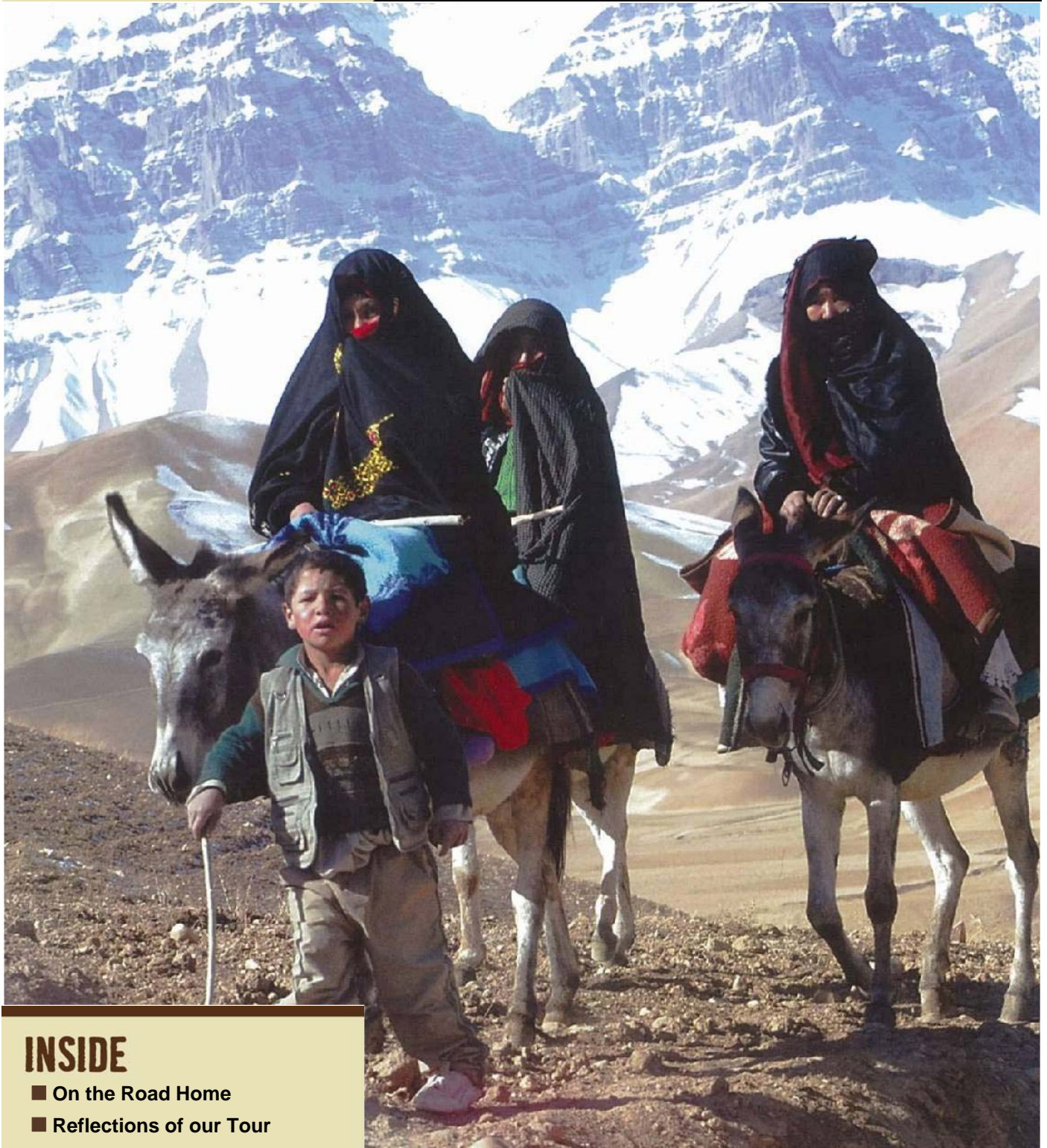


THE BUGLE

Issue 152 | May 2011



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COURAGE | COMMITMENT | COMRADESHIP | INTEGRITY

"THE BUGLE"

The Deployment Newsletter is produced for families and service personnel associated with current overseas deployments.

Deadline

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Bugle contributions are welcome and should be sent to the Editor.

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Articles and opinions expressed in "The Bugle" are not necessarily those of the New Zealand Defence Force.

Cover Photo:

A young boy walks with his family through snow laden mountains in Bamyar Province, Afghanistan

GUEST EDITORIAL

ON THE ROAD HOME

Captain Jared Eagar

Psychologist

HQ JFNZ

As psychologists, we often hear that families take some time to get to know each other again following a deployment. This is not surprising considering the communication restraints inherent with the geographical separation and nature of military deployments. Those deployed cannot tell their family everything due to security restrictions and those back home often feel reluctant to share their highs and lows, as they do not like to upset or burden their loved one who is hundreds of kilometres away.



While I am not usually one to sift through peoples belongings, as part of recent Force Extraction Teams, we help Customs and MAF with baggage inspections. The effort soldiers put into keeping connected with their loved ones is very apparent. Amongst the plethora of military kit and Afghan pashminas, I notice letters and children's drawings that were obviously so valuable that they deserved to be taken home. Some of these worn and wrinkled documents appeared to have travelled in pockets and experienced patrols first hand, most likely providing that warm feeling of home during down time in the harsh Afghan environment.

People tell us that these tangible keepsakes are more valuable than an email, and that there's no better feeling when you are deployed than receiving mail. So while veiled speech and the reluctance of many to communicate their full spectrum of emotions can build unfamiliarity, a simple letter or drawing can bring a couple or family extremely close, even though you are worlds apart.

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NEWS AND VIEWS

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REFLECTIONS OF OUR TOUR, TIMOR-LESTE

Major Ian (Latts) Lattimore
OC GYRO 10

As we draw near to the end of our tour here, indeed we will be home shortly after this edition comes out, it is time to reflect on our time in Timor and look forward to our homecoming.

We have certainly had some trying times and challenges while over here, with the Canterbury Earthquake the most notable of these. As the news flooded in of the extent of the human and property losses, we wished we could be home near our loved ones, and to help the massive NZDF efforts in support of our people. The fact that the majority of the contingent deployed from Burnham and/or had family in Canterbury only added to our feelings of distance and desperate wish to help. In true ANZAC fashion though, and after ensuring our nearest and dearest were safe, we realised we still had a job to do in Timor and pulled together to help each other, and the people of Canterbury. We held activities such as prayer services and raised over \$US7,000 for the relief fund. Throughout though, our loved ones at home were always in our thoughts and prayers as we wished we could be there to comfort you and help.

Many notable events occurred with

the contingent in Timor. An early win (by a country mile!) by the Kiwis at the Force Skill at Arms Competition set the standard and announced that the new Kiwis were to be taken seriously. This was followed by events around Christmas and New Year where some great activities occurred to help us through being absent at this special family time.

We had a magnificent boxing night inspired and led by Seamus O'Grady where a few hurt, plus a section competition organised by the CSM, where everyone hurt, but the Kiwis won again!

ANZAC Day was another very notable event with even greater significance in marking it while serving overseas. It was an excellent service held at HPOD with a very large crowd and with memorable speeches. Much of the organisation for the service fell to our CSM Putz, who also had a huge input into the ANZAC League match as well. This was a very fast and hard fought contest with the Aussies winning 14-10. The match was played with such dedication, speed, and in the spirit of true sportsmanship by both teams that at full time everyone was very happy. The Kiwi Team was very well represented by Officers and SNCOs displaying the real team nature and 'all for one' attitude of the Kiwi contingent here. Even the universal observation that 'SSGT

Steve Parry was obviously an old fool to play' was forgotten in the atmosphere!

I would like to acknowledge the great support of two very key people of our contingent. The first is our Contingent Sar' Major, WO2 (Putz) Patuwai, a stalwart of 2/1 and the rugby league community. His calm and wise manner served us all very well indeed. More than once his commonsense soldier's approach and moderation saved individuals, and the contingent, from being subjected to some of my more 'lateral' ideas or decisions. His mentoring and example has set many of our more junior service people in very good stead for the future. He also led the Force with his development of local community engagement patrols establishing great relationships and goodwill with the surrounding Timor population. The second I wish to acknowledge is our Padre, Father Tony Harrison. Tony was very involved with the local community, which is deeply religious, and to who Tony was a man of great status. He has been an inspiration to us all, not only for his calm, professional and commonsense approach, but also for his personal and professional standards. Many a young ANZAC from HPOD, a third his age, was humbled as Tony would draw level and pass at the end of long runs. His high 7s result on the beep test in boots and gas mask was no mean feat as well. He always remained calm too when, at PT, it would be announced 'males do 60 push ups and females 40', so 62 year old Tony would have more to do than a 20 year old on the same mission!

Between these two inspirational and influential individuals they almost got me to change rugby codes and religions.... (I said almost Putz)!

No look back on GYRO 10 could be

FOREIGN CORRESPONDENTS CONT'D...

complete without mention of the three Amigos of Jess Jessop, Steve Parry and Nick Vairaktiris. Jess looked after our health, Steve our pay and admin, and Nick our fitness, and all of them our morale and teamwork. These SNCOs were the core of our 'Team Arthritis' volleyball team. The team, with me included as the fourth member, had a combined age of 165 years and showed many of the youngsters what teamwork, experience and pulling rank can achieve!

The communications team led by FLT LT Andy Hill were recognised throughout the contingent for their hard work and high professional standards. Few technical problems could not be fixed, and their contribution to contingent morale first rate. Their great efforts, along with sun seeking on the roof of the tower, will be long remembered!

The logistics support provided by the Combat Service Support Team led by CAPT Ian Cryer, and SSGT Ru Ruha was simply first rate with hard work and continuing good humour being the hallmark of the team. A big event for them was a new workplace when they moved from the health and safety nightmare hangar to a new flash one, even better because it was bigger than the Aussie one!

