much poker, he sucks almost as bad as Mike. Love, Carl.

Jacob, Alexis and Jo

Miss you all heaps, even messy wifey! Can't wait to get home and roll around on the floor with ya's. Don't feed Bella too much, don't annoy yer brother Alexis and look after your sister Jacob. Very proud of your soccer wins Jacob and

PERSONAL MESSAGES CONT'D...

you're growing into a beautiful wee woman Alexis! A third of the way through and it's flown by, big smooch to you all! XOXOXO! Dad.

Hello Son! (Hunter)

You must have been a very good boy to get your brand new bumble bee! I hope you like your new toy son ☺. I love telling you stories at night son, I just hope that when I call you're not stinky and have to go and have a bath because I love talking to you. I know you are the fastest and the best soccer player in your soccer team because you always beat daddy when we have a race! Not long now son until I see you again. You had better be a good boy for your mummy or else when I get back I am going to hug, kiss and tickle you so much, you are going to wish you had been good. I love you way much and miss you 'humongasor' big. I'll see you soon son. Bye bye, from Daddy.

Mahal

Over the hill but still too far. Sea's and Oceans apart, my love for you gets stronger. Miss you all. Papa.

Dear Paniora Hepi

Get some game! Dayne.

Dear Lt Col Michie

Missing you from the Solomon Islands. The BRAVOYZ.

To the Reader of this Message

2 Months down and 2 to go! Can't wait to come home! Marty Murdoch.

To Blake

Miss you heaps. Hope you like your 'bumble bee transformer' I sent you. Keep scoring heaps of goals at soccer. Love Dad.

To Alex

Miss you heaps. Hope you like your 'woody' I sent you. Have fun at the Pre School and keep doing well at soccer. Love Dad.

To PB

Not long to go now. Miss you heaps and love you! Can't wait to get home. Hope you are looking after my lawns. LOL. XOXOX.

To the Bestest Nieces in da world, Herena and Aria

Have fun at dancing, enjoy netball and be good for Mum and Dad. Na Uncle PJ.

To Number 1 Hunni Bee and Megga Sons...

Missing you Heaps! Lubba lubba. Dadanator.

Happy Anniversary Beautiful

Hope you have a great day in Queenstown. Love & miss you like crazy. 10 wonderful years! love Rob.

Hi Boys

Miss you. Happy Birthday Liam. Love Dad.

Hola me mama

I hope you are having a good season. It's way hotter than Keri here. Please pass on my love to the fandamily. I think of you guys often and look forward to seeing you in November. Eka2toes.

Hey Gingerbear

It's all g over here, a sweet deat, corporal. Get fuzzybear nice and fat and keep him warm by the fire. Time will fly - you are journeys end.

I saw you last night

And what a beautiful sight!

I miss you so much

And sooo miss your touch

My dreams of you are constant

My love for you so real

6 months is long

As only soldiers and their

partners know

Let time & this distance grow short

With knowledge that our flame

Will always shine bright

4221.

Mum, Dad & Trev

I hope dessert storm was a good break from home. Even if it was cold. Not long til Sydney. Love Chell.

Fluffy

Hey gorgeous! Time here seems to be going quick which I guess is a good thing. All the days are merging together. Happy Anniversary for the 8th! Miss you heaps. Love you lots. Your favourite.

Hey my Hunni

Can't wait to see you in Cairns! Yeeeyahh. Miss you heaps and heaps up to the moon and back. Love you most. Honebear, mwahh.

To my Girl

Hey Babe! Hope you are looking after yourself and our boys are treating you well. I'm enjoying all the pics that you send me, take care and love you long time.

To my Two most Favourite Boys

Maaka, I have been practicing my rugby kicks and I'm getting better by the day so you better watch out! Kai, mum has been telling me you have started to crawl around now, good boy! I can't wait for big cuddles. Love you both always, Your Dadda.

The Poem:

Kevlar People

Couple of kilos of self, are all that's allotted.

