

THE BUGLE

Issue 150 | March 2011



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"THE BUGLE"

The Deployment Newsletter is produced for families and service personnel associated with current overseas deployments.

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Bugle contributions are welcome and should be sent to the Editor.

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Celebrating 150 editions of
"The Bugle" - our deployment
newsletter

GUEST EDITORIAL

**Brigadier Mark Wheeler, ONZM,
Land Component Commander,
Army General Staff**

Over the last few weeks WO1 Wilson, the Land Command Sergeant Major, and I reviewed the training of the next contingent(s) to the Solomon Islands (RATA 14) and Bamiyan Province Afghanistan (CRIB 18), as well as visiting the NZDF personnel committed to Christchurch Quake. RATA 14 personnel participated during their pre-deployment training as part of the NZDF response to the Earthquake zone. The tasks they did including vehicle and foot patrols, as well as cordon duties, will stand them in good stead for their Solomon Islands tour.

Visiting the RATA and CRIB training reinforced to me how professional and passionate our soldiers are and how well trained, well led and well equipped our army is. I was pleased to be able to report to the Commander Joint Forces after the visits that I considered both forces at an operational level. I wish you who are deploying a safe tour of duty.

Sustaining sixteen operational missions combined with sustaining the 700-800 Army personnel committed to the Christchurch Quake, is a big ask and has required huge commitment from the Reserve Forces, Navy and Air Force. Until last weekend our logistics personnel were producing between 4,000 to 7,500 meals a day. Hopefully, we will be able to reduce the cordon commitment over the next few weeks to a more manageable level. Thank you to all personnel involved because you continue to add to our mana and public profile and the work you do truly makes a difference.

The more committed we have been, the more individuals at all levels have stepped up. It would be my



Brigadier Mark Wheeler, ONZM

hope that this level of delegation would be able to remain.

To the families, I want you to know that we appreciate your role and your support. We know what a commitment this is for you and while there is no compensation for this, it is genuinely appreciated. For those of you in the military community in Christchurch, take heart knowing that the wider NZDF family is behind you.



FOREIGN CORRESPONDENTS

NEWS AND VIEWS

Including: National Support Element takes time out from the lightning paced Bagram Airfield
Settling in — Solomon Islands
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NATIONAL SUPPORT ELEMENT TAKES TIME OUT FROM THE LIGHTNING PACED BAGRAM AIRFIELD

Cpl Stephen Hansen

(AKA CPL Awesome – putting the 'A' back into Awesome)

With the continued fast paced environment that is expected on deployments, it's important to take time out every now and then, just to take a breath and keep the batteries fresh. The Ariki (TROY) National Support Element (NSE) visited the Bagram Airfield Fire and Emergency Centre to talk to the guys and see the equipment in Bagram that is on constant standby to help out in cases such as structural fires or aircraft crash.

Along with finding out about the challenges the guys at the Fire and Emergency Centre face on a daily basis, the NSE crew also took part in a few of the local fireman culture activities. One of the Fire and Emergency Crew's main piece of kit is a 5m Survival Pole which is used for probing roofs inside damaged buildings to check integrity and that it is safe to enter. It also has the ability to be hooked onto roof beams and be climbed to get to higher levels within the building (which is no easy feat) if the usual access ways have been damaged. This, as I'm sure you can imagine, creates the perfect opportunity for a bit of competition.



CPL Phil Anderson and CPL Emma Roche after completing their pole climb

As the dust settled after a few climbs, CPL Phil Anderson was the first Kiwi ever to have the privilege of writing his name on the Climbing Roll of Honour, and CPL Emma Roche was the first female of any nationality.



FLTLT Karen Wemyss checking out one of the fire engines

SETTLING IN — SOLOMON ISLANDS

CAPT James Russell

OP RATA II (14)

The 14th rotation for OP RATA II began their pre-deployment training (PDT) at Burnham Military Camp in early February, in preparation for our deployment on 19 March. The lads in this platoon from B Coy, 2/1 RNZIR, had only been together since the beginning of the year, so PDT was a good chance for the group, including the additional members from the National Support Element, to get together and begin to form the all important relationships.

The training during PDT was varied, and included briefs about the country, weapons training, swim testing, administration, language training, driver training and a couple of days where the platoon did some familiarisation training on the off shore patrol vessel *HMNZS Otago*. After a couple of weeks of training during this first phase, the PDT progressed into phase two, which was intended to be the large exercise SOUTHERN MUSKET. The platoon was to deploy to the Chatham Islands, where the lads would be tested conducting a variety of tasks that are necessary whilst in theatre. However, before they could deploy on the *HMNZS Otago*, the 22 February earthquake tragically struck Christchurch, so the platoon was called home in support of this significant event.

After a couple of weeks of serving during OP CHRISTCHURCH QUAKE, our focus needed to return once again to our upcoming deployment. So, on 10 March, the contingent concentrated once more in Burnham so that we could conduct the final administrative requirements for deploying to the Solomon Islands. This included

FOREIGN CORRESPONDENTS CONT'D...

final briefs about the country, the "bag drag" by the movements operators, a formal farewell from the Land Component Commander, Joint Forces New Zealand, and a contingent BBQ. We then had a final week off so that we could be with our family and sort out our lives before the big day of deploying on Saturday 19 March.

The time to deploy came swiftly, so after checking in our carry-on luggage, and a farewell from COL McElwain, the Commander of 3rd Land Force Group, we farewelled our loved ones at Burnham and drove to the airport. There we eventually boarded the RNZAF Boeing 757, and were able to stretch out for the six hour flight. We were greeted by several elements in Honiara, the first of which was the 95% humidity and 35 degree temperatures. This however, was not as rousing as the impressive Waiata and Haka with which the outgoing platoon greeted us. The Haka was "Kura takahi puni", the Haka of 2/1 Battalion, RNZIR, and was performed with all the passion and vigour to be expected of soldiers from this battalion.

After greeting each other through a rather sweaty hongī, we moved into our temporary accommodation of tents, and began the task of handing over. We have now handed over and are ready and able to begin helping out the people of the Solomon Islands as we are tasked.

BUSY TIME - OP GYRO

2LT Tom Purcell

Well, it's been four months in delightful Dili so far for OP GYRO 10. As Troop Leader of the Protected Mobility Vehicle (PMV) Troop, I have learnt quite a lot in a

short amount of time. I was very lucky to get a trip so early in my career, graduating from 'the Factory' aka Officer Cadet School in 2009. Posted to Queen Alexandra's Mounted Rifles, my first few months of actual troop leading was preparing for GYRO, and I have learnt a lot about the personnel that serve the New Zealand Army as well as myself.

For a few of the PMV Troop members, this is their first time overseas, and coming to Timor-Leste has definitely made them appreciate how lucky we are in New Zealand. However, since this is the 10th, you probably have heard enough of what Timor is like, and besides, you would rather read about what your friends and loved ones are doing.

PMV Troop will spend the whole tour down in Tiger Lines. However, we have carried on the tradition of our predecessors and refer to it as Alexandra Lines, homage to the greatest unit in the New Zealand Defence Force, Queen Alexandra Mounted Rifles. Although we miss our LAVs we carry on, the Kiwi Troopers far far away. We've made this corner of HPOD our own, where the wicked fear to tread. (Note: wicked is defined as persons lacking in X-Box gaming skills for the entirety of this article).

SGT Antony Watson lives up to his old nickname of Smiler. Nothing seems to get him down and he keeps everyone interested and amused with his short term obsessions from 'Spartacus' to 'True Blood' to 'Star Wars' and 'sport with gas masks on'.

CPL Paul Hadley joined us after the birth of his beautiful daughter, Charlee-Jayne. A special mention to his partner, Pat - Thank you for letting us have your man. We're lucky to have him with us as he brings his own special brand of humour to the troop. CPL Cory

Tweedie has conquered the Galaxy while he has been here... repeatedly.. on Starcraft. His knowledge of 'Warhammer' has enlightened and enthralled the Troop. LCPL Ben Vosper is our resident car expert, not because he's a petrol head, but more because he has watched every single episode of 'Top Gear'. I am also pretty certain he is on a first name basis with the local Indian takeaway shop. LCPL Shannon Edwards, described as the 'iwi's spiritual leader' by one of the Australian Platoon Commanders, has introduced the Aussies to the hangi, and can effectively be called a tankie, and no longer wants to walk anywhere!