Our infantry platoon from 2/1 RNZIR, led by LT Teira Cowan and SGT 'Duds' Dudley, had a very challenging and varied job to do. They had to undertake tasks from being on the quick reaction force to long range patrolling and base security. Their final patrol to Cova Lima, the old Kiwi stomping ground down South, was a very fitting last major task before we all return home.

The PMV (armoured cars) Troop, led by 2LT Tom Purcell and SGT Tony Watson, had a very tough job as they were continually on short notice to move with very limited

opportunity to get out and about. Throughout however, they were a very professional, close knit, and good humoured group who impressed Aussies and Kiwis alike.

Not to be forgotten was our staff who worked in key jobs in HQ ISF plus our MP, Movement operators and skilled and dedicated fire fighters. Most (less the fire fighters) had the doubly hard job of not only having to work in a HQ, but they were also separated from us 'Working Kiwis' at the Kiwi led HPOD Base. They were a small (if critical) minority surrounded by Aussies at Camp Phoenix.

Of great support to us was our small support team in Darwin. They were always back there to help as needed, and to come over to Timor to assist when extra work arose. And this they did all in the very best natured and humorous way. That MAJ Mal Nowill's first operation was in South Vietnam proves I am not the oldest combat person on the mission!!!!

Also essential to our time here has been the welfare support people back in NZ. That support was freely given to us and our families even when many of them were suffering loss themselves. Thank you very much; we will not forget your tireless efforts.

Our time here in Timor is almost finished and we can now look back with much satisfaction on a job well done. Being on a mission like this where we are here as a deterrent to trouble and ready just in case we are needed, bring its challenges such as of keeping focussed and motivated. The contingent did indeed remain focussed and active. We sought work to improve things in Timor as well as to improve our own professional standards. That Timor remains calm after many years of strife is testimony itself to the great job many ANZACs have, and are doing here. Family and

friends have a right to be proud of their service people in GYRO 10 with the hope and confidence they have helped bring to the people in Timor.

I wish all our loved ones the best for the future and thank you all very much for your support, even though many of you, and your families, were dealing with major challenges while we were away and now face uncertainty of change in the NZDF. It is now time however, to look forward to being reunited and to treat each other with love, respect and understanding. We have had different experiences to you at home and have very much wanted to be with you during your challenges, but of course could not. It will take some time to readjust, but hopefully we can all look to the future and to remember why we missed each other so much!

Enjoy the homecoming and your time together.

STILL SO MUCH I HOPE TO ACHIEVE BEFORE THE END OF MY TOUR IN TIMOR-LESTE

CAPT Libby Reardon

With four months almost over, I feel as though Timor-Leste has now become home for me. The time has passed really quickly and there is still so much I hope to achieve before the end of my Tour, from both a work and a social/exploratory perspective.

Four months signals a turning point for my year long stint here in Timor-Leste. I have succeeded in not hitting any of the wandering animals, and have worked out exactly the gap required for my Hilux to manoeuvre past randomly parked trucks. I am now immune to any offence that could be taken

FOREIGN CORRESPONDENTS CONT'D...

from being called 'mister mister' by all the local children or from being called 'Sir' by the students and others floating around Metinaro Camp. I accept this for what it is, a simple mistake of language – or perhaps a hazard of my haircut!? After four months, I still get excited when I find a new restaurant or somewhere that I'm not recognised by someone from the Expat community. I have found my favourite beach, favourite run route, swimming pool, spot for avocado juice, sushi restaurant and favourite super 14-watching location. I'm a survivor of Dengue Fever, and like any good local NGO or UN worker I am able to share stories of how I overcame the disease. I have joined a church, a running group (ah-hem... of sorts) and a social touch rugby team. And then, there's the work...

It's a strange situation, to be one of the few Kiwis working in Metinaro and the only female foreigner living out here. But I enjoy the country-atmosphere we have and the fact that the chaos of Dili is still so easily accessible (40 minutes over the hill). The Australians that work in Metinaro have moved into their luxury accommodation in the compound in town and commute each day to work. While I might be a little jealous of their mansion-like residences and swimming pool, it is still a relief to remove myself back to Metinaro after a hectic weekend in Dili!

While the locals in Metinaro are now familiar with my presence, the children still run onto the road when they see me coming on my bike, desperate to get a 'high five' as I cycle past and yelling 'Malae' loud enough for the world to hear! I'm still overwhelmed by how friendly everyone is here and I find a simple walk from barracks to the English Language Centre can take close to half an hour as everyone greets me en route!



CAPT Libby Reardon conducting Aerobics with HQ staff



ANZAC celebrations at HPod with COL Dransfield, MAJ Millner, WO2 Moana and CAPT Reardon

I'm desperate to preserve my Kiwi accent, and perhaps pass a little of it on to my students. It's such a buzz to be greeted each morning with a loud 'Kia Ora' from 25 strong Naval voices. Something that both confuses and surprises visiting dignitaries and the other staff alike! While it's not all fun and games, there have been some steady gains in the work as well. I haven't had time to continue working within

Literacy at H-Pod, something I miss greatly... although not the focus for this deployment. We have had 50 extra Naval students in Metinaro for a last-minute month long course in General English, requiring the full attention of both myself and the OC and resulting in reducing my current commitments to the English Maintenance Programme. Some individual tutoring sessions have been shifted to weekends, or dinner

FOREIGN CORRESPONDENTS CONT'D...

times ... as people are available, Tetum learning was put on hold for the month... but I have still managed to escape for trips to Dili and bike rides around the district.

Bike riding is going to become a more prominent feature of my life during the next few months, as I desperately try to keep up with WO2 Moana in our training sessions for the Tour de Timor in September. Beyond that, we (the Australian Officer Commanding and I) have a few plans underway for increasing the influence of the English Language Programme and ensuring that we optimise the short time we have here in Timor-Leste. Nine months to go ... but then, who's counting?!

WE ARE HERE AND UNDERWAY

LT COL Hugh McAslan

Senior Military Advisor

NZ Provincial Reconstruction Team

We are here, we are in, and we are underway. For a good proportion of the contingent who departed in mid March, they are already approaching the seven week mark of the deployment, while for the remainder of us we are already nearing month one. Time is certainly flying, due in no small part to our busy schedules and need to continue with the great work that has been set by our predecessors over the past nine years.

Since our arrival and handover with the previous contingent, we have had a number of pretty significant events in our calendar. The first was ANZAC Day with a dawn service at 4:30 am in Kiwi Base in Bamyán. There is no daylight saving here so a very early rise was required to ensure we met our obligations as soldiers and New Zealander's to honour and

remember those who have fallen and those who have served. A number of nations were represented, with the service attended by the US and Malaysian contingents as well as other important elements that make up the PRT. This ANZAC Day in Bamyán was particularly poignant given the NZPRT has lost two members in the previous nine months. We paid special tribute to LT Tim O'Donnell and PTE Kirifi Mila who have both lost their lives while serving in the PRT. Our service was held around the memorial at Kiwi Base where their names appear as a reminder to us all of their commitment, service, and sacrifice. We also paid tribute to those at home who have suffered in the past year with the tragic events at Pike River and the Christchurch earthquake. We will remember them.

We have had a number of high profile visitors to Bamyán, including Major General Dave Gawn who spent his first week of his new appointment as the Joint Forces Commander with us in the Province. A portion of Major General Gawn's visit was dedicated to accompanying the Hon Murray McCully, Minister of Foreign Affairs and Trade, who conducted a short visit to the province to view ongoing development projects. And finally, we had the pleasure of hosting the US Ambassador Eikenberry and Mrs Eikenberry, to view agricultural development projects in the Bamyán area.

We have also had some challenges in the past week, as I am sure most of you are aware with the attack against one of the PRT patrols on the 28th of April. There are some real positives to come out of this incident, including the fact that our LAVs are keeping our guys safe, and that the training we have conducted and the equipment that we have here is first class. We

continue to be very deliberate and careful with our patrolling, and everyone is certainly alert and focused on their jobs. From my observations, all members of the contingent are quietly confident and enjoying the new environment.

"The Bugle" is a great medium for us to update you on how things are progressing during our tour. It is also a great medium to provide my perspective on key events that take place during the deployment. I hope that you also make use of "The Bugle" to send messages to your loved ones and to keep up to date with all that's happening at home.

All the best.

SOLOMONS AN INTERESTING PLACE

PTE Guy Rendall, RNZIR

"We are all looking forward to what challenges the Solomon Islands may hold for us over the next two and a half months".

We are now well into the second month of our deployment here in the Solomon Islands and things are going pretty well all round. The Solomons is an interesting place, and it is clear to see that the Regional Assistance Mission to stabilise the country is working well.

We've been relatively busy so far and have been able to conduct some good training. The other day we conducted a small Public Order Management (Crowd

FOREIGN CORRESPONDENTS CONT'D...

Control) activity out at the range where our good Tongan friends played the crowd. It's fair to say that in the 30-45 minute exercise we all sweated out well over a litre of liquid.

We recently had our ANZAC day service here in Honiara at the cenotaph in the city centre. As per usual we were up well before dawn and enjoyed a very nice coffee and some ANZAC biscuits. I also had the privilege of waking up the CTF contingent with a couple of tunes on the bagpipes. This early wakeup call was enjoyed by some, however, was not so well received by others (namely our Police brethren).

After the dawn service we made our way to the Point Cruz Yacht Club for a buffet breakfast. This was attended by the Task Force, a number of Police personnel as well as a few ex-pats and civilians, even the Prime Minister His Excellency Mr Danny Phillip attended. We then made our way back to GBR and had a mini sports day dubbed the (T)ANZAC games, where teams were put forward from NZ, Australia, Tonga and the Participating Police Force. There was a running relay, touch and a Tug O War, sadly the Tug O War could not go ahead due to a rope malfunction, which was caused by the Tongans and Australians snapping the rope. I'm disappointed to say that we did not leave with the bragging rights as the Tongans eventually took it out with us coming in a close second.