Framed photo, bright shirt, digital devices.

A hundred and twenty soldiers deployed,

Fifteen bring guitars.

"A song and a half!"

A Sergeant quips.

Upholding values,

Maintaining morals,

Everyday people, wearing tan and green.

Not much different from you,

PERSONAL MESSAGES CONT'D...



Just smiling at more things.

A phone call, transported home,
Rabidly excited daughters
and sons,
A respite from routine.
A hitched "Goodnight",
Triggered a thoughtful one.

The head cook,
Mother of three.
Massages the kitchen,
Satisfied sighs, a balm
To lost birthdays.

A grunt, patrolling the bazaar,
Notes the dictionomy,
Of a glass fronted mobile store,
Sharing a building with
a blacksmiths.
"Strange that..." he says.

These six months away.
A lifes training fulfilled.
Stoically endured by partners,
Left alone.

Soldiers haka, smelly feet,
Constrained connoisseur
Of Halal meat.
Kiwi warriors,
We Kevlar people.

From Home

To Aunty Emma

I hope you like the Eagle paper plane that I made you. Mum wants you to shoot us some more goats because our freezer is empty! Love from Isaac.

To Aunty Emma

I am going to get my hair cut short for my birthday. I have lost two teeth! Love from Elizabeth.

To Cory

I'm missing you like crazy babe. It's been two months now, well just about, so can say that we are half way there now, I hope the next two

months fly by. Wish you could be here but I know you're doing this for us and I'm so proud of you. Hope all is well and everyone is keeping safe. Can't wait for you to return home! I love you. Love Nicole. xx.

Happy Birthday Dear Uncle James in the Army

We hope you get a really big cake with lots of candles and lots of balloons! xxxx oooo. Sarah and Natalie.

Dear Brother

I hope you have a great Birthday; the clock is ticking to the big 40! Love from your over the hill Sister, Lea.

Kia ora Papa

Thank you for your letter! Mama will send you some letters from me soon. I have been a good girl for Mama. I've been enjoying Day care too. I had heaps of fun up North, I got really spoilt. Gymnastics and Swimming this weekend - yay! I've been saying my karakia all by myself! Miss your cuddles and kisses Papa, stay safe and God Bless. xx. Love, Taika.

Hubby

My soldier, my husband
My love and my heart
I miss you so much
While we are apart!

Together in my thoughts
And never apart
Maybe in distance
But not in my heart!

So I'll be right here
Until you come home
I'll stay here forever
If it takes that long

I'm hoping and waiting
You'll walk through the door
But until that day
Half my hearts in Timor!
4221 xxx Wifey.

Dear Con

It's hard to believe you have been gone for over a month now. We always prick up our ears when Afghanistan is mentioned in the news and worry if news is bad from that part of the world. You're doing a great job. We all send our love, and Mum, Dad, Hayd, Marilee, Mason and Alex as well as Nana, aunts, uncles and cuddies. xxxxxxxxx.

Hey Simba

Missing you lots, it was so good getting to Skype; you're looking good! Everything is good back home. Keep safe, thinking of you every day. Love you lots and lots, Panda xox.

Hi Kel

Can't believe that the time is going by quickly! We are all good here, bubba sends hugs & scratches. Thinking of you all daily; take care and be safe.

JFM!!!

Love you hunk ... can't believe you have left me for 6 months ... alone with our crazy crew!!! Missing you ... you are on dishes and washing when you get home. Love Bindy xox.

Hey Chubbs/Babe

I hope the days are going fast and before we know it you will be home with us. Life with us is just ticking along and as you can imagine busy busy!! I'm counting down til the holidays so things can slow down for a couple of weeks. I really look forward to seeing you on Skype and having our quick chats on the phone. Fingers crossed that the next few months fly by so we can be together again. I love and miss you so much. Lots of love always, your loving wife SCD xoxo.

PERSONAL MESSAGES CONT'D...