Trooper Jay Margison has become Timor's latest soccer sensation, representing the NZ Contingent and the ISF. His years of experience have taught him well, and he has made impressive gains in the gym. Trooper Morbey has become the un-official virtual simulation training (aka Call of Duty) guru for the contingent, and sets up LAN parties for all to enjoy. Trooper Ben Smith is the newest addition to our lively crew, and has jumped on board the gym wagon with vigour, with help from his bionic arm. PTE Alex McCormack, our resident University student, has been renamed 'the Bumblebee', and has been the greatest contributor to our quotes of the week, with sayings like, "I'm over here... I'm sweating." Trooper Michael Egestad continues to collect video games, even though he probably has more than any grown man should. Trooper Lundon Williamson, aka the Last of the South Island Maoris, has sculpted his body at the gym, and claims to have only had ice cream once in the four months we've been here!

"But what about you?" I hear you ask. I am the self proclaimed King

FOREIGN CORRESPONDENTS CONT'D...

of Tekken, and I vanquish the wicked whenever they appear.

In all seriousness, we have had a busy time on GYRO. From learning the alleys and 'roads', and the back routes, to ensuring we stay on top of our game with PT. Along with SGT Vairaktaris' gas mask beep test (as a warm up), most of the troop spend a bit of time in the gym. Getting back through customs in a couple of months might be a bit tricky with some of the guns the guys are packing! And then there are the vehicles — Our 'precious', with names for them like 'Phoenix' and 'Prometheus', 'Pumbaa' and 'Princess', our fleet are well looked after. In true QAMR fashion, we take care of our wagons like no other.

We work with one of the Infantry Platoons, whether they are New Zealanders or Australians. Working with the Australians has really been a highlight of the tour, and the ANZAC presence here cannot be understated, although we sometimes feel like we need a translator to understand their...'unique' twang. We assist them with their Crowd Control Training, and the Australians always seem surprised at how good the NZ Contingent is at providing opposition against them for training.

The Australians have been good to us though. A few of the Troopers have managed to get out with them on a patrol out of Dili to one of the outlying regions of Timor Leste. They have also given us a few helicopter flights, including a few Blackhawk flights. They were even kind enough to include a few of us on their trips to Atauro Island, which can only be described as a tropical paradise.

That's probably enough about the Aussies. One has to be careful with the handing out of compliments to them. The other elements of

GYRO have been good to us. We work with the Infantry Platoon, the Sigs and the CSS-T on a regular basis. Without their help, our excursions out of Dili would not be possible, and we are indebted to them. Of particular importance is CPL Richard Graham, who has lived amongst us, and become accustomed to our ways... and not run away screaming in insanity's firm grasp.

I would probably say the highlight of the tour will have been our own long range patrol, to the South of Dili, into the rural areas. Here

we found amazing and beautiful things.. and Justin Bieber impersonators. One of the patrols was lucky enough to spend the night at an abandoned Portuguese Bath House, which still had the hot spring pools.

As time goes on, we look forward to getting back home to see our loved ones again. It has been an enlightening experience for us all, here in Timor-Leste. However, we aren't done yet. We'll carry on, the Kiwi Troopers far far away.

AKE AKE KIA KAH.



PMV Troop Christmas Eve Hangi: (L to R) TPR Landon Williamson, TPR Zak Kennedy, CPL Cory Tweedie, SGT Antony Watson, TPR Jay Margison, LCPL Ben Vosper



PMV Troop after BlackHawk Flight: (L to R) TPR Landon Williamson, PTE Alex McCormack, CPL Paul Hadley, LCPL Shannon Edwards, TPR Jay Margison, TPR Ben Smith, CPL Cory Tweedie, LCPL Ben Vosper

STILL MUCH TO DO — AFGHANISTAN

LT COL Andrew Fox

Hi All,

As you may have heard in the news, Bamyan is now one of the first areas in Afghanistan that has been confirmed for handover to Afghanistan security forces allowing them to take full responsibility for their own province. While the details are still emerging and will only be confirmed once the central government and locals have sat down and come up with a detailed plan, it is a great reflection of the work that the NZ PRT's have done over the years. The handover will not occur instantly and NZDF's contribution is likely to continue for some time yet as the Minister of Defence recently highlighted but it is still very welcomed news.



This clearly demonstrates the hard work and effort your loved ones have put in so far during their time here as we have had a significant amount of visitors evaluating both the situation and our contribution to it. You and I can be extremely proud of the work they have done over this critical time especially in light of the tragedies we have faced over the last months.

As the warmer weather becomes more frequent, we are continuing our patrolling and interaction with the community. It has been great to see more and more people out and about as they get into the planting season and develop their local economies. During recent meetings, with a number of village and district elders, they have told me that they remain very supportive of the work we are doing and thankful for the security that is being provided by the team in

conjunction with the local police. It has been great to see them really step up to the challenge and take more ownership and control of their own issues and problems in the Province with very effective results.



There is still much to do, however, and as you are aware our time to complete our task is growing shorter. What that means is that we will be kept busy in the weeks ahead as we maintain and even increase the momentum we have created, to ensure that transition to Afghanistan lead becomes an irreversible success. Meanwhile, I hope you are all making the most of the end of summer and are looking forward to the approaching Easter Holidays. Until then, take care.

SINAI ROOM — MULTNATIONAL FORCE AND OBSERVERS' COMMANDERS AND BRANCH HEADS MEETING — FEBRUARY 2011



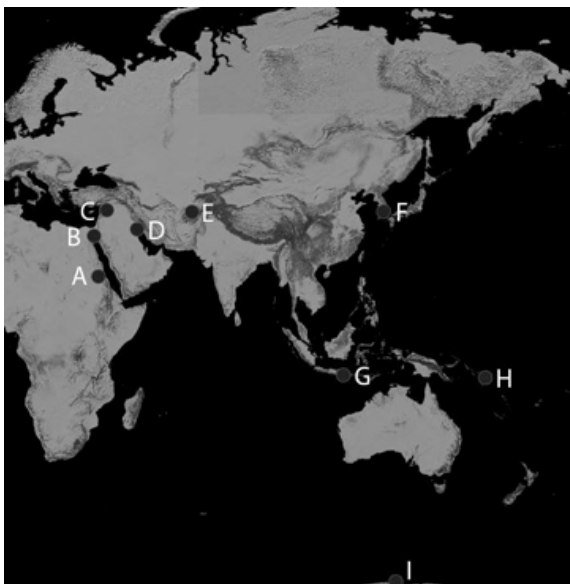
The MFO Contingent Commanders and Branch Heads hold a monthly meeting, to exchange information and create policy. It's an opportunity to discuss current issues and compare notes from a wide range of different cultures. The constant rotation of personnel and Commanders means that knowledge must be passed by word of mouth.

Since Major General Warren Whiting arrived as the Force Commander in March 2010, almost all military Commanders have changed over. The last of these was Lieutenant Colonel Patrick Butterworth, who left the Force after two years and three months. His unusually long tour provided continuity and guidance to the new

Force Commander in the post of Military Adviser, following a year as the New Zealand Contingent Commander and Deputy Chief, Operations. He returns to Wellington where he will work in Defence Capability Staff.

The civilian expatriate staff in the MFO provides vital continuity and an increasing range of services, including: logistics, financial control, property management, engineering and contracts management, to name a few. Without this underpinning team, there would be a lack of understanding of the unique nature of the Force.

The MFO is now facing new challenges, following the recent developments in the region. A series of modernisation initiatives have been initiated, to ensure that the Force, to which New Zealand currently provides 28 tri-service personnel, is ready to support the Parties to the Treaty of Peace into the 30th year of successful accord in the area.



Overseas Deployments

Currently 746 New Zealand Defence Force personnel are deployed on 14 operations, UN missions and defence exercises in 11 countries around the world, including:

- A – Sudan (3 personnel)
- B – Sinai (28 personnel)
- C – Middle East (7 personnel)
- D – Iraq (1 person)
- E – Afghanistan (231 personnel)
- F – Korea (3 personnel)
- G – Timor-Leste (80 personnel)
- H – Solomon Islands (45 personnel)
- I – Antarctica (0 personnel)

All overseas deployments are co-ordinated and run by Joint Forces New Zealand. Once deployed, NZDF personnel come under the control of Commander Joint Forces New Zealand.

CHAPLAIN'S PEN — FROM ABROAD

Padre Tony Harrison
OP GYRO 10

“Timor-Leste is a country with a great number of needs. It is important for us as OP GYRO 10 to be here.”