When we do have the opportunity to get out on a Sunday, it is welcomed with open arms. The CTF has just begun a 20/20 cricket competition which is played by various CTF teams as well as a team of ex-pats. Last Sunday we arrived down at King George VI College to play the RAMSI team and found them short a few

players. Being a gentleman's sport, we kindly handed over some of ours to make up their numbers. This unfortunately came back to bite us as we narrowly lost.

Anyway we are enjoying our time here in the Solomon's, especially seeing we miss the bulk of the cold New Zealand winter. We are almost halfway there and it has flown by rather quickly. We are all looking forward to what challenges the Solomon Islands may hold for us over the next two and a half months.

THE NATIONAL SUPPORT ELEMENT 18 (NSE 18) TAKES OVER

Major Martin Hawthorne
Officer Commanding

The New Zealand National Support Element 18 (NSE 18) is now in the 'chair' having replaced NSE 17. On behalf of the members of NSE 18, I would like to thank MAJ Roger Hovenden and his crew for a fantastic handover and for all their hard work. We have some 'BIG shoes to fill!'



MAJ Roger Hovenden and WO Paul Renshaw handover the OC's phone and pistol along with the NZ Flag

Personnel from NSE 18 started straight into their training with the US Forces here in Bagram. Roll Over Training followed by IED training were the first lessons we

had. The Roll Over Training was a real laugh but with a serious side to it. Imagine being in a 5.5 Ton box simulating a US HMMWV and rolling over and hanging upside down with four other people. We all had a go at being rolled over twice but some of us had to do it a few more times due to CPOET Jeff Watt not quite getting the hang of the whole process!! Thanks Jeff!! Not only is it quite hard to get out but it is even harder with all your gear on and weighing an extra 20 kgs and upside down!

Once we had all stopped laughing at each other it was time to listen to the even more serious aspect of IEDs. A real eye opener and some very sneaky ways of interrupting someone's day!

The crew (need to use the term crew to keep our Navy personnel happy) of NSE 18 were then into the handover from NSE 17. This is a chance for us to try and understand the intricacies of working with the US Forces plus the massive amount of support they give to the NZDF.

The crew were asked to come up with three goals that they would like to achieve whilst here in Afghanistan. Yes, you guessed it they all want to lose weight and get fit. We have had one fun run and another to run soon. The only thing is they start at 05:15 which means



NSE 18 members after the early morning sponsored run

FOREIGN CORRESPONDENTS CONT'D...



WO Lloyd Hebbard raises the NZ flag on behalf of NSE 18

early starts but it is the best time with the temperature on a daily basis in the high 30s. Also we have POWTR Hone Taurua taking us for cross fit.....OMG, I'm going to be sick!!!

ANZAC day was commemorated with the usual dawn service and it



Photos:
Left: MAJ Roger Hovenden reads the address on behalf of the NZ contingent

Right:
The Last Post

was great to have a number of US, French Force personnel and civilian contractors join the service along with the Kiwis and Australians here in Bagram. Not only did we have a multinational presence but a very loud 'dawn chorus' from all the birds that roost here in the trees scattered around the area. I would like to thank MAJ (US Padre) Sarah Shirley for her assistance in the prayers and blessings. She has been a cornerstone of help for

the NZDF members here in Afghanistan.

We have a good crew here in Bagram and I'm sure they will succeed not only in their goals but also by providing the best service they can to the NZDF personnel deployed in Afghanistan.

Enjoy the winter back home and I'm sure all members of NSE 18 send their families and friends best wishes.

CHANGE OF ADDRESS FORM

If your address or contact details have changed, or are changing, could you please complete this form and return it to your DSO, in Burnham or Linton.

Service Person's Name:

Deployment Location:

Name:

Old Address:

New Address:

.....

.....**Postcode:**

Email address:

CHAPLAIN'S PEN — FROM ABROAD

Padre Tony Harrison

GYRO 10

Well, I turn the page of the calendar and it is May. As you folks at home will have known, some times the days go fast and other days it is a long drag. But the "fog is lifting" and we will soon be homeward bound. Yet the mission continues until GYRO 11 arrive.

We have just celebrated ANZAC Day. But our deployment has celebrated most of the significant calendar days during our time here. We have had Christmas, New Year, Waitangi Day, Easter and finally ANZAC Day.

It has been quite interesting to note the way in which the major religious celebrations are observed here and compare it with New Zealand. As I wrote previously, we found that the bank was closed on Ash Wednesday. On a normal Sunday

the churches are not able to contain the congregation. People, being aware of this fact, bring their own chairs to be seated outside. Mass in the local language on Palm Sunday began at 9.00 am and finished two and half hours later. The usual 10.30 am Mass had to wait until 11.30 am to begin. There is an outside Stations of the Cross leading up to the Jesus statue. We were only one of many groups who travelled that journey early on Good Friday morning. The churches were overflowing for the 3.00 pm celebration on Good Friday and again for the celebration of the Vigil of Easter. Further out in the villages outside Dili it is much the same. One priest I spoke with was traveling eight hours on foot to hear confessions at one of his 20 chapels. One would hope that people would turn up after that effort – and they would. It could be

well argued that the people don't have the religious education standard as we do in New Zealand but they know what they believe and are unafraid to give expression to it. During my time, I have visited a number of villages and as soon as people became aware that I was a priest, they would be almost lining up for a blessing.

ANZAC Day was celebrated here in our compound in Dili. A large crowd of Australians and New Zealanders living and working in Timor swelled the numbers at the Dawn Service. As well as the Defence Force present, most of the police contingents working under the aegis of the UN were present. The service concluded with the reading of the words of Ataturk being read by the Superintendent of the Turkish Police contingent in Timor. Afterwards a small group of us visited four of the memorial sites to



The group from the local church community that did the Good Friday walk. Myself and MAJ Lattimore in the photo

CHAPLAIN'S PEN — FROM ABROAD CONT'D...

New Zealand servicemen who died during the time of our presence from 1999 to 2002. It was quite significant to celebrate ANZAC Day while on deployment and more so to be able to visit these sites. Some of those on this particular journey were in Timor at the time of Private Leonard Manning's death and one was a member of the section involved on that fateful day. While we prayed and laid poppies at each memorial site there was often a group of the local people gathering around us. It was a privilege to have been able to be there that day. I am sure it is a comfort to the families of these men to know that they are not forgotten for the sacrifice of their lives.

Alongside of those significant days, we have also had to cope with what has happened at home. We have prayed for those lives lost in the Pike River tragedy and their families. The earthquakes in Christchurch have certainly had a big impact on us and we are grateful for the support that was given to our families through the welfare people. Christchurch will certainly present a different landscape to that which we left behind.

Our Australian friends stood beside us at those times and we were with them as they coped with the flooding in Queensland.

Importantly, we stood together and prayed, when the Australian contingent here lost two from their own unit in action in Afghanistan and ourselves when we mourned the loss of Private Kirifi Mila also in Afghanistan.

To achieve all that we have done, I acknowledge the support that many people have given to us from the beginning of PDT up until the present. We had to get to know each other – how often it was thought that LTCDR Pritchett was the Padre (maybe it was the hair



WO2 Mo Moana, Myself, COL Martin Dransfield, Mr Tony Fautua (NZ Ambassador to Timor Leste), WO2 Paul Patuwai at the Leonard Manning Memorial at Tilomar on ANZAC Day



COL Martin Dransfield, WO2 Paul Patuwai, SGT Nick Vairaktaris, SSGT "Jess" Jessop, WO2 Mo Moana at the SSGT Billy White Memorial at Lolotoe

style). We have been supported by our families and our special friends who have stood by us over the months and yet having to cope with what was happening in their lives and homes in our absence. Also a big thank you to the Deployment Services team who have done superbly well in looking after us over here and also keeping in touch with our folks at home as and when needed. They look after the personnel on all missions, which does keep them fully occupied and there is no task that is too burdensome for them. I would particularly like to thank Carol Voyce for what she has done for us despite the fact that her home was devastated by the earthquake she kept in the task and it was as if there was nothing out of the usual happening for her in her life.

And then there is our command

team – well what can I say. CSM Patuwai always showed a loving care for his soldiers. If there was any down time there was something to be done even if it was to clean the drain under the guise of a section competition. And Major Lattimore – who arrived a little after us, but got on with the job once he got used to driving an automatic that doesn't have a clutch fluid reservoir. Under his influence and guidance, he provided opportunities for professional development in order that all members of the contingent would go home not only satisfied that they had done a good job but also wiser and better equipped for their future as members of the New Zealand Defence Force.

See you all soon. Adeus. God bless you all.

CHAPLAIN'S PEN — FROM ABROAD CONT'D...

WHEELS UP AND WHEELS DOWN

Padre Te Kahu Rewai
CRIB 18 Chaplain
Bamyan Province, Afghanistan

The term “wheels up” and “wheels down” is the call to indicate that an aircraft has either taken off or has landed. Wheels up for me, the main body that I came over with, to Afghanistan came around all too fast after pre-deployment training and some leave. We all gathered at Ohakea on the 12 April and after some farewells, hugs and some possible tears, we boarded the plane ... “wheels up” ... then some time later after sitting in the plane, eating and doing press ups ... it's “wheels down,” we finally landed in Bamyan, our home for the next six months. Waiting in Bamyan are our fellow Aotearoaians who are waiting for that call... “wheels up”. Some time in the future we of CRIB 18 will be waiting just like them, keen to hear “wheels down” and the knowledge that we are back in that green land of Aotearoa/NZ, but till then we have a mission to do and tasks to complete.

This image of “wheels up” and “wheels down” is seen every day in airports all around the world. It's the image of the traveller who's on a voyage, a journey. Some go because they are running away from something or trying to find a place for a new start, for others it's a holiday and yet for others, like us, we go because it's work that has sent us to serve. We are all people on a journey and in a journey we gain new experiences, some good and others not so good. Journeys are also influenced by others, again some for the good and some not.