Hey Dad

We are trying really hard to be good for Mum. I love going to Day care and don't want to come home when Mum picks me up. Maisy Moo loves her music and playgroups and can do the actions for twinkle twinkle. We love playing together and I can't wait til she can play rugby so I can tackle her. We love seeing you on Skype. We miss you lots and can't wait to have you home. Lots of love Lachlan & Maisy. xoxo.

Hi Kel

Can't believe that the time is going by quickly! We are all good here, bubba sends hugs & scratches. Thinking of you all daily. Take care and be safe.

Hi Moly

Been thinking of you and hope that things are going well! Winter is arriving here. Gorgeous snow capped mountains, freezing crisp mornings but absolutely gorgeous days. Had a wonderful 2 weeks in W.A. with family - now busy catching up! Let me know if you need anything. Carol.

FABD4D

I got a try and a rip at rugby Dad. Dad, I had a great birthday last week. Love you Daddy to the man truck and back and the playground and back. I miss you lots and lots, Connor.

Hi P

Hear that you are a lover of jam sandwiches - was news to me, so new stock of your favourite on its way! Hope all is going to plan for you there. C.

To my BFF

Wow thanks for the message in the last bugle, never thought I'd see the day, hee hee!! But thanks a lot, it means heaps! Hope you are well and enjoying your time over there! Half way through now! It's gone

fast. Hope the 2nd half goes fast also! By the time u read this will be just over a month to go yay! Yes apart again but it just makes those times together all the more precious! Everything is all good here... your lil chunky is getting so big and clever but not walking yet! He misses you! We all do! Cannot wait until you are back! I miss your cooking and your huggles!!! Proud of you my precious for what you are doing for us and our future. Love you with all my heart now and forever! xoxoxo Your delish.

Miss you much, can't wait till you get home, me and mum thank you very much for your message in the last bugle. I am your big 1 year old now and also sporting some sweet new timberlands, I love them, mum loves them; everyone loves them! Thanks much uncle. I also like slides now too ha ha. Not a lot to report here, just that it's getting cold and you're soooooooooo missed in our whare! Cannot wait till you're back so we can be one big happy family again! I can show you all my new toys and new tricks! See you soon my favourite Uncle. Lots of love your chunky and my mummmmm.

FABD4D

I cheered for Connor at Rugby when he got a try. I miss you Daddy. I love you to the man truck and trailer and back. Lots of love, Liam.

Giddy Bro!

Happy Birthday for the 7th mate and hope that you have a good day! Great photo in the last copy and you are a natural for a TV show host. I am looking forward to a couple of weeks with the whanau and to being the taxi driver. All good up here in the Bay! Chook, Da Big D, Matt, Brook and Heath and families all sweet and send best wishes. Seems D might have number 17 on the way and final

confirmation in a week or so!!! Lots of love and take care buddy. Dad and Jackie.

FABD4D

Hi babe, Well life certainly isn't dull around here. The days seem to be whizzing by which is great. The outside jobs aren't getting done as quick as I would like them too though. One pair of hands missing makes life that much harder! Boys are coping fine, busy with all their activities after kindy and school; makes for a fun packed week. Liam starts the Gym this week; he also had a kindy visit and just loved it! I am ok, missing you loads and hoping the days continue to speed on by. Love you to the moon and back! Me xxx.

Well your Dad is in bed at the moment with the "man flu"....hope I don't get it. But he is focused on travelling to ChCh next Friday to spend some very special time with Kimi and the moko's. We both spoke with the kids down there and they have all had a good weekend with sport, but Jordy said they have lost a lot of games and need to have a win soon. Grandad said they will win next weekend when he is there. Jordy, bless him, asked if I could make them some of my vegetable soup for G'dad to bring downthat bought tears to my eyes I tell you!!!! I told him that it would be a bit hard to send it to ChCh with Grandad, BUT I will send my secret recipe and G'dad or Mana can sort it out. It is not to be FAFFED around with or else the pot will self-destruct!! Love and thoughts are with you from Brook, Heath and families.....luv J xoxoxoxoxo.