As I write we have a full moon. It is also a large moon because it is so close to the earth. It won't be this close for quite some time. However, the next full moon will indicate that it is Easter. The time leading up to Easter is Lent which begins on Ash Wednesday. On this day people are signed on the forehead with Blessed Ash, which has been obtained by burning the palms which were blessed on Palm Sunday the previous year. Because Timor-Leste is rich in adhering to its religious foundations, Ash Wednesday is big. I celebrated the Mass at 10.30 am at the local church. It was in English as my Tetum really only extends to greetings. When I arrived at around 10 am the car park and church were full. I thought that this was something; as usually on Sundays the Mass often takes one and a half hours leaving little cross over time for the next Mass. The church will seat about 500 people and there is always many more people sitting and standing outside. On this day the people filling the church to overflowing were waiting quietly for the 10.30 am Mass to start.

It was a learning curve for SSGT Parry and friends who returned from the bank-run empty handed. The bank was closed because it was Ash Wednesday.

Our Community Engagement Patrols continue. Our presence is being well received by the village



Padre Harrison, Aldea Jose Pereira de Oliveira, CPL Hammond and PTE MacDonald during the Community Engagement Patrol

community and they want them to continue. A group goes out each week to play volleyball and soccer. SSgt Parry has taken on the task of training the young lads in the finer points of soccer. The young lads are certainly very nimble on their feet and quick to run rings around our soldiers especially because there are more of them than us.

We had a meeting with the Aldea (village chief) Jose De Oliveira. He is very keen for this to continue, especially the soccer training. They have inter village games and the local team always lose. So more skills are required. He said they would like to have some uniforms for when they play their games. I did say I am not sure how to go about that as Kiwi boys are quite a bit bigger than Timor boys. He did have a little laugh at that.

But that does bring up quite a significant health point. Timor-Leste, along with Afghanistan and Yemen, top that ranking of the countries with the highest percentage of chronically malnourished children according to UN figures. So it is not a matter of

genetics that the people are small of stature but more about diet. While there may be some quick fixes, the greater challenge is to improve nutrition.

In a recent UN survey, a Timorese mother of six aged 26 said her family ate what they could grow or afford in the fishing village of Tibar, 5km outside the capital, Dili. "We never think about our food each day. The important thing for us is to find something that can fill our stomachs, whether it is rice, cassava, corn, or bananas." Her family's diet rarely contains meat, eggs or dairy products, because of the cost, but her priority is to avoid hunger: "Just as long as we do not starve."

Only 5 percent of 4,691 mothers questioned in a 2009/2010 government survey reported drinking milk the day before the interview. Another mother of six, aged 39, said milk was unaffordable, she said: "Milk is a rare item for us."

When asked if she had ever heard of malnutrition, she replied, "I

CHAPLAIN'S PEN — FROM ABROAD CONT'D...

do not know this word or its meaning and have never received information about it."

A number of organizations are working to improve the situation by establishing volunteer mother support groups, breastfeeding for at least six months of a baby's life and some experiments with micronutrient powders.

Timor-Leste is a country with a great number of needs. It is important for us as OP GYRO 10 to be here. We may not appear to be doing much but the presence is doing what is intended, that of bringing stability to the country so that issues such as malnutrition can begin to be treated and the country can move forward to be independent and self sustaining. We are still focused on completing the task that was given to us. Our time here is growing shorter but we are not allowing that to be a distraction. The skills are still being honed. Soldiers spend time on the range. Crowd control measures continue to be practiced with various scenarios being placed before them.

On the lighter side, recently, we had a visit by an Australian entertainment group. CSM Patuwai enjoyed the music even though the music of Celine Dion or Elvis was not in their repertoire. Since the concert took place in our CSST hanger it was only appropriate that some of our guys were able to claim the better seats, in another location they might have been called the Dress Circle. Let it be enough to say that they proved to be a good audience for the entertainers. Those who have had their OTL in Darwin have enjoyed themselves and have come back refreshed. We are now looking forward to the OC having his turn in Darwin.

Adeus. God bless you all.

Padre Paul Allen-Baines
RATA II (13)

***"So to you all,
(family, friends and
loved ones) who
have diligently
supported those on
Rotation 13, a huge
'THANK YOU'!"***

The end is near, for OP RATA II (13), and it has been a busy last seven days. In the busyness the morale and enthusiasm of the troops is high, as the end is in sight. On Wednesday 16 March, the whole contingent were invited to the NZ High Commissioners house for a final BBQ, meet the Commissioner, Mark Ramsden and splash in the pool. SNO MAJ Adam Gordon said a few words of thanks

and encouragement to all, which was well received.

It was an afternoon enjoyed by all, how can you beat being in a pool on a hot day with a BBQ on the side, pure luxury. The photo below says it all!

On Friday 18 March a Memorial Service for the Christchurch earthquake, in conjunction with NZ, was held at St Barnabas Cathedral, Honiara. It was attended by the Solomon Islands Governor General, Prime Minister, Cabinet Members, NZ High Commissioner and various members of the Diplomatic Corps and other dignitaries, plus many ex-pats and of course the whole NZ contingent and personnel from GBR base. The Service was officiated by Rev Davidson Nwaeramo; Dean of St. Barnabas Cathedral, and Padre Paul Allen-Baines; Chaplain NZ Defence Force. The service went extremely well and many people



The boys having fun

CHAPLAIN'S PEN — FROM ABROAD CONT'D...

commented on how good it felt to be a Kiwi. The St Barnabas Cathedral Choir was outstanding as they led us in hymns and finishing up with the NZ National Anthem, (both Maori and English version), we were all proud and honoured by their efforts.

Saturday 19 March saw the awaited arrival of OP RATA II (14) they did not let us down, they arrived full of enthusiasm, confidence and purpose and a well prepared Waiata and Haka. The Padre opened with prayer, first for the incoming contingent, then for the outgoing contingent. Then the trading of Waiata's and Haka's, what a wonderful experience for first timers. One of the highlights for me was the challenge made by PTE J. Maxwell & PTE H. Hughes from Rotation 14 to the outgoing Rotation 13 and while they were performing their Haka, there was intense passion on both sides. Those from GBR who gathered for the welcome were gob-smacked by the passion behind the welcome.

A combined rotation BBQ on Tuesday 22 March was a good way to mix and pass on info to the new Rotation. At the same time, the Commanding Officer, LT COL Paul Landford and DCOM, MAJ Adam Gordon, took the opportunity to hand out commendations to a few of the outgoing Rotation 13 personnel. (Check out the photos).

The handover of the two rotations went smoothly and for those reading this article in "The Bugle", Rotation 13 will by now be on a well deserved break and should have settled back with their loved ones in NZ. Rotation 14 by now will have a good handle on the role expected of them in the Solomon Islands.

So to you all, (family, friends and loved ones) who have diligently supported those on Rotation 13, a huge 'THANK YOU'! I know that

you gave them all something to keep them focused on their task while here in the Solomon's and I know that you were missed. For those who are now supporting your loved ones on rotation 14, a big 'THANKS' in advance for the

encouragement you will be to them while they are away from you. I pray that you all keep safe and in constant contact with each other. Blessings to you all from the Solomon Islands.



Christchurch Memorial service at St Barnabas Cathedral



SGT Mark Anderson



CPL Junior Maiava



PTE Kauhala, PTEs Griffiths, Baker and Katoa



SGT T.P. Karauria (KP)

CHAPLAIN'S PEN — FROM ABROAD CONT'D...

WOMEN'S PRISON

Padre Ra Koia

A couple of weeks ago Allan Kelly (S9) and I were invited to view the local Bamyan Prison and to see where the new Prison is being built. Up until then I had only heard of the one prison in Bayman.

Ms Michelle Lindo is part of the Corrections System Support Program that is funded by the US Department of State/INL Affairs. Her role in Bamyan is to be a Mentor/Trainer to local Prison Detention Facilities. During my time here in Bayman I have known Michelle as a very kind and generous soul. She is married to a Kiwi guy, good choice, who both live in the US.

I have heard stories about the Prison facilities here and was curious to see for myself what the conditions were like. Unlike our Prisons in NZ, the local Bamyan Prison is very different to our standards. There is also a Women's Prison attached to this particular prison and unfortunately very limited space for the ladies and their pre-school children.

Allan and I had met up with Michelle to plan our patrol to the Prison. The Prison itself is located approx 3km from the PRT and near the runway. On arrival I was taken aback by the poor condition of the entranceway and the exterior of the building. The interior wasn't that much different. There is lack of space and the standard of the facilities is poor. The building has been improvised to make it a Prison/Detention Centre.

Some of the reasons why women are in such places I do not wish to get into, as this would be a subject for another article, suffice to say that my initial understanding is that to be a woman in this culture is very hard and unfortunately second class. Some of the reasons why

women have been imprisoned are for refusing to marry, running away from their home, adultery, false accusations and/or not having proper family consent to marry.