On a journey we need things too. Things like bags, clothing, personal toiletries, and the tools of the trade as it were, but we also need each other. It's the later, that I find all

important, albeit if you are at home or on operations. It's not fun going on a journey all by yourself, we need each other. It's in the sharing of our experiences that memories are created and the potential for legacies to be formed.

In our journey so far we all have experienced the departure of loved ones, the adjustment to different routines, the change of the weather either good or bad, as well as the hostilities of others. So how can we maintain our focus when the journey puts up challenges either of our own doing or the hostilities of others?

1. Remember that the journey is a ‘we’ thing. We are in this together, those back at home and us here, we are all serving on this operation or other operations.
2. Remember our past experiences, as these can help bring perspective to our immediate area of concern. We will hear the call “wheels down” at some point.
3. When others with hostile intent press on us, remember the tools of the trade, they will protect us, as they have shown already.
4. Lastly when all the above seems so far away or not quite working, God's word declares, “Peace be with you; do not fear” Judges 6:23, and “whenever I am afraid, I will trust you” Psalm 56:3. May we all find times in the busyness of our lives for a growth of ‘peace and trust’, which helps us in our journeys’ this year? So we may find the call “wheels down” a smooth one later in the year.

Ma te Atua koutou I manaaki.

ANZAC DAY A VERY MEMORABLE OCCASION

Padre Paul Allen-Baines

OP RATA II (14) are now well into the second month of their deployment here in the Solomon Islands and things are going well all round. They have been busy in many areas of training which has taken them to another level.

For many of the Combined Task Force (CTF) ANZAC Day was a very memorable occasion, as it was their first time to commemorate the day in another country alongside other Nations Services. The Australian, Tongan and New Zealand forces were on their best form, all smart, professional and a credit to their respective countries.

The morning started off well before dawn and the Combined Task Force (CTF) personnel met in the NZ National Support Element (NSE) accommodation for the traditional “Gunfire” breakfast (rum and coffee) and Anzac biscuits before heading down to the platoon's accommodation where the rest of the CTF personnel were assembled.

We had the privilege of being led to the platoon's accommodation by the sweet sound of bagpipes played by PTE Guy Rendall.

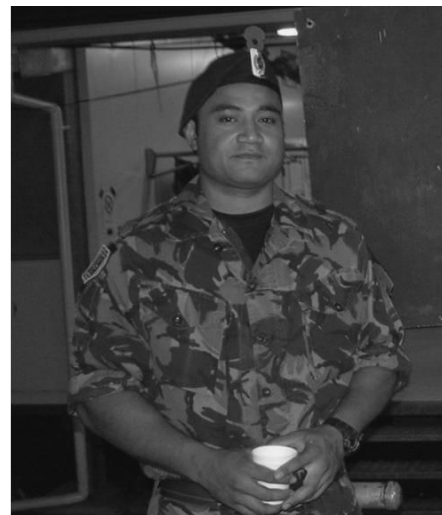


PTE Guy Rendall

CHAPLAIN'S PEN — FROM ABROAD CONT'D...



Australia: PTE's James Noonan, Adrian Venaille, Zana Nilson, LCPL William Ostrick
New Zealand: PTE's James Thompson, Ivan Henry, Chris Brown, Charles Perana



PTE Koliniusi Veetutu

The ANZAC Dawn Service was held at the Cenotaph located in the city centre of Honiara. The service was attended by many dignitaries and other parties, such as; members of the Solomon Islands Government, the Diplomatic Corps, RAMSI Officials, Royal Solomon Islands Police Force (RSIPF), Participating Police Force (PPF), Combined Task Force (CTF), as well as many Ex-pats and local Solomon Islanders. The service went off without a hitch, and we

were blessed with fine weather and a cool breeze.

We had the pleasure to listen to many speakers who all left us with something to take away with us. A final prayer was given and wreaths were laid, by then dawn had broken and the daylight appeared.

For me it was an honour to share alongside a fellow ANZAC Padre from the Australian Defence Force 'Padre Stephen Bradfield', ANZAC synergy at its best.



PTE Ivan Henry



NZ Contingent

CHAPLAIN'S PEN — FROM ABROAD CONT'D...

Following the dawn service we made our way to the Point Cruz Yacht Club, (minutes walk from the Cenotaph) for a buffet breakfast which was open to all those who attended the ANZAC service. It was a treat for many and gave the CTF an opportunity to mix with the Solomon Islands Prime Minister, local dignitaries and members of the public.

Once back at GBR we commenced with the games, dubbed the 'TANZAC Games', where teams were put forward from Tonga, Australia and the NZ contingents as well as the Participating Police Force (PPF), people were fired up and ready to show their stuff.

The events included a running relay, touch rugby and a Tug O War. Sadly the Tug O War was stopped short as the first two teams Tonga and Australia proved too

powerful for the rope and it gave out. But the rope had the last laugh as it left the two teams on their butts. Unfortunately, after the points were added up, we, the Kiwi contingent did not finish the day with the bragging rights, the glory went to the Tongans, which was well deserved, but we, the NZ contingent, came in at a close second. Well done our Tongan brothers.

ANZAC Day or should I say TANZAC Day was enjoyed by all, those participating and all the supportive on lookers. It was a great opportunity for everyone to get to know the wider base personnel and to make new friendships. Days like this are important to us all.

We said our farewells to MAJ Adam Gordon as he leaves for NZ after seven months as Senior National

Officer (SNO) for OP RATA II and welcomed in his replacement MAJ Al Mitchell. May his time here run smoothly, be productive, rewarding and safe.

So in closing I would like to assure you back home that your families, friends and loved ones of Rotation 14 are doing well. They in return also send their love to you, their families and loved ones and look forward to the ongoing communication that has been uplifting for them.

For those of you back home, thank you for the love, support and prayers that you are giving to these men and women here in the Solomon's and an extra big 'THANK YOU' for the extra loads you are carrying while your loved ones are away.

Blessings and farewell to you all.



STICKY SUPPORT

The NZ Army recently produced "SUPPORT OUR TROOPS" bumper stickers, to help develop recognition and promote the great work of NZDF personnel on operations overseas.

The stickers have "SUPPORT OUR TROOPS" text wrapped around the traditional black and white Kiwi, the symbol known to represent Kiwi peacekeepers around the world.

The idea came as an initiative to raise the profile of NZDF personnel similar to the yellow ribbon campaign in the United States.

The bumper stickers are also a way to help keep the work of NZ troops in the NZ public's consciousness and demonstrate the support from family and friends of those serving overseas.

An initial batch of 15,000 stickers was printed and have been distributed via a number of mediums including Army News and Army recruitment.

A bumper sticker is included in the mail out with this edition of "The Bugle". If you require more, please contact your nearest Deployment Services Officer or Welfare Facilitator.

Peacekeeper T-shirts

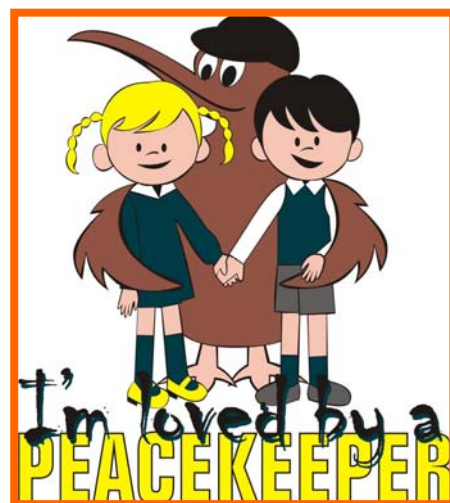
SPREAD THE WORD!

Show your support for loved ones deployed overseas by proudly wearing one of our T-shirts. This campaign has proved very successful over the years. They made wonderful gifts and children and adults alike, wear their T-shirts with much pride.

Because of the number of orders anticipated and our limited resources, the orders and packaging and post will be undertaken by the supplier. Payment must be made at time of ordering. For any general enquiries, please contact Carol Voyce (DSO Burnham) on 0800 33 75 69.

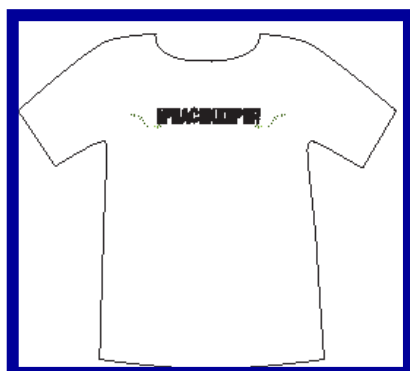
Orders close 3 June with delivery expected by 20 June. Please note we are unable to process orders received after this date, so be in early!!

Design A (Children's sizing only)



Design B

Available on: White, Grey, Light Blue (Adult sizing only)



Design C (Children & Adult sizing)

Available on:
White, Grey,
Light Blue



T-shirt Order Form

Please use the form below to place your order.
Send your completed order form with cheque firmly attached to:
Xtremewear, PO Box 7528, Sydenham, Christchurch

Orders close:

3 June 2011

Peacekeeper T-shirts

Please complete the following details clearly:

NAME: _____

RESIDENTIAL/DELIVERY ADDRESS:

Postcode: _____

Contact Phone No: _____

Amount: _____

Please add postage

and handling cost of: **\$5.00**

TOTAL AMOUNT ENCLOSED: \$ _____

(GST Inclusive)

**CHEQUES TO BE MADE PAYABLE TO:
XTREMEWEAR**

CHILDRENS		\$15.00 each		
Design A	White	Sky Blue	Red	
2				
4				
6				
8				
10				
12				
14				
Design C	White	Grey	Light Blue	
2				
4				
6				
8				
10				
12				
14				
ADULTS		\$18.00 each		
Design B	White	Grey	Light Blue	
S				
M				
L				
XL				
2XL				
3XL				
Design C	White	Grey	Light Blue	
S				
M				
L				
XL				
2XL				
3XL				

CHILDRENS	2	4	6	8	10	12	14
Half Chest (cm)	35	38	40	43	45	48	51
Ladies equivalent	-	-	-	8	10	12	14

ADULTS	S	M	L	XL	2XL	3XL
Half Chest (cm)	54	56	58	60	62	64

CHAPLAINS PEN — FROM HOME

A LEADER'S LEADER

Chaplain Jen Betham-Lang,
RNZN

We all know that effective leadership is vital in a military environment. Despite this common fact, not all leaders are, well, effective. I have often marvelled at how a famous “leader’s leader” such as Napoleon Bonaparte could so successfully inspire his troops, compelling them to fight in even the most bleak, miserable and unpromising situations. In all honesty, I am not a particular fan of this historic leader since, in my opinion, he expended his men a little too easily at times. Despite my ideas, the fact remains that he was highly esteemed by his men. He was an object of their respect and devotion even while he led them to their death.