Hi there FG

Another few weeks crossed off. Sounds like you are enjoying your time - will send you a photo of me in my burqa - at least I won't have to dress up and worry about hair

PERSONAL MESSAGES CONT'D...

and makeup☺. Pleased Kirstine keeping you in line – would hate to think all that training was wasted. LYAMY, L.

Hi Zane

Not hearing from you much so guess you are out and about - you do realise you could post your mother a letter too, ha ha. Everyone is good at home - new neighbours on both sides ...with kids, grrr. Starting to get cold now as winter nights set in - the heater will have to come out soon - guess you guys are the opposite! Hugs, love and kisses, Mum, Hails and BB xoxo.

FABD4D

Your boys and K are doing well and it was great to spend time with them. We loved the zoo, Kelly Tarltons and the museum. C had a lovely birthday. Their swimming is improving and L loved his gym visit. Hope you are getting your packages. We love you TTMAB and more! Love mama xxxxxxxxxx.

Hi there Zane

Hope all is going well. Mum passes on little snippets of contact from you. Hope the parcels are ok. They are little but sent with much love. Your weather will be warming up now. Warm socks and gloves for us here! I love you. Nana xx.

Hi Handsome

You're on my mind constantly and I miss you with every inch of me! But time is flying past and soon the cloud will be gone. I love you fiercely and am patiently waiting for your return. Love from your sweetheart xxx.

Kiori

Hope u touching base with tangata whenua to get chance 'kauhautia te rongo pai hou kia ratou.' Hope you enjoy teaching English. Andre.

Hi Sissy

Got 10/10 for maths exam today, Mum and Dad give me \$20. Put towards new wheel for scooter. Miss you, love you. Your little brother.

Kia ora toku Tamahine

Ka nui te mihi kia koe to mahi o nga mahi. So happy you are enjoying your new challenges and adventures. You are such a positive role model for our Rangatahi, Whanau, Hapu, Iwi. We look forward to catch ups over phone and hearing your voice.

Hey B.K.

I miss you so much! B.C. is as feral as ever, and is not liking the cold weather ha ha. The heat pump and blue blanket are keeping us both snuggly warm. Everything is good at home, the bills are being paid and I even mowed the lawns! I think about you all the time and all the things we can do together when you're back. Like holding hands. Allllll the time ha ha ha. By the time you read this we'll be nearly half way! More packages are on their way, lover you babsaur. Love always and forever from B.Q and B.C xoxoxo.

To the best daddy in the world

Thank you so much for the beautiful flowers, I love you so much. (Taylor). I love u daddy and I love it when we talk on the computer and I can blow kisses to you. (Lucas). Hello sweetheart, love and miss you so very much. Hope you have enjoyed getting your parcels; the next ones won't be too far away. Not long now and Taylor will be starting her school visits, can't believe our baby will be starting school she is sooo excited. Love you keep safe, Louise, Taylor and Lucas xxxx.

To Daddy

It was fun playing Angry Birds with you over Skype this morning!! I

miss you and I love you. Love from Chloe xoxoxoxoxoxoxoxoxoxo.

Hey Bub

Well, we are one month over – five to go – I must say it has gone quickly so far! November will be just round the corner! It sounds like you're enjoying yourself there – I'm so pleased! Life here is normal but we've settled much quicker than I thought – we are all so proud of you and miss you heaps; but understand that you need this for you. Love you heaps babe and you make us proud every day! Love Roch xxxxx.

Nga manaakitanga kia koe, ko te Mangai he tautoko mai aiane ai akenei ae! Arohaina Mum oxoxoxoxo.

Hi Dada

We won against the undefeated rugby team and I got back of the day. I made it into the zone x-country and the A soccer team. I will run the x-country tomorrow, Mum won't run with me this time but she will drive us there. I miss and love you heaps and can't wait to see you on Skype. Happy Birthday Dada for the 7th. Love Lala.