However, people like Michelle are working to provide better conditions and facilities for women inmates and their pre-school children.

The Prison guards looked relaxed as we approached the entranceway. We were met by the supervisor and then we were escorted into the inner court area. There is no roof covering other than the small rooms in which the prisoners live, some offices including a small room for a local Doctor to attend to the medical needs of the Prisoners and Prison Staff.

As we moved through the entranceway we saw about 12 male inmates playing volleyball on a make shift dirt court.

Several men were pacing up and down the landing on the opposite side of us and the rest were standing or sitting in small groups. As we walked past the volleyball

game taking place I wondered to myself what a cold and dingy place to serve out ones prison sentence for any length of time. Several guards patrolled from the top of the wall of the prison.

Michelle talked as we moved through the Prison confines. From memory the entire Prison looked to be approximately an area of 40m. We were greeted by guards as we walked along and then near the end of the walkway there were large tents erected. These tents provided a place of shelter and I believe to block off any view of females. There are physical barriers, but it seemed to me that male inmates have greater freedom than do the women and children. No surprises there.

The Women and their children are confined to a single room about 4 by 8m big. It is crowded to say the least and not very private. There are toilets attached to the room and from the outside my guess is that these are not very healthy.

The confinement in such places



A crowded room in the Women's Prison

CHAPLAIN'S PEN — FROM ABROAD CONT'D...

does not mean that people are safe. There are health issues and I would suspect some form/s of criminal activity taking place within the walls of these places.

Money, space and conditions are limited and in addition to this, religious and cultural constraints do not in my personal view provide appropriate living standards for women inmates and their children.

Poor living conditions and appropriate facilities in such places for women is an ongoing battle and one which sadly in my view many of us will never fully appreciate or will be forgotten when we leave this beautiful Province.

As we left the so called makeshift Prison my thoughts are with the women and children confined in

limited and poor conditions of this Prison centre. The cultural and religious restrictions placed on these women is hard and demanding and yet people like Michelle are daily working to make Bamyān and Afghanistan a better place.

My plea is that we in some way provide more support to the ongoing Work and Development of Prisons in the Bamyān Province. In particular, the plight of women prisoners and their children.

Michelle Lindo, I salute you and your work within the Prison sector in Bamyān. I have seen and heard the frustrations you encounter.

I pray that a part of your sacrifice away from home and family, your determination to fight for better

conditions and facilities for women inmates will be well supported by people who will read this article. Michelle's prophetic voice is one that I pray we will be able to not just hear, but one that we may provide ongoing support to woman inmates who live in such sub-standard conditions.

It is hoped that with people like Michelle Lindo and other providers, including our efforts as the NZ PRT, that this will bring about positive changes for the good. In doing so, our mission remains to help the Afghanistan people to help themselves through good Governance, ongoing Development and Security.

Until next time, take care and God Bless.



Women and children at the local Bamyān Prison

MAIL TO DEPLOYMENT LOCATIONS

Mail — A Huge Morale Booster

Photos from Timor-Leste and Afghanistan illustrate the sheer volume of mail arriving at the deployment locations.



Timor-Leste: Mail being unpacked and delivered by the S1, SSGT Steve Parry



The mail sorting bay



Bagram, Afghanistan: Unloading and sorting the mail at Kiwi Lines for the PRT and Minor Missions personnel



NZ mail ready for the PRT in white bags. The mail on the left is APO (internet shopping) mail that arrives daily. This is a very small amount ready for the next STOL flight to Bamian



Opening the mail bags for sorting and distribution

Reminder:

Things not to send include spray perfumes and spray deodorants



Wrap your parcels well

MAIL TO DEPLOYMENT LOCATIONS

Mail — A Huge Morale Booster

The New Zealand Defence Force (NZDF) has a great relationship with New Zealand Post and we all work hard behind the scenes to make sure that we have the very best service possible to move your mail from one side of the world to the other and quickly! Occasionally there are problems, so we are taking this opportunity to remind you of how the system works, a few rules, and some handy hints!

The address for you to send mail is included in the Deployment Guide for your specific mission. Please make sure that you use this. Most of the mail to service personnel deployed goes through the Auckland Mail Centre and a lesser amount through DPSC, in HQ JFNZ, Trentham. If in doubt, please ask. Mail is sent under Forces Concession Rate. What this means is that you pay to get your mail from your home location to either of these nominated places. For this service you pay 60 cents for a letter and about \$3.50 for a 1kg parcel. The actual parcel cost does depend on parcel dimensions to a certain extent. (You can check the NZ Post website (www.nzpost.co.nz) for further details.

Please remember that parcels are restricted to 1kg. This is about being fair as we move large volumes of mail in mail bags to various deployment locations. Mail travels abroad under costs met by NZDF and is carried by DHL couriers. Tracking is available for mail bags but not for specific items. All parcels should carry a green customs sticker which clearly and honestly lists the contents and their value. Remember mail is X Rayed and you can't fool anyone!

Mail must contain a return address if going through NZ Post Ltd

The speed of the service depends largely on a number of environmental factors and sometimes, but rarely, on any illegal contents in parcels within mailbags. NZ Post produces a guide for things that can and cannot be sent. While we adhere to this list, we do as NZDF; prohibit the sending of alcohol, which under normal circumstances is allowed by NZ Post - but just not to our deployed personnel. The pamphlet "Letting you know about prohibited items" is available from your nearest Post Shop or from your Deployment Services Officer on request. Should an illegal item be included in a package, the whole mailbag is held back by Customs and not released until the offending item is identified and removed. This process causes considerable delay and affects the speed of the service we are trying to achieve.

Currently the mail leaves the Auckland Mail Service as follows:

Timor-Leste and Sinai — Tuesdays, Wednesdays and Saturdays
Solomon Islands — Tuesday and Thursdays
Afghanistan — Thursdays
Other missions through DPSC - Mondays

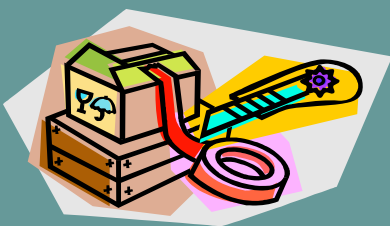
Try to time the receipt of your mail to near these days given, as mail will otherwise have to wait until the next mailout day!

The smaller and tightly packed package the better! Packaging is a huge issue and we can't stress enough how important it is to wrap items, rewrap and wrap again! Your parcel may be the one at the bottom of the mailbag and so have the weight of some 20, 30 or 40 packages on top of it. The mail goes through many hands enroute and sometimes a little rough treatment along the way. The mailbags may sit on airport tarmacs in the heat of the day or in the middle of a snow storm, which can ultimately cause even more damage.

Imagine if you dare - Chocolate poorly wrapped, a packet of biscuits in a paper bag, a bottle of green apple shampoo (liquid expands at altitude), a 40 degree day and the mail bag on the tarmac. What we see and get, is a mailbag almost completely ruined with melted chocolate, a pile of crumbs and all nicely flavoured with apple! Hence we ask for all that wrapping, sealing of lids on individual containers - and wrap some more!!!!

Reminder:

If you are planning to get parcels to a loved one for the celebration of a special occasion, e.g. birthdays or anniversaries, we advise that you plan well ahead to avoid any disappointment.



Wrap your parcels well



Mail is also dependant on available freight space on both commercial and internal flights, the weather conditions and in recent times the political unrest in Egypt. While we try to ensure that mail gets priority there is always the risk that it is off loaded for essential perishable freight, hence delays may occur. Recently mail to Bagram left the NZ Post International Mail Centre in Auckland on 8 March and arrived on the 14th March - accolades to the very friendly Crusaders supporter, DHL courier, in Bagram!! While we would like to repeat this scenario every time to every deployment location - it is not always possible!! - But we try.

Nothing beats an old fashioned letter

The lucky recipient can read it; re read it, tuck it in their pocket and read it again. Girls: you can slap on a lipstick kiss, spray the envelope with your favourite perfume - all impossible in an email. Your deployment guide gives some suggestions of what to send, but try to think outside the square - not easy but worth the effort for the recipient.

We appreciate your efforts in boosting morale, sending weekly parcels and not always getting something in return - But you are playing an important part in keeping that connection with home, keeping your loved one content and thus allowing them to happily continue to work in an environment so far from home.

Any problems or queries, please do not hesitate to contact your Deployment Services Officer. We need your feedback if you have concerns or accolades for NZ Post or DHL.

Thanks to you all.