Leadership professor John Maxwell describes one of the most effective aspects of Napoleon’s leadership. Above all, Bonaparte was personal with those he commanded. Even as emperor, Bonaparte knew just about every officer in his Army by name. He did not allow his high status and ruling class to be a barrier to those beneath him. He used the tool of comradeship advantageously:

*He liked to wander through his camp, meet an officer, greet him by name, and talk about a battle or manoeuvre he knew this officer had been involved in. He never missed an opportunity to inquire about a soldier’s hometown, wife, and family; the men were always amazed to see how much detailed information about each one the emperor was able to store in his memory. [Maxwell, John. *Developing the Leader Within You*. (Nashville, TN: Nelson Business, 1993), 117.]*

Each of Napoleon’s officers therefore must have felt they held their leader’s personal interest. For us who may try to envision the situation, the sizable task of committing each officer’s name to memory would seem impossible or even daunting at best. He didn’t just issue flowery speeches claiming some sort of attachment with his men; he illustrated his comradeship with his personal inquiries and taking the time and effort to remember their details. This validated (and in turn, motivated) his officers in personal ways that sheer rhetoric and command policy could not.

I have yet to find someone who does not appreciate being valued or respected by their peers and leaders. We might balk at undertaking an unpleasant task for someone to whom we are simply a generic face, a name on a page or just a number. We are more likely to do the same unpleasant task willingly for someone who cares about us and reminds us of our value as not only a qualified member in the system but as a unique individual — a leader who can see beyond what we *do* and can catch a glimpse of who we *are*.

Inspiring followers is so much more than commanding them. Bonaparte’s men fought for not only their country, but for themselves — their own value they saw reflected through their leader, for that big picture that they were made integrally part of. Men and women can use their cognitive reasoning in fighting for incentives and rewards, but to give one’s all, his or her heart must be inspired with the passionate zeal of belonging, of feeling one’s value recognised as an essential part of the team.

In saying this, I am not advocating manipulation or the flagrant spouting of insincere flattery. Be sincere in personal engagements

and in recognising the values of others. This might require you to make the time to discover the less-obvious values and strengths of team members.

Let us each endeavour to always be a leader’s leader by finding, respecting and encouraging the details and virtues of others, thusly inspiring co-workers and subordinates alike. This only takes a little time and effort. Not to worry, we will reap surprising benefits for such small investments. Not only might we notice an increased amount of respect and overall morale, but we may find these same individuals encouraging our own strengths in return — some that we may not even know we possessed!

ENTHUSIASM

(Henry Ford)

You can do anything if you have the enthusiasm.

Enthusiasm is the yeast that makes your hope rise to the stars.

Enthusiasm is the sparkle in your eyes.

The swing in your gait,

The grip of your hand,

The irresistible surge of will and energy to execute your ideas.

Enthusiasts are fighters.

They have fortitude.

They have staying qualities.

Enthusiasm is at the bottom of all progress.

DSO'S CORNER



Carol Voyce
Deployment Services Officer
3rd Land Force Group
Editor "The Bugle"

I have just had a major clean up of my storage area at the back of my office and now have the neatest, "easiest to find what I need", space! No, it's not even Spring, (that's months away), but it is always good to have a massive cleanout now and then. I think the recent Canterbury earthquakes has made me realise, particularly at home, that we collect and hoard far too much "stuff". I have had many a clean up of fallen and broken belongings and while many treasures have been lost, there are many useless possessions that I have kept and now realise that I really no longer need them – and probably never did! I caught a glimpse recently of a programme on TV where people were being helped to clean up and throw out clutter that was almost reaching the ceiling!! I have to say that my piles of unnecessary junk were minor compared to the places they were cleaning, but I guess things could easily get out of hand for some people if we were to continuously cram every drawer and cupboard with bits and pieces until they overflowed! All for a rainy day!

But amongst all the clutter, are some wonderful things which I am sure many of you save too. Kids

drawings, special cards and letters, school reports and photographs, endless newspaper cuttings of special events, little trinkets and such like, are all great finds and a great way to reminisce during the cleaning process! Of course the whole process takes longer as one ponders over precious finds and thinks back to that great event or sad occasion.

During this deployment you are probably gathering your very own rain forest of paper and while it may all seem timely and relevant now – what are you going to do with it all when your loved one is safely home? As I mentioned in my last "Bugle" editorial, it is only in relatively recent times that we have been able to recognise the value of written material from previous wars and from peacekeeping missions abroad. They have helped fill great gaps in history, have allowed for books to be written, events to be documented, photographs to be published and for valuable lessons to be learned. My advice would be to keep everything related to your loved ones overseas deployment. Hindsight is a great thing and in many ways these deployment related resources, photographs and the many personal letters and emails you have received, may prove more valuable to yourself and future generations of your family than you care to imagine. I love to look through my late fathers pile of "goodies" – not only his diary, but things like his wallet, (no money in there), but which contain his Army Pay book, little handwritten jokes, various badges, faded black and white photos of loved ones and even his train ticket from Hokitika to Papakura where he travelled in 1941 for his pre-deployment training. They are truly treasures!

We lodge every edition of "The Bugle" with the Army Museum in Waiouru and in local Units, and the

colourful farewell banners which go into deployment locations with your handwritten good wishes, are also in the Museum for safe keeping. While the banners definitely don't return in the pristine condition they left in, and have been exposed to the elements, they do form part of the deployment journeys history. And so does everything you have gathered! Perhaps you can find a small space to store a box for safekeeping.

We have welcomed home those associated with TG CRIB 17, Afghanistan, and look forward to seeing our service personnel home from Timor-Leste in the near future. Your box of "treasures" is almost complete!

To those just commencing the deployment journey, we look forward to keeping in touch in the months ahead.

Kind regards.



Janine Burton
Deployment Services Officer
2nd Land Force Group

Since our last "Bugle", my focus has been mostly with the welfare preparation of GYRO 11 personnel and their families for the next deployment rotation to Timor-Leste. So welcome aboard to all our new readers. I hope that over the

DSO'S CORNER CONT'D

coming months you will enjoy receiving and reading the articles that are contributed to "The Bugle" and take the opportunity to send messages to loved ones – whether it be from home to the deployment location, or from service personnel overseas to home. I know from talking to our families, that this is a really great way to keep in touch and children especially love to see their names in print – whether the message be to them or from them. Remember to use your pre-arranged pseudonyms for those special messages you want to send but to keep just between yourselves. I saw in the last "Bugle" that someone wrote a lengthy message totally in code to someone at home – what a fantastic, fun idea. It would have taken some time to write the message and just as much to decipher. Messages need to be with me or Carol by the deadline date printed on the inside front cover of each Bugle edition, and also at the top of the messages section.

Like all our missions, support from families for the GYRO rotation has been great. While the briefing in Burnham was small, it was an enjoyable evening for the team; Auckland was well attended as was the afternoon in Linton. It is always a rewarding time for us to be able to meet with families and share information about the deployments. The level of commitment and support from our families is evidenced by the number of families who travelled long distances to attend one of the briefing locations.

A huge thank you to MAJ Kendall Peacock who attended Burnham and Auckland with me, and to OC GYRO 11, MAJ Andy Mackenzie-Everitt who took the opportunity to meet with families and give the

briefing in Linton! As always, thanks to our field psychologists too, CAPT Jay McLean, LT Nina Reid and CAPT Geoff Sutton.

To our CRIB 18 families, I hope you enjoyed your first copy of "The Bugle" and have been looking forward to receiving this one. Of course, this is the first edition with article input and messages from your loved ones so makes it that little bit more special. For GYRO 11 families, you will have this to look forward to in the next issue.

Deployment Guides

Deployment Guides for Families of the GYRO 11 contingent have been sent out to Primary Next of Kin who were unable to attend a briefing. If you haven't received a copy or would like an additional one, please get in contact and I will send one out to you.

GYRO 11 Banner

We have collected many messages from family members at the briefings and will also have the banner at departure in Ohakea for more messages to be added. However, if you weren't at a briefing and are unable to make the departure and want a message added, I can do this for you so please give me a call or email your message. The banner will be blessed and will be carried into Timor-Leste with the contingent.

I look forward to meeting up with many of the GYRO 11 families we have just met at the departure in Ohakea – travel safe.

At any time throughout deployment, if we can be of any assistance or support, please get in touch – contact information on the inside front cover of this "Bugle".

Deployment Support Services

- ♦ Need information?
- ♦ Need support?
- ♦ Need a listening ear?
- ♦ Need to send an urgent message to a deployment location?

Deployment Support Services are here for you

The larger missions to Afghanistan, Solomon Islands and Timor-Leste appoint a lead Deployment Support Services Officer (DSO). All other missions offer support from either the DSO, Unit Point of Contact and local Welfare Support Services. The nominated Primary Next of Kin (PNOK) of families of deployed NZDF personnel should, in the first instance, contact their DSO who has a responsibility for transparency into welfare issues. Added to this there are other very valuable support networks available in your local region. For additional support and services:

Army:

Deployment Services Officers:

Linton—Janine Burton

Ph: 0800 683 77 327

Burnham—Carol Voyce

Ph: 0800 337 569

Community Services Officers:

Waiouru—Carolyn Hyland

Ph 06 387 5531

Trentham—Marie Lotz

Ph 04 527 5029

Linton—Lesley Clutterbuck

Ph: 06 351 9970

Burnham—Cherie Mansell

Ph 03 363 0322

Air Force:

Welfare Facilitators

Air Staff Wellington:

Mrs Judy Byers,

Ph: 04 498 6773

Base Auckland,

Mrs Deana Lye,

Ph: 09 417 7035

Base Woodbourne:

Mrs Claudia Baker,

Ph: 03 577 1177

Base Ohakea:

Mrs Toni Nicholson,

Ph: 06 351 5640

Naval Community Organization

Ph: 09 445 5534,

0800 NAVYHELP

nib@nzdf.mil.nz

Local Chaplaincy Services

Unit Point of Contact

FOR YOUR INFO...