Hey Dad

I have another grading tournament on the 19th June. I'm really nervous. We have to do the Kata by ourselves in front of everyone. I don't think I did very well in rugby but am trying. I will talk again on Skype. Love you Jordy.

Dada I nearly had a sleep over at my BFF house but I didn't. I watched you on the news and I like the lollies you are sending. Mum is going to make a cake for you so you can blow the candles out on Skype for your birthday and we will eat it. I miss you Dada and I am drawing lots of pictures for you. I love you all the way around the

PERSONAL MESSAGES CONT'D...

world andMiss T.

Hey my Husband

A big happy birthday to you babe, You'll have to wait until you are hm to unwrap your pressie as it was WAY over 1kg lol. Things have been running smoothly so far although there is still not enough hours in the day. It's nearly been 2 months and I must admit time has been flying by. I'm still jealous in the fact that you will miss winter (which started early). Loving seeing you on Skype to keep you up to date with things! Kids all have sporting competitions on, thank goodness none of them clash. Well my love xx on the nose dodge proof, I love you all the way around the world and..... missing you dearly Babelicious xx.

Hi Auntie Em

We like reading your emails and learning about things in another country. What do the girls wear over there? Are there any horses? Rover got a trophy at PC prizegiving for being the Most Honest Learners Pony. Love you, Annie xxx.

Hi Em

We think about you and pray for you every day. Love Zena & Paul.

To Dad (Rob)

Thank you for the Birthday presents and the birthday message. Our League and Rugby teams are at the top of the table, that's because we are SKUXX teams.

Hi Dad (Rob)

Sorry Mum hogs all the Skype time. Love from Jayden.

To Dad

Guess what? I got moved to the highest maths group today in class. We also moved desks and I now sit next to Monica. I miss you lots. Love from Liam.

Happy Anniversary Babe!

You are my world. You also rock my world. Love you to the moon,

stars and back. Love from your Muppet. P.S: don't tell my husband.

Hi K

Nan sends her love, says she is still enjoying her beautiful view and counted 165 black swans floating past the other day. More frosts now but not too cold. Auntie B sends her love (see email). Mark appreciates the Bugle and Katherine is enjoying learning the mandolin. Love and best wishes from us all, Mum.

Husband and Dad to be

We are missing you very much, winter is settling in and jack frost has been visiting!! 2 months down already, and so much has happened. The house has been changed around about 4 times as you could imagine. And the bedroom is very girly....! Can't wait until I am counting down the days, we love you and miss you lots. Love you always Mrs H xxx.

Hi Dad

Z here! I really wish mum would stop putting that code name up on top, I also just recently got a cut in my finger and when we went to cross country it got infected with all the mud. Love you a lot. Hope to Skype you soon. Love from Z ☺. Hi Dad P here. Hope you're having a nice time today. I cut my finger and it was a splinter owwwwwwww, mum had to pull it out ☹. Miss you and love you. Love from P ☺. Hi Dad, I am doing very well with my reading. Hope I do well in the Cross Country? I still miss you tickling me; it's not the same with Mum. Love you, miss you a lot. Love K ☺. Hi Hun, as always, missing you heaps, nearly 2 months but still not going fast enough. Always thinking of you! Love you very much. Love from Mum and the kids. Xxoo.

Hi Daddy

I love you and miss you so much, can't wait until you come home. Love from Olivia.

BOUQUETS



Major Michael Chivers

Sincere thanks for your amazing support from the Solomon Islands. We have very much appreciated your contributions to "The Bugle" and your assistance with Welfare issues as they have occurred. Take a well earned break. *Carol, DSO Burnham.*

Mike and Team - Vodafone

On behalf of our many Service personnel who deploy overseas, we would like to extend our sincere thanks to you all for your willingness to suspend personal cell phones, for the duration of their time abroad - and at no cost! I know we are constantly asking for such suspensions to be done and really do appreciate that you take the time to make these happen. A great service appreciated by us all.