Carol Voyce
DSO/Editor/"The Bugle"

◎

HINTS



Helpful hints from our “friends” abroad

- ✱ *We can never receive too much mail.*
- ✱ *If sending lollies, send extras — or enough for everyone!*
- ✱ *Send a few NZ stamps in anticipation of a reply.*
- ✱ *We love magazines, newspapers and the latest paperbacks for the libraries.*

● ● ● ● ● ● ● ● ● ●

▶

Nothing beats an old fashioned letter.

Mail — A great morale booster

DEPLOYMENT MAILING ADDRESSES

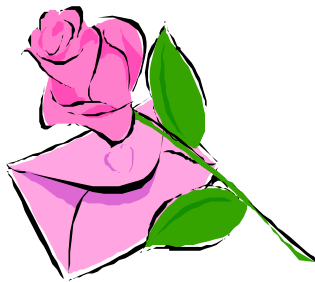


Letters and parcels (up to 1kg in weight) may be sent to deployed personnel at the following addresses, at internal NZ Post rates. When mailing your parcels, please retain the receipts given to you by your Post Shop so the item can be traced, if required. A green Customs sticker must be attached to any parcels, clearly stating the contents.

Remember to write **FORCES CONCESSION RATE** at the top of your envelope or parcel.

Afghanistan:

Regimental Number, Rank, Initials and Surname
Mission Name (e.g. NZPRT)
 NZ NSE
 Bagram Airbase
 Afghanistan
 C/- International Mail Centre
 Auckland 2022



Israel (Op SCORIA):

Regimental Number, Rank, Initials and Surname
 Observer Group Golan - Tiberias
 C/- UNTSO HQ
 Government House
 PO Box 490 Jerusalem 91949
 Israel
 C/- International Mail Centre
 Auckland 2022

Timor-Leste:

Regimental Number, Rank, Initials and Surname
Mission Name (e.g. TG GYRO 9, TG KAIHANGA)
 NZ NSE
 Timor-Leste
 C/- International Mail Centre
 Auckland 2022

Solomon Islands:

Regimental Number, Rank, Initials and Surname
 Op RATA 14
 P O Box R131, Randi Office of Exchange
 Honiara
 Solomon Islands
 C/- International Mail Centre
 Auckland 2022

Antarctica (Op ANTARCTICA):

(No requirement for "Forces Concession Rate")

Regimental Number, Rank, Initials and Surname
 Op Antarctica
 Antarctica New Zealand
 Private Bag 4745
 Christchurch Mail Centre
 Christchurch 8140

Sinai (Op FARAD):

Regimental Number, Rank, Initials and Surname
 NZ Contingent
 Multinational Force and Observers
 El Gorah, Sinai
 PO Box 99000, Tel Aviv
 Israel
 C/- International Mail Centre
 Auckland 2022

Other Deployment Locations:

(No requirement for "Forces Concession Rate")

Regimental Number, Rank, Initials and Surname
Mission Name (e.g. Op SUDDEN, TG KEA, TG IRON)
 C/- DPSC
 HQ JFNZ
 Private Bag 900 or 2 Seddul Bahr Road
 Upper Hutt 5140 Trentham
 Upper Hutt 5018

A Postal Users Guide and Prohibited Items Brochure are available on the NZ Post website by going to their website at www.nzpost.co.nz and typing *Postal Users Guide* and *Prohibited Items Brochure* into the search box. These brochures give valuable information, such as what you can and cannot send, and how to best wrap your items.

Strong packaging is **essential** as these items pass through many hands, may get thrown around and have other items put on top of them. Attempts to send prohibited items may result in an entire shipment being delayed as customs remove suspect items.



CHAPLAINS PEN — FROM HOME

RANDOM ACTS OF KINDNESS

Chaplain Don Parker

Principal Defence Chaplain

It's been some weeks now since my father-in-law has been able to gain access to one of the bedrooms in his house.

He lives in the Eastern suburbs of Christchurch and for some weeks he had no power, water or sewerage. The bedroom in question has a number of bookshelves that have fallen down behind the door that have jammed the door closed, and he simply doesn't want to break a window to gain access from the outside. A solution will eventually present itself...

But he's not daunted. Slowly things are coming right, and although he's tired, he's not beaten. I guess it's got a bit to do with that older generation who have been around long enough to know stuff about "getting through."

But it's also much more than that. My Father-in-law spoke very warmly of people walking down his devastated street bringing hot tea, food, help, support and showing many other random acts of kindness. These were strangers, showing other strangers, real kindness.

There is a well known verse from the Letter from James in the New Testament: "Faith, without works, is dead" (James 2:14) or, to put it in language that you and I use everyday: "actions speak louder than words."

If ever there was a time in this nation's history for '*practical* faith' now is that time.

SEND AN ANZAC MESSAGE TO KIWI FORCES



The New Zealand Defence Force is encouraging the public to send a message to Kiwi defence personnel who will be overseas on Anzac Day (25 April).

An online form on the Defence Force's website allows people to post either a general or individual message to military personnel deployed overseas. The messages will be sent to personnel on 22 April, so that they will be received before Anzac Day.

"We hope people around the country will show their support for our military personnel by sending them a message from New Zealand. Our people spend long periods of time away from their families and friends and reminders of home are always special," said Commander Joint Forces New Zealand, Air Vice-Marshal Peter Stockwell.

"While Anzac Day provides the opportunity to honour those lost in past conflicts, we would also like to remember those New Zealanders currently serving their country. The courage, commitment, comradeship and integrity exhibited by NZ service men and women in the past are the same values held by our current Defence Force personnel.

"The ANZAC spirit forged at Gallipoli, has continued to develop and grow, and today Australia remains our closest strategic partner. We work alongside the Australian Defence Force in the Solomon Islands, Timor-Leste, and Afghanistan. Our countries always support each others in times of need, with the Australian Defence Force recently providing assistance during the Christchurch earthquake," he said.

On Anzac Day the NZ Defence Force will have over 600 personnel deployed on 14 peacekeeping operations, United Nations missions and defence exercises around the world. To post a message visit www.nzdf.mil.nz

DSO'S CORNER



Carol Joyce
Deployment Services Officer
3rd Land Force Group
Editor "The Bugle"

Greetings to you all!
I hope that all is well.

It is certainly a time of mixed emotion. So many deployments, coming and going, and certainly I am sure, many a rollercoaster of emotions too. It was great to join with Janine and meet up with families associated with the next deployment to Afghanistan and to again join with other families to farewell loved ones to the Solomon Islands. Mixed in with all this, is the very unsettling post earthquake situation in Christchurch. Many of our NZDF personnel continue to help many residents in our city and their presence is welcomed and reassuring. While we continue to be "tested" with many an aftershock, we are all eager to try and have some normality in our lives - even if it is just a little piece! I am still homeless and while this is somewhat unsettling, I have great support and many VIP home comforts being extended to me by my very own family. Every day I hope that I might get to return, but I know there are others so much worse off than me and so am trying to wait patiently until I know what the future holds.

One of the great things about this NZDF "family" is that there is always someone willing to help - whether it be in times of hardship, trauma or separation. At times we all find it hard to reach out, but when we make the effort, we can find so many burdens are lessened and we encourage you all to make contact with us, for whatever reason that maybe causing you stress or worry. While we don't always have all the answers we know how to navigate the system and find something that can bring you peace of mind.

We celebrate the 150th edition of "The Bugle" (in its current format) this week. Somewhat of a significant achievement I think! It's hard to believe that I have written at least 150 editorials, begged and bribed many foreign correspondents, deciphered and censored many a personal message, proof-read a mountain of contributions and with the support of Janine (DSO Linton) and other tri-service personnel, been able to bring this regular newsletter to you.

"Whatever role you have had in the success of "The Bugle", we thank you and thank you for your feedback and messages of thanks for the joy you receive from this simple newsletter."

"The Bugle" had its humble beginnings in the times when we were associated with the missions to Timor-Leste under the United

Nations umbrella. Started by a wonderful group of volunteers as a local newsletter, it has changed along the way and grown to what you receive today. "The Bugle" has won many an accolade and while we can't take too much of the praise, it is the contributions from home and abroad that make it what it is today. Many things have changed in our support to families associated with deployments, and we find "The Bugle" the best way to communicate with you all. While our commitment to overseas missions remains, so will "The Bugle". We mustn't get complacent though, and always welcome your thoughts, comments and suggestions for change. This is your deployment newsletter and we would never assume that we know what you want. The current format is based on previous surveys to our readers associated with previous deployments, but we are conscious of the fact that we haven't surveyed "you" in recent times.