No more mail please

With the pending return of those deployed to Timor-Leste with GYRO 10, we ask that you no longer send any mail to this location. It is a huge task to return to the sender any unclaimed mail items. Please keep in touch though with email and those precious phone calls. Remember that the key to a successful reunion is communication so make sure that these channels are working well and you both have agreed on a way forward for homecomings and reunions.

RTNZ GYRO 10

The contingent currently deployed to Timor-Leste are due to return to New Zealand

Although the aircraft will arrive on the tarmac outside Air Movements, the contingent will proceed to the main terminal to clear customs and proceed through to the main International Arrivals Hall. Please do not go over to Air Movements as there will be no access for visitors in that area. If you want to get a quick glimpse, you can hopefully get good views from the rooftop viewing platform at the main terminal. Complimentary car parking will be available in the short term car park only. This is the first exit to your left, through the roundabout as you enter the airport grounds. This complimentary parking is courtesy of the Airport Authority. When you enter, you need to take a ticket to lift the barrier arm, but on leaving please proceed directly to the exit (don't pay for your ticket) where one of our service personnel will swipe and lift the barrier for you.

Please remember that for security and safety purposes we ask that you do not discuss flight details on phone lines, over the internet or via social media sites. Please be

aware that all flight details are subject to change due to circumstances beyond our control. For updates, please ring Carol (DSO Burnham) 0800 33 75 69.

At the time of "Bugle" writing we do not have any details or information on onward travel - hopefully this will be available soon, so please give me (Carol) a ring for further information.

Deployment T-shirts

The centre pages in this issue of "The Bugle" contain information on our Peacekeeper T-shirt campaign. This popular campaign is managed by Mark Roughan of Xtremewear, Christchurch. Mark has successfully managed this project for a number of years now, after we found managing the job from this small office somewhat overwhelming. We have every confidence in Mark's ability to again provide a first class service to all who wish to take up this offer of good quality T-shirts, promoting the role of many of our service personnel abroad. Mark supplies these finished shirts at cost and we are grateful to him and his company for their generosity.

You will see from the order form that all orders must be received by Friday 3rd June. Please complete the order form and send it as indicated directly to Xtremewear with the payment attached.

All orders are processed together and will be commenced at the closing date, and will be received by you, by courier, (you will have included \$5 post and packaging cost with your payment) no later than 20th June. This is one way that you can support loved ones and remind the Public when you proudly wear your T-shirt, of the work and commitment of our Soldiers, Sailors, and Airmen and women.

Return to NZ Information for Partners GYRO 10

With the mail out of this edition of "The Bugle", there is a copy of the "RTNZ Information – A Guide for Partners of NZDF Personnel on Return from Operational Deployments" for the partners of personnel returning from Timor-Leste.

This booklet is packed with valuable information about reunions and is a must read. This information is not intended to tell you how you should be feeling or reacting at this stage of the deployment or to take the fun and excitement out of planning reunions. It is, however, a collection of thoughts, ideas and general information based on previous experiences of serving personnel, their partners and families. The booklet is designed to get you thinking and to be prepared for the changes you are all about to face. Everyone is very different; their reactions to homecomings will be too. If you are feeling anxious, be sure to contact us. If for any reason, a booklet was not included in the mail out or if you require an extra copy, please contact us (details on the inside front cover). Deployed service personnel will receive the same information prior to their return to New Zealand.



Happy Mother's Day to
Mums at home and
Mums abroad and to
Mums who live in our
hearts forever

Naval Community Organisation Winter Camp

Sunday 17 July — Friday 22 July

Navy Alpine & Ski Club Ohakune



How do I register interest? Contact the Naval Community Organisation on 09 445-5915 or 0800 NAVY HELP with your Sailor's name, address, phone number, service number, age of dependants (listed on ATLAS) and whether or not you have attended before to register. Priority is given to those who have not attended before. Some families *may* have to share accommodation.

Registrations for Ballot close: Wednesday 1 June 2011

Ballot drawn: Friday 3 June 2011

Cost: Adult \$100

Child \$50 N.B. Under five free

What does this fee cover?

Your accommodation costs and meals, i.e. Breakfast, lunch and dinner for five and a half days. All activities you and your family choose to partake in whilst at Ohakune are at your own expense. The NCO know how memorable a family skiing holiday can be and how expensive the sport can be at the same time. This Camp gives you a wonderful opportunity to bond with other Navy families on the slopes and in the evenings. The aim is to help with giving your family the memory of a fun break away skiing (weather dependant of course!) at an affordable cost. If the weather is bad, there are plenty of local area bike trails, hiking opportunities, the Waiouru Army Museum, a local cinema, horse treks, hot pools, perhaps a day trip to Taupo to partake in and much more.

Non refundable deposit due: Wednesday 15 June 2011

Payment in full due: Wednesday 29 June 2011

Primary Next of Kin Deployment Information Evening

Tuesday 24 May, 6-8 pm

Hall 3 Community Centre

Housing Area, Fryberg Road

Burnham

An open invitation is extended to all those associated with current deployments to join us for a social time and opportunity to meet with 'like people in a like situation'. Light refreshments will be served and childcare is available. No need to RSVP, but for enquiries, please phone Carol on (03) 363 0421.

Look forward to seeing you all.

Social WORKERS



The Social Workers are members of the Naval Community Organisation (NCO). Whilst many of the life experiences and problems confronting the Service family are similar to those of other New Zealand families, there are certain issues that can arise from the unique service lifestyle. Social Workers are professional and work with individuals, families, groups, communities and base management to assist with resolution of these issues.

Social Workers can help by providing the following services:

- A case work service to Navy members and their family.
- Support in times of crisis.
- Counselling for personal, marital or family problems.
- Referrals, where necessary, to appropriate services and agencies.
- Liaison with community welfare bodies and programmes and with other support agencies relevant to the wellbeing of navy personnel and their families.
- Counselling where the misuse of alcohol, drugs and gambling is causing problems.
- Sending important information to service personnel on ships at sea on behalf of their families.
- Social Workers are available after hours for urgent situations.

Social Workers aim to empower their clients to achieve resolutions to the issues they may face. They assist clients to resolve underlying issues as well as those which often present. They provide a fresh perspective and/or additional information to help plan effective action. This sometimes may involve a broader community outlook.

Services provided by Social Workers are on a confidential basis. Social Workers will not provide case details to another person without the knowledge/consent of their client. If you wish to speak with a Social Worker, contact either the Social Workers reception, the Navy Helpline (0800 Navy Help) or email yvonne.boyd@nzdf.mil.nz or marjorie.cox@nzdf.mil.nz



Deployment Calendar

2012

Can you help?

Sounds too early to think so far ahead! No never!

Throughout the year our Deployment Services Officers create a file of photos from all deployment locations, to be considered for our annual calendar. Rather than having to find photos as we approach the deadline we would love to receive them as soon as you do.

Photos need to be preferably landscape in size, three megabytes or larger and ideally portray the work and relationship of our Kiwi service personnel within local communities.

We look forward to receiving your contributions (contact details on inside front cover).

This calendar is in its sixth year of production and is kindly sponsored by:

Weft Knitting Co., Christchurch

INTERNATIONAL DAY OF UNITED NATIONS PEACEKEEPERS



The "International Day of United Nations Peacekeepers", May 29, is "a day to pay tribute to all the men and women who have served and continue to serve in United Nations peacekeeping operations for their high level of professionalism, dedication, and courage and to honour the memory of those who have lost their lives in the cause of peace. It was so designated by United Nations General Assembly Resolution 57/129, on December 11, 2002 and first celebrated in 2003. The date, May 29, marks the anniversary of the creation of the United Nations Truce Supervision Organisation (UNTSO), in 1948 to monitor the ceasefire after the 1948 Arab-Israeli War.

The day is marked at the UN Building in New York City with the presentation of the Dag Hammarskjöld Medal, statements by the President of the General Assembly and the Secretary General, a press release regarding the state of UN Peacekeeping missions and the continued necessity of their work.

There are also observances around the world. Often countries will honour their own peacekeepers abroad, but the UN also organizes festivals, discussion forums, and memorials in cooperation with local and national groups.

As we honour such moving displays of courage and dedication, we also pay tribute to the more than 122,000 military, police and civilian personnel who serve with distinction in our operations across the world.

Their efforts directly help millions of people...

By providing security and promoting reconciliation...

By clearing land-mines and demobilizing combatants...

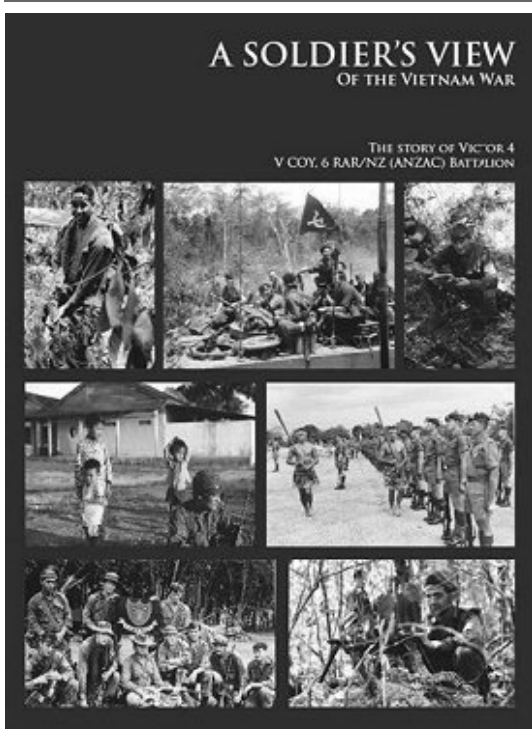
By strengthening institutions and the rule of law...