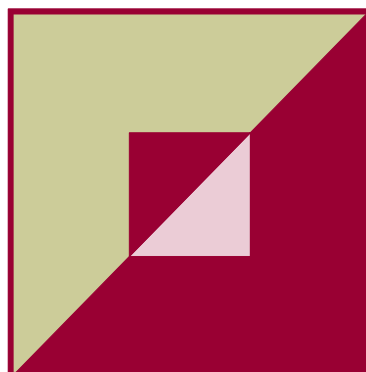
Many thanks,
*Carol (DSO Burnham) and
Janine (DSO Linton).*

BOOKMARKS

You may like to cut these bookmarks out, glue them to some card and even laminate them.

Remember to:

- * Take time to listen to each other
- * Understand feelings
- * Spend time with people
- * Join a group or take up a hobby
- * Keep up routines
- * Take time out for fun
- * Help others
- * Look after yourself
- * Use NZDF supports and services
- * Reassure and praise children
- * Continue family rituals
- * Talk about change
- * Discuss the deployment with teachers and childcare providers
- * Keep the deployed person part of every day events



DEPLOYMENT

Time
to
grow

*Preparing for
separation*

**REMEMBER
THAT SEPARATION
CAN BE AN
OPPORTUNITY FOR
EVERYONE IN THE
FAMILY TO GROW**



DEPLOYMENT

Time to
celebrate
family

*Creating
family rituals*

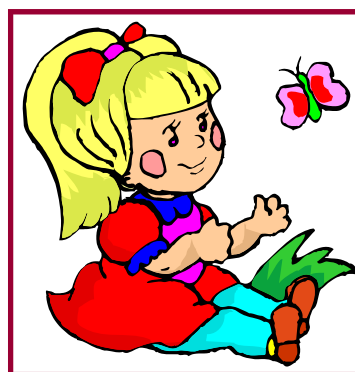
**FAMILY RITUALS CREATE
A SENSE OF FAMILY AND
BONDING. THESE
ROUTINES GIVE FAMILY
MEMBERS:**

**A SENSE OF CONNECTION
*WE BELONG TOGETHER***

**A SENSE OF THE
FAMILIAR
*WE SERVE MUM
BREAKFAST IN BED ON
MOTHER'S DAY***

**A SENSE OF IDENTITY
*WE'RE A FISHING FAMILY***

**A WAY TO INSTILL
VALUES
*WE SAY A NIGHTLY
PRAYER***



DEPLOYMENT

Time to talk
—and listen

*Talking about
deployment*
**YOUR CHILDREN NEED
TO BE TOLD WHAT IS
HAPPENING**

**ALLOW TALKING ABOUT
DEPLOYMENT TO BE A
REGULAR PART OF
CONVERSATION:**

DURING DINNER

AT BEDTIME

WHILE PLAYING

Need advice, support or
information to manage
the deployment journey?



The New Zealand Defence Force Community offers
a broad range of services and supports to help Defence
families manage this unique way of life.

The best way to access these support services
during a deployment is to contact your
Deployment Services Officer.



Carol Voyce
Deployment Services Officer
Southern Regional Support Centre
Powles Road
Burnham Military Camp
Burnham 7600
Christchurch

Ph: (03) 363 0421
Cell phone: 0274 497 565
Toll free line: 0800 DEPLOY or
0800 337 569
Fax: (03) 363 0024,
E-mail: dso.burnham@xtra.co.nz



Janine Burton
Deployment Services Officer
Headquarters
1 (NZ) Brigade
Linton Military Camp
Palmerston North 4820

Ph: (06) 351 9399
Cell phone: 021 649 903
Toll free line: 0800 OVERSEAS or
0800 683 77 327
Fax: (06) 351 9009
E-mail: dso.linton@xtra.co.nz