"The Bugle" is an informal in-house production and Janine and I couldn't achieve what we have, without the support of so many - you may have contributed an article, sent a message, typed up an article, printed off many a copy, "stuffed and labelled envelopes, or simply sat at home with a cuppa and poured over news from your loved one! Whatever role you have had in the success of "The Bugle", we thank you and thank you for your feedback and messages of thanks for the joy you receive from this simple newsletter.

This edition of "The Bugle" will be the last for some of you and the first for others. Our thoughts will be very much focussed on ANZAC Day remembrance services here and away, and please take the opportunity to send messages for loved ones deployed.

Until then, best wishes to you all.

DSO'S CORNER CONT'D...



Janine Burton
Deployment Services Officer
2nd Land Force Group

***“As we journey
through to the
return of
contingents,
remember we are
here to support you,
so please get in
touch any time.”***

We are now well into the changeover cycle of two of our larger land-based deployments — to the Solomon Islands and Afghanistan. By publication date of this issue the next RATA rotation (Solomon Islands) will be in place and settled into their mission, we are still in the middle of getting away a number of the Afghanistan-based missions.

We had a really great response for the CRIB 18 family briefs, seeing representation for 65% of the contingent. This is an absolutely fantastic result and a wonderful indication of the support from families for this mission. Many of the families we met are “repeaters” and from feedback received, it proved very worthwhile for these families to attend the briefings even

though this was not the first time their loved one had been on deployment. It is also great to reconnect with families we have worked with before — welcome back. Feedback has been really positive which is hugely appreciated. It was only days after the briefings that I met up again with many family members at Ohakea when we farewelled the first of the contingent, and I look forward to seeing many more families at the departures still to come.

This is the first mailout to our CRIB 18 families, and many more on other missions around the world—I hope you will enjoy receiving and reading this and many more “Bugles” over the coming months as we journey through to homecoming.

Making Contact — Emails

As part of our processes for keeping in contact, I have been collecting additional cellphone and email contact information. I took the opportunity to start this collection at the briefings and have already built and tested a distribution email list

to Primary Next of Kin, asking families to respond by either sending the receipt of delivery of the email or emailing me in return to say that the email has arrived. If you are Primary Next of Kin and have not received the email I sent on 18 March, I may have your email incorrect, so would ask that you email me so I can make sure I have the correct information. Additionally, those Primary Next of Kin who we didn't see at a briefing, I have included with this edition, an insert with the information we do have and a request to complete and either return it by post, or you can email me. Using technology, i.e. emails, means we can get a message out to a large group of people in a very short space of time so this would assist us, and in turn assist you.

Deployment Guides

Deployment Guides for Families of the CRIB 18 contingent have been sent out to Primary Next of Kin who were unable to attend a briefing. If you haven't received a copy or would like an additional one, please get in contact and I will send one out to you.



CRIB 18 personnel being farewelled by the Commanding Officer and Regimental Sergeant Major 1 RNZIR, and by Command personnel from the mission who will join them shortly

DSO'S CORNER CONT'D...

CRIB 18 Banner

The banner is looking absolutely stunning; we collected many messages at the briefing and a few more at the first departure. The banner will be available at the next two departures from Ohakea next month for more messages, but if you are unable to make the departures and want a message added, I can do this for you, so please give me a call or email your message. The banner will be blessed and will be carried into Afghanistan with the final departing group.

Addition to Mailing List

If you would like to have family or friends added to the mailing list to receive "The Bugle" — either hard copy through the post or electronically — please advise me of their details and we will happily add them to the distribution list for you.

As we journey through to the return of contingents, remember we are here to support you, so please get in touch any time — contact information on the inside front cover of this "Bugle".



Personal Messages for Easter

Get your Easter messages
in before the next close off
date for "The Bugle"

14 April 2011

FOR YOUR INFO...

Welcome to New "Bugle" Readers

We welcome more new "Bugle" readers with this edition of our deployment newsletter with the departure of more service personnel on various missions, particularly those who have left or will shortly leave for Afghanistan. This publication is designed to provide information, support and comfort while your loved one is away from home as well as a vehicle to send and receive messages. We look forward to keeping in contact with you on this journey through deployment.

Goodwill Banner – CRIB 18

The CRIB 18 banner accompanied us on our pre-deployment family briefings and was also available at the departure of the first group of the contingent. The banner is an opportunity for family members to write a message of love and support and will be blessed before accompanying the final contingent group when they depart next month for Afghanistan. The banner will be on display throughout the

deployment for service personnel to read and know that their families are thinking of them. If you would like to add a message to the banner but won't have the opportunity to add it personally, Janine (DSO Linton) will happily write it for you. Please contact Janine on 0800 683 77327 or email her on dso.linton@xtra.co.nz

Deployment Guides

Deployment Guides for Families are developed for each of our missions. They contain a lot of useful information including the mailing address, who and how to make contact with the support team, including your DSOs. Deployment Guides were provided to family members who attended the pre-deployment briefings and have already been posted out to Primary Next of Kin who were unable to attend a briefing. If you have not received a copy or would like an additional copy sent out, please contact Janine (DSO Linton) – contact information above and also on the inside front cover of this edition.

Receive "The Bugle" Electronically

Did you know that you can receive your "Bugle" electronically? We can send you the link to our on-line version as well as to the "Army News", "Air Force News" and "Navy Today". Just contact your DSO to arrange to have your email address added to our distribution list.

Helpful Booklet

As part of the pre-deployment preparation for service personnel and family members, we have a booklet which has been put together by our team of Field Psychologists to explain and help us understand stress-related responses, especially in relation to separation as a result of deployment. Service personnel will have received a copy already, and copies are also provided to family members who attend the briefings. If don't have a copy of this very helpful resource and would like one, please contact your DSO and we will pop one in the post to you.

ADRENALIN-PACKED PRIZES FOR ANZAC ART COMPETITION

www.nzdf.mil.nz — 14 March 2011

ADRENALIN-PACKED PRIZES FOR ANZAC ART COMPETITION

Action-packed days out with the Navy, Army and Air Force are up for grabs as prizes in a competition called Operation Anzac Spirit launched today by the New Zealand Defence Force.

The competition, for year 7 and 8 students, aims to raise awareness of Anzac Day by asking students to design a poster showing what Anzac Day means to them.

Chief of Defence Force Lieutenant General Rhys Jones says the Defence Force has been running an art competition for students since 2007 to provide an interesting way for school children to learn about Anzac Day and its connection to the Defence Force today.

"The ANZAC spirit, forged 96 years ago at Gallipoli, continues today with Australia being our closest

defence and security partner. Both nations have a vested interest in promoting security and stability in the Asia-Pacific region.

"We encourage all intermediate age students to take up the challenge and enter this year's competition. We guarantee the winners will have a unique and special day with the Defence Force," LT GEN Jones says.

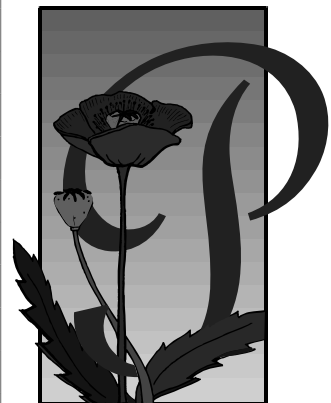
The competition will be judged by NZ Army artist Captain Matt Gauldie.

Operation Anzac Spirit closes on Anzac Day (25 April) and the winners will be announced at a prize-giving ceremony at Defence House, Wellington on Friday 6 May. As well as the main prizes of a day with the Navy, Army or Air Force the winners will receive a copy of *The Reluctant Hero* personally signed by Corporal Willie Apiata VC.

For further information about Operation Anzac Spirit visit www.nzdf.mil.nz

OPERATION ANZAC SPIRIT

How to enter, prizes up for grabs, and where to send your entry—on back page of this edition of "The Bugle"



Further information about ANZAC Spirit is also available at

www.nzdf.mil.nz



HIGH FLYING: Last year's Anzac competition winner Mikeala Kyle-Bellam, of Christchurch, won a day with the Air Force at RNZAF Base Ohakea. Mikeala toured the base before taking to the skies in an Iroquois helicopter and an Air Trainer

DEPLOYMENT CALENDAR 2012

We need your help now — The deadline is fast approaching

For the last five years we have produced a Deployment calendar. This 3 LFG initiative has only been possible with generous sponsorship from Weft Knitting Co, Christchurch, and with the valuable contributions from service personnel abroad and their families.

1 August 2011 is our deadline for the receipt of all photos for consideration for use in this project. Our aim is to cover all 14 deployment locations where New Zealand Defence Force personnel are currently deployed. To achieve this, we desperately need the help of those at home and those abroad.