By delivering aid and repatriating refugees and displaced persons...

By supporting democratic elections, reforming the security sector... and so much more.

Peacekeeping is an indispensable part of the UN's work for a better world. Let us give it the support it needs to succeed.

NEW PUBLICATION



A SOLDIER'S VIEW OF THE VIETNAM WAR

The Ideal Gift

The first Vietnam Campaign history of a
New Zealand Infantry Company

"This book is a testament to the comradeship that comes from having served together under fire. The training and leadership demonstrated by your officers, NCOs and men will provide a wonderful source of encouragement and inspiration for today's young men and women".

(Lt Gen Rhys Jones, Chief of Defence Force).

Only \$69.97 + P&P

Order online at www.asoldiersview.co.nz

For further information email info@soldiersview.co.nz

WHAT WILL MATTER?



Claudia Baker, Welfare Facilitator, RNZAF Base Woodbourne



The Air Force to me is a big family. The ANZAC Day tragedy in 2010 has shown to me, that people are deeply touched, even if they haven't ever closely known the ones that have passed away. It is awesome to see how the "family" pulls together, supports one another, allows time that people need – this is what "family" is all about.

When a serviceman or -woman is going on deployment and leaves family behind, no doubt there is the initial period of "grief" until new routines are in place. Being married to a serviceman myself for the past 19 years, I have experienced deployments first hand many times. I have valued support, but I have also learned the value of supporting the loved one overseas. In my early years I didn't quite get the role of being an "Air Force wife", I was too overwhelmed. May I say these first years were in the UK and deployments happened rather often, some years my husband was away more days than he was at home... Whenever I wrote letters, or was able to speak to my husband on the phone, I would probably mostly lament. After all, what did he have to worry about, it was me who was housebound with three young children; left to do all the chores with no break, right?

As much as this is true for those staying at home, our loved ones overseas are not on some holiday! They are, after all, on duty for our Country, some are even exposed to danger, and as much as they may enjoy the experience, I am certain, they miss family and all the things familiar to them at home, and will need just as much loving and encouraging words and support, as those at home.

I would like to conclude this article with the second part of a poem called "WHAT WILL MATTER". It matters that we support each other, no matter what the distance between us!

So what will matter? How will the value of your days be measured?

What will matter is not what you bought but what you built,
not what you got but what you gave.

What will matter is not your success but your significance.

What will matter is not what you learned but what you taught.

What will matter is every act of integrity, compassion, courage or sacrifice that enriched,
empowered or encouraged others to emulate your example.

What will matter is not your competence but your character.

What will matter is not how many people you knew,
But how many will feel a lasting loss when you're gone.

What will matter is not your memories but the memories of those who loved you.

What will matter is how long you will be remembered, by whom and for what.

Living a life that matters doesn't happen by accident.

It's not a matter of circumstances but of choice.

Choose to live a life that matters.

(2003 Michal Josephson)

PERSONAL MESSAGES

The deadline for contributions and personal messages for the next edition of "The Bugle" is **Thursday 26 May at 4.00 pm**. Please note: All "Bugle" messages are to be sent to Carol Voyce, DSO Burnham (email: dso.burnham@xtra.co.nz)



From In-Theatre

Heya Jake & Ryry

Happy B'day Ryry, daddy is thinking of you on your special day. Hope you enjoyed your day with whanau and friends. Love Daddy xoxo.

To Grandma Beth

Happy 80th birthday, hope you had a good one. Lots of love.

Hayley Anne Fluff

Hello auntie's girl, are you being good for mummy & daddy? Hope you're having a good time at kohanga with your cousins. Auntie misses you heaps & I love you mwah xoxox.

To my hUnl

Halfway now, can't wait to see you again from your one and only.

Quinaveeve

Hey sis, how's it going? All is good with me, miss yous heaps. Love from me.

Joshua TK

Hi baba boy dad misses your hugs esp the daddy one, and misses you sitting on my shoulders. Love u heaps dad.

Nui TK

Well done son for the holidays, u r growing into a fine young man, keep it up, mum likes yours and Caleb's support. I'll have to give u a big hug when I get home. Love u son.

Caleb TK

To my little man, well not little any more, have a great rugby season this yr. I'm looking forward to hearing how u r going. By the way, "every day I'm shuffling" ha, ha.

Baby girl, MULU

I hope you had a good mother's day, u r doing a good job at home as you always have in the past. Love you.

Hi Martin whanau

How's the far north? Keep the pot hot, will be home soon.

Gay

All is well over here. Say hi to Al for me.

Hi T - Lady

Miss you all. Still good to see you and talk on skype! Thanks for all the packages, especially Easter. Love you.

Hey Chewie

Hope you and Boo are over your colds and having a better time of it now, nearly halfway there aye. Miss you guys, tell Monkey Pants her b'day prezzy is on its way soon. Love, Yoda x.

Happy Birthday Bradley

Lots of love, Rob.

To my Beautiful Family

Wow, time is flying! Thank you for the box of goodies, I especially loved the letters you boys wrote. Glad you enjoyed the school holidays Jordan. Miss you all heaps. Big hugs and kisses to you all. Love Mum. Xoxoxoxoxo.

Happy Mother's Day T-Lady

You are a great mum.

To Shell

Not long to go now angel, looking forward to being home and having an amazing time with you. Stay strong baby, I love you. Xoxoxoxo. P.S: The boys send their regards and miss you 2.

Happy Mother's Day Mum

Love JJ, Bradley and Liam.

Dearest Poppet

What's going on? Hee! Hee! Yea, same ole, not a hell of a lot! Stay safe Darling. See you soon. Love Monkey boy.

Hi Max

Not long to go now, it's time we had some time out to blob together. You have been strong and supportive and I have appreciated more and more. You are the best wife I could have ever asked for, thank you. I hope that you are winding down yourself from your hectic schedule. I love you to pieces my Darling. Riley.

Well Done Ruby

Daddy's so proud. And I hear that you are now counting and speaking in sentences and sleeping through the night in your own bed. Can't wait to see you when I get home! Love Dada.

Hey Hun

Everything is going good here. So proud of you with the way Ruby's developing. Love you and miss you, for ever and ever xoxoxoxo.

From Home

Hey Bubi

Missing you so much! Your wee girl is so addicted to Tinkerbell, talks about her all the time. Hope you've enjoyed all the yumyums we've sent you. Love you so much and more. From your fav girls xxxxxx.

Dear Kurt

The girls and I are missing you. We love you so much and are proud of what you are doing. We are keeping busy here at home, to

PERSONAL MESSAGES CONT'D...

make the time go faster till you are home again. Everyone sends their love here from home. Happy Birthday for the end of May - we will celebrate here at home on your behalf. Take care. Love you lots, Karla, Morgie and Erin. XXXXXX.

Hey Bubby

Ko te tumanako. Kei te tino ora pai koe. Ahakoa, kei te tino mokemoke matou mau, kei te mohio matou, kei reira koe ki te poipoi, awhina me tautoko koe i a ratou nga hoea. He mahi tino pai tena. No reira tae noa ki to hokinga mai ki Aotearoa, ki a matou te whanau, ka inoi matou ia ra, ia ra, mau. Kei te aroha au i a koe taku hoa rangatira. Noho ora mai. Ma te Atua koe e manaaki. Na Jos.

Dear Dad

Tomorrow will be my first rugby training and then on Saturday will be our first game at Coronation Park. Our practices are every Tuesday and Thursday from 3:20 to 5pm. We haven't got our youth calendar yet but keen as for youth on Friday night. Well I hope you are having a great time. Your son, Caleb.

Dear Dad

I hope you are ok over there. I got my first couple of credits, both received with merit, so school is going great. Youth is going good as well as Evolve. It's getting colder now. Mum made a mean hearty home-made chicken soup tonight. We're doing well. We miss you and can't wait for you to come home. Love, Nui.

Dear Dad

We all love you. We can't wait to show you all of our stuff (I think he means his drawings and words etc.). And I love you. When you get home I'm gonna help you with the garden. I miss doing everything with dad...all of us doing everything together. Love from Joshua (Bubba boy). (I just wrote exactly what

Joshua said...the mind of a 4 year old!!!).

Dear Daz

Hey matey potatey, great to hear you're getting to see some stuff there. Can't wait to see & hear about it when you get back. Same old stuff happening here! All well but not looking forward to winter!!! Holly is inside a lot these days, not liking the cold. Miss you but love our chats. Everyone sends our love. Nan & pop say "don't forget us." LOL. Take care, miss you, love you. Gaz & Fam.xoxoxo.

Hi Cornelious

Sent two packages off on the 3rd of May, one is to use lots when you get home, because I couldn't send you a netball, it wouldn't fit in the bag. (lol). The list is printed out and stuck on my wall; I can't wait to start crossing things off it. You make me so proud. I love you. From Haz x. P.S: It is very cold here – you aren't going to know what has hit you. But the hot pools will be nice when it's cold outside. And I will have a beanie waiting for you in case your hair still hasn't grown back.

Dear Riley

Here we are on the final countdown! Less than a month to go! I'm so ready for you to come home. Ready to hear your stories. Ready to sit in the quiet. Ready just to look at you. It's been a long five and a half months (so far). I'm trusting that God has built new things in us that will make our great marriage greater and our love for each other deeper and stronger. I really need a good laugh with you too. Our home is far to quiet without you. But, it won't be long now and I can't wait to have you home. I love you, Riley!! xoxox Max.