Don't leave this task to someone else! We know all those deployed have taken the most amazing photos of deployment locations and the local people they have had the privilege to help work with. We know many of these photos have been sent home. We also know there are very moving photos of family farewells and reunions, which all form part of the deployment journey.

To make our calendar a success, we need your help in making it happen. NZDF personnel deployed in this current year will receive a complimentary copy of the calendar, courtesy of Mr Hugh Douglas, Managing Director, Weft Knitting Co. Additional calendars will be available for purchase at low cost. These calendars are a wonderful 'memento' of our Kiwi contributions abroad and will make a wonderful Christmas gift.

To encourage your commitment to this 3 LFG project, Weft Knitting Co. has offered a Merino Possum jumper for the prize winning submission received. Photos need to be landscape in size, 3 megabytes or larger and ideally portray the work and relationship of Kiwi service personnel within local communities.

Please send your contributions to Carol Voyce or Janine Burton, (contact details on the inside cover), by email or on a CD.



SUPER HUMAN



Toni Nicholson, Welfare Facilitator, RNZAF Base Ohakea

I have been talking with a variety of families who have gone through some of the highs and lows of military life and that led me to thinking about communication.

One of the parents I spoke with recently shared how whenever they had their partner on deployment they went into 'super human' mode and ended up getting sick when their other half returned home. This person had kicked into overdrive and held everything together (in a magnificent way) for as long as was needed but when they knew they were able to relax, their body let them know that it had been a bit stretched.

I then started thinking about whether this person had communicated how they had been feeling at the time their partner was on deployment to anyone? I wondered if they had used any of the resources available both in the military community and the wider public community? I also thought about how posting cycles may impact on military families knowing who might be useful to tap into during deployments. I wondered if families who had been posted away from their normal support networks (friends and relatives) would meet up with others in a similar situation and these new friends would become their surrogate families. Have you ever thought about starting a group up to provide this sort of support during deployments? Perhaps those of you who have experienced a number of deployment cycles as a family could provide ideas to those families new to the process.

You could talk with your current welfare network within the services to help this happen.

I know military families are very resourceful and creative in terms of ideas to help with navigating deployment cycles. These cycles can be an opportunity for your family to communicate in new ways that can set up positive experiences for life.

During a recent workshop I attended, the idea that sorting problems out when they were small rather than waiting until were huge, was once again promoted. If you have some ideas that helped with small problems let your welfare network know or share them with your friends.

I guess what all this stuff is saying, is keep communicating, share your ideas and problems. You may find that your idea is just what someone needed. You may also find that if you are sharing a problem it is more common than you think and while you thought you were the only one having this issue others in your community have exactly the same issue and have also come up with some solutions.

Don't forget your welfare network have great resources and information so make the most of using them. That is one of the great things about belonging to the military community. You get the opportunity to use these resources and support services for free when others in the public world would need to pay.

Deployment Support Services

- ◆ Need information?
- ◆ Need support?
- ◆ Need a listening ear?
- ◆ Need to send an urgent message to a deployment location?

Deployment Support Services are here for you

The larger missions to Afghanistan, Solomon Islands and Timor-Leste appoint a lead Deployment Support Services Officer (DSO). All other missions offer support from either the DSO, Unit Point of Contact and local Welfare Support Services. The nominated Primary Next of Kin (PNOK) of families of deployed NZDF personnel should, in the first instance, contact their DSO who has a responsibility for transparency into welfare issues. Added to this there are other very valuable support networks available in your local region. For additional support and services:

Army:

Deployment Services Officers:

Linton—Janine Burton

Ph: 0800 683 77 327

Burnham—Carol Voyce

Ph: 0800 337 569

Community Services Officers:

Waiouru—Carolyn Hyland

Ph 06 387 5531

Trentham—Marie Lotz

Ph 04 527 5029

Linton—Lesley Clutterbuck

Ph: 06 351 9970

Burnham—Cherie Mansell

Ph 03 363 0322

Air Force:

Welfare Facilitators

Air Staff Wellington:

Mrs Judy Byers,

Ph: 04 498 6773

Base Auckland,

Mrs Deana Lye,

Ph: 09 417 7035

Base Woodbourne:

Mrs Claudia Baker,

Ph: 03 577 1177

Base Ohakea:

Mrs Toni Nicholson,

Ph: 06 351 5640

Naval Community Organization

Ph: 09 445 5534,

0800 NAVYHELP

nib@nzdf.mil.nz

Local Chaplaincy Services

Unit Point of Contact

NEWS UPDATE



PM welcomes Jerry Mateparae as next Governor-General



*Former Chief of Defence
Lieutenant General Jeremiah (Jerry)
Mateparae, ONZM*

08 March 2011

Prime Minister John Key today welcomed the announcement that the Queen has approved the

appointment of Lieutenant General Jerry Mateparae to succeed Sir Anand Satyanand as Governor-General of New Zealand.

“Lieutenant General Jerry Mateparae is a highly regarded leader with a distinguished 38-year military career. He joined the New Zealand Army in 1972, and rose through the ranks, serving and commanding in a wide variety of roles,” says Mr Key.

“This culminated in his appointment as Chief of Defence Force in 2006. He is currently the director of the Government Communications Security Bureau.

“Jerry will be New Zealand’s 20th Governor-General. I believe he will bring great mana and a wide range of qualities to this role, including judgement, energy and an enthusiasm for encouraging excellence in others.

“As Governor-General, he will have

the opportunity to work with a wide range of New Zealanders and develop an active programme in the community.

“Jerry has served New Zealand with dedication and honour throughout his career, and I am delighted that he has agreed to continue that service in a new, broader role,” says Mr Key.

“Sir Anand Satyanand’s term concludes on 23 August 2011. I would like to thank Sir Anand for his dedication and service in his role as Governor-General.”

There will be a State farewell for Sir Anand on 17 August. Jerry Mateparae will be sworn in on 31 August, beginning his five-year term.

Air Vice-Marshal Peter Stockwell—New Chief of Air Force



21 March 2011

This afternoon the Government announced the appointment of Air Vice Marshal Peter Stockwell as the next Chief of Air Force.

AVM Stockwell has been Commander Joint Forces New Zealand since 1 May 2009, having been Deputy Chief of Air Force, Air Component Commander, and Assistant Chief Strategic Commitments and Intelligence in the five years previous.

AVM Stockwell enlisted into the Royal New Zealand Air Force in January 1973 as a Navigator under training and was promoted to the rank of Pilot Officer in March 1974. During his career he has posted to Canada, where he was the NZ Defence Air Advisor; as well as being the Defence Force’s Senior National Representative at the USCENCOM, in Tampa Florida. In 1995, he was awarded the Air Force Cross for his outstanding leadership as Commanding Officer of 40 Squadron at a high-tempo period for the squadron.

In announcing the appointment and congratulating AVM Stockwell, the Minister of Defence Dr Wayne Mapp made the following observations:

“Air Vice Marshal Stockwell has proved himself a highly capable officer during his 38 years of Air Force service.

“He is a proven strategic thinker and has the leadership skills and experience to carry out the changes throughout the Air Force required by the ongoing implementation of the Defence White Paper.

“I congratulate him on his appointment. He will make a valuable contribution at a crucial period for the Air Force, especially in the next two years as important new capability comes into service,” the Minister said.

PERSONAL MESSAGES



The deadline for contributions and personal messages for the next edition of "The Bugle" is **Thursday 14 April**. Please note: All "Bugle" messages are to be sent to Carol Voyce, DSO Burnham (email: dso.burnham@xtra.co.nz)

From In-Theatre

Kia Ora Hunibunz

Kia Kaha Bub. Ma Ihoa koe hei manaaki. Hei tiaki i nga wa katoa. Tino Arohanui au kia koe. Toku Hunibunz. LOL. Pumpkin.

To Gaz and the Fam and Haz from Daz

Hey, great trip over here. Miss you all. Very hot, very sticky but fun! I'm keeping safe, no malaria yet, ha ha. Will write to you soon, and to Haz. Miss you so much Babe, can't wait to see you again Love. I'm looking forward to hearing from you all again, stay safe!!!

Dear Poppet

Thinking of you and your family, wish you all the best. Stay safe. Monkey Boy.

To Everyone Back Home in NZ

Keep safe, look after each other. We are all safe and sound over here, the foods great, the locals are friendly. I am thinking I could be a local too (LOL). Well got to go now, miss you'se all, keep safe.

To Mum and Dad

Everything's going good over here. We've settled in pretty good. Hot and humid, but that's all good. Look after yourselves. Love Vic.

Hey Katie

All is well and I am excited about the next six months of work and experiencing what the Solomon Islands have to offer. I miss you already dear. Love you lots. Barend.

Hey Munchy

First week is just about finished and am still really excited about everything we do and everything new that we see. Hope I can stay

like this for the duration of the trip. I looked up last night and saw rocket and got wholoped by the wolves!!! And guess what else, it's backwards. It angels the other way!! Hope you are having fun at placement, talk to you soon. Groomy.

Hi Max

Not long now, I know that it's been difficult at times for the both of us, but rewarding at the same time. Remember you are my best friend and lover for eva. Sorry I won't be home for our anniversary, we will celebrate over the phone. I love you to pieces my Darling. Take care, all is good. Your Riley.

From Home

Hey Poobear

Wow, not long to go before you're back in the homelands. Me and son wanted to wish you 'A Happy 25th Birthday' and hope you have a lovely day. We will celebrate a late birthday together when you arrive home. Keep safe and we will be seeing you in no time. Love always me and Nikora. xx.

King Arthur

Well this is the last message from a land far far away. You'll be home before you know it and everyone can't wait for that; no doubt a massive welcoming home party will be waiting for you. Stay safe, love me.

Dear S1

They say what doesn't kills us makes us stronger so I should be Hercules by the time you get home. Tour nearly finished, nearly time to come home - love you lots Suuz.

To Andrew

So I don't have much to say because can't top my first message. The baby is kicking and it's only 10g worth of damages. Love you! Sophie. Xox.

Tony

No they won't melt, if you store them well! More likely to disintegrate with a little early test tasting!!! Thanks for all your help and especially your great sense of humour which can brighten any day!! Carol.

To Daddy

I slept in my bed all night. I made Wiggles pictures. I've been a good boy for Mummy. Ava's a little monkey. I give a kiss to the sky for you. I love you Daddy. Love Jack.

Diggs

On the downhill slope now! Nice wee trip to a tropical island in the middle of the wait so I can relax like you. Miss you heaps. Love me. Xxxx.

Andrew

We are all in countdown mode. Only wish that you were here for our last quake. Really, really, scary but okay! Had nice Army boys call delivering toilets! Can't wait to see you very soon! God bless, love you. Taua. Xxxx.

Andrew

Wow, time goes fast, can't wait for your return, miss and love you always, love Jaleesa and Jack. Xxx.

To Pani

I can't wait to see you. Just been given the date of your return. Hope you are on the first flight. Love you so much. Pooskin.

PERSONAL MESSAGES CONT'D...

George

Enjoy the last few weeks in Sinai! Lots of sunshine here too. Love from Patrick. X.

Lawrence

Home comings!! Welcome back to the best place on earth!! Enjoy the new challenges, opportunities and the unknown. Lots of love, Florence xxx.

MD

Hope your budget is sweet – Trentham is waiting and so am I. All my love, your GM. Xxx.

Kia Ora my Beautiful Pumpkin

Hope your having a choice time over there boy, I love you so much with all my heart and miss you very much. Every day I think about you, how good you are to me and how grateful and happy I am to have you in my life. TINO AROHANUI AU KIA KOE BOY!! Hunibunz xo.

Dear Daz

We are all thinking of you and are so proud. Miss you heaps, but know that you're doing what you want & we support you 100%. Thank goodness for modern technology; don't know how families handled it in the old days. It must have been hell waiting for a

letter to arrive with news from a loved one. We're all gud here... same old! Fam all gud. Picked up a cheap wee car for Josh....finally. Yay, now he can get himself around. Jonah has also bought a wee bomb that runs well. Can feel the changes in weather coming... nights are getting colder, dew on the grass & it's been raining. Holly is inside at nights more too. I feel for you having to endure the humidity and you are so gonna freeze when you get home. LOL. Take care, Love you, Miss you. Gaz & Fam. Xoxoxo.

Hi Kath

Thanks you so much for the simply gorgeous surprise package which has just come my way!! I felt so spoilt! While I am complaining about the weather being a little cooler in the mornings, I am now looking forward to wearing it - the colours are perfect. It will always be worn with fond memories of you and your generous caring spirit. Love, Carol.

From Krull...

Hi Ma heard your coming home soon. Good, could use some cheering up - missing my beach walks, stick throwing and hugs you always give, (I get no hugs from

Pa). Lately Pa's been a bit grumpy as always, he got worse though especially after the "shaky ground stuff" never saw him after that, he's back now and seems a little bit better, even took me for a walk the other day, past the pine tree line that isn't there anymore and to my favourite water feature for a swim; you know the one by the chicken farm looking thingy, mumble's about paying his rates so "stuff em" he reckons. He isn't wearing that sling thingy around his arm and even throws a pine cone or two so must be getting better (still doesn't wash me though). I smell like bad socks, maybe that's why he doesn't give me hugs, I get even though and poo where it's hard for him to pick up hee hee, "paybacks a b#%*". Any way's sniff, woof must go and dig more holes. Krull.

SSGT Parry, SSGT Spence

Thanks so much for the great photos for the article - really appreciated. Sorry we couldn't use them all, but you gave us a great selection to choose from and are they are just perfect. We will have more use for them as well in our deployment briefs! Hope there was a package in the pile for you!! Thanks again for answering the call. Carol.

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WHAT'S ON

14 APRIL

Primary Next of Kin Deployment Information Evening

Thursday 14 April, 6-8pm
Hall 3 Community Centre
Housing Area, Fryberg Road
Burnham

An open invitation is extended to all those associated with current deployments to join us for a social time and opportunity to meet with 'like people in a like situation'. Light refreshments will be served and childcare is available. No need to RSVP, but for enquiries, please phone Carol on (03) 363 0421.

Look forward to seeing you all.

ACCESS TO OHAKEA AIR FORCE BASE

For family members wishing to enter Ohakea Air Force Base to farewell or welcome home service personnel from deployment, please be aware that the entry process is as follows:



If you are accompanied by a member of the NZ Defence Force or have a dependant's ID card, please proceed to the lane closest to the Duty Reception Centre and show your ID card to the duty person. They will raise the barrier and you may enter the Base.



If you are NOT accompanied by a member of the NZ Defence Force with military identification, you are requested to follow the below process:

- * Please park in the allocated spaces leading up to the Duty Reception Centre — DO NOT proceed directly to the barriers, you will be redirected to the parking spaces.
- * Inside the Duty Reception Centre you will be asked to produce your drivers licence as identification and explain your reason for wanting access. If you are meeting a flight, you will be asked who is the departing/arriving person and their name will be checked against the flight manifest.
- * Visitor's passes will be issued and directions to the departure/arrival location of the aircraft provided to you.

OPERATION ANZAC SPIRIT

As part of this year's Anzac Day commemoration on 25 April the New Zealand Defence Force (NZDF) invites students in Year 7 to 8 to enter Operation Anzac Spirit.

HOW TO ENTER

Design a poster showing what Anzac Day means to you. This can be in the medium of your choice (drawing, painting, collage etc) but please no items larger than A3 size.

The important part - the prizes. There are three prizes up for grabs. The winner has first choice, and then the 2nd place getter:

A. A day at Devonport Naval Base for the student, parent/caregiver and a friend, plus a copy of *The Reluctant Hero* signed by Corporal Willie Apiata VC

B. A visit to Waiouru, Linton or Burnham Army camp for the student, parent/caregiver and a friend, plus a copy of / *The Reluctant Hero* signed by Corporal Willie Apiata VC

C. A visit to RNZAF Base Auckland or Ohakea for the student, parent/caregiver and a friend, plus a copy of *The Reluctant Hero* signed by Corporal Willie Apiata VC

Four runners up will be awarded a prize pack of NZDF products.

Winners will be announced on 6 May.

WHERE TO SEND YOUR ENTRY:

OP ANZAC SPIRIT
Defence Communications Group
Headquarters New Zealand Defence Force,
Private Bag 39997,
Wellington.

Don't forget to put your name, age, address, phone number, email address, and the name of your school on the back of your entry.

ENTRY CRITERIA AND FURTHER INFORMATION ABOUT OPERATION ANZAC SPIRIT AND ANZAC DAY IS AVAILABLE AT WWW.NZDF.MIL.NZ



PHOTO: RNZAF photographer LAC Grant Armishaw took this photograph of his great grandfather Walter Arundel Dowie with his ID tag and medal ribbons at Anzac Cove. Walter Dowie was part of the Otago Infantry Battalion at Gallipoli.