To Dad

Hari huritau kia koe papa. We hope you have a happy birthday (Love Dione). To Dad I love you and I

hope you have a good birthday and I have a wiggly tooth, are you having fun at Afghanistan? I miss you millions and millions and millions and millions (Love kaea). Hey my love, since we can't be with you on your special day you will have to imagine the breaky in bed and a yummy cake decorated with our love!!! We are thinking of you always and hope you have a good day. Love you to bits your babies. xoxoxoxoxox.

Happy Birthday John Boy

Have a great day and we will light your birthday candles for you. Love you always and take care boy!!! Mama, Ginnie, Craig, Pani & Te Rina Kumeroa (Hawera).

Dearest Tolly

Glad you were home to see Jasmine take her first steps. Will keep you posted of any other achievements while you're away. I won't hold it against you, for leaving when you had too. Lots of Love Jen, Jasmine & Kimmy. Xoxoxo.

Tenei he tino hari hari tau kia koe mot e marama 11.5.11 e tama (boy)

Dad and I are thinking of you my boy, can't say have a good day but say to you stay safe. Our stay with Que and the mokoz was awesome, doing heaps of baking and cooking for our mokoz and loving it and a good break for Que as well. Apopo is Shannon big day and then Sunday we fly back to Oz. Kia tupato koe, tau te rangimarie koe. Arohanui. Mum and Dad.

Hari Huritau Uncle JBoy

Me & Hemi having a tino holiday with my cousins Kaea and Dee Dee. We got a big day apopo, its Shannon day to march for us! Choice. Well hope you enjoy your b'day, mum going to take Dione to her hiphop class. So stay safe Uncle and take care – Peace out Oh, and Koko and Uncle Tank got heaps of fish today Fish + Chips for

PERSONAL MESSAGES CONT'D...

tea 2nite. Love you. Macka, Hemi & Kiriwai.

Happy birthday Bro

From Trina & Whanau. Is it Happy 40th? Hee hee.

Late ANZAC Messages – Defence Force website

LCPL K. Donnelly

Take care and look after yourself, sounds like an interesting place, looking forward to seeing the pictures. We are so proud of you. Hope the rest of your stuff arrives soon. Luv from Dad and Mum, lots of XXX.

Mathew Barnard

Hey hey sailor, hope you're having an amazing time and experience lots. Don't come home to tanned up, frezzing back here. Can't wait for you to come home and warm me up! HAPPY EASTER and ANZAC. Don't eat to much white chocolate lol. I love you. Hope to see you sooner than later. Adelaide Wilson.

Private D. Millar

Hope life is treating you well. Everybody here sends their love to you. Will be attending the dawn parade alongside Bryce and dad tomorrow with great pride in our hearts. Keep safe my son- love you lots xoxo. Amanda Millar.

Anyone

Hey there, thinking of you back here at home and hope you are safe as you can be x. Frances.

Tom Purcell

Remembering the dawn parade in Howick last year, Tom. Hope all is well with you. Peter and Dawn Denton.

2Lt Tom Purcell

Dear Tom - We think of you always & send our love to keep you cool. Kia kaha, our warrior. With great love. Mum & Nu.

Tumanako Bosch

He mihi nui, he mihi aroha, i te rangi maumahara nei ki te hunga i mate atu ki te riri hau o nga parekura nui i te ao. E tama, me mau koe ki te arohanui hei kakahu mou i roto i au na hikoitanga ki tou ao. Ko te whakaaro nui ki a koe i etahi wa, ano nei nga ara tuhura i te ao, kahore noa e marama ki ahau, me taku tangi noa. Ahakoa tera, ko te miharo hoki ki a koe e maia nei, e tu tangata nei i runga i te huarahi nahau ake, i whakaaro ako mou. Tu tangata tonu, tu ora tonu, tu maia tonu i roto i te arohanui. Naku noa. Whaea Katarina.

Kia Ora my Handsome Pumpkin

Not long now my beautifowl BOY!! Can't wait for you to be back in my arms again so I can hold and squeeze you forever, and ever. You're my world my boy and you make me the happiest I've ever been in my life (keep up the good work) lol. You're always on my mind boy, each and every day without and miss. Distance is a challenge to see how far love can travel... just a wee quote I made up myself boy lol. "TINO AROHANUI AU KIA KOE TOKU PUMPKIN! ". (Take care, Garnier).

Bouquets



Padre Tony Harrison

Thank you so much for your wonderful contributions to "The Bugle" over the past six months. For every edition, since the commencement of your deployment, you have furnished first class articles, always

accompanied by great photos. We have so much enjoyed reading all that you have sent and families have loved the "stories" of their loved ones and the news and updates from your location. We have been kept well informed, at times amused, and are grateful for the time you have taken to make us feel part of your deployment journey. You can now let the ink dry on the "Chaplain's Pen from Abroad". Safe travels - I look forward to seeing you at the airport. Kindest regards, *Carol (DSO Burnham)*.

Desk Officers and Watchkeepers HQ JFNZ

Sincere thanks to you all, for all the work you do behind the scenes and for keeping us informed on welfare issues and flight details. Our many requests are always actioned in a timely and cheerful manner. We appreciate your hard work and for keeping us in the loop. *Carol and Janine (DSO's)*.

Padre Paul Allen-Baines

Sincere thanks for all your great help during your deployment with OP RATA. There have been a number of issues and it has been great to have you there to help work through them and to have amazing support extended to our service personnel there. Your contributions to "The Bugle" have also been much appreciated and your regular contributions and photos have given us all the chance to keep up with the latest news and views from the Solomon Islands. You can now let the ink dry on "The Chaplain's Pen from Abroad" and take a well earned break.

I look forward to catching up sometime and working with you again in the future. Kind regards, *Carol*.

ANZAC MESSAGES TO KIWI FORCES

Sincere thanks to the many people who sent general or individual messages to military personnel deployed overseas on ANZAC Day.

Your messages were forwarded to deployed personnel on Peacekeeping Operations, United Nations missions and Defence exercises around the world.

Below are just a few of the many messages received. They show a common thread of pride, commitment and courage.

"We are proud that you are doing your job today. Godspeed and a safe return to your family and homes. Ahearn family."

Hi guys and girls. Just a heads up on your service. We appreciate your dedication to your assignment. Thank you all for your service, we salute you and hope you have a calm ANZAC day. Stay safe and return home to your loved ones. We will be thinking of you all on this day and on every day of your tour. Clive.

Thanks for your continuing commitment and bringing high professionalism to your missions.

You uphold the proud traditions of previous NZ service personnel overseas, who we remember this ANZAC day.

May you return safely to your loved ones. Kia Kaha! Geoff.

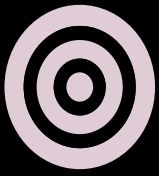
You will all be in our thoughts at some time during this important Kiwi Anniversary. Thank you for your service and stay safe until you return to your loved ones. Pat and Alan.

Hi! I am Major Nam of Republic of Korean Army. We do remember you are one of the first who sent their soldiers to help my country 61 years ago. And we expect to be honoured to have your Officers Corps in this ANZAC day in Korea. I will take charge of the briefer that day on behalf of my unit. Thank you for your serving for us. I wish God bless you and your country. Nam.

Thinking of you all on this day and every other day.
You are grand people and should be very proud of what you do for all humanity. Barbara & John.

You guys are the best. Wish you all the best and keep safe! I look up to all of ya and hope to join the New Zealand army when I'm older. Preston.

Even though all of you are away from the country you call home, you still inspire a lot of people. It is because of you (and a few other reasons) that I am intending to join the NZDF. Keep up the good work, and who knows...I could be over there with you sometime in the future. Stephen.

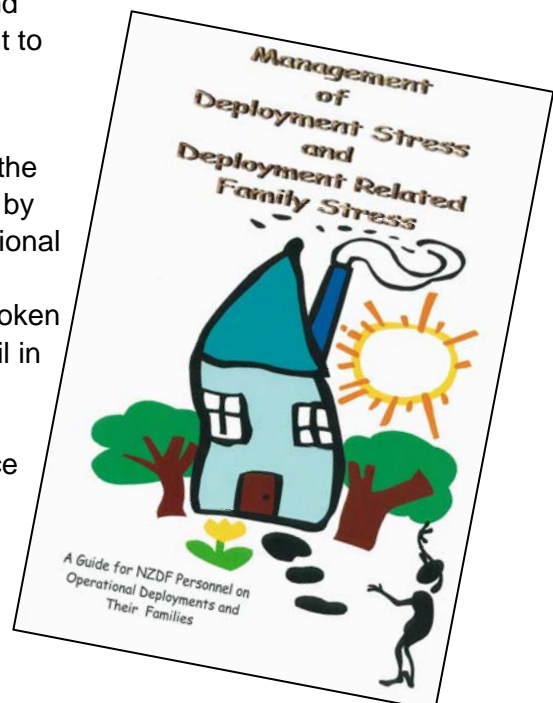


Management of Deployment Stress

Preparing for deployment is stressful for both service personnel and their families. The days leading up to departure can be very difficult, knowing that time with your loved one is limited. How do you prioritise what you need to do? Have you taken everything into account – usually the large stuff is easy to recognise, but it is the small stuff that often trips us up.

Once our deploying loved one has departed, there is a whole raft of emotions that we may experience; relief that they have finally left (and guilt that we feel that way), certainly a sense of loss. These are all very normal reactions. In addition to the unpleasant feeling, there are also short and long term health consequences of being under stress; we need to remember to eat properly, get sufficient sleep and exercise. In all aspects of our lives, it is important to recognise and manage stress.

As part of our pre-deployment briefs to families, the topic of stress and its management is discussed by one of the team of field psychologists. The Emotional Cycle of Deployment experienced by both the deploying person and their family members is broken down into seven stages and is described in detail in one of the resources we have available: Management of Deployment Stress and Deployment Related Family Stress. This resource is based on sound research and while it may not be something we think about or seriously consider pre-departure, once our loved one has left, we have more time to reflect on where we are at.



Copies of this resource are available from your DSOs – see inside front cover of “The Bugle” for contact information.